

Everyday living in today's polluted and stressful environment with chemicals in the form of pesticides, additives and preservatives found in our food, water, and beauty products can burden our body.

The body's excretion pathways may be able to counteract these negative influences for a time, yet become overwhelmed after long term exposure resulting in the symptoms below. This buildup of toxins throughout the body compromise our health and appearance. Symptoms of someone in need of a detox are numerous and may include:

Headaches	Bags under the eyes
Poor sleep	Depression
Tiredness	Lowered immunity
Nausea	Dull skin
Thrush	Overweight
Constipation	Spots and acne
Sluggishness	Mouth ulcers
Difficulty waking up	Lowered immunity
Allergies	Anxiety
Wrinkles	Age spots
Stress	Eczema & Psoriasis
Hormone imbalance	Candida

Color or Particles	Material or Area of the Body Being Detoxified
Black	Detoxifying from liver
Black Flecks	Heavy metals
Brown	Detoxifying from liver, cellular debris, tobacco
Dark Green	Detoxifying from gallbladder
Orange	Detoxifying from joints
Red Flecks	Blood clot material
White Cheese-Like Particles	Most likely yeast
White Foam	Detoxifying from Lymphatic System
Yellow-Green	Detoxifying from kidneys, bladder, urinary tract, female/prostate area

## Reasons for Using the Ionic Cleanse Detox System for YOUR body!

- 1. HEALTHY WEIGHT LOSS:** which will increase your metabolism, reactivate the body's fat burning mechanisms, release the fat cells that hold toxins, reduce cellulite & easily maintain the weight that is correct for you.
- 2. MORE ENERGY, BETTER STATE OF MIND:** think more clearly, feel lighter, and have energy which will boost your well being.
- 3. RESTORE AND REGAIN HEALTH:** create a stronger immunity for yourself. Have fewer aches and pains, reduce allergies and flu symptoms, help activate the body's NATURAL intelligence to heal itself.
- 4. RID YOUR BODY OF TOXINS:** eliminate the discomfort of detox, remove heavy metals, chemicals & toxins easily & comfortably from your body.
- 5. RECEIVE RELIEF:** of discomfort from sore and aching joints, which are symptoms of arthritis and bursitis.
- 6. MAINTAIN GOOD HEALTH:** Obtain high energy levels and long term wellness.
- 7. UNBURDEN YOUR BODY:** of herbicides, pesticides, colorings, additives, preservatives and other untold chemicals that reside in our water, food and air.
- 8. QUICK, EASY AND AFFORDABLE SOLUTION:** The more toxins we maintain, the faster we age & the faster our bodies break down. The immediate benefits are an increase in energy & overall well being, a healthier disposition, a better state of mind, weight loss, an increased metabolism, improved digestion which will help in restoring balance to the body & its organs & lessening the body's symptoms of discomfort. The aging process is slowed & the skin is able to rejuvenate itself correctly, **THE WAY NATURE INTENDED!**
- 9. SLOW THE AGING PROCESS AND LOOK YOUNGER:** Clear your skin, remove rough discolored areas, smoothen dark areas under the eyes, lighten your skins color & **NATURAL** beauty will immediately radiate through. The aging of our skin slows & we are able to gain a more youthful appearance.
- 10. REJUVENATION:** look & feel great, inside & out, beautify skin & hair.

# Regain Health & Vitality



## IONIC Detox Program

# Ionic Foot Bath Detox

## What is it?

The Ionic Cleanse Detox Machine is a high-tech water detoxification system that facilitates the body's ability to heal itself. The Ionic Cleanse Detox Machine is a water foot-bath that utilizes steel electrodes, which cleans, balances, and enhances bio-energy, a vital force present in the body's fluids.

The action of the machine is to help your body with:

- Less fluid retention
- Reduction of inflammation
- Improved memory
- Improved bladder control.
- A more balanced pH
- A stronger immune system
- Significant pain relief, inclusive of, but not limited to arthritis, gout, and headaches.

Reflexology teaches us that each foot is actually an outlet through which the body attempts to cleanse or rid itself of heavy metal and toxic waste built up in numerous other areas of the body.

While using the Ionic Cleanse Detox Machine, you will actually see the cleansing process as the water interacts with a compound electric current along with a frequency field structure. Subsequently, this cleansing process attains the correct frequency required to restore cells to a healthy state, while releasing years of bonded waste. It is important to realize that the Ionic Cleanse Detox Machine enhances the effects of other therapies.

## 30-Minute Ionic Foot Bath Detox



Before Foot Bath



After 10 Minutes



After 20 Minutes



After 30 Minutes

Results will vary from person to person

## Skin & Beauty

Rashes, dark circles under the eyes, swollen joints, and yellow-green and blotched complexions often indicate a buildup of tissue and acid wastes inside the body. After several sessions with the Ionic Cleanse Detox Machine, in conjunction with modifications in diet, there will be substantial reduction or elimination of these skin issues. The sessions will help you to look younger and feel better.

This system does not claim to cure or treat any disease or injury. It assists your body to rebalance its bio-energy fields, and stimulates the body for self-detoxification. The body's organs will naturally function better when there are fewer toxins in the body. The ion energy charged footbath will help you feel young again.



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## The Science Behind The Machine

### How does the Ionic Cleanse Detox Machine work?

A water molecule is composed of two hydrogen atoms and one oxygen atom. When the molecule loses a hydrogen atom, the remaining OH molecule takes on a negative charge. As you walk along the beach, your body absorbs millions of these negatively charged ions, which alkalize the blood and tissue. The Ionic Cleanse Detox Machine generates the same effect as a walk along the beach, only more effectively.

Simply put your feet in the water, turn on the machine and within seconds millions of ions enter your body immediately beginning the neutralization of tissue acid wastes. During, and after, a thirty minute session you will become aware of the constituent parts of fat, along with mucous residue that the body has eliminated. The foot bath sessions will help you to feel lighter in your body, have more energy and maintain a greater sense of well-being. Why do we need to detoxify? In today's toxic environment, tissue acid wastes, chemical and heavy metal residues build up in the body faster than ever before, resulting in a greater incidence of allergies, mental, and physical incapacitation.

Pimples, rashes, dark circles under the eyes, swollen joints, yellow, green and blotched complexions often indicate a buildup of tissue acid wastes inside the body. Modifying your diet along with the Ionic Cleanse Detox Machine sessions will help you reduce and even eliminate these conditions. The Ionic Cleanse Detox Machine, along with a healthy diet and low stress will provide a thorough and proficient way to maintain long-term elevated levels of energy and wellness.

Cells, when imbalanced, impede the body's functions that facilitate healing, including eliminating heavy metals, parasites and other toxins. However, cells that are fully charged have more oxygen and have the capability to undergo electrical balance that results in elevated mental attitude, energy, vitality, and well-being. Studies have shown the Ionic Cleanse Detox Machine improves oxygen levels. Ions are atoms or molecules that have lost or gained electrons, and free radicals are unpaired electrons. If the atom or molecule loses electrons then they become positively charged ions, and if they gain electrons, they become negatively charged ions.