

JOIN US FOR OUR
**SUMMER OF
DANCE**

**Open
House**
(11am-2pm)
JUNE 15

DAY CAMPS (age 5-10)

- Diva Fied Hip-Hop- July 15
- Little Shakers Pom- July 29
- Acro Gymnastic- August 12

1 WEEK CAMPS

- Summer Sampler - June 17-20 (age 5-18)
- Fairy Tale Princess Craft and Camp - June 17-19 (age 3-7)
- Ballet Intensive - August 5-8 (age 5-18)

5-week
classes
start **JUNE
24**


Sarah's
DANCE ACADEMY
551 WI-32, Pulaski, WI 54162

SARAHSDANCEACADEMY.COM
920.822.7400



551 Hwy 32 - Pulaski, Wisconsin 54162 - (920) 822-7400

Email: SarahsDanceAcademy@yahoo.com Website: www.SarahsDanceAcademy.com

Sarah's Dance Academy invites dancers and parents to join us for our 2019 Summer Dance Season. We are *delighted* to begin our Fifteenth Dance Year. Summer classes will run for 5 weeks, starting on June 24 and running through July 26. Dance Camps run throughout Summer, beginning June 17 and running through August 12.

Please read the following information over carefully:

- [Studio Policies and Procedures](#)
- [Calendar of Events](#)
- [Summer Camps](#)
- [5-week Class Schedules](#)
- [Tuition Chart](#)
- [Registration and Release Form](#)

Registration information can also be found online at www.SarahsDanceAcademy.com

Please register early in order to reserve your place in class. Our schedules are filled on a first-come, first-serve basis. Registrations must be received by June 15.



Sarah L. DeGroot
Owner & Director of Dance
Instruction

Mrs. Sarah has owned and directed Sarah's Dance Academy in dance for the past 15 years. Sarah's Dance Academy believes in building strong relationships with children, families, and communities. We promise to provide a fun, healthy, and safe environment for all ages, cultures, and skill levels. Our goal is to provide high quality educational dance while at the same time providing each student with self-worth and the 'love of dance'.

Sarah's Dance Academy is a professional dance center located in Pulaski, Wisconsin and serving the NE Wisconsin area. We pride ourselves in not only teaching dance steps, but installing values and grace into each of our dancers. Our professional staff, along with our unique dance curriculum, is designed to bring out the best in each of our students. We offer classes in Dance, Acro-Gymnastics, and Fitness to girls and boys ages 2 through adult, in all styles and all skill levels.

All of our dance classes are taught by professional instructors with personal experience in the performing arts and with a dedication towards bringing out the best progression and improvement in each of our students.

Our students are our future, and we are dedicated to providing them with the best possible instruction, while building relationships with each student and their family. We offer not only the best instruction, but superior customer service.

Our class sizes are limited in order to give each student more individual attention and a faster progression.

Join in the FUN this SUMMER, where there truly is "Something for Everyone" here at *Sarah's Dance Academy*.

We hope to see YOU in June!

Mrs. Sarah L. DeGroot
Owner & Director of Dance Instruction



"Your revelation is the tune I dance to." - Ps. 119:77

Sarah's Dance Academy

2019 SUMMER CALENDAR OF EVENTS

June 15	Registrations Due
June 15	Open House, Shoe Ordering (11:00 am until 2:00 pm)
June 17 - 20	Summer Sampler Camp (Pom, Jazz, Hip-Hop, Lyrical/Contemporary)
June 17 - 19	Fairy Tale Princess Camp & Crafts
June 24	5-week Dance Season Begins
June 24 - 28	First Payment is Due
July 8 - 12	Two Payment Plan, Second Payment Due
July 15	Diva-Fied Hip-Hop Camp & Craft
July 20	Pulaski Polka Parade Practice (9:00 am until 11:30 am)
July 21	Pulaski Polka Parade (10:15 am at Pulaski Middle School)
July 22 - 26	Last Day of Class - Parent Observation Week
July 29.....	Little Shakers Pom-Pom Camp & Craft
August 5 - 8	Ballet Intensive Camp
August 12.....	ACRO Gymnastics Camp

End of 2019 SUMMER Programs

Sarah's Dance Academy

2019 SUMMER DANCE CAMPS

WEEK-CAMPS

SUMMER SAMPLER Camp: June 17 through June 20

Summer Sampler Camp is a great way for dancers to try out each style of dance, as well as a few specialty classes, for a great price. Students will learn short routines in Jazz, Lyrical/Contemporary, and Hip-Hop. This was one of our most talked about programs last Summer, so register early as space is limited. Groups will be split up by age and skill level. Please see the information below for more details. If you are new to our Competitive Troupe Teams, please make plans to attend this camp.

All troupe team members and/or competitive soloists must attend this camp.

Stretch.....	20 minutes
Jazz	20 minutes
Pom	20 minutes
Lyrical/Contemporary	20 minutes
Hip-Hop.....	20 minutes

Ages 5 to 10 from 5:30 pm – 7:30 pm; **Ages 11 and above** from 3:30 pm – 5:30 pm
\$115 per Student

Fairy Tale Princess Camp & Crafts: June 17 through June 19

Come explore the enchanting world of the most celebrated Princesses! We will explore a new princess each day through Ballet dance, songs, crafts, story-telling, reenacting, dress-up, and more. Princess crowning will be held on the last day of camp at our Showcase Performance.

Welcome All Princesses.....	5 minutes
Stretch, Flex, and Strength	10 minutes
Ballet Barre Basics.....	15 minutes
Dress-Up, Learn Routine	30 minutes
Pre-Ballet Games & Reenacting.....	15 minutes
Royal Princess Crafts.....	15 minutes

Ages 3 to 7 from 5:30 pm – 7:00 pm
\$75 per Princess

Ballet Intensive Camp: August 5 through August 8

This camp focuses on ballet technique, building flexibility and strength, center floor combinations, and conditioning, as well as learning body lines and body awareness. The extra attention to technique and detail often advances the skill of the dancers much faster than regular dance. This is the Camp for both beginners and advanced dancer, to help them keep up on their technique in the Summer. **Elite Troupe Team members and Competitive Soloists must attend this camp. Highly recommended for all Competitive dancers.**

Stretch and Flex.....	30 minutes
Ballet Barre.....	20 minutes
Center Floor Combination.....	30 minutes
Core and Strength	30 minutes
Cooldown.....	10 minutes

Ages 6 to 10 from 5:30 pm – 7:30 pm; **Ages 11 and above** 3:30 pm – 5:30 pm
\$115 per Student

Sarah's Dance Academy

2019 SUMMER DANCE CAMPS

ONE-DAY-CAMPS

Diva-Fied Hip-Hop Dance & Craft Camp: July 15

Let your inner Diva out! Students will learn moves to the latest pop music in both Hip-Hop and Jazz. Students will also participate in the making of arts & crafts. There will be a final performance held for our Diva Dancers the last 15 minutes of the Camp. Bring a friend and remember to *Dress like a Dance Diva*.

Stretch and Strength building.....	20 minutes
Hip-Hop Diva Routine	35 minutes
Arts & Craft	25 minutes
Hip-Hop Tricks	30min
Review and Perform Routine	10 minutes

Ages 5 through 10 from 5:30 pm – 7:30 pm

\$38 per Student



POM-POM Little Shakers Camp & Crafts: July 29

Shake your Pom-Poms! This fun-filled Camp focuses on the isolating of the body with sharp movements. In this class, you will learn a pom-pom routine and techniques in leaps, turns, and jumps, along with pom-pom skills. Students will also participate in fun drill-down command games and make a memorable arts and crafts to take home.

Stretch and strength building.....	20 minutes
Technique and Skills	20 minutes
Pom Craft.....	25 minutes
Learn Pom Routine.....	30 minutes
Drills Down with Award.....	15 minutes
Review and Perform Routine.....	10 minutes

Ages 5 through 10 from 5:30 pm – 7:30 pm

\$38 per Student



ACRO GYMNASTICS Camp: August 12

This camp will get kids moving like never before. They'll experience gains in their strength, endurance, balance, flexibility, and power. Gymnasts of all levels, from beginners to advanced, experience the thrill of learning new skills and mastering old ones. Our experienced, highly qualified staff works with small groups to identify individual strengths, teach proper technique, and help campers reach their highest potential. Bring a friend to maximize the FUN.

Flex & Stretch	25 minutes
Tumbling, Stunting & Tricks	40 minutes
Routine	40 minutes
Perform for Parents	10 minutes
Cool down	5 minutes

Ages 5 through 14 from 5:30 pm – 7:30 pm

\$38 per Student

Sarah's Dance Academy

2019 SUMMER STUDIO POLICIES AND PROCEDURES

Studio Policies

Classes and Camps will begin June 17 and will continue through August 12. Class Registrations are due by June 15. However, Class Registration will remain open through July 1 with the stipulation that there is space in class, plus a \$10 Late Registration Fee will be charged. All classes must be paid on the dates that they are due. Payment must be paid in the form of cash or check. There is a \$30 charge for returned checks, followed by payment in cash. *There will not be any payment invoices sent out for tuition fees.* Please note that if a payment is 1 to 30 days late, there will be a \$10 Late Fee charged monthly, per-student, per-class in addition to the designated Tuition Charge.

There are no refunds or adjustments for missed classes, dropping out of class during the term, or suspension for any reason.

Dance Shoes and Attire

Combination Class Tap & Ballet (ages 3 to 6): Black tap, black ballet.

Combination Class Pom, Hip-Hop, Jazz (ages 3 to adult) and Boy's Hip-Hop: Black stretch boots.

Combination Class attire for girls: Any color leotards, tights, skirt (optional), unitards, dance pants or dance shorts, hair pulled back and out of face.

Combination Class attire for boys: Dance pants and a tight fitting solid color tee shirt.

Private Lessons or Hip-Hop Class: Leotard, dance pants or dance shorts (no baggy clothing or jeans), hair out of face, boys will wear the same attire as the Boys Combination Class.

Two-Year-Old Movement Class: Black ballet shoes, leotard, and tights (a skirt is optional.)

Fairy Tale Dance Class: Black ballet shoes, leotard, and tights (a skirt is optional.)

Ballet Class: Black leotards, pink tights, skirts of any color or pattern, and pink leather or canvas ballet shoes. No "Dance Paws" are allowed in Ballet Class. Hair must be pulled away from face and in a tight bun.

Gymnastics ACRO/Tumbling for Dance Class: Any color leotard or unitard and optional pants or shorts. No Shoes.

Please remember that proper dance attire will be strictly enforced beginning the first day of class and continuing through the end of the dance season. You may purchase shoes and attire at our Open House held on Saturday, June 15 from 11:00 am until 2:00 pm. Your order will be ready by the first day of class.

Attendance, Absences, and Miscellaneous

Please call the Dance Studio at (920) 822-7400 if you will not be at class.

Class Observation

Parents, family, and friends may observe the dancer's class time during the last week of class **July 22 - 26**. Class Observation is not permitted at any other times, thank you. Photo cameras and/or video cameras will be allowed during Observation Week.

Additional Information

All students are expected to conduct themselves with self-control and with the utmost respect for others. If a student acts in a manner that would put himself, herself, or anyone else at the Studio at harm, that student will be promptly dismissed. Parents will be informed of their child's negative behavior. Listening and following directions in class is a very important part of dance. Disciplining a dancer takes away from class time, which is not fair to the other students. Please feel free to ask us questions as long as it does NOT interrupt class time. We are always open to positive comments and suggestions.

Sarah's Dance Academy has the right to dismiss a student or family for any reason at any time.

Sarah's Dance Academy

2019 SUMMER CLASSES

Combination Class meets for 60 minutes per week for 5 weeks. This class is for ages 3-years-old through adult. Combination Classes for students ages 3 to 5 will consist of 30 minutes of Tap and 30 minutes of Ballet OR 30 minutes of Pom and 30 minutes of Hip-Hop; ages 6 and above will consist of 30 minutes of Hip-Hop and 30 minutes of Jazz, Pom-Pon, and/or Lyrical. This class is perfect for the beginner to the advanced dancer. Classes are split by age and skill level.

Two-Year-Old Movement Class meets for 30 minutes per week for 5 weeks. A parent attends this class with their child. This unique, fun-filled, energetic class introduces your child to easy movements and gives them the opportunity to be a part of a dance class with the help of Mom or Dad.

Fairy Tale Dance Class meets for 40 minutes per week for 5 weeks. This is for students that are preschool age (3 to 5 years old). During the initial week a fairy tale story is read, and then students learn Pre-Ballet dance movements with music pertaining to the story. The following week the students put on costumes (over their leotard/tights) and perform their routine. This class is an excellent dance class for beginning little dancers. It is a fun and rewarding experience for the children to dress up and perform! The Fairy Tale costumes are provided for each student at each performance.

Hip-Hop and Boys Hip-Hop is a structured form of street dance designed to teach coordination, strength, quickness, agility, and endurance. Some tricks may be added. This class is for ages 6 to adult and runs for 5 weeks for 30 minutes per week.

Gymnastics ACRO/Tumbling for Dance meets for 45 minutes per week for 5 weeks. This class develops courage, strength, stamina, coordination, flexibility, and jumping abilities. Acrobatic and tumbling unites its power with poise, grace, and beauty to create an intriguing sport with dance. This class is for ages 3 and up.

Technique Leaps and Turns this class meets for 40 minutes per week for 5 weeks. This class is geared to build the dancer's skills, such as turns, leaps, and jumps, while perfecting bodyline lines and placement. This is a must class for dancers that want to advance to the next level in dance, or for those dancers with the goal of making one of our Competitive Troup Troupe Teams and/or their high school dance team.

Ballet I, II, III, IV, and V meets for 60 minutes per week for 5 weeks. Classical Ballet is fundamental for all dance classes. Ballet provides the basics for all forms of dance and should be taken first, or concurrently with your other classes. Ballet teaches proper technique, posture, bodylines, body awareness, and terminology. Students will be grouped together by skill level and experience. Ballet Classes incorporate technical skills and performance skills. Ballet Technique is a class for aspiring dancers who wish to develop an understanding of dance movement.

Pointe and Pre-Pointe This class is only open to dancers who have Instructor approval. Pre-Pointe and Pointe is similar to a regular ballet class in terms of focus and discipline. The difference, however, is that students wear pointe shoes (ballet shoes with a hard, full-soled shank and a boxed toe) so that the ballerina may go fully onto pointe while in releve. This class is for the more advanced ballet dancer and requires an additional ballet class and ballet technique class.

Pulaski Polka Days Parade. The **Pulaski Polka Days Parade** will be held on Sunday, July 21. Pulaski Polka Days Parade is part of the Summer Dance Program. Parade Practice for ages 6 and above will be held on Saturday, July 20, from 9:00 am until 11:30 am. All students and Parade Volunteers are required to purchase a Sarah's Dance Academy Polka Days tank top, and pom-pons only if dancing in the Parade (same black tank and poms from 2017 Summer). An Order Form is included in the Registration Form. Payment is due on the first day of class. If you have tank top and pom-pons from last year, you DO NOT have to purchase them again. We need six Parade Volunteers. A meeting will be held on Saturday, July 20 at 11:40 am. If interested, please check the box on the Registration Form. Children ages 2 to 5 will ride in the Float and Parade Volunteers will be sitting in the Float with them.

Private Lessons meet for 30 or 60 minutes per week for 5 weeks. For Private Lessons you choose what style of dance you would like to learn. This class is also for Duets and Trios.

***NEW* Adult Ballroom and Latin** will be offered by semester and meets for 45 minutes per week. Classes will be offered in Ballroom Dance consisting of Waltz, Swing, and the Latin Dances of Tango & Rumba. No partner, no worries, we will partner you with someone for class.

***NEW* SDA Birthday Party**. Please contact the Studio for more information.

Sarah's Dance Academy

2019 SUMMER CLASS TUITION

A \$15 Registration Fee is due by June 15 in order to reserve your place in a class(es).

All Classes run for 5 weeks.

DANCE CLASS TYPE	CLASS LENGTH	ONE PAYMENT Due first day of class	TWO PAYMENTS Due first day of class and week of July 8-12
Combination (ballet, tap, pom-pon, jazz, hip-hop and/or lyrical)	60 minutes per week	\$75	\$43
Two-Year-Old Movement	30 minutes per week	\$40	N/A
Fairy Tale Dance	40 minutes per week	\$75	\$43
Ballet I, II, III, IV, & V	60 minutes per week	\$75	\$43
Pointe	30 minutes per week	\$50	N/A
Gymnastics ACRO/Tumbling for Dance	45 minutes per week	\$60	\$35
Technique Leaps and Turns	45 minutes per week	\$60	\$35
Conditioning	45 minutes per week	\$60	\$35
Adult Ballroom and Latin	45 minutes per week	\$60	N/A
Pilates	30 minutes per week	\$40	N/A
Total Barre	30 minutes per week	\$40	N/A
Zumba	30 minutes per week	\$40	N/A
SUMMER WEEK CAMPS		ONE PAYMENT	
Summer Sampler Camp		\$115	
Fairy Tale Princess Camp & Craft		\$75	
Ballet Intensive Camp		\$115	
SUMMER ONE DAY CAMPS		ONE PAYMENT	
Little Shakers Day Camp & Craft		\$38	
Diva-Fied Camp & Craft		\$38	
Acro Gymnastics Camp		\$38	

Private Lessons

Private Lessons	30 minutes per week	\$20 per person
Private Lessons	60 minutes per week	\$40 per person
Semi-Private Duet & Trios	30 minutes per week	\$16 per person
Semi-Private Duet & Trios	60 minutes per week	\$32 per person

Sarah's Dance Academy

2019 SUMMER CLASSES

All dance classes that offered for the **2019 Summer 5-week Program** are listed below by category. Mrs. Sarah will determine a student's placement in class according to the student's ability. Choose classes by the time preferred. A place in a dance class will be reserved with a completed Registration Form and the accompanying Registration Fee. Please contact the Dance Studio on openings for Private/Semi-Private Lessons.

CLASS	DAY	TIME	STUDIO
PRE SCHOOL DANCE			
2-Year-Old Movement	Tuesday	6:00 – 6:30 pm	A
Fairy Tale Dance	Tuesday	6:30 – 7:10 pm	A
GYMNASTICS ACRO/TUMBLING FOR DANCE			
Level I/II	Wednesday	5:30 – 6:15 pm	A
Level III/IV	Tuesday	7:00 – 7:45 pm	B
TECHNIQUE LEAPS and TURNS			
Technique	Tuesday	4:30 – 5:10 pm	C
Technique	Tuesday	7:10 – 7:50 pm	A
CONDITIONING			
Conditioning	Tuesday	7:55 – 8:35 pm	B
COMBINATION CLASSES			
Combination 3 to 5 (Tap and Ballet)	Tuesday	5:00 – 6:00 pm	B
Combination 3 to 5 (Tap and Ballet)	Wednesday	6:15 – 7:15 pm	A
Combination 3 to 5 (Pom and Hip-Hop)	Tuesday	5:00 – 6:00 pm	A
Combination 3 to 5 (Pom and Hip-Hop)	Wednesday	6:15 – 7:15 pm	A
Combination 7 to 11 (Hip-Hop and Jazz or Pom-Pon)	Tuesday	6:00 – 7:00 pm	B
Combination 7 to 11 (Hip-Hop and Jazz or Pom-Pon)	Wednesday	5:30 – 6:30 pm	B
Combination 12 and up (Hip-Hop and Jazz or Pom-Pon)	Wednesday	6:30 – 7:30 pm	B
Boys Hip-Hop	Wednesday	5:00 – 5:30 pm	B
BALLET			
Ballet I/II	Tuesday	5:10 – 6:10 pm	C
Ballet III	Tuesday	6:10 – 7:10 pm	B
Ballet IV	Wednesday	4:00 – 5:00 pm	B
Pointe	Tuesday	3:30 – 4:00 pm	C
ADULT CLASSES			
Ballroom and Latin	Wednesday	7:45 – 8:30 pm	A
Zumba	Wednesday	7:30 – 8:00 pm	A
Total Barre	Tuesday	7:10 – 7:40 pm	A
Pilates	Tuesday	7:45 – 8:15 pm	A

Sarah's Dance Academy

2019 SUMMER REGISTRATION, TUITION and RELEASE FORMS

Please fill out both pages of this form, sign, and date. Return this with your \$15 Registration Fee, due by June 15, to reserve your place in class. Class schedules are filled on a first-come, first-serve basis. Please choose the class or classes and the time or times you are interested in. You will be notified with your exact class times.

REGISTRATION

Student Name _____ Student Age _____ Birthdate _____

Mailing Street Address _____ City _____ Zip Code _____

Phone Number _____ Email Address _____ @ _____

Parent Name(s) _____ School Name and Grade _____

Emergency Contact Name _____ Phone Number _____

Primary Physician or Clinic Name _____

Known allergies and other pertinent medical information _____

Returning Student OR Previous Dance Experience _____

How did you hear about our Dance Studio? _____

How do you wish to be contacted? Please check one: Phone _____ Email _____ Text _____

CLASS NAME	1st Choice Day/Time	2nd Choice Day/Time

Please read over carefully.

*I understand that **Sarah's Dance Academy** reserves the right to refuse instruction to anyone not abiding by Sarah's Dance Academy's policies.

*I understand that **Sarah's Dance Academy** reserves the right to cancel a class if enrollment falls below three students per class.

*I understand that **Sarah's Dance Academy** is not responsible for lost items, stolen items, or unclaimed merchandise.

*I understand that **Sarah's Dance Academy's** performances are videotaped and may be used for archival and/or promotional purposes.

*I understand that participation in a dance program involves risk and possible injury.

*I understand that **Sarah's Dance Academy** and its staff will not be responsible for injuries sustained in class, while performing, or traveling to or from its facilities.

*I validate that my child has received a physical examination by a qualified physician and has been found to be physically capable of participating in this program.

*I authorize **Sarah's Dance Academy** to give medical attention to my child in case of an injury or illness if a parent or emergency contact cannot be reached.

*I allow **Sarah's Dance Academy** to use my child's name or photographic likeness in all forms and media for advertising, trade, or any other lawful purpose.

TUITION

Sarah's Dance Academy offers payment plans in 2 installments, as a convenience. Your total tuition is still due. Special considerations will be made if you need a longer term of payment. Please speak to Kathy in the Studio Office. Tuition is non-refundable and there are no refunds or adjustments for missed classes or for dropping out of class during the term. Absolutely NO CHARGE BACKS on Tuition. *There will not be any payment invoices sent out for tuition fees.* Please watch the Studio Bulletin Board, monthly Newsletter, or refer to the 2019 SUMMER Packet for all payment dates.

CLASS PAYMENTS	DATE DUE	DATE DUE
FULL PAYMENT	First day of class	
TWO-PAY PLAN	First day of class	Week of July 8-12

Please Choose the Payment Plan of Your Choice:

- Single Payment
- Two-Payment Plan (If available)

Registration Fee in the amount of \$15 per student \$ _____

Total of first tuition payment
(1st payment is due on or before the first day of class) \$ _____

PULASKI POLKA DAYS PARADE - Order (due on or before the first day of class)

Please check box for items to order / circle size:

- TANK TOP \$20 SIZE Child S M L Adult S M L XL XXL
- POM-PONS \$25 per pair

Total Tank Top and/or Pom-Pon Order(s) \$ _____
(Not included in Pay plan)

TOTAL PAYMENT \$ _____

RELEASE

Recognizing the possibility of physical injury that is associated with dance, I hereby release, discharge, and/or otherwise indemnify *Sarah's Dance Academy* and its associated personnel, against any claim by or on behalf of the registrant's participation in this program. Further, my child has received a physical examination by a qualified physician and has been found to be physically capable of participating in this program. In case of an injury or illness and a parent cannot be reached, the staff of *Sarah's Dance Academy* may authorize medical attention be given to the student listed above.

Tuition is non-refundable and there are no refunds or adjustments for missed classes or for dropping out of class during the term. I agree to pay the student's tuition with the Payment Plan that I have chosen above.

I have read and agree to abide by *Sarah's Dance Academy's* policies regarding medical release, tuition, late fees, costumes, attendance, and dance attire.

Please initial: Yes, I accept _____ No, I decline _____ Circle: Parent / Guardian

Parent/Guardian Signature: _____ Date: _____

Office Use	Office Use
Date Rec'd ____ / ____ /2019	Entered ____ / ____ /2019
Amount Paid \$ _____	Entered By _____
Check # _____ Cash / Card	Confirmation? Y / N
Received By _____	