

# MEDOWIE NETBALL CLUB SHOOTING CLINIC 2016

1. 2 shooters stand in different squares of the goal circle.
2. The front person moves to a different square.
3. The back person then moves to a different square trying to balance the goal circle.
4. Add 2 feeders to the circle edge
5. Add 2 defence to the shooters
6. Add 2 defence to the feeders
7. Pass the ball in and out to the feeders 3 times before you can shoot the goal. (rebound if you miss)

