

Packing List - Beach Retreat 2020

Clothing:

- Regular Clothes
- Sweatshirt/Jacket
- Sleepwear/Pajamas
- Underwear and Socks
- Bathing suit & towel if you want to jump in the ocean (The Polar Plung)
**Bathing Suits must be a ONE-PIECE or u MUST wear a tshirt!

Toiletries & Bedding:

- Toothbrush and Toothpaste
- Shampoo/Conditioner
- Soap
- Bath Towel & Washcloth
- Bedding – Sleeping Bag or sheets & blanket-Twin size
- Pillow and Pillowcase
- Pillow

Other Items:

- Medications (ALL medications need to be turned in at Check-In))
- Bible and notebook
- Flashlight w/extra Batteries (You're NOT getting mine)
- Phone & Charger
- Snacks (**Because there is no food allowed in the rooms and because we are trying to cut down on confusion in the kitchen and the adults don't have time to make sure someone doesn't accidentally take someone else's snack, all snacks will be added to one collection and given out to everyone. Please bring something you are willing to share. Exceptions will only be made for those with dietary restrictions.) Such restrictions should be noted at check-in and container of foods clearly marked.**)

Optional Items

- Water Bottle
- Favorite Stuffed Animal

Things To Leave AT HOME

Weapons of any kind-Including knives!

Fireworks

Drugs, alcohol, or tobacco

Pets

Revealing clothing

Anything which would result in tremendous unhappiness if it were lost, broken, or to get dirty