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JUNE 2020

HB Provisions & Bradbury Bros. -Operating During a PANDEMIC

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> Small Ads of Generosity Kindness

Support our Local Economy

the Kennebunk

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On the Cover



Mystery horseback rider galloping on the tranquil coast at Middle Beach in Biddeford; between Biddeford Pool and Fortunes Rock. Photo courtesy of the Village.

INSIDE STORIES

Support the Local Economy 3 Sea Change 5 Operating during a pandemic 7 Small Acts of Kindness 11 A Tribute to Veterans 29

Also in this Issue

Quest Fitness: Exercise Goals 10 The Brig Alliance series #2-13 Dreaming of a Reason 18 Doc Talk 19 BlixxHorses: Adapting to Change 25 Service Directory 27 Calendar Listings 28

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The Village welcomes letters, briefs & suggestions.

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The Village JUNE 2020

2

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7 Things You Can Do Now to Support the Local Economy

By: Shelley Wigglesworth, Lead writer

This list of seven simple ways to help keep the local economy in motion during the COVID19 pandemic provides suggestions on how we can all work together to be a part of keeping the local economic infrastructure intact. By doing so, we are helping people to stay employed, we are ensuring food is on the table for many folks and that roofs stay over heads. Together, we can all be a part of the solution. By working together and helping and supporting others, we help ourselves.

1. Curbside and Take Out Dining: Michelle Walker of Saco said she and her husband Mike have been making a point to eat out at local small restaurants offering take out during this time and to purchase gift certificates for future use as well. Mike's American Diner in Arundel, Bandaloop in Arundel, 50 Local in Kennebunk, Coffee Roasters of the Kennebunks, and Old Vines in Kennebunk, The Maine Diner in Wells, Hurricane Restauarnt in Kennebunkport, Cape Porpoise Kitchen and Nunan's Lobster Hut in Cape Porpoise, Lord's Clam Box in Sanford and BeachFire Bar and

produce from our great farmers and many more, people depend on these sales to keep employed and help feed their families. We need to make sure that we are thinking about everyone, even those who are behind the scenes. Without these people things would be a lot tougher."



Grille in Ogunquit are a handful of local restaurants offering a diverse range of take out and curbside food with some offering specialty cocktails to go during this time. Kelly Ann Laflin of BeachFire Bar and Grille said "From delivery drivers, warehouse workers, sales people,

2. Purchase Gift Certificates: Walker also said she is using this time and local resources to purchase gift certificates for not just local restaurants, but local shops and services as well for Christmas gift giving. It pays to shop early, and it is a great time for all to do it now. Natures Gifts in Kennebunk, Tune Town Music in Wells, Kevin Thyng Auto Detailing, Bark Ave Boarding and Grooming, Castaways at Compass Pointe in Wells are all great small businesses all offering gift certificates for unique products and much appreciated services.

3. Re-schedule instead of cancelling. With the start of the lucrative summer tourism season on hold, Nonantum Resort Inn Keeper Jean Ginn Martin said she has staff working from home and is paying her staff that cannot work from home. She has asked guests to "Please keep any reservations in place. These reservations will allow us to keep our staff paid until such a time we are able to open." If you are able to do this by rescheduling your event or vacation at hospitality providers in our village, please do so it will be a great help.

4. Purchase essentials from local and mom- and pop stores. HB



4 The Village JUNE 2020

Provisions and Bradbury Bros. Market have gone above and beyond to support our local economy and residents alike as only small town Mom and Pop stores can. With fresh, local foods and essentials, attention to details, and genuine concern based on trust and relationships built with customers over the years, you just can't go wrong shopping at these fine grocery stores.

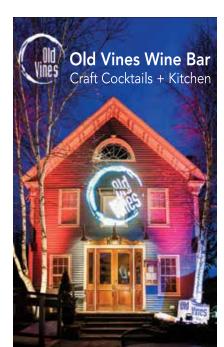
5. Virtual and Social Distanced Classes, Activities and Wellness: Quest Fitness Center has been offering outdoor spinning, Facebook Live exercise classes- including stretches and workout sessions, and they plan to be open at the facility June 1. Love Light Illuminations in Wells has held live crystal harp sound healing sessions, guided online meditations and more during the quarantine time providing a sense of peace and calm in the midst of uncertainty.

6. Plan a Staycation- Enjoy outdoor recreation activities such as

a chartered deep sea fishing trip on the Nor'easter, a local charter boat owned and operated by a Maine commercial fisherman. The Seacoast Trolley Museum in Kennebunkport is opening for outdoor tours and activities and the local conservation trusts have outdoor hiking trails and activities planned as well. Why not have a family picnic? Purchase local seafood, such as freshly caught lobsters-order the lobsters live or have them cooked for you at Nunan's Lobster Hut in Cape Porpoise.

7. Hire Local Contractors, Shop Locally and Utilize Locally Owned Services: Now is a great time to get those "To-Do" projects done and support a local business in the process. Ken Shaw Chair Caning Services offers all weaves including rush, splint, ash and regular caning. Appliances making a funny noise or just not running as it should? Weeman's Appliance Repair in Kennebunk is affordable and fast with decades of experience. Spring is a great time to get your chimney inspected and cleaned for safety and efficiency by Charlie's Chimneys. Hazelwood Handyman Services will take good care of all your odd jobs and home improvement projects with experiences and references provided. How about a thorough spring home cleaning job from Patteez Perfect Cleaning Services? And don't forget Port Hardware Store has just about everything a big box store carries when it comes to those home and garden upkeep projects. Considering a large scale remodel or home improvement project? Ben's Flooring and Design Center in Biddeford has all your kitchen and bath appliances and flooring under one roof, and Kennebunk Kitchens and Bath can help you design and create that perfect room or small space to fit your exact needs.

Your support is needed now more than ever to keep local economic infrastructure intact during this pandemic - lets all work together!



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Sea Change

By Vicki Adams, Guest contributor

Walking along the 3-mile shore of Kennebunk, I see climate change in action. It's a cool blue day in spring, and the surfers are trying their luck at Gooch's Beach, the northernmost of six beaches and coves, each defined by a rocky point. It's mid-tide dogs frolic while their owners chat. But high tide will chase them off the beach as waves pummel the sea wall. This concrete structure props up the sidewalk and adjacent Beach Ave. Through the years, it has been reinforced and built higher as the sand has been scraped away by storms and the rising sea. The beach is now from 3 to 7 feet lower than the sidewalk.

Stacy Wentworth, who was born just down the road 82 years ago, remembers that when he was a boy the sea wall was low and the sandy beach, nearly the same level as the road. The natural contour of the coastline, however, had already been drastically changed. During the late 1800s, there were sand dunes backed up by trees and salt marsh. At that time, beaches in Southern Maine were beginning to attract tourists, and hotels were built in response to the demand. Transportation consisted of horse carriages on sandy paths

Wentworth's great grandfather, Owen Wentworth, built the first of several hotels just back of the dunes. "It was the best thinking at the time, but of course it was faulty," Wentworth says. During the early 1900s when automobiles took over, the dunes were flattened and paved over, destruction that also put the beaches and marshes at risk

I walk by old summer homes looking out to sea from across Beach Ave. Without the barrier of dunes, rocks often wash up on their lawns and sometimes crash through windows during winter storms. The marsh that once lay behind them is gone. The entire area was filled with dredging spoils from the K e n n e b u n k River during the 1960s to support a dense neighborhood of houses, many of them summer homes. I wonder how long all this development will last. I continue my

walk beyond Narraganset point toward Middle Beach, long devoid of sand, where the

other smooth. I

notice a large section of new, massive wall and fresh pavement — storm waves gouged and undermined the wall and road last winter. Stacy said he rode his bicycle here to check out the effects of the storm. "The road was not passable, and there was flooding down the side roads," he says.

At the end of this section, a high rocky outcropping supports three summer houses and shelters Mother's



 \log_{a} devoid of Today, a sea wall supports the sidewalk along Beach Avenue and Gooch's sand, where the Beach where sand dunes once protected both the beach and the Sagamore pebbles rub each Hotel. Photo by Clayton Simoncic

Beach. This is an oasis for tide pools, swimming, and a playground. A woman pushes a baby carriage over the firm wet sand as her toddler runs to a tidal pool, and splashes his hands in the frigid water.

Further along, Lord's Point and Strawberry Island encompass Wentworth Cove, named after Stacy's great grandfather. Stacy's family Continue to page 6



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6 The Village JUNE 2020 Sea Change: Continued from page 5

home was at the corner of Great Hill Road where Sea Road runs inland. He remembers sitting at the front window and looking across the street at Strawberry Island. "There was a onelane causeway," he says. "The island included at least an acre of pasture, where sheep once grazed during the summer. There was an abandoned house with a carriage house attached and a bluff on the ocean side."

Continuing my walk down Great Hill Road, I come to a sandy parking spot overlooking Strawberry Island. "Today, there's not a drop of soil on the island," Stacy says. It's been reduced to an outcropping of boulders. I try walking on the old causeway at low tide, but the rocks are slimy, and after a few steps, I know my boots are no match for these gremlins. From here, I look further along the shore. Huge granite blocks prop up this narrow section of the road. A gap piled temporarily with sand provides access for swimming, sunbathing, and building castles in the sand.

At the end of the road a large cottage-style house stands on Great Hill, now a diminished hill. Land once stretched out northeast supporting other cottages. As the land eroded, one cottage was moved back three times, Stacy remembers. Owners of the large house installed barriers around the remaining hill. The reinforced hill slants toward the hungry ocean, and the Mousam River gnaws at its west side.

In sharp contrast, on the opposite shore of the river lie two privately owned beaches, Parsons and Crescent Surf, which are less developed. Dunes along Parsons Beach are mostly intact, although winter storms often carve into them, exposing the roots of spartina grass. These dunes shield a good sized marsh and a sandy road that leads to widely spaced exclusive homes. A dune forest survives throughout this area. Here, the sand shifts more naturally, protecting both houses and land. A spit at the south-west end of Crescent Surf has been protected and exemplifies the natural range of beach, dunes, and dune forest. Local people are grateful that the Parsons family has preserved the private beaches and allows them to use the eastern most section.

It may seem that the ocean is stealing our public beaches. But no,

we have sold them - paving the dunes, filling marshes, the constructing buildings, and temporarily protecting what we have built with walls. Now we collectively burn enough fuel to warm the ocean itself, causing stronger storms, higher sea levels, and increasing erosion. "It's

inevitable that the ocean will take back the coastline," Stacy says. "What kinds of changes are we willing to make in our lives to help stem this tide?"

Sidebar

Kennebunk plans for sea level rise According to a century of data from the Portland, Maine tide gauge, the sea level is rising. This is believed to be driven by higher water temperatures which, in turn, can cause more extreme weather.



Today Kennebunk's Middle Beach is as much as seven feet lower in some places than Beach Ave. Huge rocks bolster the sea wall opposite Boothby Road where storm waves sometimes undermine the road. Photo by Clayton Simoncic

Kennebunk's new Comprehensive Plan, still in draft form and being reviewed by the State, includes a chapter on climate change and sea level rise. It identifies concerns about rising global temperatures; changes in storm intensity; and changes in animal habitat.

"The Town of Kennebunk faces at least two major challenges from these trends: 1) the threat to public and private coastal property and infrastructure from the higher sea level

Continue to page 9



Operating During A Pandemic, Two Local Grocery Stores Share their Experiences



Bonnie Clement and Helen Thorgalsen of HB Provisions located 15 Western Ave, Kennebunk in Lower Village. Phone: (207) 967-5762

Thorgalsen Helen and Bonnie Clement, of ΗB Provisions in Lower Village and Christine and Jim Faiella of Bradbury Bros. Market in Cape Porpoise open-up about operating during the Corona virus pandemic. Read on to see how these two small town general stores, both staples in the community, have navigated this unchartered territory, faced the challenges they have encountered along the way head-on and and what they have learned in the process.

By: Shelley Wigglesworth, Lead writer

The challenges of working during a pandemic:

Helen Thorgalsen and Bonnie Clement, of HB Provisions in Lower Village said they have tackled the challenges of doing essential business during the pandemic by implementing the recommended five customers in the store at one time, with hand sanitizer at the door for use when you enter and leave. They have installed plexiglass separators and are continually sanitizing the cashier area. Clement said "Folks need to remember that we are in the food industry and we have guidelines that we have to meet to keep our license in order to be open, so a lot of what we do every day year round isn't



Christine and Jim Faiella of Bradbury Bros. Market located at 167 Main Street, Cape Porpoise. Phone: (207) 967-3939.

new for us. It's the cashiers who are doing much more, such as the frequent sanitizing like we do in the deli, on all touchable surfaces, and standing behind plexiglass stations."

Christine and Jim Faiella of Bradbury Brothers Market in Cape Porpoise said "As responsible business owners, we are asked to plan, prepare and put in place our best practices in response to stay open and continue to serve the community during the COVID -19 pandemic. To do this, we check the Maine CDC guidelines for updates daily, and we take them very seriously. We want to do our part to keep our staff and our customers healthy. We have installed plexiglass barriers at all customer service areas. All employees are wearing masks, and we are asking all customers to do the same, as well as limiting the number of customers in the store and asking

all to observe the 6 feet distancing between customers."

Both store owners agreed that monitoring the number of persons in the store and implementing social distancing has been trying at times. Christine Faiella said "It becomes most challenging when trying to balance all of this when stress levels are high for both our staff and our customers; and trying not to upset anyone at the same time is very challenging."

How has the pandemic changed store offerings and shopping?

HB Provisions has added new products to their popular essential offerings, such as hand sanitizer, gloves, fashion masks and puzzles





Jeremy and Lisa of HB Provisions.

Leah stands behind plexiglass barriers at Bradbury Bros. Market.



Local television news personality Jim Keithly at HB Provisions.

to keep people busy. They have expanded on their line-up of quality meats and now have lobster kits to ship. They will soon begin shipping their homemade blueberry pies. "We are planning on having more online ordering and APP ordering along with our phone ordering. This way we can get orders out faster and free up space in the store for walk-in shoppers. We are also looking at limited out- side seating and are in the planning stages of that right now." Clement said.

Bradbury Brothers Market has also added larger containers of hand

sanitizer to their offerings and have more prepared homemade meals to go such as meat-loaf dinners and potpies, as well as fresh bakery goods daily and the fully stocked extensive meat and deli department. They now offer an online order and delivery of groceries service. Here's how it works: Deliveries are made on Mondays and Thursdays between 8AM and 2PM, and Saturday delivery will be available from 8Am to 12PM. An email with grocery list must be sent Christine@bradburybros.com to with customer's name, address, phone



New to the team at HB Provisions is Thomas.

number and drop off instructions to complete the order. No phone orders are accepted.

What has inspired and sustained both stores during the pandemic?

Bonnie Clement said "Seeing people working together on getting this under control. We have an amazing staff here at HB Provisions and they work very hard, everyday, keeping customers happy and fed. We can't say enough of how proud and wonderful they have all been. They are unwavering and awesome. We want to say thank you to the community too, for coming in, calling and supporting us, it is a win-win."

The Faiella's agreed and said

what keeps them going at Bradbury Brothers Market is the staff that works side by side with them every day along with the support from the customers. "One person bought coffee for everyone in the store for an entire day in the hopes of making other folks' day a little better.

Our customers are sewing masks at home for our staff, and our neighbors are all helping each other. We never thought we would be considered 'out on the front lines', but here we all are, together getting through this every day. We need to feed the people. We want to keep our people working and employed, and we are doing that."•

The Village JUNE 2020 9

Sea Change Continued from page 6



People enjoy the beach and a horse carriage pulls up in front of Granite State House, the first hotel built on Kennebunk Beach in 1884. Located where Boothby Road now lies, note the beach sand is almost at the level of the carriage path. *Photo courtesy of Brick Store Museum*

and 2) the potential damage not only to the Coast but to the Town as a whole from major storms," the plan states. "Sea level rise is creating damage to private and public infrastructure every year, costing a significant amount of dollars to repair and reinforce. Is this a sustainable activity?"

The Draft Comprehensive Plan recommends:

• The Town should continue to participate in NFIP (National Flood Insurance Program) and CRS (Community Rating System) to assure best practices.

 The Town should adopt a policy to restore more natural flows where tidal flows have been restricted by existing road crossings or other development The Town should support public education on climate

change and sea level rise and adaptation, and encourage the school department to provide education on the same.

 The Town should collaborate in local and regional efforts to address climate change and sea level rise.

• The Town should continue climate change and energy efficiency efforts by signing a commitment letter to the Global Covenant of Mayors for Climate & Energy (GCofM) to address the challenges of climate disruption.

• The Town should increase its use of renewable energy resources.

•The Town should make carbon-free decisions and purchases whenever and wherever feasible.



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Rest Your Exercise Goals & Go For Low Hanging Fruit

Colmn by: Richard Evans, Managing Partner, Quest Fitness Kennebunk.

Did you wake up today and realize that you just spent 8 weeks with more time on your hands than in the previous 20 years? If so the second realization might have been, wow I could actually have used this extra free time to start a new exercise program. Don't feel guilty, with the recent restrictions on going to the gym and walking on the beach or you favorite park, most of us missed the opportunity.

Is it too late to start? No, it's never too late. Just give yourself a new timeline and see what you can achieve by the end of June. We all know that exercise has a powerful role in boosting the immune system and improving general health. It promotes better sleep and improves our capacity to deal with stress. So how do you begin and what type of exercise will be most valuable?

Most personal trainers will tell you

that your exercise program should be well balanced, with elements of strength, cardiovascular and stretching based exercises. So what's most important to you? Some of the quickest gains from a new exercise program tend to be an improvement in mood and a boost of energy. With this comes a more positive outlook on life and sense of optimism, something we could all do with right now. Gains in strength and cardiovascular fitness may take a little longer to achieve, so let's go after the low hanging fruit.

Any exercise that has a lower intensity, that stimulates greater breathing and can be sustained for 20 minutes or more can have the desired effect. So walking at a brisk pace can be effective as can riding your bike outdoors. These exercises are often referred to as 'moving meditations' by those who indulge in them. We allow the mind to relax while deepening the breathing. For



QUEST FITNESS is located at 2 Livewell Drive Kennebunk, ME For more information Phone: (207) 467-3800

those of you who are staying indoors currently to quarantine you can still draw on these principles for good results. Find a stretch or yoga posture you feel comfortable with and repeat it slowly 20 times, paying close attention to deep breathing, both in and out. Many fitness facilities are posting helpful videos of their instructors and classes allowing you

to learn new exercises and follow remotely while at home.

So focus on the next four weeks, not the last six and take a step forward in your own health strategy. It's time to take control of 'your' wellness future with 20 minutes a day of exercise, maybe replacing one hour of cable news watching with exercise is the perfect place to start.



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Small Acts of *Generosity and Kindness* DURING COVID19 MAKE BHG IMPACT

By: Shelley Wigglesworth, Lead writer

Mother Teresa once said "Not all of us can do great things. But we can do small things with great love." Villagers in the Kennebunks have proved this sentiment to be true time and time again during the COVID19 pandemic and in the process have helped to keep the spirit and faith in humanity alive and well. Read on to learn about some of the small acts of generosity and kindness in our village which have given much hope during trying times.

Christine Faiella of Bradbury Brothers Market shared this random act of kindness from a person who wishes to remain anonymous "One customer bought coffee for everyone who came into Bradbury's for an entire day in the hopes of making other folks day a little better."

The members of The Kennebunkport American Legion Post have been offering ongoing errand assistance, including pick up of groceries or prescriptions, rides to doctor appointments or needed appointments, and general neighborly help. Chris Meyer of the Kennebunkport American Legion said "Call 207-956-2056 and we'll do what we can to assist you."

One reader who wishes to remain anonymous shared that her partner was hospitalized with COVID19 in March and she was out of work, waiting on unemployment benefits and without a working a vehicle. After several attempts to get through to public assistance via phone and no way to get to the drive- thru food pantry service, she responded to an acquaintances' offer on FaceBook to provide a meal to anyone who was hungry and immediate need. "The person was a parent of someone I went



BeachFire Bar and Grille delivering food to first responders. Courtesy photo.

to high school with. She responded within 2 hours and not only provided a hot homemade meal but enough groceries to get me through the week,

plus toiletries. She drove to my home, knocked on my door and left it outside. That one delivery when I needed it helped me more than she will ever know."

Psychotherapist/LCSW Julia Burns Riley of Kennebunk has been providing mental health counseling and resources at no charge with no questions asked and no judgment, to anyone struggling. "I can listen or help refer you to a provider or program that can help. I am willing to meet online just to check in."

Terri Bauld of Graves Memorial Library in Kennebunkport created "Terri Tales" a weekly on-line children's program to promote literacy, movement and fun. "Miss Terri" hosts the program and each week a different "guest" reader visits, (all guest readers bear a striking



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Brock Stearns. Photo by: Kelly Roy Photography.

resemblance to Miss Terri). Children are encouraged to dance, read along, sing along or create something. Some of the past guests have been Brave Cowboy, Pete the Pirate, Annie the Artist and Mick the Musician. Bauld said "My husband Bill has been a great sport playing the guitar and singing for Terri Tales and my daughter Katie has helped with editing and the logo. It's

been good for all of us to get silly and have some laughs making it. The kids and parents viewing are enjoying it too."

BeachFire Bar and Grille in Ogunquit along with generous donors and volunteers in the community has continued to provide food, over 1400 meals to date, as part of their "BeachFire Cares Meal Donation Tuesday" where meals and other essentials are delivered to local hospitals, schools, first responders and residents.

Like many other children with birthdays in the recent weeks, three year old Brock Stearns of Kennebunkport was not able to have a traditional birthday party this year because of social distancing requirements. His family arranged for a surprise birthday parade for him instead with family members driving by in big trucks used in their businesses along with cheers, balloons and horn honks, making this birthday a day to remember for many years to come. Brock's mother, Brittany Bryant said "It was absolutely amazing



Terri Bauld of Graves Library's Terri Tales.

how many of our family members were able to make sure they were out of work on time and willing to do this for a little 3 year old.

We are so thankful for my dad and brother Dillon of Steve Bryant and Son Tree & Brush who drove a bucket truck and a chip truck, my Uncle Donald Bryant, Uncle Kenney Bryant, and cousin Donny Bryant of D.R Bryant Excavation who drove dump trucks and a backhoe, cousins Mikey Austin and Travis Flagg who drove a truck and tractor, and my sister, niece, and nephew for riding in a side-by-side.



Brock Stearns birthday parade. Brittany Bryant photo.

The smile on Brock's face when he realized they were all waving and beeping for him was heart -warming. He just kept pointing and gasping and waving. It couldn't have been any better. If anything good has come from this pandemic, it is seeing communities and families come together."

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#2 by Ken Daggett The Brig Alliance

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The brig was in the

hands of pirates.

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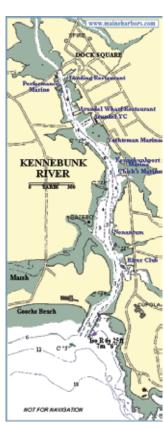
Twenty-four-yearold Captaín George Perkins sailed the brig Alliance out of the Kennebunk Ríver in November 1821 bound for Haítí. It was his first voyage on the 156-ton brig, which had been built in 1815. Sailing with him were first mate Thomas Lord and a crew of six, one of whom, Asa Curtís, would die during the passage and be buried at sea.

The Alliance and her remaining crew probably arrived at Port au Prince by mid-December, and she was still there during the first week

of January 1822 when *C* she was taking on coffee

for New Orleans. Sailing in concert with another vessel, she cleared for the Mississippi on 7 January 1822.

The first week passed uneventfully, and the vessels parted company about 50 miles south of Cape San Antonio on the western tip of Cuba. Shortly afterward, on the 15th at about 7 in the morning, Captain Perkins and his men observed two schooners approaching one to the windward and one to the leeward.



of January 1822 when Courtesy photo: www.maineharbors.com

immediately began to *www.maineharbors.com* For the next two days captain, crew, and vessel were at their mercy. Money was the pirates' first objective. When the men of the Alliance protested that they had none, the leader of the boarding party, a man whose shirt

sported several bloody palm prints, ordered Captain Perkins stripped of his coat and vest and then set about beating him with his sword blade until Perkins could no longer stand. The captain was then dragged to the brig's



rail where his neck was exposed, and he was threatened with beheading.

Beaten, pushed, and shoved, the brig's company was then locked in the forecastle while the Alliance was completely looted. Once all portable valuables had been taken, the crew was brought on deck amid a hail of threats and abuse and ordered to bring up the cargo of coffee, which they later had to load onto the schooner. Apparently, while all this commotion was taking place no one was paying particular attention to manning the brig, and she suddenly struck on a reef about two leagues from the cape.

At one point the pirates left the Alliance, and after unsuccessfully trying to get the brig off the reef, her crew began preparing a small boat for their escape. Their efforts were interrupted when the pirates returned having decided to burn the brig. Fortunately for Captain Perkins and his men, the pirates seemed to be in disagreement about what to do with them. While some certainly wanted

to kill them, others apparently pushed to set them free. The upshot was that they were allowed to take the boat, a mast and small sail, along with some food and water.

The pirates' leader made one last effort to flush out any hidden cash by calling Captain Perkins forward and pointing a cocked musket at his chest. When Perkins responded to this threat by repeating that he had no money, the pirates ordered the entire crew into the boat. It was evening, and as they drifted away they watched the brig erupt in flames and saw her masts topple over into the sea.

The castaways were picked up by a passing vessel on 21 January and landed in Havana where an official protest was filed. Each man then made his own way home. Ironically, Captain Perkins took passage to Boston on the brig Bolina, which was only in Havana to resupply after having been robbed by pirates on the 14th. Captain Perkins would have had few doubts as to the danger he and his men had escaped, for he was probably familiar with the fate of another local shipmaster just two years earlier. Captain Ebenezer F. Dennett had been master of the brig Agenoria for more than two years when she was wrecked near the sheer rock cliffs of Cabo Rojo on the southwest coast of Puerto Rico in August of 1819.

Initially there was consolation in the fact that through the young captain's efforts most of her cargo of mahogany was saved.

But while his crew was free to join other vessels and make their ways home, Captain Dennett had to remain in Puerto Rico nearly a month settling the legal and financial details relating to the loss of his vessel. When at last, matters were resolved near the middle of January 1819 he prepared to leave. His intention was to return to Santo Domingo where he was owed money for the sale of the Agenoria's outward cargo. With that



in mind he hired a local sloop, which proved to be a most fateful decision.

The sloop, manned by a captain and two sailors, left Cabo Rojo with the

unsuspecting Dennett as passenger on or about the 18th of January. Two days later, the sloop unexpectedly returned with the crew claiming that during a strong gale Captain Dennett had been swept overboard and lost. That was the accepted story for about a week until one of the sailors had an attack of conscience and revealed what really transpired.

Well aware that cash settlements were paid out in the salvage settlement of the Agenoria and her cargo, the crew of the sloop believed that Captain Dennett would be carrying a large sum of money, and from the time he chartered their vessel they

Continued from page 13

plotted to rob him. Once the sloop was well out to sea, the three men

overpowered the captain, cutting his throat and throwing his body into the water. Their haul was disappointing. Before embarking for Santo Domingo, Dennett had traveled to nearby Mayaguez where he forwarded the

majority of his funds to Kennebunk on a homeward bound ship. After ransacking his baggage, the only cash his murderers found was the modest amount he carried to cover his personal travel expenses.

News of the loss of the Agenoria reached Arundel and Wells in December 1818, but it was not until late February 1819 that word of Captain Dennett's murder reached his friends and family. In addition to sorrow and emotional distress, Dennett's death at the age of 26 left his young widow in financial straits. Ultimately, she had to oversee the auctioning of the home 14 The Village JUNE 2020

where she had lived during the three

years of her marriage anticipating the return of her husband from the sea, becoming yet another victim of the lawlessness rampant in the Caribbean. •

About Ken Daggett:

I was an educator for 38 years and have a masters degree in American and New England Studies. Way back in 1988 I published Fifty Years of Fortitude, The Maritime Career of Captain Jotham Blaisdell of Kennebunk, Maine, which received the John Lyman Book Award in North American Biography and Memoirs. Since then, I have published a number of articles, including in the summer 2017 edition of the journal Maine History published by the Maine Historical Society and the University of Maine. If you have any questions or comments you can reach me at kdaggett@roadrunner.com.







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14 The Villag

Update from Graves Library



First and foremost, we have missed seeing you all in person! We thank you for your patience and ongoing support during our closure and this first phase of re-opening.

Please keep in mind that although we are closed, you can still stay connected with offerings from Graves Library. We offer thousands of books, movies, magazines, audio materials (for pick-up), digital resources (through our website),

book sale items (call us) virtual story times, book discussion groups, and homemade crafts (via Facebook.com).

Before we can allow patrons and visitors back inside the building, we are making changes to help everyone stay safe (as best we can). We are adding:

 Plexi-glass shields at the circulation desks

· Sanitization pumps at all entrances and in each room of the Library

• Wipeable covers on keyboards

 Eliminating extra chairs to control seating

· Social distancing guides and signs in common areas

• Rubbish cans with no lids in bathrooms and other areas

• One entrance (front door) and one exit (garden area)

• A quarantine procedure (72 hours) for when materials are returned via the book drop

Continuous cleaning services • throughout the building

 Outside seating on granite benches here and at the Trust property

· Limiting the number of people in the building at one time (for what is comfortable for all).

We are asking everyone to wear a mask to cover nose and mouth properly. If you come to the Library without one, we are happy to fill your request and leave it on the bench outside.

Through June, we will still be closed to the public. Paid staff will be in the building Monday through Friday 10:00 am to 4:00 pm. and Saturday from 9:00 am to Noon. It is our hope that come July, we can welcome you back inside. We have waived all fines on your account accrued through the closure.

We encourage you to call for curbside services. Please go to our website (www.

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graveslibrary.org) and click on the

CATALOG button. Type in the title,

author, subject, or keyword and click on

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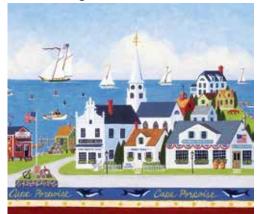
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The Village JUNE 2020 17

KHS awarded Employee Vibrant Community Grant from the Corning Foundation



Arundel resident and Corning employee Denise Stevens has volunteered at the Kennebunkport Historical Society since 2014. She applied for a \$1,000 grant from the Corning Foundation to benefit the Society.



Kennebunkport Historical Society Executive Administrator Kirsten Camp received a check for \$1,000 from the Corning Foundation.

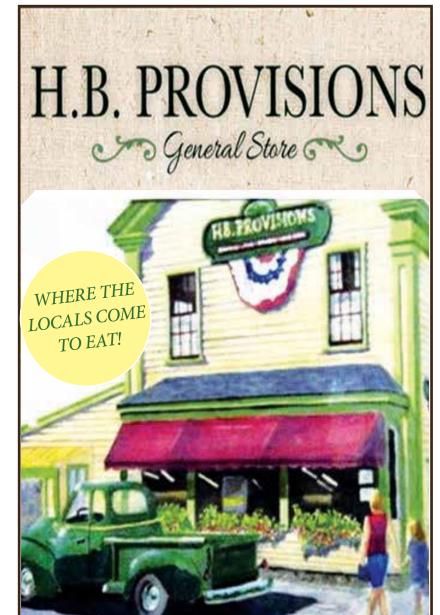
The Corning Incorporated Foundation has made an Employee Vibrant Community Grant of \$1,000 to the Kennebunkport Historical Society. Arundel resident Denise Stevens, who works at Corning as a cell culture lab technician, has volunteered for the Society since 2014. Stevens applied for the one-time grant in January.

"It would be impossible for the Kennebunkport Historical Society to deliver its programs and services without the support of our loyal volunteers, members and donors," said Executive Administrator Kirsten Camp. "This grant from the Corning Foundation has come at a particularly critical time, as the economic impacts of the pandemic are being felt across our community. We are extremely grateful that Denise applied for the Employee Vibrant Community Grant on our behalf, and to the Corning Foundation for their support."

The Employee Vibrant Community Grants program began in 2018 as a celebration of Corning Incorporated Foundation's 65th Anniversary. Due to its success, it became an annual program in 2019. The program encourages employees to nominate eligible non-profit organizations for a \$1,000 grant, which allows the Foundation to invest in the non-profit organizations that mean the most to Corning employees. A complete list of the 2020 grant recipients is available on the Foundation's website at www. CorningFoundation.org.

Photo Captions:Kennebunkport Historical Society Executive Administrator Kirsten Camp received a check for \$1,000 from the Corning Foundation.

Arundel resident and Corning employee Denise Stevens has volunteered at the Kennebunkport Historical Society since 2014. She applied for a \$1,000 grant from the Corning Foundation to benefit the Society.



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Dreaming of a Reason

By Regan Blanchard, Guest contributor

The light in the background appeared angelic as the silhouette of my father stood in the center of the doorway. His appearance was comparable to an old photograph from my childhood that could be easily discovered inside an overflowing storage container above the attic. The broken memories and wishes that could never be started to be a reminder of the difficult times. My father ordinarily had unmanageable brown hair, an uncombed beard with hints of grey woven in-between each of the strands, and his favorite brand of cigarettes in the front pocket of his notorious navy plaid jacket. His cheerful expression and healthy appearance was overwhelming as his once unruly light brown hair was perfectly groomed and his beard was trimmed to the fullest extent. My father's healthy appearance was an incredible transformation comparable to sunshine in the middle of a rainstorm and his once notable yellow fingernails stained from tobacco had disappeared. The softly-spoken words he attempted to share were incomprehensible, as if he were trying to have a conversation in the middle of a crowded room. The memory of his unforgettable smile as his warm and cheerful presence started to fade into a stream of light.

As the brightness of the sun started to make

an appearance in my bedroom, I started to reflect on the image of my father that filled this vivid and realistic dream with comfort and reassurance. My thoughts started to race for an explanation. It was the first time I dreamed of my father since he passed away unexpectedly and one of the first times that I remember him healthy. My father struggled with an addiction to alcohol that impacted our relationship that we shared. He never seemed to recover from the multiple strokes and internal bleeding that could never be found. The desire for this dream to be endless was never more real than this moment when my father appeared healthier than I could imagine.

In my life, I dreamed of a father who was available to pick me up from my mother's house and attend all sporting events when I was a child. I wanted to cherish the little moments like the father and daughter dances, the missing photos from all the major events, and of course, all the places we could have visited together. I always dreamed that my father would be able to attend my graduations from both high school and undergraduate, all of the birthday celebrations, and of course, walk me down the aisle. Even with my complicated relationship with my father, I would never change the moments that we got to share. My father's addiction to alcohol and his failing health changed everything that he once was, but never changed the dreams that I could have in the future

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The Village JUNE 2020 19

One of the things that the COVID-19 has forced upon us is CHANGE.

Obviously in the immediate context the way we live our daily lives has had to change. For most of us, our financial security has changed, certainty in the short term and for many of us, the insecurity appears to extend well into the future. The way we associate with each other has changed; some of those changes may be long-lasting, some permanent - like acknowledging the physical space around others. I expect that wearing masks will become much more commonplace, especially in the winter

One of the concerning issues is the change in our relationship to our government. I will not get into a discussion about who did what right or wrong - this is not a political statement. There have been plenty of things done correctly and plenty done incorrectly. There is plenty of reason to celebrate a job being done

well, and plenty of reason to criticize. One thing for sure, some of our liberties and freedoms have been truncated; one of my concerns is that any time a governing body is given more power, it never wants to relinquish all of it. There will be a struggle to retrieve some of those liberties. Hopefully that struggle will be in the hands of level-headed, compassionate people of integrity.

Because of the influence of the COVID epidemic, technology will be used in ways not remotely imagined, today, and will affect every aspect of your medical care experience in the years to come. For instance, the increase of remote visits on screen, like ZOOM, will become many times more common. Since they are in digital form by their very nature, they can be recorded and saved, every jot and tittle. (That sure raises some privacy questions.) The use of telemedicine instead of being physically present is predicted to grow more than 10-fold, to as many as 60% of all office visits.

"Doc Talk"

column

with:

Because of the needs of the COVID epidemic, Medicare and other Dr. Freeman insurances have changed

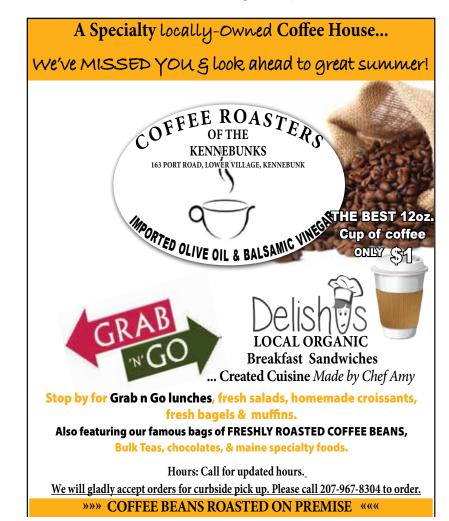
their rules to allow payment for telemedicine office visits to be equal to face-to-face office visits. Despite all the advantages of remote visits, the physical presence of the patient with the healer, the hands-on part of the patient-physician relationship remains markedly important and needs to be protected and continued. That's why I use the Direct Primary Care (DPC) model of practice in my office; it gives me adequate time to really "relate to"



Dr. Freeman practices primary care Family Medicine. His office in in Kennebunk Lower Village. Appointments available at 207-967-3726. or visit: www. lowervillagedoc.com

my patients.

Our experience with doctors and hospitals will go way beyond telemedicine. The use of "wearable technology as well as smart phones, smart watches will markedly increase. Our medical providers will be able to be monitored, in real time and over time, vital signs, including oxygen levels, ECG pattern, etc., etc., etc. This information can be monitored with AI (Artificial Intelligence). AI can analyze



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and predict, may give us warning of a coming event and even advise us what to do about it. Imagine getting a message from your smart phone that your data suggests that you may have a heart attack in about 2 hours and advise you to seek urgent medical evaluation. Of course, that kind of computer intelligence is based on huge data bases with data from millions of people. That data must be de-identified and raises significant concerns about privacy.

Some of the AI data pool will be able to raise red flags of disease outbreaks, almost in real-time, maybe even predict them before they happen. This will be critical data in the recovery from the current epidemic; imagine being able to identify a "hot-spot" several days before it breaks out.

The COVID epidemic has put us on "wartime" footing. In periods of war, the advance of much scientific knowledge is usually accomplished of necessity and at "hyper-drive" speed. The increase in knowledge theory about caronavirus-2 and has been massive. Some of the new information is so huge, that some time

will be needed to understand it all. I have tried to keep abreast of the many

efforts to find a COVID Sometimes I vaccine. learn information about it that makes obsolete what I learned yesterday. If events proceed as they

are, it looks like we will have a vaccine for SARS-CoV-2, the virus responsible for COVID-19, in the fall. An effective vaccine will change the playing field. We don't yet know how effective such a vaccine will be - it now looks like it will

We don't yet know the effectiveness or duration of the immunity conferred by natural infection. How long does it take to become effective? How long will it last? Does immunity protect against re-infection Some viruses, such as a common cold, confer a shortterm immunity; some confer life-long immunity. If it develops to a protective level fairly quickly, then the quicker we get hundreds of thousands of people exposed, the more will be immune, the fewer will be contagious for others. This is the "herd immunity" theory. When my oldest child was about age 5, in the

days before chicken pox vaccine was available, when he got c.pox, we put his

Earl. Freeman, DO Lower Village Doctor's Office in the bathtub 207-967-3726 www.lowervillagedoc.com

vounger sister with him so she would get the infection when

she was very young. The symptoms and risks of c.pox are greater as the child gets older; we immunized our herd. In the current COVID situation, with the risks of serious consequences for some, there is not enough information for me to recommend indiscriminate exposure to all, keeping the high risk people quarantined to protect them.

Other therapeutics, namely hydroxychloroquine and resdemivir,, have not attained general use and general approval, and I am not in a position informed enough to opine on the topic. However, given current understanding, if I got significantly ill, I would likely ask for one of them. Of course, that could change tomorrow. The pharmaceutical world is a hot-bed of activity on getting approval for other antivirals, combinations of antivirals and vaccines

Getting the answers to these and other questions is not only critical but also very difficult. The advice and regulations we are getting now are based on facts, data, experience and assumptions. It's the only way anything can be done for the first time. We are building the plane while we are flying it !! The landscape is changing daily. Obviously some assumptions were incorrect, leading to modifying sch advice and regulations.

This pandemic is very confusing. I can only scratch the scratch on the surface of it. Debbie, my Nurse Practitioner wife, and I attended (by live video) the World Medical Innovation Forum held annually by Massachusetts General Brigham and Harvard Medical School on May 11, 2020. Much of the information written here came from those presentations. I think I will continue this topic in the July issue of The Village-Kennebunk. Of course, then, much will have been changed. For now, wear a mask when you're within 6 ft of someone and wash your hands at least several times beyond too often. Over many decades of other coronavirus experience, there precautions are well proven.



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Dog Training Tip: How to Teach "Heel"



Jayne teaching "Heel" to her dog Summer.

By: Jayne Emmons of Current K9 Training

Heel is an amazing tool that not only makes walks more enjoyable, but also strengthens the bond between you and your dog. In the heel position you are a team!

Start by having your dog sit or stand next to you, with their head

and neck aligned with your leg. The leash should always start off loose. Have the leash in one hand and a treat in the other hand closest to your dog. Take your treat or toy and lure your dog forward as you begin walking, as you are rewarding say the command "heel". When first learning, walk for a few paces and reward. Work every day in 5-10 minute increments adding more steps and try making left and right turns. As your dog starts to learn heel stop luring and reward periodically. Continue to use verbal and physical praise. Change your pace to go faster or slower. The more challenges you add the more fun you and your dog will have! Some dogs tend to swing their hind end out. If you notice your dog doing this find a wall or a fence and walk parallel with it. This will force your dog to walk in a straight line next to you.

Look for more Tips from Jayne of Current K9 Training in upcoming editions of the Village!





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History Preserved!

For those who were wondering what became of the tree that wreaked havoc over Christmas Prelude weekend 2019. Villagers Bennett Young did all the cutting up and milling of the tree with help from John Dickinson. Marc Littlefield crafted it into this fine bar which will be used at The Pilot House restaurant.

Courtesy photo

Tomato Plants & Perennials

Sale

The Music Committee and church members of First Congregational Church of

Kennebunkport would like to welcome you to their "Tomato Plants & Perennials Sale" on Saturday, June 6th from 9:00am to 12noon. Please know that social distancing will be practiced and respected. The sale will take place in the church's parking lot at 141 North St. Church volunteers can deliver plants to the buyer's vehicle. Only exact cash or checks will be accepted. All proceeds benefit the Music Fund.

If you wish to pre-order your perennial or tomato plant you may email a Music Committee member at churchplantsale@yahoo.com. You may also check the church website, www.firstchurchkport. org, for inventory details, to order and for pick up information

The First Congregational Church is located 1.5 miles south of the Seacoast Trolley Museum where Log Cabin Rd. becomes North St. The church is next to Arundel Cemetery, and the Kennebunkport Historical Society. Directions from Kennebunkport's Dock Square are Spring St. to a left on Maine St., bear right on North St. and follow North St. to First Congregational Church on the right.

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Coronavirus and the Welfare of Horses



An Unbridled visit at the Nonantum Resort.

The crisis caused by the coronavirus is sadly affecting horses throughout the country including here in Maine. As some horse owners have lost income they are also giving up their horses. Whether the horse is free or for sale that means a future in question. Some may end up safe while many more will got to auctions or transported to slaughter in Canada & Mexico.

Some horses will be handed over to anyone who will take them, who may not know how to care for a horse. Some will go straight to 'kill buyers'. Often horses are injured or sick, requiring expensive medication to be maintained or are young with a long life ahead of them.

If you are thinking about acquiring a horse, think carefully as that horses depends on the owner for their well being and lives a long life. Costs of care are high and they need good care. If obtaining a horse for riding or showing is

at the top of the list, before the love and commitment, it's easier to let them go because the bond is absent.

Every time a horse is passed on, the horse becomes confused and traumatized. In addition the horse continues to age and with age come injuries and disease, as with humans. The industry would like the public to think the passing along of horses is a normal process. The reality is that if you can't provide that 'forever home' it will be difficult to find someone who can and the horse will likely end up in jeopardy.

Horse owners who provide 'forever homes' don't give up their horses and can't easily take on another. The rescues are full with unwanted horses, many seized due to neglect. If you love your horse, there are resources but you must search for help.

The MSSPA, Windham has a temporary assistance program called the Feed & Care Bank. In addition there are resources that may be able to provide financial assistance or refer you to other resources, like the United Horse Coalition and ASPCA. Networking is important.

Our organization, can provide information on care and what horses need in order to live comfortably and be safe. We can also help facilities understand how proper infection control needs to be done in order to reduce the risk of disease for both humans and horses. USDA recommendations do not properly address infection control, a major reason for transmission of disease in horses. Lastly we can be a support for horse owners that are struggling by providing information on humane end of life decisions.

The current situation may have taken people by surprise, but life happens and the horses need to stay safe regardless. BlixxHorses & Covid-19 We consider our facility & way we conduct programs to be low risk. However, we continue to proceed with caution. We are not only following USDA recommendations, as horses are classified

as farm animals regulated by the Dept. of Agriculture, but are following Governor Janet Mills mandates and guidance by Maine CDC Director, Dr. Shah. As a non profit business, BlixxHorses is an indoor/outdoor, non essential business.

We will continue to offer individualized programming with little change. There will be increased infection control including hand washing, and distancing which is simple to practice on a horse property with plenty of space. FMI on detailed information regarding programming, check our website.

For horse owners who's love for horses goes beyond riding, check our regional and international facebook groups, The Non Ridden Equine for resources and support.

Adapting to change, 2020 Events

Our annual fundraiser, Unbridled is currently rescheduled to September. Updates will be posted by August 1.

To our Unbridled donors, sponsor and all our supporters and friends of the horses, we thank you, welcome you to visit

Contirnue to page 26

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BlixxHorses: Contirnued from page 25

the horses and will be in touch personally. Our July, Summer Open Barn,

Autumn Horse and Holiday Open House are cancelled for 2020.

Programming

While individualized programming continues, there are changes for large group programming. 'Education in a Casual Setting' -including appearances at hotels and local businesses, presentations, our popular Senior programs and fieldtrips are cancelled for 2020. These programs offer a memorable and therapeutic experience but encourage congregation and sharing. At this point we are being cautious. Resumption of our Beach program in September will be dependent on the health situation at that point. Our facebook page offers memories to enjoy.

News: BlixxHorses is recipient of a \$600 donation from the Wells Elks organization for Veteran's Program to be conducted in the near future.

A new program 'At A Distance' and an old program 'Safari' offer learning and horse therapy at a distance.

FMI on infection control protocols and programming, visit our website www.horsetherapy.me, blixxhorses. org, facebook page, or leave a voicemail at 207.985.1994 anytime. BlixxHorses is a 501(c)(3) Educational non profit providing interactive, therapeutic non riding programs since 2007

Thank you for your support and interest.

By the time we have conquered

this virus By: Pat Lacey

By the time we have conquered this virus I'll be quite proficient in Irish I'll have leaned how to dance the fandango And possibly even the tango.

My house will be clean as a whistle My backyard will have nary a thistle And me... well I'll be really svelte (I might have to get a new belt).

If it should take a long time to vanish Perhaps I'll also learn Spanish Cook dried beans just like a gourmet (We're eating them day after day).

Maybe I'll write a great novel Or turn into an artist of note Learn how to build a new bookcase Or eventually even a boat. I know there's a lot of insistence

26 The Village JUNE 2020

On keeping our physical distance Although it's my friends that I'm missing I've got someone at home for some kissing.

I'm washing my hands like a champ It seems that they're always quite damp Disinfecting the house is working There's nary a virus that's lurking. My face is closed in by a mask If I head into town for a task (It's really mostly to see if there's any toilet paper for me).

There's sadness and grief now in plenty Of this illness I will not make light There's suffering, too, and there's fear That the virus will somehow come near

But I write this to keep up my spirits And to put a smile on your face I hope that before very long now We can meet and then finally embrace!

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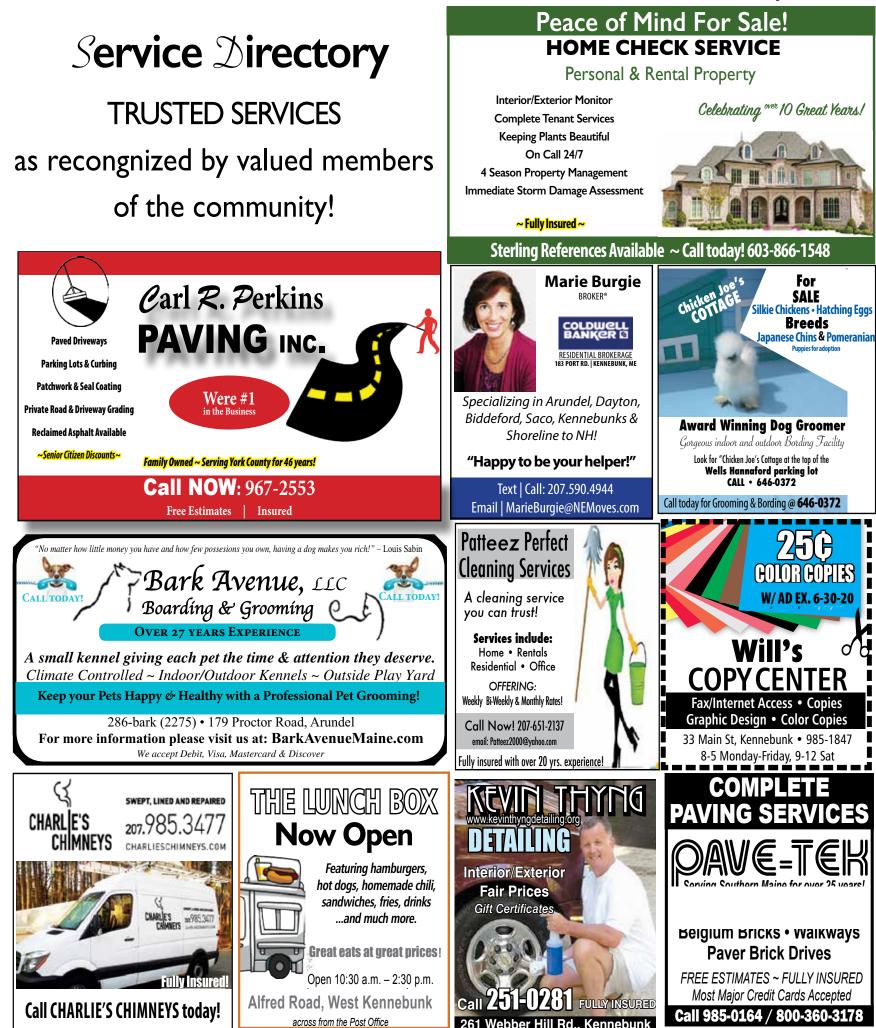


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CALENDAR

Animal Welfare Society

ASK THE AWS TRAINER: Thursday, June 11th @ 4 pm Thursday, June 25th @ 4pm

With our classes and other training programs postponed or cancelled, we are offering a virtual program for you. Our Certified Professional Dog Trainer and Certified Canine Behavior Counselor, Dana Falsetta, is here to provide her expertise on your dog's behavior during these unprecedented times. We want you and your pup to be living in harmony, especially when you're together all the time!

Dana will prepare to answer your inquiries on FACEBOOK LIVE. Miss the Live broadcast? Check it out at anytime by visiting @AWSKennebunk or @AWSTeachersPets.

Kennebunk Free Library

Kennebunk Free Library is taking our first steps toward opening back up. Our book drop will be open for materials, however, we do ask that you adhere to our posted schedule to help staff with the high volume of returns that we will be experiencing; over 4,000 of our items are currently in your homes! Also note, the due dates of all items have been extended to July 10 so while you have the option to return your materials, you may also choose to hold onto them a while longer; fines will continue to be waived. We would also like to stress that while we know you've been using your time at home to clean and organize your bookshelves, we CAN NOT accept donations at this time. Not only do they take up space in our book drop and interior spaces, you will be putting your KFL staff at greater risk by the increased handling of items.

The schedule for returns follows – please observe

Tuesday, June 2, 8:00-11:00 & 1:00-4:30 (Patrons with last names A-M are welcome to return items)

Thursday, June 4, 8:00-11:00 & 1:00-4:30 (Patrons with last names N-Z are welcome to return items)

Saturday, June 6, 1:00-4:30 (All patrons are welcome to return items)

The book drop will be locked during all times not listed above as well as short intervals for emptying it. This is a learning process for all of us. The above schedule allows us to go on a rotation where we can leave materials in quarantine for 72 hours before they go back on our shelves. This is an opportunity to prepare KFL staff for a new routine that maximizes their safety and that of our community members. We will be assessing this process while it is underway and based off its results combined with the recommendations of the Maine State Library, Maine CDC, and other government entities we will determine if we will continue this procedure starting the week of June 8 or begin to offer curbside services. We very much appreciate your patience and understanding. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985–2173 or visit the website www.kennebunklibrary.org.



Sleep and Your Health

On Tuesday, June 2 at 5:30 p.m. The Kennebunk Free Library will host Annie Watts of Annie Watts Wellness for a 45-minute Zoom presentation on the importance of sleep for our health. She will discuss how a restful sleep, or lack of it, affects our immune system. She will also give us strategies for a better night's sleep. Annie Watts is a Functional Medicine Coach as well as a licensed massage therapist here in Kennebunk. You can follow her on Facebook and Instagram. Please check the calendar and rotating display at kennebunklibrary.org or the KFL Facebook page for the Zoom link.

Nutrition and Your Health

On Tuesday, June 16 at 5:30 p.m., The Kennebunk Free Library will host Annie Watts of Annie Watts Wellness for a Zoom presentation on the importance of good nutrition in regards to our health and immunity. She will discuss how processed foods laden with chemicals keep us away from optimal health, while whole, organic foods feed our bodies with the needed nutrients for a healthy life! She will share specific strategies to clean up your diet! Annie Watts is a Functional Medicine Coach as well as a licensed massage therapist here in Kennebunk. You can follow her on Facebook and Instagram. Please check the calendar and rotating display at kennebunklibrary.org or the KFL Facebook page for the Zoom link.



28 The Village JUNE 2020

Wells Reserve at Laudholm

The Wells Reserve at Laudholm remains open to the public with limitations and safety precautions in place. Visitors are asked to follow orders from the Governor of Maine, instructions from the Maine CDC, and best practices posted at wellsreserve.org.

Tuesday, June 2, 7-10am

Bird Banding Demonstration. Visit the bird banding station at the Wells Reserve at Laudholm, where bird studies have been ongoing for more than 25 years. Scientists from the Biodiversity Research Institute and the Maine Medical Center Research Institute are learning about bird migration, breeding activities, life spans, and vector ecology. Discover what they are finding and see birds up close. Free with site admission. 342 Laudholm Farm Rd, Wells. 207–646–1555 wellsreserve.org

Wednesday, June 3, 10am-12pm

Mindful Experience. Slow down and open yourself to the sights, sounds, and scents surrounding you on the Laudholm campus of the Wells Reserve. With heightened awareness as our goal, we will move like a fox, watch like a hawk, and listen like a deer. This is a peaceful, guided experience focused on mindful practices. For ages 12 and up. Space is limited. To register, call Linda at 207-646-1555 ext 128 or email linda@wellsnerr.org. \$5/member, \$7/non-member, or \$15/family plus site admission. 342 Laudholm Farm Rd, Wells. 207-646-1555 wellsreserve.org

Thursday, June 4, 6-7pm

From Climate Change to the Coronavirus: Land Conservation as a Critical Societal Need. The State of Maine has made great strides in conserving land and water for wildlife and for human enjoyment, more than tripling the amount of protected land in the state over the past three decades. Join one of Maine's leaders in environmental conservation, Maine Coast Heritage Trust President Tim Glidden, for insights into protecting the Maine landscape and its natural resources in these uncertain times. Free virtual presentation hosted by the Wells Reserve at Laudholm. Details at wellsreserve.org/calendar.

Monday, June 8, 1-2pm

Meet the Scientists: Enhancing Resiliency of Coastal Habitat and Roadways. Roadways that cross through coastal habitats can be affected by sea level rise, so coastal communities are preparing for impacts. In this free virtual presentation hosted by the Wells Reserve, project manager Jacob Aman will give an overview of how people have altered coastal marshes through history, how scientists assess the health of salt marshes, and what can be done to make community infrastructure resilient while protecting tidal habitats. Details at wellsreserve.org/calendar.

Tuesday, June 9, 7-10am

Bird Banding Demonstration. Visit the bird banding station at the Wells Reserve at Laudholm, where bird studies have been ongoing for more than 25 years. Scientists from the Biodiversity Research Institute and the Maine Medical Center Research Institute are learning about bird migration, breeding activities, life spans, and vector ecology. Discover what they are finding. Free with site admission. 342 Laudholm Farm Rd, Wells. 207-646-1555 wellsreserve.org

Monday, June 15, 12-1pm

Landslides in Maine. Hundreds of landslides have occurred in our state since the end of the last Ice Age. New technology has allowed scientists from the Maine Geological Survey to shed light on these fascinating features. Geologist Lindsay Spigel will describe how landslides are tied to Maine's unique geology and why they should be kept in mind as the state population grows. Free virtual presentation hosted by the Wells Reserve at Laudholm. Details at wellsreserve.org/ calendar.

Tuesday, June 16, 7-10am

Bird Banding Demonstration. Visit the bird banding station at the Wells Reserve at Laudholm, where bird studies have been ongoing for more than 25 years. Scientists from the Biodiversity Research Institute and the Maine Medical Center Research Institute are learning about bird migration, breeding activities, life spans, and vector ecology. Discover what they are finding. Free with site admission. 342 Laudholm Farm Rd, Wells. 207-646-1555 wellsreserve.org

Tuesday, June 23, 7-10am

Bird Banding Demonstration. Visit the bird banding station at the Wells Reserve at Laudholm, where bird studies have been ongoing for more than 25 years. Scientists from the Biodiversity Research Institute and the Maine Medical Center Research Institute are learning about bird migration, breeding activities, life spans, and vector ecology. Discover what they are finding. Free with site admission. 342 Laudholm Farm Rd, Wells. 207-646-1555 wellsreserve.org

Wednesday, June 24, 6:30-8pm

Hurricanes in Maine: Past, Present, and Future. How do scientists estimate long-term hurricane risk and how it may change due to global warming? While hurricanes have been rare in Maine up to now, they have been very destructive. What might the future hold and how can the state prepare? Dr. Kerry Emanuel, professor of atmospheric science at the Massachusetts Institute of Technology, was the first to investigate how long-term climate change might affect hurricane activity. He has published hundreds of scientific papers and three books, and is a co-director of MIT's Lorenz Center, a climate think tank devoted to basic, curiosity-driven climate research. This Ted Exford Climate Stewards Lecture is a free virtual presentation hosted by the Wells Reserve at Laudholm and supported by Dave & Loretta (Exford) Hoglund. Details at wellsreserve.org/calendar.

Friday, June 26, 10am-12pm

Wonderful Weeds. The weeds we often disregard and destroy are life giving and healing. Discover the medicines and foods underfoot on the Laudholm campus of the Wells Reserve, so you will recognize them as you explore your own yard or local park. For ages 10 and up. Space is limited. To register, call Linda at 207-646-1555 ext 128 or email linda@wellsnerr.org. \$5/member, \$7/non-member, or \$15/family plus site admission. 342 Laudholm Farm Rd, Wells. 207-646-1555 wellsreserve.org

Contacts: Scott Richardson editor@laudholm.org 207-646-4521 ext 114 Tweet @wellsreserve

Suzanne Kahn suzanne@wellsnerr.org 207-646-1555 ext 116 Wells Reserve at Laudholm 342 Laudholm Farm Rd Wells





Thur, June 18 and Fri, June 19

Sunflowers In Watercolor Workshop (Adults & Teens), 7-8pm River Tree Arts Online. Create wonderful sunflowers in watercolor! Learn basic watercolor skills through live virtual demonstrations. Drawing skills are encouraged but not necessary. Registration required. Materials are available. rivertreearts.org

Memorial Day Remembrance.

Village Readers Share Their Memories of Loved Ones Lost While Serving



By: Shelley Wigglesworth, Lead writer

Memorial Day is the American holiday observed on the last Monday of May, honoring the men and women who died while serving in the U.S. military. Originally known as Decoration Day, it began in the years following the Civil War and became an official federal holiday in 1971.

In honor of Memorial Day, we are sharing memories of loved ones in our village who paid the ultimate price for our freedom.

Terry F. Drown: Terry Drown was born in York County on Oct. 24, 1944. He died in Quang, Ngai, Vietnam on June 11, 1969, while serving in the U.S. Army as a SP4. Drown was a Kennebunk High School graduate and star athlete as well as being a musician and an artist. He attended UMFK from 1964-1968. Bob Espada served with Drown in Vietnam. "We came in-country together, the same unit. He volunteered for the dangerous missions, I did not. Drown was an excellent example of a decent human being. He felt obligation to take the most difficult head-on. I wish I could have been half as courageous," Espada said. Drown is buried at Arundel Cemetery in Kennebunkport next to the First Congregational Church on North Street. A special tribute to Terry Drown is held at The First Congregational Church of Kennebunkport on each Memorial Day Sunday Service. After the service,



Major Lyle Brooks of Ogunquit.

the congregation leaves the sanctuary and makes the short walk to the Terry Drown memorial in the square for prayer and reflection.

Lyle G. Brooks: Lyle Brooks of Ogunquit was born on May 6, 1936. He died in Long An, Vietnam on September 29, 1968. A major in the Army, Brooks' niece, Christy Breedlove said "I never met Uncle Lyle. He died when



Terry F. Drown, U.S. Army SP4. of Kennebunk.



Thomas W. Bazemore of Kennebunk.

was a baby. But my dad used to talk o us about our uncle Lyle. I wish I had nown him. I would love to thank him or his sacrifice." Brooks' friend Denis Dickinson said "Lyle and I were in rade and high school together. While ie was a year younger and a class ehind, he always emerged as a leader n whatever games we were playing, e it sandlot baseball or make-believe var games, which we played often n the 1940's.We hunted together, raded comic books and guns. He Ilways drove a hard trade. He was a good friend and a staunch rival when our activities required it. Many years ater, when I learned of his death, my irst thoughts were, 'How fitting of yle, he, again, was still a leader of not ittle boys growing up, but of grown nen fighting another battle."

Norman Tremblay: Norman remblay was a Kennebunk High ichool graduate. Tremblay was one of three brothers and four sisters. Itis brothers Albert and Larry both erved in WWII along with him, and oth brothers returned home safely. Jorman Tremblay served in the U.S Navy, assigned to the USS Cooper during the Battle of Ormoc Bay, which consisted of a series of air-sea battles between Imperial Japan and the United States in the Camotes Sea in the Philippines from November11-December 21, 1944. All but one man, including Tremblay, perished on the USS Cooper. Tremblay's parents erected a memorial in Hope Cemetery in Kennebunk honoring his memory. Information on Tremblay was compiled by his nephew Steven Burr and niece Minette Moore McQueeney.

Thomas W. Bazemore: Thomas Wayne Bazemore arrived in Vietnam on May 20, 1969 with an Infantry MOS and was assigned to the 2ND PLT, D CO, 1ST BN, 501ST INFANTRY, 101ST ABN DIV and became the RTO for his Platoon. Just three months into his service, on August 20, 1969, his position came under a rocket attack in the Quang Tri Province in South Vietnam and Tommy was killed. Bazemore's classmate Sally Dolan Goulet, who lived across the street from Tommy growing up, said "He was a great person with a love for music. He taught me how to play the guitar.



Lance Corporal Matt Hunter of Kennebunk.

I will always cherish that. I will never forget the day I found out that he was killed. Tommy was the kindest, he was a warm soul and a great friend." Ken Hornbeck was in the service with Bazemore. He said "I was there and I went through training with Tom, so I know how fun he was. I remember him often; playing his guitar and smoking cigs while singing. We were RTO's in different platoons. I heard over the radio transmit that there was contact with the enemy and some of the guys were woundedone was killed in action. They didn't give names over the radio

they just said an RTO was KIA and right then I knew I had lost my friend. I'm still glad I had time in this life with him and so many other brave men. It was an honor to serve with all of them; and there is not a day that goes by that I don't think about them. I will continue to remember them until the day I die." PFC Thomas Wayne Bazemore is buried beside his sister at the Calvary Cemetery in South Portland. There is a memorial shadowbox at Kennebunk High School honoring Bazemore from the class of 1968. It contains Bazemore's photo, JV letter, poems he wrote, a flyer from one of his band performances, a rubbing of his name from the Vietnam Wall, a shoulder patch of the 101st Airborne Division,



Norman Tremblay of Kennebunk. and his burial flag.

Lance Corporal Matt Hunter of Kennebunk served in the USMC in 2010 in Marjah Afghanistan in the Helmand province. He was part of operation Moshtarak. As someone who witnessed firsthand the loss of many fellow servicemembers, Hunter expressed these sentiments. "When I was serving, we lost many people and I wouldn't feel right mentioning just one person to honor when there when there were many in that deployment who did not make it. I'd like to honor all of my brothers and sisters who died along with all veterans lost at all wars over the years, and hope that my fellow Americans will always honor and never forget them too.".

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79 Beachwood Ave., Kennebunkport \$325,000 Just 2 miles from Dock Square shopping, this 3-bedroom 1.5 bath Cape may be ideal for your housing or investment needs.



Abenaki Professional Park, Wells \$109,900 1st Floor Turnkey Office. Office has been completely renovated in last couple of years. Multiple offices and conference room with reception area.



48 Riverwynde Drive, Arundel \$485,000 Magnificent river frontage, this stunning and spacious home is privately sited on a nicely manicured, .71-acre lot.



60 Mile Road, Unit #167, Wells \$172,900 2 Bedroom 2 Bath year-round condo at Misty Harbor. Close to the beach, shopping, restaurants, and area attractions.



20 Maguire Road, Kennebunk \$569,000 Beautifully sited on a 3-acre lot with a spacious yard, this 3-4 bedroom home has so many wonderful features.

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