Reference Books For Fitting Patterns:

Pattern Making by the Flat Pattern Method by Norma R. Hollen, Copyright 1972

Fitting and Pattern Alteration, A Multi-Method Approach by Elizabeth G. Liechty, Della N. Pottberg, and Judith A. Rasband, Copyright 1992

The Complete Photo Guide to Perfect Fitting by Sarah Veblen, Copyright 2012

Fitting Commercial Patterns, The Minott Method by Jan Minot Copyright 1978

Fantastic Fit for Every Body, How to Alter Patterns to Flatter Any Figure by Gale Grigg Hazen, Copyright 1998 This book is helpful for Plus Size patterns.

Fit for Real People, Sew Great Clothes Using Any Pattern by Pati Palmer and Marta Alto, Copyright 1998

Fitting Solutions, Pattern-Altering Tips For Garments That Fit by The Taunton Press, Copyright 1996