





Balens Holistic Insurance

### Approval and Accreditation

Our nutrition diploma is approved by Balens insurance which means upon successful completion, you are able to offer nutritional therapy within the restrictions of the national occupational standards to your clients.

## Syllabus

Subjects included in the training are as follows:

#### Macronutrients

- Fats
- Carbohydrates
- Proteins

#### Vitamins and Minerals

#### Weight Management

#### Disease

#### Special diets

#### Food disorders

#### Food allergies and intolerances

#### Metabolism

#### Supplements

There are assessments on each unit which must be completed to obtain your certificate and qualification.



### Holistic and Wellbeing Accredited Training

Included in our training is a full printed manual, access to our e-resource library for the duration of your course, one to one tutorials and a personalised teaching approach. We may be able to assist you with any barriers to learning and ask that you bring these to the attention of your tutor during the induction process.

### Contact us with any questions or visit our website to view our 99 accredited courses

You can be assured of quality and professional accredited courses focussed on our students success. Our tutors are qualified and experienced, offering classes that are small in numbers and encompass all learning styles. The training is balanced with professional teaching with a friendly, relaxed and welcoming environment. We can support your business development with our business and management courses and also offer networking events, and continued professional development workshops. We are based in South Yorkshire, and offer classes in other areas around the UK. We are a registered training school with the CMA (Complimentary Medicine Association), the worlds leading membership body for elite complimentary medical professionals. You wont regret studying with us and becoming part of our growing network of holistic practitioners. We are committed to maintaining high standards and to our students, providing engaging sessions in wellbeing and business management and it continues after your course completion through our online study groups.