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FOSTER HOME CRISIS SERVICES

FOSTER CAREGIVER CRISIS SUPPORT – FOSTER HOME CRISIS SERVICE – FOSTER CHILD THERAPEUTIC SERVICE

PROGRAMME BACKGROUND

Debbie Rowberry is a Child Therapist working with vulnerable children who have high and complex needs. Over the years Debbie's caseload has included many Children of whom have Emotional or Behavioural difficulties that have been intensified due to multiple placements and lack of a therapeutic process through these placement breakdowns.

In 2011-12 Debbie facilitated an 'In the Home' Pilot Programme for Manurewa Police Youth Development Team. The objective of the programme was to stabilize high and complex needs, Family Violence and Criminal activity Families.

Upon the success of the Programme, Debbie developed an 'In The Home' Family Therapy Programme aimed to trouble shoot difficulties in the homes of High and Complex needs Families. Debbie now offers a programme specifically developed to address the complex needs of Foster Families.

WHY IS THIS PROGRAMME DIFFERENT?

This programme addresses the underlying cause of potential breakdown and develops and implements solutions to meet the needs of the individuals and collective within the Family unit.

This is achieved through the following process:

- Identifying States of Being of Individuals which are impacting on the success of the placement and providing therapeutic based coaching to moderate those states of being.
- Addressing Caregiver resentment or overwhelm.
- Increasing Caregiver Empathy and understanding of the Childs complex needs. Foster Children are often exposed to Family Violence and prenatal exposure to Alcohol and Drugs, which can inhibit the emotional development of the Child.
- Assessing the routines within the home and Introduce routine procedures that reduce friction.
- Assess the culture within the home and introduce strategies to stabilise the home and increase the Childs feeling of safety.
- Restore the relationship between the Child and Caregiver/Family members.
- Assess the Foster Child's Emotional and Behavioural needs and recommend Emotion Regulation Therapy if required.

PROGRAMME COST AND LENGTH

This is a short term programme aimed at providing immediate assistance to address the causes of potential or imminent Placement Breakdowns. The programme is facilitated over 5 weeks. With a weekly home visit as well as a support phone call each week. The cost of the programme is \$600 plus GST.

Currently this programme is only available in Auckland however there is an opportunity to provide the services further afield.

TESTIMONIAL

'Hi Debbie

Thank you very much for your report regarding the T family, I have noticed a significant change within the home environment during my recent visits to the family. The household appears a lot calmer and happier, and the parents are able to discuss issues in a calm manner with the children when they arise, or at an appropriate time later.

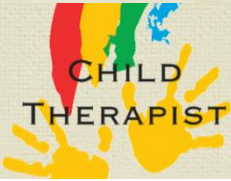
I would like to take this opportunity to thank you very much for your work with this family, which has made a significant difference to the parents management of the children's behaviour, and both parents working in partnership to ensure the safety and well-being of all the children. The parents have informed me that they have realised that they need to ensure that the home environment remains calm and free from negative influences, and as such, were able to take the steps necessary to ensure that they do not go back to their old ways of being. This realisation for the parents has come from work with a variety of agencies and their ongoing support, but in large part to the skills that you taught them in realising what was happening at home between the individual family members and for each family member, teaching the parents to work as a team, and giving the parents strategies to manage the childrens' challenging behaviour. The parents are extremely thankful and grateful for your support, and have appreciated the skills that you have taught them, and have benefited hugely from your input.

Thanks again for such fantastic work with this family.'

Kind Regards

Pam Millen

Manurewa Police Youth Development Team



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QUOTE
GST NUMBER 76-532-281

Qty.	Item#	Description	Unit Price	Line Total
		QUOTE TO PROVIDE FOSTER HOME CRISIS SERVICES		
		FOSTER CAREGIVER CRISIS SUPPORT 5 WEEK PROGRAMME	600	600
			Sub Total	600
			GST	90
			Total	690