

Heavenly Dexter beef Enchilada Recipe

Even "meat and potato" ranchers love to mix it up with fun meals.



Here's a delicious Heavenly Dexter beef enchilada recipe you can put together tonight!

Heavenly Dexter beef Enchiladas

20 Tortillas (look for whole wheat or healthier versions if you prefer) and
4 cups of shredded cheese
(we prefer Colby Jack, but use what you love!)

This recipe can be halved!

- * 2 lbs **grass fed Heavenly Dexter beef**- ground beef
 - * 1 large onion, chopped
 - * 4 tbsp flour
 - * 2 tbsp chilli powder
 - * 1 tsp coarse sea salt
- * 2 tsp garlic powder or 2 garlic clove minced
 - * 1 tsp ground cumin
 - * 1/2 tsp rubbed sage
- * 2 cans (14 1/2 ounces each) stewed tomatoes

In saucepan (I prefer cast iron pans) cook Heavenly Dexter beef and onion until meat is no longer pink, usually at medium heat.

There won't be any fat to drain if you use Heavenly Dexter Beef so add some oil!

Add flour and seasonings; mix well.

Stir in tomatoes; bring to boil.

Then reduce your heat; cover and simmer 15 minutes.

Enchilada Sauce;

- * 8 to 12 garlic cloves, minced
- * 2/3 of a cup butter
 - * 1 cup flour
- * 2 cans or 28 ounces Heavenly Dexter beef broth (sometimes I add half water to back off on sodium)
 - * 2 cans (15 ounces) tomato sauce
 - * 2 to 4 tbsp chilli powder
 - * 1 to 2 tsp ground cumin
 - * 1 to 2 tsp rubbed sage
 - * 1 tsp salt

Sauté garlic in butter until tender.

Stir in flour until blended.

Gradually stir in broth; bring to boil.

Stir in tomato sauce and seasonings; heat gently through.

Now, if we don't have time, we just load up our Heavenly Dexter beef enchiladas with cheese, but if we have the time, we bake them as follows;

Pour about 3 cups sauce into un-greased 13-by-9 inch pan.

Spread about 1/4 cup Heavenly Dexter beef mix down center of each tortilla; top with 1 to 2 tablespoon cheese. Roll up tightly; place seam side, of the rolled enchilada, down in sauce in the pan.

Top all the enchiladas with the remaining sauce.

Cover and bake at 300 degrees 35 to 40 minutes.

Sprinkle with the remaining cheese. Bake uncovered 10 to 15 minutes longer or until cheese is melted.

We love this **Heavenly Dexter beef enchilada recipe** with a simple lettuce salad.