

OUR LADY OF LOURDES, ROTTINGDEAN and ST. PATRICK'S, WOODINGDEAN



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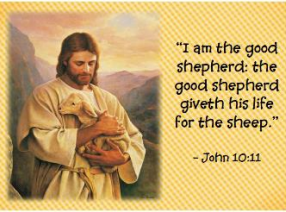
The Parish is part of the Diocese of Arundel & Brighton Diocesan Trust Registered Charity No.252878

PLEASE NOTE that due to COVID-19, the celebration of Mass in our church will take place without a public congregation. For the time being, masses including those requested for your intentions, will continue to be celebrated in private. Re: Live Streaming from OLOL – there have been difficulties with the Internet connection during some Masses. Every effort is being made to rectify this.

PLEASE CHECK THE PARISH WEBSITE REGULARLY FOR ANY UPDATES

Services and Intentions

THE WORD WHO IS LIFE

Sunday 26 April	6.30pm (Sat.) 10.30am	Vigil Mass Third Sunday of Easter	People of the Parish Laurie McCahill R.I.P. (A)
Monday 27	9.00-9.55am 10.00am	Adoration Mass	Celebrant's Intention
Tuesday 28	9.00-9.55am 10.00am 10.30am-12.30pm	Adoration Mass <i>St. Peter Chanel</i> Eucharistic Adoration	Fr. Charles Jeffries R.I.P.
Wednesday 29	9.00-9.55am 10.00am	Adoration & Morning Prayer Mass <i>St. Catherine of Siena</i>	Fr. Patrick O'Brien R.I.P.
Thursday 30	9.00-9.55am 10.00am	Adoration Mass <i>St. Pius V</i>	Welfare of Maureen Garson
Friday 1 May	9.00-9.55am	Adoration Mass <i>St. Joseph the Worker</i>	Recently Deceased Parishioners R.I.P
Sunday 3 May	6.30pm (Sat) 10.30am	Vigil Mass Fourth 'Good Shepherd' Sunday of Easter	Peter Sharp and Sr. Margaret Kelly R.I.P. (A) People of the Parish
	***THURSDAY 30th	7.00PM - Mass from Arundel Cathedral	Celebrated by Bishop Richard **(Live Streaming)**

Please Note: - There will be EVENING PRAYERS at 7.00pm on – Monday, Wednesday and Friday.
Please remember in your prayers Mary Timlin, Theresa Burnett-Lloyd, Veronica Wishart, Peter Sharp, John Cheong, Aidan Power and Kay Tidbury who have died recently R.I.P. May they rest in peace.
 Please also remember their families at this time.

"If I had been there I would have recognised Him -OR would I?"

Today we have one of the loveliest stories of an 'encounter' with the Risen Christ in Luke's account of the two disciples on the road to Emmaus. When Luke wrote his Gospel about 50 years had passed since the death and resurrection of Jesus. I am sure that those who read his account might have looked back enviously at those who had the good fortune to have seen the Risen Lord with their own eyes. We might think likewise. However, we see in Luke's account that those who were the fortunate ones on the road to Emmaus, and others who had the privilege of seeing the Risen Lord did NOT, in fact, recognise Him. Jesus had to 'explain' the Scriptures to them and they only recognised Him when 'the bread was broken'. Those who lived in the early Christian years had the very same means of recognising the Lord - the Scriptures and the Breaking of the Bread. Of course, Christians ever since have had the same opportunity 'recognising / knowing' Christ – in the Eucharist, which includes the Scriptures and 'breaking of the Bread'. That is why the present situation, through we are living, is so difficult for so many people who cannot receive the Lord, as they are accustomed to do. Our hope is that our faith will sustain us at this present time and that when a solution is found and we will, once again, be able to meet in our Churches to be nourished by the Word of God and receive the 'Bread of Life'. Meanwhile, let us sustain one another by praying for each other.

***To Help us the Vatican has published a Prayer Book for the present situation – it is Free to download on the Vatican Website – OR Google the Title – *Strong in the face of Tribulation* - Fr. Benny



PLEASE PRAY for all our sick parishioners who are in nursing homes or housebound, listed in our chapels, but especially for Alison and David Stainthorpe, Sami Ghazal, Sophie Reilly, Ann Chapman, Fr. Douglas Perkins, John Heal, Sandra Waugh, Eileen Cross, Carole Goudy, Victor Hopkin, Eileen Noakes, Una McLaughlin, Veronica Westbury, Keith Francis, Patricia and Joe Collins.

Please let Fr. Benny know if you would like a name added.

Very many thanks to Ian Watson who has made it possible for us to have mass on line at Our Lady of Lourdes. The link for live-streaming is <https://www.youtube.com/channel/UCc4VXBr3EOa43nCxxzB-Edw>

*****Volunteers for SVP Food Parcel Delivery Service** The SVP would like to thank the two volunteers who have offered to help with the delivery of food parcels to the elderly and isolated in the Woodingdean, Bear Road and Moulscombe areas. Your kind offers are very much appreciated.

SVP Help Line During this period many people need our support and help. If you know of anyone who needs help, the SVP are on hand to look after the needs of our neighbours, be it shopping or giving support and advice when necessary. Please contact Ann Knox on 01273 301252, e.mail: john273knox@gmail.com

MEAL DELIVERY SERVICE A Group, involving Fr. Benny and Fr. Anthony, have organised a distribution service of hot lunches (£6 per head) on Tuesdays, Wednesdays and Thursdays initially. If anyone is interested, please ring Ann (301252) or Eve (303126). The meals will be delivered to your door by a volunteer group.

Visits to the Sick/Hospital/Housebound: If you know of anybody who is sick please contact the Parish Office with details.

Weddings, Baptisms and First Holy Communion – These celebrations to be postponed until a time that allows for families and friends to gather safely within our churches.

MASS INTENTIONS Thank you for your mass intention requests. Masses continue to be said without a public congregation but we are fortunate to be able to follow mass with Fr. Benny through live-streaming: <https://www.youtube.com/channel/UCc4VXBr3EOa43nCxxzB-Edw> Your intentions are listed each week in the newsletter, which is posted on our website: www.ololandstp.org

The website, www.ChurchPaper.co.uk, contains the latest editions of the following newspapers:

- A&B News
- UCM News (Union of Catholic Mothers)
- Reach - Catholic Schools Paper

Knowing that the Mass is being celebrated; joining in spiritually in that celebration; watching the live-streaming of the Mass; following its prayers at home; making an act of spiritual communion: this is how we share in the Sacrifice of Christ in these days. These are the ways in which we will sanctify Sunday, and indeed every day.

An Act of Spiritual Communion is the best way for union with Christ.

*My Jesus, I believe that you are present in the Most Holy Sacrament
I love you above all things and I desire to receive you into my soul
Since I cannot at this moment receive you sacramentally
Come at least spiritually into my heart
I embrace you as if you were already there and unite myself wholly to you.
Never permit me to be separated from you. Amen. St. Alphonsus Liguori*

*******MAGNIFICAT – UNIVERSE – CATHOLIC TIMES – TABLET -BIBLE ALIVE – MY DAY by DAY**
If you regularly purchase any of the above in the Church Porch and would like to continue to receive the latest editions – YOU CAN EITHER: Pick them up from the steps by the Presbytery/Parish Office Door. Alternately, if you are unable to collect please leave a message on the Parish Office Phone (01273 302903) with your Name/Tel No and Address- OR send an e-mail to: ololandstp@outlook.com with these details and Newspaper or Booklet you request will be sent to you via Royal mail.

*****SEE PARISH WEBSITE -www.ololandstp.org FOR ALL UPDATES**

Cardinal Nichols on 'Easter Duties' and the forgiveness of sins

At this time, we are coming nearer to Holy Week - to that most important week in our year. The week in which we celebrate with real solemnity, the final events of Our Lord's life. His entry into Jerusalem, His last supper with His apostles, His death on the Cross on Calvary, His entombment; and, of course, the glorious Resurrection of our Saviour from the dead.

Now, this year, with great distress and sadness, we know we will not be able to come together to celebrate these great days and we will have to do the best we can by the means that are at our disposal.

Now, I want to talk about a very important aspect of this.

You will know that it is an obligation on all Catholics to fulfil what is known as their 'Easter duties'. This is to receive Holy Communion at Easter time, or thereabouts, and it's often coupled, with the desire or the need to go to the Sacrament of Reconciliation.

I want to say with all clarity that this obligation is removed from us this year - in the same way as it is not an obligation on us to attend Mass on Sunday, because these circumstances make it impossible. So, too, the obligation to our Easter duties is removed.

I would not want anyone to be burdened by the thought they are failing to fulfil their Easter duties. You are not. Now, also at this moment, we can recover another part of our Catholic tradition, a bit like the act of spiritual communion, which comes to our aid in times of great distress and difficulty.

It is the teaching of the Church that the Lord, in His mercy, will forgive our sins, even our grievous sins if we cannot go to Confession - go to the Sacrament of Reconciliation - as long as we make what is termed a perfect Act of Contrition, and resolve to confess our serious sins when we next have the opportunity to do so.

As I say, this is part of a deep Catholic tradition. It's not something new thought up for these very difficult circumstances.

So let me explain a little more.

What the Church teaches us, is that God in His mercy, forgives our sins when we are truly sorry for them. And when we turn to Him and express our sorrow in an Act of Contrition, it's called an Act of Perfect Contrition when its focus is on the mercy and the love of God rather than on the burden of our guilt.

So to make an act of Perfect Contrition, we simply need to turn to God and be, as it were, overwhelmed by God's mercy, and then express in our own words or in the words of the traditional Act of Contrition, the sorrow we feel for our offences against the goodness of God.

When we do that in all sincerity of heart, we may rest assured that God forgives our sins and that we come away from that Act of Perfect Contrition freed from those sins.

And, as I say, the only thing we have to remember is, when it is possible to make a Confession again, that we mention the grievous sins which were forgiven by this Perfect Act of Contrition.

You might say, well, why do we have to go to Confession and name our sins?

Part of the reason is often we don't really own them until we name them. And in the act of naming our serious sin, then we take hold of them and hand them over to Jesus on the Cross, because he takes on the burden of our sin. And we, for our part, when we have that opportunity, name it to the priest who is there representing the person of Jesus and his mercy.

So we can approach Easter with a clear conscience.

And we can make use, under these extreme circumstances, of this great tradition of the Church. Through it, the Lord forgives our sins that we may enter fully into the joy of the Resurrection.

Let us just pray for a moment.

Lord,

I am sorry for the times I have sinned against you.

*I am sorry because I've offended your infinite goodness
because I've turned my back on you.*

I ask your forgiveness now.

Embrace me in your mercy.

*Out of your love that I may pick up again in full joy,
the call of discipleship to follow your son, Jesus Christ,
who lives and reigns forever and ever. Amen.*

Coronavirus indulgences evoke Francis' 'ridiculously-pardoning' church

This article appears in the [Coronavirus](#) feature series. [View the full series.](#)

ROME — Announcement of the Vatican's offering of new plenary indulgences to those around the world affected by the coronavirus may have left some Catholics asking, "We still do that?"

The answer is yes. And theologians say the move, made [in a March 20 decree](#) from the apostolic penitentiary, shows a seemingly unprecedented level of pastoral care for those who suffer from the virus — especially those who may die in isolation without being able to receive final rites.

Jesuit Fr. James Corkery, an Irish theologian at the Pontifical Gregorian University, said the decree fits with Pope Francis' vision for a "merciful, welcoming, 'ridiculously-pardoning' church.

Special Indulgence for the COVID-19 Pandemic

During these extraordinary days, we know that the ways in which we normally experience the working of grace through the Church have largely been suspended.

We cannot be physically present at Mass; the Sacrament of Reconciliation is almost impossible because of closed churches and social distancing and even the anointing of the sick and dying may be severely curtailed. However, through all of this Christ never abandons his people and all the baptised continue to make up the Body of Christ. To assure people of the certainty of grace and mercy, even without the normal recourse to the Sacraments the Holy Father has granted the gift of a *Plenary Indulgence* to all those affected by the Corona Virus in various ways. This extends to those suffering from the virus, their families, Healthcare workers and the general Faithful who are concerned at this time.

This moment of grace is an opportunity for us to be more completely free from the effects of sin. It can encourage us on our pilgrim path through these difficult times as we are assured of the Lord's healing, forgiveness and the promise of Eternal Life. The requirements for the Indulgence, which are set out in the Decree are gentle and achievable and form a wonderful opportunity for us simply to pray for each other at this time. Now across the world, when people are *staying apart to draw together*, we can all draw together across the Universal Church in this powerful act of Faith and Hope.

MASSES – LIVE STREAMING

[Our Lady of Lourdes & St. Patrick's](#) - SEE INFORMATION ON OUR WEBSITE

Link: <https://www.youtube.com/channel/UCc4VXBr3EOa43nCxxzB-Edw>

APOLOGIES for difficulties with this service – every effort being made to rectify the problems

[St Mary of the Angels, Worthing](#) - you can access an online Mass responses sheet [here](#).

[St Dunstan's, Woking](#), [Sacred Heart, Hove](#), [Sacred Heart, Caterham](#), [St Paul's, Haywards Heath](#) will be streaming via Facebook, their page can be accessed [here](#). [Christ the Prince of Peace, Weybridge](#)

Additional services will also be available further afield: [The Shrine of Our Lady at Walsingham](#) offers a 12 noon online Pilgrim Mass each day, a selection of previously recorded services and a [prayer request](#) facility.

[Church Service TV](#) provides live streaming from churches around the country. [Heavensroadfm.com](#)

Pope Francis on the importance of 'COMMUNITY – TOGETHERNESS' *'They (early Christians) went as a body to the temple every day but met in their houses for the breaking of bread; they shared their food gladly and generously; they praised God and were looked up to by everyone. Day by day the Lord added to their community those destined to be saved.'* AA 2:46-47

Extract from his Homily (17th April), in which the Holy Father reflected on how the Apostles and disciples were **with** Jesus, **in** community, **not** isolated, and how in this way, the Apostles' familiarity with the Lord had grown. *"We Christians too, in our life's journey are in this state of walking, of progressing in familiarity with the Lord,"* Francis said, noting being Christian requires a daily familiarity with the Lord. The Pope reminded how they ate **together**, spoke **together**, and spent quality time **together**. This familiarity of Christians with the Lord, Francis said, is **always of community**. *"Yes, it's intimate, it's personal but it's in community. A familiarity without community, without Bread, without the Church, without the people, without the Sacraments,"* Francis stressed, "is dangerous."

*"It could become — let's say — agnostic familiarity, a familiarity only for myself, detached from the people of God. The Apostles' familiarity with the Lord was always that of community, it was always at table, sign of community; it was always with the Sacrament, with the Bread." Pope Francis went on to analyse how we are 'together' spiritually, but not really together, and that the people connected with their priests and bishops only have Spiritual Communion. "And this," he underscored, "isn't the Church: **this is the Church of a difficult situation, which the Lord permits, but the ideal of the Church is always with the people and with the Sacraments — always.**" **They knew it was the Lord, they shared everything: the community, the Sacraments, the Lord, peace and celebration.**"*