

#### **Baptist Church**

Rev. Ralph W. Emerson, Jr., Senior Pastor/Teacher

#### 5th Sunday - March 31, 2019





Rising Star Baptist Church invites you, your family and friends to come and celebrate with us the death and resurrection of our Lord Jesus Christ starting with

# *Maundy Thursday* Thursday, April 18th @ 7pm





**Resurrection Service** Sunday, April 21st @ 10am



Vision Statement:

"The Vision of the Church is to be the Worship Center that seeks to RECLAIM lost souls, RESHAPE lives, REJOICE in love, REACT to the Holy Spirit while RESPONDING to God's call.

# Women's Ministry - Chat & Chew (March 2nd) Celebrating Women's History Month - "Pursuing Greater Works"









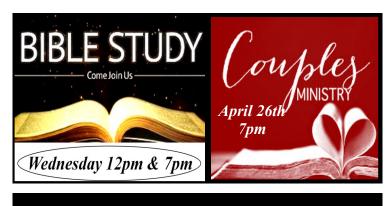
We had an awesome time!!!



March Homegoing Celebration Tuesday March 26, 2019 @ 11:00am



**Sis.** Catheryn Y. Smith May 17, 1927 ~ March 19, 2019



### Inviting ALL Ladies to



#### Wednesday– April 10th @ 7pm In the Chapel

# Celebrating the Sacrifice of Christ Maundy Thursday, April 18, 2019 @ 7 PM

#### &

#### EASTER SUNDAY, April 21, 2019

#### **Maundy Thursday**

Come and celebrate Christ with us on Thursday, April 18<sup>th</sup>, at 7 PM as we examine three areas:

Why the Bread?

Why the Wine?

Why serve Communion?

We will be serving Communion. You don't want to miss this worship experience!

Easter Sunday, April 21, 2019 only one service at 10 AM Come receive a blessing! Come celebrate the Risen Savior! Come be a blessing!

Remember: our theme for the year is **GOING BEYOND!** 

Jesus was the perfect example of **GOING BEYOND** when He laid down His life for us!

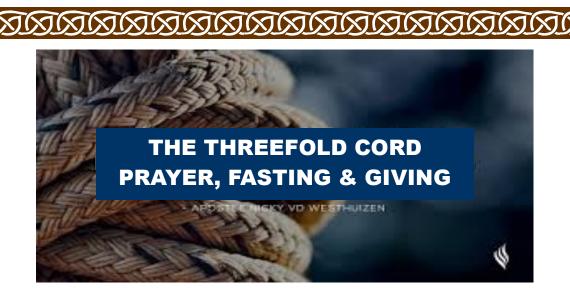
Let's emulate His example by being in attendance! Let's emulate His example by participating in the Worship Experience! Let's emulate His example in our giving! Every member is asked to give their tithes and offerings, including a special Maundy Thursday and Easter Sunday offering of \$50.

Let's all make the sacrifice!









Biblical fasting is refraining from food for a spiritual purpose. Fasting has always been a normal part of a relationship with God. As expressed by the impassioned plea of David in Psalms 42, fasting brings one into a deeper more intimate and powerful relationship with the LORD.

When you eliminate food from your diet for a number of days, your spirit becomes uncluttered by the things of this world and amazingly sensitive to the things of God. As David stated, "Deep calls unto deep" according Psalms 42:7, David was fasting. His hunger and thirst for God were greater than his natural desire for food. As a result, he reached a place were he could cry out from the depths of his spirit to the depths of God, even in the midst of his trials. Once you've experienced even a glimpse of that kind of intimacy with God — Our Father, the holy creator of the universe—and the countless rewards and blessings that follow, your whole perspective will change. You will soon realize that fasting is a secret source of power that is overlooked by many.

#### "...a threefold cord is not quickly broken." (Ecclesiastes 4:12 KJV)

During the years that Jesus walked this earth, He devoted time to teaching His disciples the principles of the Kingdom of God - principles that conflict with those of this world. In the Beatitudes, specifically in Matthew 6, Jesus provided the pattern by which each of us is to live as a child of God. The pattern addressed three specific duties of a Christian: **giving, praying and fasting**.

Solomon, when writing the books of wisdom for Israel, made the point that a cord, or rope braided with three strands is not easily broken. (Ecclesiastes 4:12) Likewise, when **giving**, **praying**, **and fasting** are practiced together in the life of a believer, it creates a type of threefold cord that is not easily broken. Jesus took it even further by saying, "...nothing shall be impossible unto you." (Matthew 17:20 KJV).

# **21 Days of Fasting and Prayer**

**The Daniel Fast** is a fast from meats, sweets, breads and any drink except water or 100% juice. This fast is based on Daniel 10.

The **Specific Food or Activity Fast** is a type of fast where you omit a specific item(s) from your diet or a specific activity or habit from your lifestyle for a period of time. Whatever you decide to give up must be something that is really important to you—and you are giving it up as a sacrifice for Him. This may include such things as television, social media, and the like.

Prayer and fasting are not just about connecting to God, but also about disconnecting from the world. Try to tune out some of the regular distractions from your day as much as possible. Replace that time with things that will nourish you spiritually.

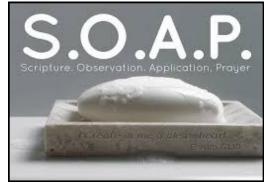
You are about to partake of the bread of life, so fast with an attitude of expectancy. Believe that God is going to speak to you through His word.

Whichever Fast you choose to embark upon, please be sensitive to any personal medical condition, and don't forget to use your **SOAP!** 

- S----is for scripture: read prayerfully. Take notice of which scriptures catch your attention and mark it in your bible. When you're done re-read the verses you marked and look for one that particularly speaks to you.
- **O**---is for observation. Focus on that scripture, tune in and listen to what God is saying to you through His word. What is it about this scripture that specifically stands out? What does God want to reveal to you? Ask the Holy Spirit to be your guide and show you what God is saying.
- A---is for application. Think of how this verse applies to your life right now. Perhaps it is instruction, encouragement, revelation, or correction for a particular area of your life.
- **P**---is for prayer. Wrap up your study time with prayer. Talk to God about what you've just read. This can be as simple as thanking Him for revealing a truth from the scripture, or it may be asking Him for greater insight or wisdom as to how it applies to your life.

Now it's up to you to decide what type of fast you will embark upon.

# And don't forget the **SOAP!**



# **21-Day Daniel Fast**



#### DATE:

Start Date: Monday - April 1st End Date: Monday - April 21st

#### GOAL:

Your goal in fasting is to become closer to God by voluntarily denying the demands of your flesh. Increase your prayer, Scripture reading, journaling and quiet time. Study the Scriptures with a new intensity. When the fast is over, you should have a new spiritual strength from overcoming the cravings that usually control your life and from dedicating yourself to God.

#### **OBJECTIVE:**

To engage the members of Rising Star (and others) in a 21-Day fast to improve relationships with God and others, and to implement a spiritual fast for supernatural breakthroughs.

#### STEPS:

- Devote one (1) hour to reading •
- Pray Designate daily prayer times for yourself, your • family during the 21-day period.
- Designate a Prayer Partner.

This should be someone other than your spouse or family. Participate in a modified Daniel Fast for 21 Days.

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We will be participating in a 21-day timetable, modified Daniel Fast, which will allow participants to have a Sabbath Day of Rest on Sundays. On the Sabbath Day, participants must refrain from all fried foods, beef, and pork. Participants will be encouraged to walk. Walking will serve two objectives: a daily prayer walk to reconnect with God and daily exercise!

#### RESTRICTIONS

Restrict television and entertainment:

It will be difficult for you to consecrate yourself if you feed yourself on television and movies during this time. Devote one hour to reading the Bible.

#### **STUDENTS & CHILDREN**

Children are encouraged to join in with their parents in the daily prayer. A modified version of the fast should be utilized especially for small children. They will be encouraged to give up sweets during the fast, as opposed to a stricter regimen.

### DANIEL FAST FOODS

#### Types of food included in this Daniel fast:

- Vegetables, preferably fresh or frozen vegetables. Vegetables such as potatoes, beans, and soybeans will help provide substance. Fresh or frozen vegetables are recommended. If canned vegetables are desired, use sodium free or drain and wash prior to cooking. Individuals who have an intolerance to beans should substitute with soy products. Artichokes, Asparagus, Beets, Broccoli, Brussels Sprouts, Cabbage, Carrots, Cauliflower, Celery, Chili Peppers, Corn, Cucumbers, Eggplant, garlic, Gingerroot, Kale, Leeks, Lettuce, Mushrooms, Mustard Greens, Okra, Onions, Parsley, Potatoes, Radishes, Rutabagas, Scallions, Spinach, Sprouts, Squashes, Sweet Potatoes, Tomatoes, Turnips, Watercress, Yams, Zucchini, Collard greens, Turnip greens.
- It is advisable to take a multi-vitamin/mineral supplement during the fast (1 per day). You may also include various nuts to serve as a protein supplement.
- Whole Grains: Brown Rice, Oats (including Oatmeal), • Barley & Pasta
- Legumes: Dried Beans, Pinto Beans, Split Peas, • Lentils, Black Eved Peas
- Fruits: Apples, Apricots, Bananas, Blackberries, Blueberries, Boysenberries, Cantaloupe, Cherries, Cranberries, Oats, Oranges, Figs, Grapefruit, Grapes, Guava, Honeydew Melon, Kiwi, Lemons, Limes, Mangoes, Nectarines, Papayas, Peaches, Pears, Pineapples, Plums, Prunes, Raisins, Raspberries, Strawberries, Tangelos, Tangerines, Watermelon (Limit your intake to 2 citrus fruits per day)
- Seeds, Nuts, Sprouts •
- Olive Oil, Seasonings and Spices •
- Liquids: Spring Water, Distilled Water, Soy Milk, 100% All Natural Fruit Juices, 100% All Natural Vegetable Juices (Apple, orange, grapefruit, cranberry juice, etc.) (no sweetened drinks or sweetened fruit). Drink 6-8 glasses of water daily throughout the fast. This is very important.

#### Foods NOT included in this Daniel Fast:

- Sugar, sugar substitutes and sugar products (desserts, soft drinks)
- Drinks including caffeine coffee, tea, etc.
- Meats: red meat, fish, poultry, seafood, etc. •
- Dairy products: Milk, cheese, butter, eggs, yogurt, • cream (soy, rice, almond and hemp substitutes are ok);
- Fried Foods; Margarine, shortening, high fat products;
- All Bread, enriched grains, and white rice; •
- Table or Box Salt

# Youth Ministry Corner

Congratulations!!!





### Eja Gatewood

Eja is a fifth grader at Lowery Road Elementary School in Ft. Worth. She is also a member of the Student Council, Courtesy Patrol, the INOK (It's Not OK Anti Bullying) Committee, and the Duke Talent Identification Program. She was also captain of her Battle of the Books team which won first place at the school level. They will represent Lowery Road at the district level this spring.

The students in the group photo are all of the students who competed in the Math Bee at Lowery Road.

She also made the High A Honor Roll for the 4th Six Weeks

Information from FWISD Website:

District's Inaugural Math Bee Contests Underway Posted by Fort Worth ISD on 3/18/2019 6:00:00 PM

More than 40 **Fort Worth ISD schools** are buzzing about math.

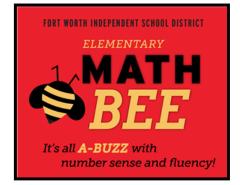
On March 8th, the District kicked off its inaugural Elementary Math Bee Competition cycle. Students in the third- to fifth-grade are facing off against one another at 43 District schools using mental math to solve number sense problems. The winner from each school contest will be recognized at the District Math

Bee ceremony, Friday, May 10, 2019 at the I.M. Terrell Academy for STEM and VPA.

District-wide Math Bee competitions continue through Friday, April 12, 2019.

"The Math Bee is designed to highlight the students' love of math and to gain momentum in thinking about numbers in a flexible way," said Melvinia Robinson, elementary core curriculum and innovation coordinator in the FWISD Mathematics Department. "The Math Bee stems from the idea of Number Talks in the class-room, which helps students to build confidence in their mathematical abilities and computational fluency, opening the doors for deeper math concepts and courses."







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Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 21-Day Fast & Prayer Begins	2 6:30pm All Dance Groups Dance Rehearsal 7:00pm Deacon/Deaconess Meeting	3 12Noon & 7pm Bible Study 8:00pm Mass Choir Reh.	4 6:30pm All Dance Groups Dance Rehearsal	ς	6 Gatekeepers Mtg
7 Choir: Mass Ushers: Group #1	∞	9 6:30pm All Dance Groups Dance Rehearsal	10 7:00pm Sister2Sister 8:00pm Mass Choir Reh.	11 6:30pm All Dance Groups Dance Rehearsal	12	13 <sup>7pm</sup> <b>POWER Ministry</b> <b>Game Night</b>
<b>14 Palm Sunday</b> Choir: Mass Ushers: Men	15	16 6:30pm All Dance Groups Dance Rehearsal	17 NO Bible Study 7:00pm Mass Choir Reh.	18 7pm Festival of Passover Maundy Thursday Communion	19 <b>Good Friday</b>	20 Gatekeepers Mtg
21 Resurrection Sunday Choir: Mass Dance: All Grps Ushers: Group #3	22	23	24 12Noon & 7pm Bible Study	25	26 7:00pm Couples Ministry	27 <b>Race for the</b> <b>Cure</b> 1000 Clearfork Main St.
28 Choir: Young Adults Youth & Lil Angels Ushers: Group #2	29	30 7:00pm Deacon/Deaconess Meeting				PAGE 8

Festival of Passover (Easter) Resurrection Sunday

April 2019



Wednesday - April 3rd

8:00pm Mass Choir Rehearsal

#### Wednesday - April 10th

8:00pm Mass Choir Rehearsal

<u>Wednesday - April 17th</u> 7:00pm Mass Choir Rehearsal

<u>Wednesday - April 24th</u> 7:00pm Lil Angels & Youth Choir

#### Singing On: nday Mass Choir

- 1st Sunday
- 2nd Sunday
- 3rd Sunday
- 4th Sunday
- Mass Choir L A & Youth Choir

Mass Choir



	April Bi	rth	days
04/01 04/02	Tyler Toney Betty Breeding Ardoin Tijera Bell Niema Moore Deirdre Vinson		
04/03	Aron Harris April Liggins Sandra Powell Tonya Turner-Bibbs	04/16	Michael W. Price
04/04	Jarvis Dukes Christopher Hall Maria Livingston Lucretia White	04/17	Monica Thomas
04/05	Adreanna Gay Irma Phillips		Tommie Patterson Zoey Thompson
04/06	Bryan Jones	04/18	
04/07	Andre Ivory Quayshan Moore Kai Marie Thomas	04/19 04/20	April Moore Anthony C. Davis Demetrius Goolsby
04/08	Arietta Grant Koryian Brown		Reighan Parker Jermiyah Torres
04/09	Willie Grimsley Donall Ward	04/21	Markeda A. Butler Valarie Montelongo John Royal
04/10	Aaron Evans Samuel Hamilton Rukiya Kitwano Aquanita Robinson April Smith Audra Webb	04/22 04/23	Kimberly Watson
04/11	Nicholas Kindles Kiara Thornton Demetric White Austin	04/24	Richard Dillard Charles Dobbins Tonya Jones
04/12	Shawnta Phillip-Berry Brandon Dillard Laquita D. Heard	04/25	Kenneth Guy Carloyn Halbert Leroy Riles Ante'ges D. Ross
	Joshua McAfee Dominic Smith Whitney Taylor	04/26 04/27	Arlene Scott Tinsley Dillard
04/13	Whitney Taylor Detera Johnson Keyon Turner Kameron Williams	07/21	Leshica Fuentes Kimberly Harris Natasha Sinegar Travis Williams
04/14	Shawn Bradford Raven Daniels	04/28	Deshanna Dukes Shemaiah Hall
04/15	Belinda Edwards Tatanischka Henderson Joseph Killingswort	04/29	Roy L. Phillips Robert Cushionberry
	Naomi Woolridge	04/30	Dante' Crowder Tanya Jones Mason Pinkerton Analeasea Smith
	Second States		

# May - Upcoming Events











May 12, 2019

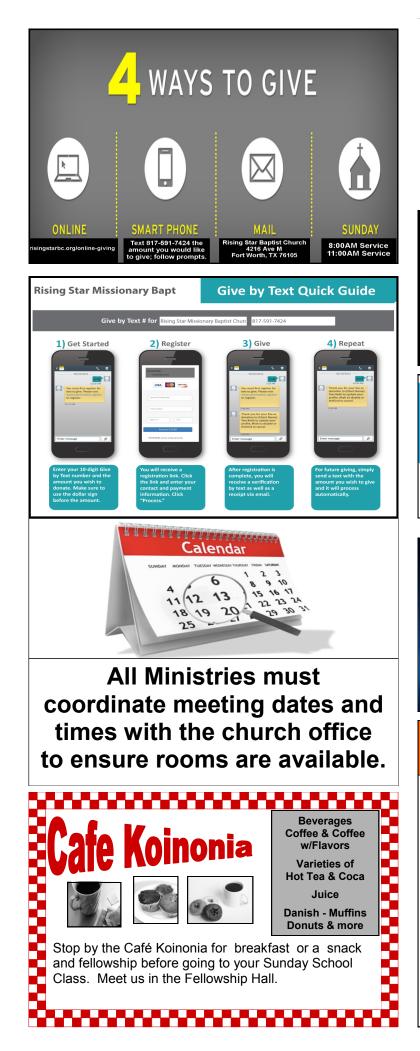




Ladies of the Star, start today looking for that right crown to wear and bring a attitude with it as we rejoice in love on Mother's Day.











# www.risingstarbc.org

# Follow us on Twitte

https://twitter.com/BaptistStar



**Rising-Star Baptist-Church** 

### Text from the Church

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Text **RSBC** to 88202



PAGE

Do it right now!

### **Order of Service**

Ardoin, Betty Breeding

Foreman, Sharon

Garrison, Jessie

Grimsley, Willie

Johnson, Christine

Johnson, Patricia

Leadon. Glodean

Lindsey, Mabel

Miller. Frances

Smith, Eddie

Smith, Huev

Smith, O. C.

Tolbert. Jerry

Townsend, Diane

Williams, James

Woolridge, Naomi

Williams, Gwendolyn

Williams, Travis - JPS

Hospital

KNK(

Website:

Face Book:

YouTube:

Twitter:

Email:

Hill. Randle

King, Helen

5th Sunday - March 31, 2019

Praise & Worship

Welcome

Ministry through Song

Sermon

Invitation to Discipleship

Ministry of Giving

**RSBC** News



# Weekly Schedule

Sunday, March 31st 8:00 A.M. Early Morning Service 10:00 A.M. New Member Orientation Class **Transformation Classes** 11:00 A.M. Worship Service Monday, April 1st Tuesday, April 2nd 6:30 P.M. All Groups Dance Rehearsal 7:00 P.M. Deacon/Deaconess Meeting Wednesday, April 3rd 12:00P.M. Noon Bible Study 6:00 P.M. Praise & Worship Rehearsal 7:00 P.M Evening Bible Study 8:00 P.M. Mass Choir Rehearsal

Thursday, April 4th 6:30 P.M. All Groups Dance Rehearsal

> Friday, April 5th Church Office Closed

Saturday, April 6th

Sick & Shut-In Sermon Notes 817-531-1479 Text: 682-230-7387 817-946-4081 817-572-1263 Subject: 817-706-2366 817-228-0107 682-224-1925 817-534-1066 817-535-5591 682-224-3136 817-919-5149 817-451-5209 817-536-8068 817-349-1109 682-240-3532 817-455-7196 817-413-0412 817-277-8888 817-534-4109 Wallace, Benita - Harris Downtown Nursing Homes/Rehab. Center Morse, Zelma 682-238-3670 Elmcroft of Arlington Senior Living Rising Star Baptist Church 4216 Avenue M Fort Worth, TX 76105 Rev. Ralph W. Emerson, Jr. Senior Pastor/Teacher Sunday Worship Services 8:00 A.M. & 11:00 A.M. Wednesday Bible Study 12:00 Noon & 7:00 P.M. Office: 817-536-5461 Toll Free: 877-254-4155 Fax: 682-841-0244 www.risingstarbc.org Facebook.com/risingstar.baptistchurch.7 www.youtube.com/risingstarbc https://twitter.comBaptistStar risingstarbaptistchurch@yahoo.com

9:00am

Gatekeepers Meeting