



Mountain Community Children's Centre

Family Newsletter

September 2017

2829 Wisemans Ferry Road

Mangrove Mountain

NSW 2250

Phone: 4374 1239

www.mountainchildren.com.au

E: mountainchildren@bigpond.com

News from Louisa ...

Staffing Changes

We firstly would like to welcome Hannah to the office. Hannah is settling in very well and it is a pleasure to work alongside her. We also welcome Ashley to the snake room. Ashley will be working 5 days per week until the end of the

year beginning in October. We farewell Kristy at the end of next week. We wish her all the very best for the birth of her baby in November. Kristy will be taking leave until January 2019.

Bunnings BBQ

We have successfully held our fundraising BBQ at West Gosford Bunnings on July 8. It was a great day and we managed to raise over \$2,000! This money has been used to buy new equipment such as easels and Lego for our Centre. Thank you to all families who so kindly helped on the day or donated boxes of soft drink.

We have booked another fundraising BBQ at Tuggerah Bunnings for Sunday 12th November. Stay tuned for more details! Help will be needed.

Father's Day Afternoon Tea

Thank you to all the fathers, grandfathers and important males who attended our afternoon tea. A very big thank you to Charlene for baking the cupcakes for the event.

Sunscreen and Protective Clothing

As the warmer weather is approaching we would like to remind you to apply sunscreen to your child either at home or upon drop off. We will reapply later in the afternoon when we go out again. Please also ensure your child is wearing protective clothing that covers necklines and shoulders. We also recommend longer shorts or skirts to protect your child's skin from the sun.

Sharing your skills or talents

Do you or someone in your family have a skill or talent that you could share with the children? This could be playing an instrument, cooking, gardening or anything else you could tell the children about. We would love to have you join us and share this talent with the children. We love supporting and encouraging our partnerships with families.



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News from Louisa ... (cont.)

Donations of old dolls

If you have any old dolls that you are happy to donate to our Centre, please bring them in. The children would love to play with them outside.

Country Fair

Please check your child's lunch box for a note with information about the upcoming Country Fair on October 21st.

Casey's Toys Erina

We will be holding a fundraiser night at Casey's toys at the end of October. On this evening to store will be open to families of the centre to purchase Christmas gifts. A percentage of the sales on the night will go to the centre. We will advise of the date once confirmed and let you know. Save your Christmas shopping for this evening.

If I can be of any assistance, please do not hesitate to come and see me. Or if you would like to contribute in any way to the experiences with the children please come and see me or email suggestions to louisa_f@bigpond.com.

Kind Regards

Louisa Foxford

Nominated Supervisor

Casual Educators

Casual educators required for Mountain Community Children's Centre. Essential Formal Qualifications required either Early Childhood Teacher, Diploma or Certificate III in Children's Services. Or working towards any of these qualifications. Need to be available to work Monday to Friday, between the hours of 7.30am and 5.30pm. Working with Children Check Reference Number essential. Experience with working with children under 6 years of age (in a centre based environment) preferred. Email mountainchildren@bigpond.com or call Louisa on 4374 1239 for enquiries.



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Joey's Room News ...

Room Leader – Mary Todd (Monday to Friday), Trainee - Alison Monaghan (Monday to Friday), Kristie Rahkola (Monday, Tuesday, Wednesday and Friday), Casuals – Emily Carter and Kat Burke

Welcome to Adrian, Bentley, Scarlett and Vienna who have recently joined our Joey family. We are looking forward to spending many fun filled days with you!

Now that the warmer weather is finally here, we are working hand in hand with our families to achieve that final push to get our older children into undies. We are also starting to encourage some of our younger children to start to sit on the toilet. If you are interested in toilet training your child and would like our help, please speak to one of our educators (if you have not already done so!).

Also as the weather is warming up, can you please make sure that there are shorts and t-shirts in their bags so we can change them if needed. Thankyou.

In the Joeys Room, we have been learning about colours. To build upon this we have focused on a particular colour each week. During this time, we have spoken about the colours Red- which we made red lady beetles and flowers, Yellow- where we made yellow chickens and glued feathers on them, Orange- where we made handprint crabs, Blue- where we made paper plate fish.

The children were really interested in the fish, so we started the sea creature theme. The children loved playing in the sand inside while finding shells and sea creatures! We also brought in a blue boat for them to pretend to fish for sea creatures.

As we are now in spring, it is time for our silkworms to wake up and hatch. The past two weeks we have had the children come with us and help pick the mulberry leaves off the tree to feed the silk worms. Some of the children have even wanted a little hold of a silkworm.

We are now learning about Farm Animals. Our Joey's are loving the song 'Old MacDonald Had a Farm'. They have started making sheep, cows, ducks and will soon be making dogs, chickens and pigs!

We love our families being involved in our room so please, if you would like to share your time, an interest, hobby or skill with us, we would love to hear from you!

Regards! Mary, Ally and Kristie.



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Lizard Room News ...

Room Leader – Belinda Stark (Monday to Friday), Rhiannon Hines (Monday to Friday)

We would like to welcome the following new Lizards to our room: Callie, Zoey, Keira, Scarlett, William and Sophie. They have been settling in beautifully and it's been a pleasure to have them play and learn with us.

The Lizards were learning about space the last month. We painted a big rocket ship and dressed up as astronauts as we flew and talked to each other from the space control.

We made a big sun and moon for our wall, painted our astronauts, planets and even made some balloon aliens! We learnt the planet names through reading stories and reading information about reading information about them on posters and on the computer.

We also made our own smaller rocket ships and UFOs with aliens!

Lately we have been doing a little bit of cooking. A big thank you to Tjundamurra's nanna for donating ingredients for us to make biscuits!

With the weather warming up we have been talking about wearing hats with the children and putting on sunscreen when we go out to play. If you could please assist us with this when you drop your child off that would be greatly appreciated.

Easel painting has been popular after we got a new easel for our room. The children have been excitedly waiting to have a turn.

Bye for now,

Belinda and Rhii



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Snake Room News ...

Room Leader - Kathy Rawsthorne (Monday to Thursday), Kristy Hirons (Tuesday to Friday)

We had a wonderful Father's Day afternoon tea at the Centre - Thank you to all our dads and granddads who were able to attend. We hope all our wonderful fathers and father figures had a nice, relaxing Father's Day and enjoyed your well-deserved presents.

We currently have a fantastic hospital dramatic play set up in our home corner. This was in response to our children's interest in doctors and nurses, as well as our friend Annalise's mummy having a baby in hospital and our friend Leonard having a small procedure in hospital. The children are having a wonderful time dramatizing being doctors, nurses and patients. They are taking such good care of each other's illnesses and injuries. To tie in with our play activities, we were very lucky to have Charlie's Dad "Doctor Tom" come to preschool to talk to the children and give them a demonstration, on medical things. He discussed bones, illnesses and listened to heart beats with his stethoscope. He also bandaged up arms and heads of willing patients, and even put plaster casts on broken arms! The children thoroughly enjoyed this doctor demonstration and afterwards were seen practising their medical skills on each other. Thank you Doctor Tom!

Earlier this month we enjoyed an exciting Superhero Week to raise money for Muscular Dystrophy Australia. Everyone had fun wearing their special favourite dress ups. Thank you to everyone that donated!

At the moment we are observing our newly hatched silkworms on our silkworm nature table. We are hoping to observe them grow through their lifecycle to become silk moths. The children are enjoying watching their (very slow) growth as they learn all about life cycles.

We would also like to congratulate Annalise and her family on the arrival of her new little brother Joseph!

Kristy is finishing up in our room for now to begin her maternity leave as she awaits the arrival of her new baby. We are all very excited to meet the baby! We wish her and her husband Michael and big brother Leonards all the best for this new precious addition to their family!

Kathy will be absent from our room for 4 weeks as she will be away on holidays.

Our wonderful educator Ashley, who the kids are very familiar with, will replace Kristy while she is away.

Until next month,

Kathy, Kristy, Louisa and Ashley



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News from the Office ...

Hi everyone!

I'm Hannah and was lucky enough to be offered the position of Administration Officer at your wonderful Centre and have been working here since mid August. I have 2 children (6 and 9) myself and just love children so this is the perfect work environment for me! I have really been enjoying chatting to the gorgeous children at the Centre and have been receiving some beautiful artwork ☺

I've had the pleasure to meet many of you already as well, if I haven't, please feel free to drop into the office on a Monday, Wednesday or Friday for a chat! Also, if you ever have any questions, please feel free to drop in, call or send me an email to mountainchildren@bigpond.com and I will help you as best and quickly as I can.

IMPORTANT REMINDER: Immunisation

Please remember to provide us with an updated immunisation history statement when your child's has their next immunisation. This is a statutory requirement.

Also, if your child's immunisation is not up to date, your child care benefit will be cancelled and the government does not back pay until the end of the financial year. You will be liable for paying full fees during this time.

Make Up Days

We do offer make up days, at our discretion and if available, in the event of a public holiday being on a day your child is regularly booked into the Centre. Please note that these make up days are subject to availability and all requests for make up days need to be made in writing and have to be sent to the office. We have to follow this process to avoid overbooking in any of our rooms. Thank you for your understanding!

Pockets in rooms

Could you also please check your child's pocket on pick up from the Centre as we leave notes and forgotten items in there from time to time.

Kind regards,

Hannah



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Dates for your Diary ...

SEPTEMBER

Monday 25th September to 6th October – School holidays (Centre Open)

OCTOBER

Monday 2nd October – **CENTRE CLOSED** for Labour Day Public Holiday

Monday 16th October – Committee Meeting, 7pm

Saturday 21st October – Country Fair

NOVEMBER

Monday 6th November – Friday 10th November – Photo Week

Sunday 12th November – Bunnings Tuggerah BBQ fundraiser

DECEMBER

Monday 4th December – End of Year Concert

Tuesday 12th December – Graduation Afternoon

Friday 22nd December – Last Day the Centre is open in 2017

Monday 25th December – January 15th, 2018 – Christmas Holidays, **CENTRE CLOSED**

The first day the Centre will be open in 2018 is Tuesday January 16th

Management Committee News

Next Committee Meeting

Monday 16th October 2017

7pm

All welcome to attend!

All of the cakes for our special occasions here at the Centre are donated by...

Dolce Charlene Catering

Dolce Charlene can cater for all your special occasions

PH: 4374197

MOB: 0428741130

Email: charlene.xuereb@bigpond.com



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COMMUNITY NEWS

Beach Safety Advice from Surf Life Savers Lizzie and Luke

- Always swim at patrolled beaches between the red and yellow flags.
- Always swim or surf with other persons so someone can help if an accident occurs.
- Don't underestimate the surf conditions.
- Dial 000 for emergency services.

LIZZIE AND LUKE ARE BACK ON SURF PATROL, STARTING 23RD SEPTEMBER.



www.lizzieandluke.com



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Circle of Security



A RELATIONSHIP BASED PARENTING PROGRAM FOR CAREGIVERS

Topics Include: Exploring Your Children's Needs, Understanding How to Help Build a Solid Emotional Foundation With Your Child, How to Create a Secure Attachment With Your Child, How To Be a 'Bigger, Stronger, Wiser and Kind' Caregiver.

Starting 27th October – 1st December 2017 – Friday's 10.00am-12.00pm

(6 Week Program) at Kariong Neighbourhood Centre, 10 Langford Drive, Kariong

Morning tea provided; childcare available (\$5 per child per session)

BOOKINGS ESSENTIAL

To register for this course, please phone 4340-1585 or email ccfss@ccfss.com.au





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When: Wednesday's 25 October, 1, 8, 15, 22, and 29 November 2017

Where: Wyoming Women's Health Centre,
37 Maidens Brush Road, Wyoming

Time: 10am - 12pm

Limited Free childcare available for a gold coin donation;

Bookings essential

Participants will need to complete a pre-group interview



To register, please contact
Central Coast Family Support
Services on 4340 1585 or
ccfss@ccfss.com.au





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NSW Early Days My Child & Autism Workshop

When: Thursday 7 December 2017 9:30am-2:30pm

Where: Peninsula Community Centre (Training Room 5), 93 McMasters Rd, Woy Woy 2256

Early Days Workshops are designed for parents and carers with a child (aged 0-7 years) who is (or may be) on the spectrum



My Child & Autism Workshops focus on:

- Understanding autism: Identifying the characteristics of autism and helping you to understand how it may be affecting your child in everyday life
- You Make the Difference: Identifying ways you can promote your child's learning and development at home.
- Early Intervention: Discussing what Early Intervention is and how to get the most out of it, including looking at the evidence and decision making process

My Child & Autism Workshops are:

- Scheduled regularly throughout Sydney and regional NSW
- Facilitated by qualified professionals with backgrounds in providing services, advice and supports to families of children on the spectrum
- For small groups of 6-20 people
- **Free of charge – all attendees will receive a range of resources**
- Run within school hours
- Not able to provide childcare

To make an enquiry or to register for a work shop, please contact us on:

(02) 8977 8353

edworkshops@autismspectrum.org.au

The NSW Early Days program is funded by the Department of Social Services (DSS) under the Helping Children with Autism Package.



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Small changes,
big differences.



FREE Triple P 2- 8 Years Group Program

conducted by **Central Coast Family Support**

Come along and learn from the program and each other

Be the Best Parent You can be....

With Triple P – Positive Parenting Program

Triple P is a parenting program for all families that provides practical answers to everyday concerns.

Families NSW is offering Triple P to all families with children aged 2-8 years.

Venue: Woy Woy Schools as Community Centre (in the grounds of Woy Woy Public School), Blackwall Road, Woy Woy

When: 5 Wednesday sessions in Term 4, 2017;

1st, 8th, 15th, 22nd, and 29th

November 2017 (5 weeks)

Time: 10am to 12pm

BOOKINGS AND INFORMATION



LIMITED FREE CHILD CARE AVAILABLE

Free morning tea provided

To register for this Group please call

4340 1585 or email; ccfss@ccfss.com.au



FAMILY SUPPORT SERVICES

www.triplep.net



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PRE KINDY PHYSICAL LITERACY PROGRAM

BALANCE IN
LEARNING, LIFE
AND PLAY

EXCITING NEW PROGRAM
FOR 3 TO 5 YEAR OLDS!

- Improved physical confidence
- Fun and engaging activities
- Team interaction
- Balance and coordination
- Meeting new friends



Express interest on
our website to
request an area near
you!

We hope to expand this new program, so please
visit www.internationalfootballschool.com

For more information contact
servet.uzunlar@internationalfootballschool.com



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Join our NPWS Discovery team and discover the unique and beautiful Hunter Central Coast these Spring school holidays. Loaded with fun activities in nature.

There is something for everyone

Bookings and information:

Bookings are essential for all NPWS Discovery tours.

For more information or to book, please contact:

Jo Marks
Discovery Coordinator
discoverycentralcoast
@environment.nsw.gov.au or
phone 02 4320 4240

Tours are suitable for kids aged 5-12 years.

Please note children are to be supervised at all times. Please wear fully enclosed shoes, bring a hat, sunscreen, drinking water, snacks and a sense of adventure.

WilderQuest Aboriginal Art Tales Wednesday 27 & Wednesday 4 October

Easy Grade

Appreciate stories of a practicing Aboriginal artist and be inspired by the significance nature brings to his art. Learn about how plants, animals and the earth are intertwined into his artwork. Create your own bush artwork to take home.

Date: Wednesday 27 September
Location: Somersby Falls
Picnic Area, Brisbane Water
National Park
Time: 10.00am – 12.00pm
Cost \$ 15.00 per child

Date: Wednesday 4 October
Location: Bateau Bay Picnic Area
Wyrabalong National Park
Time: 10.00am – 12.00pm
Cost \$ 15.00 per child

WilderQuest Wildflower & Wildlife Detectives Friday 29 September

Easy Grade

Join a morning of spotting native wildflowers in bloom, learn about their pollinators and the magic of spring. We will also watch out for whales on their migration south and learn about their amazing long journey home as they return to Antarctica.

Date: Friday 29 September
Location: Pelican Beach,
(Off Wilford Barrett Drive,
Magenta)
Wyrabalong National Park
Time: 9.30am – 11.00pm
Cost \$ 15.00 per child

