

Sefra Burstin Dance Studios

2020 Timetable

Studios 1 & 2: Upstairs 1236 Glenhuntly Rd
 Studio 3: Downstairs 1234A Glenhuntly Rd



BOYS: As well as Boys Only classes, there are boys in most levels and classes.

AGE: Guide only. Level also based on standard. TROUPE AGE is age 1st Jan 2020.

EXAM LEVELS: Test 1, Test 2, Test 3, Bronze Medal, Bronze Star, Silver Medal, Silver Star, Gold Medal, Gold Star, Advanced Major Levels.

CLASSICAL BALLET: To take ballet exams – Bronze Medal & higher, a minimum of two ballet classes per week must be taken.

TROUPES: Dancers selected for troupes must show commitment and dedication. Troupes are for dedicated dancers dancing a minimum 2 – 4 days per week.

Monday

9.30 – 10.15 am 10.15 – 10.30	Pre-school dance	Ballet, Jazz & lots more Tap Dance – option add on	3 – 5 yrs
10.30 – 11 am	Tiny Toddlers	Toddler Dance	2 – 3 yrs
11 – 11.30 am	Mini Acro	Acro, tumble & bounce	2 – 5 yrs
4.15 – 5 5 – 5.30 5.30 – 5.45 5.45 – 6	Classical Ballet Jazz Tap Dance Acro	Test 1 & 2 Select 1,2, 3 or all 4 styles	5 – 7 yrs
4.30 – 5.15 5.15 – 5.45 5.45 – 6.15 6.15 – 6.30	Classical Ballet Jazz Tap Dance Acro	Test 3 & Bronze Medal & 8 & under troupe Select 1,2, 3 or all 4 styles	6 – 8 yrs
5 – 5.45 5.45 – 6.30 6.30 – 7.15 6.30 – 7.15 7.15 – 8	Tap Dance Hip Hop Classical Boys' Technique Jazz	Silver Star & Gold Medal & 12 & under troupe	11 - 12 yrs
5.45 – 6.30 pm	Hip Hop	Junior Hip Hop Class	7 - 11 yrs
6.30 – 7.15 7.15 - 8	Boys' Technique Breakdance	Senior Boys Crew	12 yrs +
7.30 – 8.30	Ballet, lyrical, jazz	Adult dance class	Adults

Tuesday

9.30 – 10.15 am 10.15 – 10.30 am	Pre-school Dance	Ballet & Jazz & lots more Tap dance – option add on	3 – 5 yrs
10.30 - 11 am	Tiny Toddlers	Toddler Dance	2 – 3 yrs
11 am – 11.30 am	Mini Acro	Acro, tumble & bounce	2 – 5 yrs
4.45 – 5.15 5.15 - 6 6 – 6.30 6.30 – 7	Classical exam Tap Stretch & strength Jazz exam	Bronze Medal – Silver Medal & 10 & under troupe	8 – 10 yrs
6 – 7 6.30 - 7 7 – 7.30 7.30 – 8.15 8.15 – 9	Tap exam & troupe Stretch (if not in tap) Jazz exam class Classical exam class Lyric Contem Troupe	Gold Medal / Gold Star & 16 & u Troupes	12 – 15 yrs

Wednesday

9.30 – 10 am	Tiny Toddlers	Toddler Dance	2 – 3 yrs
10 – 10.45 am 10.45 – 11 am	Pre-school dance	Ballet, Jazz & lots more Tap dance – option add on	3 – 5 yrs
11 – 11.30	Mini Acro	Acro, tumble & bounce	2 – 5 yrs
4 – 4.45 4.45 – 5	Pre-school dance	Ballet, Jazz & lots more Tap dance – optional add on	3 – 5 yrs
4.15 – 5	Boys' Crew – Minis	Breakdance & Hip Hop	4 – 7 yrs
4.30 – 5.15 5.15 – 5.45	Boys' Crew – Sub- Jun	Breakdance & Hip Hop Tap	7 – 10 yrs
5.15 – 6 6 – 6.45	Boys' Crew – Junior	Tap Breakdance & Hip Hop	10 - 12 yrs
5.15 – 6.15 6.15 – 7 7 – 7.45	Classical Ballet Jazz & stretch Optional hip hop 16&u	Gold Medal	11 – 12 yrs
5.15 – 6.15 6.15 – 7 7 – 7.45 7.45 – 8.30 7.45 – 8.15	Classical & pointe Jazz & stretch Hip Hop Teacher Training Extra boys' training	Gold Medal & Gold Star 16& u & Senior Troupe	13 yrs & over

Thursday

9.30 – 10 am	Tiny Toddlers	Toddler Dance	2 – 3 yrs
10 – 10.45 am	Pre-school dance	Ballet & Jazz & lots more	3 – 5 yrs
10.45 – 11 am		Tap dance – option add on	
4 – 4.45	Classical Ballet Jazz Tap Dance Acro	Test 1 & 2	5 - 6 yrs
4.45 – 5.15		Select 1, 2, 3 or all 4 styles	
5.15 – 5.30			
5.30 – 5.45			
5 – 5.30	Contemporary Classical Ballet Jazz Acro	Bronze Medal – Silver Medal & 10 & under Troupe	8 – 10 yrs
5.30 – 6 pm			
6 – 6.30 pm			
6.30 – 7.15 pm			
5.45 – 6.30	Hip Hop	Sub-junior & Junior	7 – 11 yrs
7.15 – 8	Ballet & lyrical Hip Hop & jazz	Teens – general class	11 – 15 yrs
8 – 8.45			

Friday

9.30 – 10 am	Tiny Toddlers	Dance	2 – 3 yrs
10 – 10.45 am	Pre-school dance	Ballet & jazz	3 – 5 yrs
10.45 – 11 am		Tap dance – option add on	
4 – 4.45 pm	Classical Ballet Jazz Tap Dance Acro	Test 3 & Bronze	6 – 7 yrs
4.45 – 5.15 pm		Choose 2, 3 or all 4 styles	
5.15 – 5.45 pm			
5.45 – 6			
4.30 – 5.15 pm	Hip Hop	Sub-Junior	6 – 9 yrs
5.15 – 5.45 pm	Acro	Sub-Junior	6 – 9 yrs

Not sure which classes are best for you? Call us on 0419 521 005 for more info
PRIVATE LESSONS & SINGING CLASSES – to book times please call 0419 521 005.

Saturday

9 – 9.45 am	Classical Ballet Jazz Tap Acro	Test 1 & 2	5 – 7 yrs
9.45 – 10.15 am		Select 1, 2, 3 or all 4 styles	
10.15 – 10.35 am			
10.35 – 11 am			
9.15 – 10 am	Hip Hop Jazz Classical Tap Acro	Test 3 & Bronze Medal & 8 & under troupe	6 – 8 yrs
10 – 10.30 am			
10.45 – 11.30			
11.30 – 12			
12.15 – 12.45			
9.45 – 10.15	Mini Acro	Tumbling & acro	3 – 6 yrs
10.30 – 11.15 am	Pre-school dance	Ballet & Jazz & lots more Tap Dance – option add on	3 – 5 yrs
11.15 – 11.30 am			
10 – 10.45 am	Hip Hop Musical Theatre Stretch & Strengthen Troupe– Classical, Jazz, Contemp Kick, Turn, Jump Acro	10 & u Troupe	8 – 10 yrs
10.45 – 11.15 am			
11.15 – 11.45			
11.45 – 12.45			
1.15 - 1.45			
1.45 – 2.30	(Kick, Turn, Jump & Acro both optional extras)		
11.45 – 12.30	Hip Hop	Junior	8 – 11 yrs
11.15 – 11.45	Hip Hop Lyrical/ Contemp Stretch & Strengthen & KTJ Acro 16&u Jazz	12 & u Troupe	11 - 12 yrs
11.45 – 12.15			
12.15 – 1			
1.30 – 2.45			
2.45 – 3.15			
12 – 12.30	Warm Up Stretch & Strengthen & KTJ Acro Jazz Pointe Hip Hop	16 & u and Senior Troupe	13 yrs & over
12.15 – 1			
1.30 – 2.45			
2.45 – 3.15			
3.15 – 3.45			
3.45 – 4.15			