**Presentation Title:** **If Grief is a Test With Many Variables to Consider: What Happened to the Textbook?**

**Type of Session and Format Flexibility:** 50-minute content session.

**Primary Topic Addressed:** Other (Grief work training and proven techniques with clients.

**Presenter Information and Qualifications:**

* **Primary Presenter**: Susan A. Adams, PhD, LPC, BC-NCC

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* **Secondary Presenter**: Jonna Byars, PhD

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* **Student Presenter**: Angela Waggoner

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**Presenter Information and Qualifications:**

**Primary presenter**: 22 years of experiencing working with a grieving client population, designing and teaching a graduate level grief and bereavement course as a full-time faculty member, and dozens of presentations on different types of grief, grief techniques, and grief research. In addition, has written a grief book, as well as several book chapters and articles on grief and bereavement.

**Secondary Presenter:** Full-time faculty member and working on research with primary presenter on ambiguous grief for peer-reviewed professional publication.

**Student Presenter:** Full-time doctoral student working on research with primary and secondary presenter on ambiguous grief for peer-reviewed professional publication.

**Abstract:** Many counselor educators and clinicians suggest working with grieving clients is not much different than any other presenting issue. Others argue that the healing journey is a very complex life experience. Often graduate level programs do not train students to be ethically competent to help grieving clients navigate the painful grief path. The presenters will provide an understanding of differences in grief, offer grief work techniques, practical proven tips, and brief snippets to illustrate.

**Synopsis of Program**: Many counselor educators and clinicians suggest working with grieving clients is not much different than any other presenting issue. Others argue that the healing journey is a very complex life experience. Often graduate level programs do not train students to be ethically competent to help grieving clients navigate the painful grief path or even offer basic information about grief and bereavement. The presenters will provide an understanding of differences in types of grief, offer limited (because of time constraints) audience participation utilizing grief work techniques, practical proven tips (handouts), and brief snippets (based on actual cases with limitation to protect the identity of clients) to illustrate use of some of the techniques and tips. Limited time will be allowed for audience questions.

**Learning Objectives: List 3 learning objectives per 60 minutes of content. Each** learning objective **MUST** begin with one of these measurable verbs.

1. **Understand** the difference in types of grief and the impact on the grieving journey.
2. **Compare** loss and trauma to facilitate meaning making and identify the differences in grief work compared to other types of client presenting issues.
3. **Demonstrate** the goals and interventions through audience participation of techniques and snippets of case studies to illustrate the difficulty of finding meaning and learning to embrace living again.

#### Welcome Susan Adams

#### Thank you for submitting a proposal for the SACES 2020 Conference. The committee will contact lead presenters regarding decisions on or before 4/15/20, and scheduling notifications will be made on or before 5/15/20.