

STAND...

AGAINST SEXUAL VIOLENCE



- Be informed and educate yourself by attending workshops and seminars on sexual violence.
- Talk to your children about healthy sexual boundaries especially if there is a history of sexual violence in the family. Talk about the difference between good touch and bad touch.
- Don't participate in crude jokes about sexual violence. It's not a laughing matter!
- Stop victim blaming! No one asks or deserves to be sexually assaulted. Place responsibility where it rightfully belong – on the offender who made the choice to offend.
- Support and encourage survivors to seek professional help and recovery services in order to promote emotional healing.
- Speak up and don't remain silent when you encounter acts of sexual violence. It's a criminal act.



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(Serving Dallas County and all surrounding cities)
Located in DeSoto, TX – Post Office Box in Red Oak, TX

800.513.2450

Visit our website to learn more
about our mission in the community

www.ariseintl.org

STAND WITH US FINANCIALLY

Make donations on our website via PayPal

Make check payable to ARISE! International, Inc
and mail to the above address.

*ARISE! International, Inc is a 501 (c) 3 nonprofit
organization and donations are tax deductible as
permitted by law*

National Sexual Assault Hotline
Confidential – Free – 24/7
800.656.4673 (HOPE)

National Suicide Prevention Lifeline
Services provided 24/7
800.273.8255

Dallas Area Rape Crisis Center
24-Hour Local Hotline
972.641.7273



A PLACE OF HOPE AND HEALING
HELPING SURVIVORS OF SEXUAL VIOLENCE HEAL

APRIL

Sexual Assault
Awareness Month

TOGETHER WE CAN END
SEXUAL VIOLENCE

VICTIMS OF SEXUAL VIOLENCE ARE:

- 3 times more likely to suffer from depression
- 6 times more likely to suffer from Post Traumatic Stress Disorder (PTSD)
- 13 times more likely to abuse alcohol
- 26 times more likely to abuse drugs
- 4 times more likely to contemplate suicide

STATISTICS BY WWW.RAINN.ORG

What is Sexual Violence?

Sexual abuse is any sexual activity (verbal, visual or physical) engaged in without *consent*, which may be emotionally or physically harmful and which exploits a person in order to meet another person's sexual or emotional needs.

Shelter from the Storm® - Hope for Survivors of Sexual Abuse



Consequences of Sexual Violence

There are many consequences to sexual violence as there are survivors but the most common are:

- misplaced guilt and shame
- unresolved anger
- confusion
- low self-esteem
- fear and anxiety
- depression
- controlling behaviors
- loneliness
- numb (suppression of feelings)
- distrust of people

Common Myths about Sexual Violence

- **MYTH:** The child or youth is at fault for allowing sexual abuse to happen.
TRUTH: Adults are responsible for their own behavior. A child or youth is never responsible for behavior displayed by an adult.
- **MYTH:** Family sexual violence is an isolated one time incident.
TRUTH: For most victims, the abuse continues for years. In most cases, the offender will not stop until there is an intervention.
- **MYTH:** Perpetrators of sexual assault come largely from certain races or backgrounds.
TRUTH: Men and women of all races, ethnicities, ages, sexual orientations, economic and social classes are represented among offenders.
- **MYTH:** It's not sexual violence if the couple is dating or married.
TRUTH: Unwanted sexual activity in any relationship qualifies as sexual assault.

About Us

ARISE! International, Inc (Adults in Recovery and Informed Against Sexual Exploitation) is a faith based nonprofit organization registered in the State of Texas in 2007.

Our mission is to help adult survivors of childhood sexual abuse heal. We are committed to STAND against sexual violence by providing recovery support groups to help survivors begin the journey toward emotional and spiritual healing from the devastating effects of being sexually exploited.

ARISE! International, Inc serves female clients ages 18 and older. On average we will support 32 clients annually through our support groups.



Client Services

Shelter from the Storm®
Christ-Centered Support Groups
Semi-annual Spring and Fall semesters

Resources

Referrals for professional counseling, legal and social services, crisis hotlines and faith based ministries

Relationships

Building a community network of over comers

Community Education/Outreach

Presentations on sexual violence awareness, prevention and recovery