

# Protect



# Yourself

Teen drivers can begin a habit of safe driving from the first time they get behind the wheel. Learning to drive safely from the start is much simpler than correcting bad habits in the future.

**Teens - Remember, every time you get behind the wheel:**



## Buckle Up!

This is the easiest thing you can do to save your life. Make sure your passengers buckle up as well. More than half of the people killed in motor vehicle crashes in Ohio were not wearing their available seat belt.

## Always pay close attention to driving

Don't let distractions take your attention away from the road. Use cell phones responsibly and do not try to accomplish other tasks while driving.

## Obey Speed Limits

Excessive speed is the leading factor for fatal crashes in Ohio.



## Drive responsibly

Share the roadways, have patience, and respect other drivers. Aggressive driving, such as speeding, excessive lane changes, and improper passing, place the safety of other motorists at risk.

## Avoid unsafe drivers

There are several strategies you can use to minimize the potential dangers of aggressive driving and road rage, including: be polite and courteous, even when other drivers are not; remain calm and move out of the way of an unsafe driver; and do not react to provocation.

**Do not drive if:**

## You have been drinking alcohol or using drugs

Twenty-five percent of fatal crashes in Ohio occurred as a result of alcohol use.

## You are sleepy

Driving while drowsy is a serious problem for teen drivers. Try to avoid driving between midnight and 6 a.m. Make sure you are well rested before getting behind the wheel.