[www.carolyndaughterofmarie.com](http://www.carolyndaughterofmarie.com)

**OCTOBER IS DOMESTIC VIOLENCE AWARENESS MONTH!**

In honor to the many lives lost and the many lives that could be saved, I need to ask a small favor. I would like to ask you if you would please help me by joining me in my quest of advocating against domestic violence. As some of you may know, I lost my mother to domestic violence when I was seven. I’m always wondering what my life would have been like if she were still alive. If you know me personally, you may know my story and you may be tired of hearing my story. My story is “my life”, so even if I turn the page and move on, I can’t erase what was on the previous page. It’s a hurt that’s embedded deep inside. My story is very similar to others. Every day, we lose so many loved ones through acts of domestic abuse. Tragically, I’ve lost several other close family members to domestic violence also. Sometimes we wonder if something could have been done to prevent such tragedies.

**Let me tell you how you can help!**

Words are so powerful! Just think about it….the Bible is filled with words we live by daily. We gain knowledge through reading words. We listen while famous motivational speakers and ministers articulate us with powerful words. Well, you don’t have to be either to help me advocate against domestic violence. Please visit my website: [www.carolyndaughterofmarie.com](http://www.carolyndaughterofmarie.com) to speak out against domestic abuse. It’s free and won’t cost you anything, but your time and inspirational words. Please sign my Guest Book by entering your information. When you are finished please click on post. If you would like to send a long message to be posted, please email me at [info@carolyndaughterofmarie.com](mailto:info@carolyndaughterofmarie.com). You can submit as many pages as you like. Your thoughts and letters will be posted after review. Please do not use any vulgar language or profanity when submitting posts. Remember your “Powerful” words may help to save a life. You may not be a victim; you may not know of any victims personally, but you can aid by expressing your thoughts, sympathy and encouragements to others. You may submit your post anonymously if you prefer. You may also help by passing this information to others via Facebook, Twitter, email, word of mouth, etc. With your permission, I would like to include your posts in my future book titled “CAROLYN, Daughter of Marie: Till Death Did She Part”. However, I need your help in getting the word out. I NEED AS MANY POSTS AS POSSIBLE! My goal is to have this project completed by the end of next year. If you like, you may include your name, city, state, and email. or you may remain anonymous or include a fictitious name. It’s entirely up to you. Once you’ve submitted your post, please give me a few days to review and post it for the world to see. I’m currently in school. I’m also working on a novel and hope to have my second book of poetry published soon. I will have a Domestic Abuse Poetry 2014 Calendar available for purchase by the end of October 2013. Going back to school was definitely what I needed to enhance my writing and grammar skills. I’m majoring in journalism, but I’m a poet first! Yes…advocating against domestic violence through poetry is my main concern! I’m still available for speaking engagements.

**You can help by doing one of the following:**

1. “Missing You!”….. Story or poem about a deceased victim of domestic violence.

2. Letter to a present victim of domestic violence asking them to please seek help and letting them know you are in their corner if they need support.

3. Letter to an abuser or letter from a past abuser.

4. Words of encouragement.

5. Anti-Domestic Violence letters to the president, members of congress, local politicians voicing your thoughts, opinions, solutions, etc.

6. Letters from past victims.

7. Thank you letters to domestic violence programs, shelters, advocates, sponsors, police, church or anyone who may have helped you or someone you know leave an abusive relationship.

Again, thank you for your support by helping me advocate against domestic abuse. Please spread the word. “Like” and follow me on Facebook @ Carolyn, Daughter of Marie. Remember…….we can’t hear you if you are silent. Silence is not golden when it comes to DOMESTIC ABUSE! If you have any questions or suggestions, please email me at [info@carolyndaughterofmarie.com](mailto:info@carolyndaughterofmarie.com) or [carolyndaughterofmarie@yahoo.com](mailto:carolyndaughterofmarie@yahoo.com)

Thank you from the bottom of my heart!

**Carolyn Estes**

**Author of CAROLYN, Daughter of Marie: A Collection of Poetry**