



Seamstresses needed

At this time, Pregnancy & Infant Loss Awareness of Washington County, MD is no longer accepting donated wedding dresses to make Angel Gowns for babies who do not make it home from the hospital.

However, we do need seamstresses to make the Angel Gowns.

If you or someone you know would be interested in volunteering their services, please contact:

Brianne Tesla Bearese at
PAILAofWCMD@gmail.com
or 240-818-8911
or visit www.paila-wcmd.com

Pregnancy & Infant Loss

10-WEEK COURSE

Start this 10-week course anytime, work at your own pace, complete within 6 months of registration date. Choose from two tracks:

Track 1 — 10 CEUs for \$65

Includes weekly topics and post-test.

Track 2 — 30 CEUs for \$125

Includes weekly topics with activities and post-test.

Week 1: Introduction & Overview

Week 2: Types of losses; Statistics; Terminology

Week 3: Coping with Loss; Grief & Mourning

Week 4: Mental Health Concerns Related to Pregnancy & Infant Loss

Week 5: Pregnancy After Loss

Week 6: Pregnancy & Infant Loss Awareness

Week 7: Other Considerations

Week 8: Resources, Films, Documentaries

Week 9: Community Project

Week 10: Interview Project, Post-test, Course Evaluation

To begin the course, visit
PAILA-WCMD.com/education

Course presented by Brianne Tesla Bearese, LCPC, CPLC, Founder and Director of Pregnancy & Infant Loss Awareness of Washington County, Md. She is a Licensed Clinical Professional Counselor (LCPC), holds a master's degree in mental health counseling, and is Certified in Perinatal Loss Care (CPLC).

Pregnancy & Infant Loss Awareness of Washington County, MD



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Founder and Director
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Please visit our website at
www.paila-wcmd.com



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Pregnancy and Infant Loss Awareness
of Washington County, MD

About PAILA

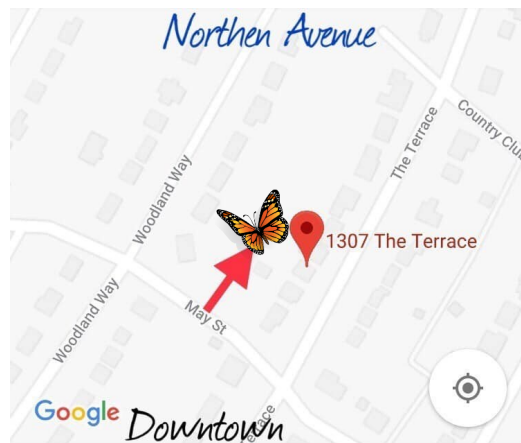
Pregnancy and Infant Loss Awareness of Washington County, MD provides support to those experiencing a pregnancy and/or infant loss. We also host events throughout the year to honor our Angels and to promote Pregnancy and Infant Loss Awareness.

Remember Me Butterfly Haven

The Monarch butterfly population has decreased by 90% over the past 20 years.

To help save the Monarch, PAILA-WCMD has created a Monarch waystation to help with conservation efforts. As the butterfly is a symbol of hope and transformation, our Remember Me Butterfly Haven is a symbol of hope for families who have experienced a pregnancy and/or infant loss and will help transform the Monarch population.

Located in Hagerstown, Md.
Open to the public: Dawn to dusk



Events & Fundraisers

Events and fundraisers hosted by PAILA of Washington County, MD

Pregnancy After Loss Awareness Event

Saturday, March 28, 2020

9th Annual Butterfly Release

Saturday, August 15, 2020

PAILA Virtual Walk

October 2020

Karaoke & Raffle Fundraiser

Sunday, October 4, 2020

11th Annual Walk to Remember

Saturday, October 17, 2020

Día de los Muertos Monarch Festival

Sunday, November 1, 2020

There are more events throughout the year listed on our website, including events for Mother's Day & Father's Day. Visit www.paila-wcmd.com for additional events & more information.

To register for events, visit www.paila-wcmd.com/eventsfundraisers

How you can help...

If you're able, please consider donating to Pregnancy & Infant Loss of Washington County, MD. Your donation will help provide support services, as well as funding for our events that benefit those coping with pregnancy and infant loss. www.paila-wcmd.com/donations

Support Groups

Father 2 Father

Grieving Fathers Support Group

Meets the 3rd Thursday each month at 7 p.m.

Brook Lane North Village, Room 116

18714 North Village, Hagerstown

For information, contact Rob Embly at PAILfather2father@gmail.com

Rainbow of Hope

Pregnancy After Loss Support Group

Peer-to-peer online support group with a few "meet up" activities throughout the year. For information, contact

Brianne Tesla Bearese at

PAILAofWCMD@gmail.com

Labor of Love Support Group

Meritus Medical Center

Meets the first Wednesday of each month

at 7 p.m. in Suite 122 at Robinwood

Professional Center in Hagerstown.

For information, call 301-739-3863

or 301-739-2439

Hospice of Washington County

Provides free counseling and a support group.

For information, call 301-791-6360

For additional resources, please visit

www.paila-wcmd.com/Resources