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Pain Management

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**How to get the most from your first office visit**

*We appreciate you choosing Drs. Schilling and Majeski as your physicians for pain care and rehabilitation. For us to save your time and money, and make the most of your first appointment, please review the following:*

Please print **New Patient Forms** and complete them ***before*** you arrive for your first visit. If you do not have access to a printer, the forms are available at the office, but you would need to arrive 30 minutes before your scheduled appointment to allow time to complete them.

**Bring paper copies (** not the disk) of your **MRI/CT reports to** your first appointment**.** Ask the doctor who ordered the scan to provide you with a paper copy or ask the imaging center to mail the paper copy **to YOUR HOME**. Do not tell the doctor’s office to send it our office for you ( it doesn’t always arrive like it should!) If you have not received the report at your home, follow up with the physician or imaging center and remind them to send it to your home. Failure to bring them to your first appointment causes treatment delays.

If you were referred to Drs. Schilling and Majeski by another physician, please **bring with you the last office notes by that physician**. Ask their office to mail it to **YOUR HOME** and then bring it with you to your first visit. Failure to do so may result in a delay in starting treatment and will result more appointments for you.

Help to avoid medication interactions by bringing a **list of your medications** with the dosages and times taken per day. . Please make a listing of medications rather than bringing in a bag of pill bottles. If your health plan permits only certain drugs, and not others, please bring that list with you so we can help save money.

Our focus is on you! Please **do not bring children** with you to the office. Our office is not set up to accommodate children and equipment is easily broken.

If you would like someone (family member, caregiver, friend) to accompany you in the exam room, please **choose one person only**. Our exams rooms are equipped to accommodate the patient and one other person only.

Enjoy your food and drink before arriving. **No food or drink in our office.**

**Please notify us of changes** including name, address, phone number, employment, insurance, marriage, or divorce.

The doctor will ask that you wear an exam gown during your appointment. Please dress appropriately, including underwear for your privacy. One part of the exam requires that you walk across the room.

If you have questions regarding your first appointment, please call the office.

If you use hearing aids, please wear them.

Thank you and we look forward to serving you!

 (03/07/18)