# <u>Triple Two – UCWDC Syllabus Divisions</u>

2) 3)	A Ladies Flare Right Turning Loop Left Turning Loop Basket* *Lady does not turn	DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure	1 3 4 5
Syllabus			
	Man's Flare Right Loop w/ Right UAT* *With Man's Flare ending	DVIDA Bronze Figure DVIDA Bronze Figure	2 6
3)	Right Loop w/ Right UAT – Loop Ending	DVIDA Bronze Figure	7
	Left Loop w/ Left UAT* *With Ladies Flare ending	DVIDA Bronze Figure	8
5)	Left Loop w/ Left UAT – Loop Ending	DVIDA Bronze Figure	9
Syllabus	Right Turn to Back Line of Dance*	DVIDA Bronze Figure	-11
	*Last triple curves, no back step	D VIDA DIONZE I Igure	
2)	Inside Weave	DVIDA Bronze Figure	12
	Left Turn to Back Line of Dance* *Last triple curves, no back step	DVIDA Bronze Figure	13
4)	Outside Weave	DVIDA Bronze Figure	14
· · · · · · · · · · · · · · · · · · ·	Double Flare	DVIDA Bronze Figure	15
Syllabus	D		
	Left Turning Loop & Pop Out	DVIDA Silver Figure	1
2)	Wrap	DVIDA Silver Figure	2
3)	Patty Cake*	DVIDA Silver Figure	5
×	*Must enter with simple hand change	<u> </u>	-
,	Pinwheel	DVIDA Silver Figure	6
5)	Hand to Hand Pinwheel*	DVIDA Silver Figure	8
6)	*Second basic only Side by Side Freespins	DVIDA Silver Figure	9

#### Polka – UCWDC Syllabus Divisions

#### Svllabus A

2) 3) 4) 5)	Basic Chasse to Back Line of Dance Hand to Hand Hand to hand Under Arm Turn Right UAT to Back Line of Dance Alternating Hand to Hand	DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure	1 3 4 5 6 7
0)	Alternating Hand to Hand	D VID/( DIONZE Figure	,
Syllabus	в		
1) 2) 3) 4)	Inside Weave Outside Weave Turning Basic Basket Whip Back to Back	DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Silver Figure	8 9 11 13 1
Syllabus			
/	Shoulder Catch Side by Side Freespins* *Chasse for the man, no man's freespin	DVIDA Bronze Figure DVIDA Silver Figure	12 2
3)	Wrap In/ Wrap Out* *Must use a basic after the Wrap In, bef	DVIDA Silver Figure	3
4)	Chasse Run (Gallop)	DVIDA Silver Figure	10
Syllabus	D		-
1)	Lariat	DVIDA Bronze Figure	14
	Side by Side Freespins	DVIDA Silver Figure	2 3
	Wrap In/ Wrap Out Arm Checks*	DVIDA Silver Figure DVIDA Silver Figure	3 12
	*Use counts 1-6 then freespin on 7&8 to		

### <u>Night Club – UCWDC Syllabus Divisions</u>

#### Syllabus A

• • • • • • • • • • • • • • • • • • • •	Basic	DVIDA Bronze Figure	1a
	Left Turning Basic	DVIDA Bronze Figure	2a
	Right Turning Basic	DVIDA Bronze Figure	3a
4)	Right Under Arm Turn w/ Slot Change	DVIDA Bronze Figure	4
Syllabus	P		
-	Left Turning Basic w/ Left UAT	DVIDA Bronze Figure	2b
	Right Turning Basic w Right UAT	DVIDA Bronze Figure	20 3b
	Hair Brush	DVIDA Bronze Figure	9
4)	Sliding Doors	DVIDA Bronze Figure	11
		3	
TT			
Syllabus			
	Right Turning Basic w/ Left UAT	DVIDA Bronze Figure	3c
	Lace	DVIDA Bronze Figure	5
	Promenade Walks	DVIDA Bronze Figure	12
4)	Rock Pivot	DVIDA Bronze Figure	15
7 \			
Syllabus			
Syllabus		DVIDA Bronze Figure	8
	Lariat*	DVIDA Bronze Figure	8
1)			8 13
1)	Lariat* *If done with a Right to Right hand chan	ige	
1) 2) 3)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn	ge DVIDA Bronze Figure DVIDA Silver Figure	13
1) 2) 3) 4)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn Wrap & Pinwheel	ge DVIDA Bronze Figure DVIDA Silver Figure DVIDA Silver Figure	13 2 3
1) 2) 3) 4)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn	ge DVIDA Bronze Figure DVIDA Silver Figure	13 2
1) 2) 3) 4)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn Wrap & Pinwheel	ge DVIDA Bronze Figure DVIDA Silver Figure DVIDA Silver Figure	13 2 3
1) 2) 3) 4)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn Wrap & Pinwheel	ge DVIDA Bronze Figure DVIDA Silver Figure DVIDA Silver Figure	13 2 3
1) 2) 3) 4)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn Wrap & Pinwheel	ge DVIDA Bronze Figure DVIDA Silver Figure DVIDA Silver Figure	13 2 3
1) 2) 3) 4)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn Wrap & Pinwheel	ge DVIDA Bronze Figure DVIDA Silver Figure DVIDA Silver Figure	13 2 3
1) 2) 3) 4)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn Wrap & Pinwheel	ge DVIDA Bronze Figure DVIDA Silver Figure DVIDA Silver Figure	13 2 3
1) 2) 3) 4)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn Wrap & Pinwheel	ge DVIDA Bronze Figure DVIDA Silver Figure DVIDA Silver Figure	13 2 3
1) 2) 3) 4)	Lariat* *If done with a Right to Right hand chan Around the World w/ Headloop Simple Roll Out* *Without Man's turn Wrap & Pinwheel	ge DVIDA Bronze Figure DVIDA Silver Figure DVIDA Silver Figure	13 2 3

### <u>Cha Cha – UCWDC Syllabus Divisions</u>

Syllabus	Α		
,	Side Basic Forward/Back Basic* *May be danced as a lock or 3 <sup>rd</sup> foot pos	DVIDA Bronze Figure DVIDA Bronze Figure	1a 1b
4)	Outside Breaks Crossover Breaks 5 <sup>th</sup> Position Breaks	DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure	2 3 4
Syllabus	В		
1) 2) 3)	Open Break & Under Arm Turn Walk Around Turn Crossbody Lead* *Finish w/ side chasse Stop & Go* *May be danced w/ side chasse on 4 &	DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure	5 6 7 10
Syllabus	C		-
1) 2) 3)	Under Arm Pass Alternating Under Arm Turns Chase Turn Paseo* *Must be danced w/ basic timing. Pivot o	DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure or Spiral turn is accepted	8 9 11 15
Syllabus	D		-
1) 2) 3)	Back Spot Turn Pretzel's Turkish Towel Traveling Box* *First 8 counts	DVIDA Bronze Figure DVIDA Silver Figure DVIDA Silver Figure DVIDA Silver Figure	12 3 11 14
Y	VCE CO	UNB	

#### Waltz – UCWDC Syllabus Divisions

Syllabus	^		
•	Progressive Box	DVIDA Bronze Figure	2
,	Left Turning Box*	DVIDA Bronze Figure	3
,	*Must be combined w/ other figures		-
	so that no portion travels against LOD		
3)	Right Turning Box*	DVIDA Bronze Figure	4
	*Must be combined w/ other figures		
	so that no portion travels against LOD		•
4)	Twinkle ` Hand to Hand	DVIDA Bronze Figure	8 9
	Progressive Twinkles	DVIDA Bronze Figure	9 10
0)		D VIDA DIONZE I Igure	10
Syllabus	В		
	Reverse Turn (aka Left Turn)	DVIDA Bronze Figure	6
	Natural Turn (aka Right Turn)	DVIDA Bronze Figure	7
3)	Hand to Hand Twinkle	DVIDA Bronze Figure	11
Syllabus	<b>c</b>		
	Promenade Chasse	DVIDA Bronze Figure	14
	Open Left Turn	DVIDA Silver Figure	1
	Flip Flops	DVIDA Silver Figure	4
4)	Hairbrushes	DVIDA Silver Figure	8
			-
Syllabus			45
,	Spin Turn	DVIDA Bronze Figure	15 2
	Open Right Turn Open Left Turn w/ Left UAT	DVIDA Silver Figure DVIDA Silver Figure	2 3 6
	Hairpin from Promenade Position	DVIDA Silver Figure	6
	Chair & Slip Pivot	DVIDA Silver Figure	9
, ,			
	IAX		
	VON CON		
	VCE CO	$\cup$ (R)	

# <u>Two-Step – UCWDC Syllabus Divisions</u>

	1) Progr 2) Prom 3) Right 4) Left L 5) Right 6) Wrap	essive Basic enade Basic Turning Basic w/ Cr JAT from Promenade UAT ending in Pron w/ Walk Out ending when ended in Close	e Position nenade Position *	DVIDA DVIDA DVIDA DVIDA DVIDA DVIDA	Bronze Bronze Bronze Bronze	Figure Figure Figure Figure	1 3b 5 6 7a
Syllab	us B		6				
,		Turning Basic w/ Na	atural Finish	DVIDA	Bronze	Figure	3a
		enade Pivot		DVIDA		•	4
LT7	3́) Wrap	w/ Check Turn			Bronze		7b
	4) Swee	theart – Check Turn	w/ Right Hand*	DVIDA	Bronze	Figure	8a
		Vithout Freespin end					
	,	theart – Check Turn Vithout Freespin end		DVIDA	Bronze	Figure	8b
	6) Close	d Grapevine	-	DVIDA	Bronze	Figure	9
Syllab							
Çynab		theart – Check Turn	w/ Right Hand*	DVIDA	Bronze	Figure	8a
		Vith Freespin ending			Bronzo	i igui o	u
	2) Swee	theart – Check Turn Vith Freespin ending	w/ Left Hand*	DVIDA	Bronze	Figure	8b
		to Hand Grapevine		DVIDA	Bronze	Figure	10a
		to Hand Grapevine		DVIDA			10b
	5) Baske	et Whip		DVIDA	Bronze	Figure	11
	6) Shou	lder Catch		DVIDA	Bronze	Figure	12
Syllab	us D					<b>y</b>	
	1) Inside	e Weave		DVIDA	Bronze	Figure	13
		de Weave			Bronze	•	14a
		de/ Inside Weave	$\square$	DVIDA		<b>•</b> •	14b
	,	by Side Freespin		DVIDA		•	15
	/				-		-

### East Coast Swing – UCWDC Syllabus Divisions

2) 3) 4)	A Basic Right Turning Basic Left Turning Basic Throwout ` Under Arm Turn* *Variation – Second triple may be dance	DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure ed in place	1 2 3 4 5
Syllabus	B		
1) 2) 3) 4)	Tuck – Closed Alternating Under Arm Turns Wrap – Tuck Ending Wrap – Throwout Ending Wrap to Hammerlock	DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure DVIDA Bronze Figure	6a 7 8a 8b 9
Syllabus			1
2) 3) 4)	Tuck – Open Stop & Go Scissors* *Must dance basic timing by turning on Promenade Swivels* *Must be dance with one set of walk, wa Continuous Tuck-In* *First 6 counts only	DVIDA Silver Figure	6b 13 3 6a 15
Syllabus 1)	Whip*	DVIDA Bronze Figure	14
2)	*Variation – collect or pivot on 5/6 Wrist Spin Off The Back* *May finish in a Right to Right hand hold	DVIDA Silver Figure	1
,	Rock Pivots* *Must be danced in 8 count timing in op	DVIDA Silver Figure	10
4)	Sliding Doors* *Without hitch kick variation. Must be da	DVIDA Silver Figure	13a/b

## West Coast Swing – UCWDC Syllabus Divisions

Syllabus	Α		
-	Sugar Push	DVIDA Bronze Figure	1
,	Under Arm Pass 🧹 🔨 T	DVIDA Bronze Figure	2
,	Left Side Pass	DVIDA Bronze Figure	2 3
4)	Tuck*	DVIDA Bronze Figure	4a/b
,	*Must use 3&4 timing		
5)	Cutoff	DVIDA Bronze Figure	8
6)	Same Side Tuck (Sugar Tuck)*	DVIDA Bronze Figure	9
	*Must use 3&4 timing		
7)	Left Spinning Side Pass	DVIDA Bronze Figure	13
Syllabus	в		
	Basket Whip	DVIDA Bronze Figure	5
2)	Closed Whip	DVIDA Bronze Figure	5 6
3)	Half Whip & Throwout	<b>DVIDA Bronze Figure</b>	7
4)	Whip w/ Single Outside Spin	DVIDA Bronze Figure	10a
	Whip w/ Inside Turn	DVIDA Bronze Figure	12a
6)	Inside Whip	DVIDA Bronze Figure	12b
Syllabus			
	Whip w/ Double Outside Spin	DVIDA Bronze Figure	10b
	Arm Bar	DVIDA Bronze Figure	16a
3)	Outside Walking Whip* *Must be done with 8 count timing	DVIDA Silver Figure	4
4)	Wrap In – Wrap Out*	DVIDA Silver Figure	6
,	*May use the first 6 counts only		
<b>A</b>			
Syllabus			_
	Whip w/ Behind The Back Hand Change	DVIDA Silver Figure	2
	Single - Double	DVIDA Silver Figure	3
,	Wrapping Side Pass	DVIDA Silver Figure	7
4)	Rolling Off The Back Pass	DVIDA Silver Figure	11
		() (R)	