



Is your family involved or has ever been involved with Children's Division/Department of Child & Family Services (CD/DCFS)?  Yes  No

If yes, explain: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Name of CURRENT Household Member Age Relationship

Name	Relationship	Age

**Education/Academic History:**

Education History to date:  GED  High School Diploma  Trade/Technical School

Some College  Associate's Degree  Bachelor's Degree  Master's Degree or Above

Other: \_\_\_\_\_

If still attending school, current school attending:

School Name: \_\_\_\_\_ Location: \_\_\_\_\_

Academic history, please explain (behavioral problems, academic struggles, involvement with school activities, etc.), \_\_\_\_\_

\_\_\_\_\_

**Work History:**

Are you currently employed?  Yes  No

Name of Company: \_\_\_\_\_ Position: \_\_\_\_\_

Years with employer: \_\_\_\_\_ Work satisfaction: \_\_\_\_\_

Additional work hx: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Childhood Relationships:**

Were you a victim of emotional, physical, or sexual abuse? Yes No

Expalin: \_\_\_\_\_

\_\_\_\_\_

Did you witness any emotional, physical, or sexual abuse as a child? Yes No

Expalin: \_\_\_\_\_

\_\_\_\_\_

Did you experience any interpersonal discord/ trauma that caused distress to you as a child? Yes No

Expalin: \_\_\_\_\_

\_\_\_\_\_

Were you able to make and maintain friendships as a child? Yes No

Expalin: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Adult Relationships:**

Was anyone emotionally, physically, or sexually violent or abusive to you as an adult? Yes No

Expalin: \_\_\_\_\_

\_\_\_\_\_

Have you experienced any interpersonal discord that have caused distress as an adult? Yes No

Expalin: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Substance Use History:**

Alcohol and Drug History :( Please list age when started and types of substances used through the years and current usage) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you or anyone else ever felt you should cut down on your drinking or drug use? Yes No

Have you ever participated in substance abuse treatment?  Yes  No

If Yes, Where? \_\_\_\_\_ When? \_\_\_\_\_

Family history of substance usage?  Yes  No

Explain: \_\_\_\_\_  
\_\_\_\_\_

**Military History:**

Have you ever served in the military?  Yes  No

Branch of Service: \_\_\_\_\_ Dates of Service: \_\_\_\_\_

Discharge Status: \_\_\_\_\_ Have you seen combat activity?  Yes  No

**Lifestyle:**

What activities do you enjoy in your free time? (exp: exercise, music, crafts, sports): \_\_\_\_\_

Please identify positive supportive relationships in your life currently?

Are you involved in community or self-help groups?  Yes  No

If yes, list groups: \_\_\_\_\_

What are your religious background and/or spiritual beliefs? \_\_\_\_\_

Are you active or still participate in these spiritual practices?  Yes  No

Please indicate what your strengths are:

**Legal History:**

Have you ever been arrested and/or charged with any crimes?  Yes  No

If yes explain: \_\_\_\_\_

Current Court Involvement:

None  DWI/DUI  Probation  Parole  Pending Charges  Lawsuit

Restraining Order/Order of Protection  Separation/Divorce

**Mental Health Treatment History:**

Have you had previous counseling, psychotherapy, or psychiatric care? Yes No

If yes, describe past treatment history, including dates, providers, types of services received, diagnoses:

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Have you been diagnosed with any mental health disorders? Yes No

If yes, what:

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Have you ever had thoughts of suicide? Yes No Attempted suicide? Yes No

If yes explain, \_\_\_\_\_

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Do you currently or have a history of self harm behaviors (cutting, burning, etc)? Yes No

Explain: \_\_\_\_\_

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What mental health concerns do you have?

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Family history of mental health? Yes No

Explain: \_\_\_\_\_

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**Medical History:**

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Date of Last Physical Exam: \_\_\_\_/\_\_\_\_/\_\_\_\_

Primary Care Physician: \_\_\_\_\_ Physician Phone Number: \_\_\_\_\_

Psychiatrist: \_\_\_\_\_ Psychiatrist Phone Number: \_\_\_\_\_

Indicate any medical conditions currently affect you:

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Please list all prescription medications, over the counter medications, and supplements you are currently taking.

Name	Dosage	Frequency	Start Date	Prescribing Physician	Purpose of Rx

Do you take your medication as prescribed?  Yes  No

**Current Treatment Needs:**

What triggered you to seek counseling services now?

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What do you hope to accomplish with counseling? (List three specific goals for yourself):

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_