



The TMDC Bomb Squad All-Star Cheer

Season 6 *#Essent6ial*

Building up our teams mentally and physically. They are ESSENTIAL!

This season will be O' so #Essen6tial

Tryout: June 20th

Novice Teams- Ages 3-6: No evaluation or tryout needed

Elite Teams- Ages 7-15: Must attend tryout

- ☐ Weekly tumbling included in Tuition Cost!
- ☐ Reduced try-out fee and monthly tuition for returners!
- ☐ Sibling discounts on monthly tuition! (Just ask)

Yes, This is a **BIG** packet!

It is **BIG** and **#Essen6tial** because
TMDC has coaches with **BIG** hearts and
BIG expectations.

The TMDC All-Star Cheer Team is essential and is a BIG DEAL to the coaches, cheerleaders, and the families that participate!

There will be trophies, secret hashtags, hard work, relationship building, goals reached, and lessons learned. Your child will be pushed to their limits and your child will be loved. All of that comes with a **BIG** commitment to your athlete and to your family.

We want to make sure you know exactly what you're committing to before you commit. Please look over the following commitments with your athlete.

COMMITMENT CONTRACT

AS AN ATHLETE, I AM AGREEING TO:

- I CAN PARTICIPATE IN OTHER EXTRA-CURRICULAR ACTIVITIES, BUT MY ALL-STAR TEAM COMES FIRST.
- Commit to my TMDC team for a full season. I will be at all practices, activities, and camps up until the end of the season (Awards Ceremony).
- COMMUNICATE WITH MY COACHES IF I HAVE QUESTIONS OR NEED HELP
- BE ON TIME, OR EARLY, TO ALL PRACTICES AND EVENTS
- Do my best for myself and my team; always give 110%
- Treat all teammates like sisters!
- Not post anything inappropriate on my social media accounts
- PRACTICE BOTH INSIDE & OUTSIDE THE GYM TO BE SUCCESSFUL

ATHLETE SIGNATURE: _____

AS A PARENT, I AM AGREEING TO:

- A _____ financial commitment
- Bring or arrange a ride for my child to all practices, including extra practices, competitions, and activities, even when he/she is sick unless he/she is contagious
- Be my child's cheerleader, supporter, and motivator!
- Understand that this is a business, therefore it is important to pay on time and nothing is personal
- Let the coaches coach! Trust and support their decisions.
- Make sure my child is on time to all practices and events!
- Communicate with MY child's coaches when you have questions or concerns
- Uphold TMDC All-Star Cheer Team policies. However, most of the policies are covered in this packet. Read it in its entirety.

PARENT SIGNATURE: _____

All commitments are further explained through the pages of this packet. Read every word of each page and initial the bottom right corners so that we know you fully understand the commitment. As stated previously, it's a big deal. If there are any concerns or questions, please contact Coach Tavena directly by email: tmitchell@tmdanceandcheer.com or phone: 844-863-2669 x1.

IMPORTANT TEAM DETAILS:

- **WHEN/WHERE do I register for the team?** You register online at www.tmdanceandcheer.com under the “Register Now” tab. It will require that you create a profile and will allow you to make the tryout fee payment.
- **What should my child wear to practices?**
 - The grey TMDC apparel suit
 - or
 - Black T-shirt or tank-top (solid black, no writing please)
 - Black Cheer Shorts (no design)
 - Cheer Shoes (if you have them) or Running Shoes (if you do not have cheer shoes)
 - Single, High Ponytail (bow or ribbon, optional)

* Jeans, really loose-fitting items, beads, barrettes, flat bottom shoes (Jordan’s, Converse, etc.) are not acceptable.
- **How much do I have to pay to start the team? You are required to pay 1st monthly tuition and all competition-ready fees until to date.**
- **When is my next payment due?** Please see the “2020-2021 TMDC Bomb Squad Payment schedule on Page 16.
- **What is the best way to communicate with my head coach and team?** Please download the Band app on your phone. We will send you an invitation to join the TMDC Bomb Squad Cheer Team group. This is where we will find posted team updates and schedules. You may also direct message your head coach for questions or concerns.
- **Are there any additional fees outside of the payment plan listed above?** Yes, there are additional fees. The payment plan does not include national fees, etc. When we are selected for nationals then we will communicate what the additional fees are. You will also be responsible for a competition snack week, late fees, absent fees, etc. **All additional fees are REQUIRED!!!**
- **One parent of each selected participant must attend mandatory parent meetings.** A parent is REQUIRED to attend the first parent meeting. The participant will not be considered for the team until a parent has met with Coach Tavena Mitchell. Parents are only allowed to miss 3 parent meetings throughout the season without penalty. **EACH MISSED PARENT MEETING MUST BE COMMUNICATED PRIOR TO THE PARENT MEETING DATE.** All additional meetings missed will result in a \$40 fine.
- **Team decisions and individual placements will be left to the coaching staff and will be final!**
- **Contact Coach Tavena Mitchell by email at tmitchell@tmdanceandcheer.com or phone (844)863-2669 x1. for additional questions or concerns.**
- **WELCOME TO THE TMDC FAMILY!! Your 1st day of practice is Wednesday, July 1st, 2020**



WELCOME to the TMDC FAMILY

Greetings Future TMDC Parents and Cheerleaders,

Thank you for your interest in the 2020-2021 TMDC Bomb Squad All-Star Cheer Team! At TMDC the mission of our all-star cheer program is to provide quality training to youth ages 3-15. Our focus is to create a village and a FAMILY for our parents and cheerleaders. We do this by embracing our students' abilities, developing and building confidence, and inspiring them to maximize their fullest potential. By the end of the season, your cheerleader will learn the importance of commitment, hard work, challenging themselves mentally, physically, and emotionally and teamwork. Our company is dedicated to helping today's youth grow into the best cheerleaders and responsible individuals they can be! We are a competitive cheer team, we have fun, but are disciplined in meeting our goals.

It is very important that you understand that All-Star (competitive) cheerleading is absolutely a sport and will require a strong commitment of time, money, and communication. It is advised that you take this into careful consideration as you read the following information and make your decision about joining our team! The success of our program is dependent on how we work as a cheer FAMILY (Coaches-Cheerleaders-Parents)! Be sure to read the packet in its entirety to get a better understanding of our All-Star Team program details and requirements. If you have any questions, feel free to contact us!

Cheerfully,

Tavena Mitchell
TM Dance & Cheer (TMDC)
tmitchell@tmdanceandcheer.com
(844)863-2669

COMPANY BACKGROUND

Staff

TM Dance & Cheer is a USASF Certified gym! Our coaches are dedicated to the growth and development of the *whole* child and have experience in teaching, coaching and physical skill training. Reliability is a priority at TMDC, as we recognize the value and importance of your time. We strive to create and maintain trusting relationships with our students (and parents) by being personable and doing everything possible to meet our company's expectations. We are boiling over with excitement and can't wait to bring out the champion in your child this season!

Chain of Command

When asking questions and/or expressing concerns, please follow the chain on command. This will help our communication process go as smoothly as possible to better serve you. **Communication is ESSENTIAL! Please do not hesitate to ask about anything you are unsure of or have questions about, but please refer to this packet first. The coaches' best communication methods are the BAND Group and email during the season (be sure to download the Band Group app on your phone). Please allow a 24-48 hours grace period for a response. All communication between staff and parents is expected and required to be respectful.**

Disrespect of any kind will not be tolerated and will be reprimanded by fines or dismissal from the team. There will be no refund or transfer of funds if you and your cheerleader are dismissed from the team. The parent will also be responsible for the remainder of the season fees.

Please contact TMDC staff in the order that follows:

Team Coordinator- Coach Hoover

Head Coach- Coach Tavena

Coach - Morgan McKinnon

Coach- Nathan Graves

Coach- Erika Pettway

Important Note: The coaches make **ALL** final decisions. Parents are allowed to make suggestions for season details, but these ideas may not be implemented if the coaches and CEO do not feel that it is the best fit for the TMDC All-Star Cheer Team Program.

Coach Contact Information:

Name: Coach Hoover

Title: Team Coordinator

Email: @tmdanceandcheer.com

Phone: (844)863-2669 x0

Name: Tavena Mitchell

Title: CEO

Email: tmitchell@tmdanceandcheer.com

Phone: (844)863-2669 x1

Gym Location:

TM Dance & Cheer

152 Selig Dr. SW, Suite A, Atlanta, GA 30336

INTRODUCTION

Welcome to the TMDC Family! This handbook is to provide information to parents and their cheerleaders on the expectations of participants in the TMDC All-Star Cheer Program. Cheerleaders and their parents who are accepted for the TMDC's Cheerleading Teams must be in agreement with all guidelines and must adhere to these guidelines during their tenure on the team. The guidelines mentioned in this handbook may be subject to change. In this case, written notification will be given to parents to acknowledge any season program changes.

□ Organizational Structure

The TMDC All-Star Teams must not exceed 25 members each. There will be one head coach and a number of assistant/volunteer coaches. **Each team member will go through a probationary period of one (1) month. NO MEMBER'S POSITION ON THE SQUAD IS GUARANTEED PERMANENT. Changes to a member's position may be changed at any time.**

Parent/Guardian Initials _____

□ Eligibility

All program members must adhere to the following guidelines:

- Members must attend and participate in all practices, TMDC activities, performances, events, etc. They also must have the following on file prior to participation in program activities:

- ✓ TMDC Team Contract (July 15th)
- ✓ Birth Certificate (July 15th)
- ✓ Online ICLASSPRO Account (ASAP)
- ✓ Credit Card Authorization Form (July 15th)
- ✓ Athletic Physical completed by a licensed physician (July 15th)

All documents are due by July 15th, 2020!

Parent/Guardian Initials _____

□ Season Timeline

The Novice (ages 3-6) cheer season term is from July to January.

Competition period: Novice cheer competitions start at the end of November and continue through January. This is considered crunch time! Therefore, there may be extra practices scheduled to assure that the teams are well prepared for their performance. All participants are required to be at the regular and extra scheduled practices.

The All-Star (ages 7-15) cheer season term is from July to May.

Competition period: All-Star competitions start at the end of November and continue through May. This is considered crunch time! Therefore, there may be extra practices scheduled to assure that the teams are well prepared for their performance. All participants are required to be at the regular and extra scheduled practices.

Parent/Guardian Initials _____

☐ Probationary Periods

All team members will start the season on a one-month probationary period where coaches will evaluate their behavior, ability to follow directions, skill development, performance effort, and knowledge of the current skills being taught. At the close of this probationary period, parents and team members will be notified via a written notice from the coaches on the cheerleader’s strengths and weaknesses. Areas of concern will be discussed and the coaches will state their expectations for improvement. Failure to meet these expectations may result in the following occurrences for the cheerleader:

- ☐ Selected to fulfill the position of an alternate for a given performance
- ☐ Removal from the team

No one’s position is permanent or guaranteed in this program’s cheer team. Positions can change on a daily basis at the coaches’ discretion. It is up to the cheerleader to put their best foot forward and meet the expectations given by the coaches to maintain or improve their position on the team.

Parent/Guardian Initials _____

☐ Practices

Each team will have at least 2 days of practice per week which will include tumbling. All practices are private. Parents and siblings will be allowed to watch their child practice from the parent viewing room but will not be allowed to enter the gym /practice area. **There is a fine of \$25 if a parent enters the gym without the permission of a coach.** We will also have mandatory parent viewing days. This is where parents will come into practice to see what their cheerleader has worked on and where they need improvements. Practice schedules will be available once your cheerleader is placed on a team.

Cheerleaders must arrive at practices on time, wearing proper practice attire:

- ✓ **Designated TMDC practice wear**

The practice wear will have to be ordered. Therefore, it will not be available for the beginning of the summer. Cheerleaders are required to wear the following until practice wear arrives.

- ✓ Black fitted t-shirt, tank top, or sports bra
- ✓ Black leggings, shorts or fitted pants
- ✓ Socks
- ✓ Cheerleading or running shoes
- ✓ No jewelry
- ✓ No food, drinks, or gum
- ✓ Hair should be pulled back out of the face and eyes (i.e. ponytail)
- ✓ Water bottle (filled with water)

Parent/Guardian Initials _____

☐ Water and Restroom Breaks

Cheerleaders will be given the opportunity to drink water and use the restroom prior to the start of practice if they are early. Periodically during practice, breaks will be given for them to drink water and use the restroom. However, restroom breaks should not happen more often than once per practice unless there is a medical issue. **If a cheerleader needs extra water or restroom breaks, they may request that with the coach; however, it will be at the coach's discretion if the permission is granted.**

Medical issues dealing with additional water and/or restroom breaks, outside of what has been outlined above should be discussed with the coach by the parent (prior to practices, competitions, and performances). **A doctor's note will be requested.**

Parent/Guardian Initials _____

☐ Uniforms

Uniforms are purchased by the parents but ordered by TMDC. **We will have a mandatory uniform and practice wear fitting day. Parents are required to be in the room with their cheerleader during the practice wear and uniform fitting. Your cheerleader will receive the size that the parent orders. We will not switch around sizes. If a parent wants a different size once the uniform and practice wear items arrive then they will have to communicate and arrange it with another parent or purchase additional items. TMDC will not be responsible for uniform or practice wear after they are ordered on the uniform fitting day.** Please speak with the coach about special washing/cleaning instructions. A program member must not wear team practice wear, cheer shoes, or any part of their uniform anywhere outside of the performances and competitions specified by the head coach. Uniform shoes must be clean at all times. Cheerleaders are not allowed to loan out any piece of their uniform to anyone without permission from their coach. The team jacket is considered to be part of your cheer wardrobe and should not be worn by anyone other than the program member to whom it was assigned to or for anything other than the program activities.

It is the cheerleader's responsibility to keep her/his uniform in good condition throughout their tenure on the team.

Parent/Guardian Initials _____

☐ Choreography

CHOREOGRAPHY WEEK/WEEKEND IS MANDATORY FOR ALL CHEERLEADERS!

Check the calendar for Choreography Week dates. During this week, your cheerleader will learn their performance routine including tumbling passes, stunts, pyramids, and dance. **It is a given fact that the routine will change throughout the season.** Different skills will be implemented as the cheerleaders increase their skill level.

Parent/Guardian Initials _____

☐ Competition/Performance Policy

Placement for performances and competitions will be based on participation, ability, and effort. The head coach will do evaluations a week prior to the performance. If a member does not have the routine clean enough for performance, they will be asked to sit out of the performance. Placements are not permanent and may change at any time at the coach's discretion. **If your child is removed from a performance they are still required to attend practices to observe changes. The cheerleader will also be required to attend the performance to support his or her cheer sisters.**

The Novice team will attend 2-4 competitions and the Elite teams will attend 4 to 6 USASF sanctioned competitions. All but the final competition will be local (within 2.5 hours of travel). The Elite's last competition may be located out of state. Details will be given later in the season. This and all competitions are mandatory. TMDC does not cover transportation to or from competitions, nor do we pay for any hotel stays. These fees are to be paid by the cheerleader's parents. **Competitions occur on the weekends (Saturday & Sunday). If a competition happens to start on a Friday, you will be notified in advance.** Specific competitions for the 2020-2021 season have not yet been selected. You will receive a tentative schedule during the month of August. Parents are required to attend or designate a chaperone for their cheerleader at competitions.

Parent/Guardian Initials _____

☐ **Accommodations & Hotel**

Accommodations & hotel payments for travel events are the responsibility of each individual family.

Parent/Guardian Initials _____

☐ **Transportation**

Program members must be picked up on time from practices, competitions, and any other performances. It is not the coaches' responsibility to take members of the cheer team home after practices or events.

If your cheerleader is being picked up by someone other than the parent/guardian, the parent/guardian must notify the coach at least the day before. It is the parent's responsibility to make sure that their cheerleader's rides know where and when to pick them up.

Parent/Guardian Initials _____

☐ **Absences**

One person being absent affects the entire team. It is important not to inconvenience the practice time and hard work of the entire team by being absent.

Absences should be avoided when possible. Requests for an excused absence must be done at least seven (7) days in advance to allow coaches to make adjustments to routines and practice schedules. The absence will not be excused if it is not reported (in writing) seven (7) days prior (unless it is an emergency such as contagious sickness). Absences due to contagious illness must be excused by a note from a doctor.

A notice is not official unless it is submitted to the head coach via email, text messages, and voicemails. Absence notices in person will not be counted as an official notice and the head coach reserves the right to not excuse any absence that she/he does not see as reasonable.

The unexcused absence penalty is a demerit and a \$40 fee. We do not excuse absences DURING THE WEEK OF COMPETITION for any reason including sickness. Absences during competition week will result in a demerit, \$25 fee, and removal from that performance. If your child is removed from a performance they are still required to attend practices to observe changes. Understand that the

coaches must make the best decision for the ENTIRE TEAM. The cheerleaders must be in attendance at practice to get the best results at competition.

Practice **BEGINS** at the start time. Therefore, cheerleaders must be in the gym ready to stretch at the time that practice starts and not walking through the door, using the bathroom, or getting dressed. If your cheerleader is not in the gym, then they will be considered tardy. Tardiness will result in a fine of \$1 per minute up to 20 minutes. This fine will max out at \$20.

Absences that will be excused	Absences that will NOT be excused
Contagious illness	Birthdays
School events that will affect grades	Out of town (July-May)
Death in your immediate family	Not having a ride
Out of town during the summer (May-June)	Stuck in traffic
Family emergencies (i.e. a parent being in ICU)	Not reading emails or BAND
	School events that do not affect grades (i.e. school dances)
	Feeling tired
	Not having clothes
	Too much homework

Missing practices with a valid excuse can still lead to the cheerleader being removed or replaced in a routine, position, or stunt, due to simply not being physically available to practice.

Parent/Guardian Initials _____

☐ Conduct/Discipline Policy

Our purpose is to help our cheerleaders grow by challenging them physically, emotionally, and mentally while enhancing their abilities and skills as all-star cheerleaders. One of our goals is to promote sportsmanship, lady/gentlemen-like qualities, and good self-esteem. All cheerleaders must display proper manners at all times. Each team member will be groomed for leadership and expected to set an example for their peers. They will be required to treat others as they would want to be treated and refrain from gossiping and forming cliques. They will be encouraged to focus on a positive attitude wherever they go. ***Cheerleading is not simply an activity; it is a state of mind.***

It is critical that the practice time allotted should be used wisely. Excessive talking, joking around, being disruptive or behaving disrespectfully towards coaches and/or team members will not be tolerated.

Parent/Guardian Initials _____

☐ Demerit & Fine Discipline System

Each case of discipline will be evaluated and judged individually. **The coaches have the final decision in any situation.** Every attempt will be made to discipline fairly/equally and to make consequences for

actions known ahead of time. Parents will be kept informed of problem situations. The severity or repeated offenses will dictate harsher actions.

Demerits and Fines will be used as a disciplinary tool. It is designed to provide a management system which provides demerits and penalties for rules that are broken. The system is in effect for all cheerleaders and may be given for practices and competitions. Most first offenses, depending on the severity, will be dismissed with a warning and a friendly reminder; other offenses will result in physical discipline (i.e. push-ups, running laps, wall sits, burpees, etc.) at the discretion of the coaches.

Demerit offenses can be, but not limited to:

- ✓ Not cooperating with coaches or captains
- ✓ Inappropriate language
- ✓ Unexcused absences
- ✓ Tardiness
- ✓ Improper attire for games and practices
- ✓ Disrespect shown to coaches, captains, faculty, staff, adult figures, and/or other team members, etc.
- ✓ Uniform inspection failed

Naturally, certain items (i.e. practice wear, socks, bows, shoes, etc...) will have to be replaced from season to season due to the fit and wear and tear. This will not result in a demerit. In this case the parent will be responsible for replacing the item by purchasing a new one immediately. Failure to replace this item immediately will result in a \$25 fine in addition to the cost of the item due to uniform inspection failure. All violations of the team rules will result in a \$25.

Violation (\$25) Examples
Unexcused absence see pg. 10 - \$40 fee for unexcused
Inappropriate or incorrect practice wear
Not having all competition items on competition days

A cheerleader will be removed from the team when he/she receives their 3rd demerit.

Parent/Guardian Initials _____

□ Program Fees

The TMDC All-Star Cheer Program is one of high quality. The coaches put forth an extensive effort to build and continue to develop a program that the company, parents, and cheerleaders can be proud of. Like in most cases, quality comes with a price. Prior to the start of each season, the coaching staff creates a plan and budget to meet the program's evolving goals.

All fees should be paid on your ICLASSPRO account. The "Monthly Fee" is separate from "Competition Ready Fees" and only includes 2 - 3 days of team training which will include tumbling training. The Competition Ready Fees will include items such as the competition uniform top and bottom, shoes, practice wear, warm-up book bag, competitions, etc.

Parent/Guardian Initials _____

o **Fee Due Dates**

A schedule of payments for fees including instruction, uniforms, activities, etc... are given at the beginning of the season. There may be unplanned or unforeseen fees that may occur in a season that was not originally presented to parents at the beginning of the season. If this occurs, the coaches will notify parents as early in advance as possible.

It is imperative that parents commit to paying fees by the set due date. Late payments will result in a \$25 fee. **All payments are nonrefundable. If you wish to pay all payments in advance, keep in mind that if your cheerleader is dismissed from the team for any reason, all payments are non-refundable and you are responsible for paying the remainder of the season fees.**

Parent/Guardian Initials _____

o **Fundraising Program and Fee**

We want to develop a program that is affordable for all members (current and potential) to be able to participate. However, as our program grows, our budget grows! In order to help alleviate program fees, we have implemented a “TMDC Fundraising Fee and Program”.

We have included an \$50 Fundraising Fee in your program fees. This will be used solely to cover costs in purchasing fundraising supplies that are needed before the actual sale; such as upfront cost to purchase materials/supplies from the company who we are purchasing the fundraiser from. Another way to alleviate program fees is the Fundraising Program. Whenever we have a TMDC sponsored event (such as our annual showcase), we will require each TMDC cheerleader to sell five tickets per event or pay the equivalent of the full price for the five tickets. For example, if we charge \$8 for the showcase and the minimum five ticket sales have not been met, you will have to pay \$40 to meet that program fee minimum. Keep in mind that prices of events vary and/or are subject to change. A payment plan (after fee due date) option will not be given to those who do not participate in the Fundraising Program and Fees.

Parent/Guardian Initials _____

o **Payment Plan**

If a parent is experiencing financial hardship and is unable to follow the payment schedule presented, they may reach out prior to due dates to the coach to set up a payment plan. This payment plan must be requested, approved, and signed by both parties at least one week prior to the payment due date. Failure to do so will result in the coach taking the following actions:

- (1) Adding additional late fees
- (2) Prohibit cheerleader from participating in performances and competitions
- (3) Exclude cheerleader from receiving tumbling or extra instructions
- (4) Removal of cheerleader from the team

Parent/Guardian Initials _____

o **Outstanding Fees**

Program fees that are not paid on time will result in an outstanding balance notification via email and a \$25 fee applied to your balance. There will be a 3 day grace period before the late fee is added. Unpaid fees will cause items to be held and/or the cheerleader removed from the team.

A cheerleader who has not kept their monthly fee current will not receive items until it is cleared. At the end of the season, if a cheerleader's account has not been cleared then they will not be permitted to try out for the next session. Balances must be cleared at least the day before the tryout. Parents must also provide proof of payment if the payment (i.e. copy of the receipt, or email notification). It is not the coach's responsibility to check on payments.

*In addition, if there is a sibling of a former cheer team member who has not cleared their program balance will not be selected for the team.

Parent/Guardian Initials _____

□ **Social Media**

Participants should not speak negatively of TMDC or its programs on social media. The team name and logo are not to be displayed on your personal social media accounts unless it has been approved and is used to promote a TMDC program implemented by TMDC staff.

Parent/Guardian Initials _____

□ **Use of the TMDC Logo**

The gym, team names, and gym team (s) likeness may not be used without written consent from the CEO, Tavena Mitchell. All items must be approved if a parent wants to use the company or team logo, teams names, or any company (TMDC or TMDC related) branding.

Parent/Guardian Initials _____

Team Fees

Fee Commitment/Requirements

This contract serves as an _____ financial commitment. The cheerleader's parent/guardian will be responsible for the monthly tuition and the competition ready fees. If the participant decides to quit or the cheerleader is removed from the team then the parent will be responsible for paying the remainder of the competition ready fees. These fees include but are not limited to processing and prepaid competitions and uniforms, camp, etc. Fee amounts and due dates will be **displayed on your IClassPro account and will be withdrawn automatically from the credit card you have on file. All participants must have a valid credit card on file and agree to automatic payments. The monthly tuition is always due on the 1st of the month and item fees are due on the 15th of the month.** All fees are non-refundable and non-transferable.

A mandatory Bank Account Authorization Form is attached to this packet and must be completed and returned at team selection. You are expected to update TMDC with any bank account/credit card changes. Invalid accounts and/or declined cards will result in team suspension.

For financial questions, you should contact Coach Tavena Mitchell. The Team Coordinator (Schaccoa Hoover) and/or your child's coach will NOT be able to advise you on this matter.

QUITTING AND/OR BEING DISMISSED FROM THE CHEER ALL-STAR PROGRAM: All payments are non-refundable and non-transferrable. If you choose to quit and/or if you are dismissed from the TMDC Bomb Squad Program (for any reason), there will be no refunds. Furthermore, you will also be held responsible for paying the remaining of the season's competition-ready fees.

TMDC reserves the right to charge the credit card on file for all remaining balances, on the same day you quit and/or are dismissed from the program.

Monthly Tuition

The monthly tuition is \$100/ month for prep team participants, \$135/month for new participants and \$115 for returning participants. Monthly Tuition is always due on the 1st of each month. The monthly tuition includes team training (2-3 days per week)which includes tumbling. It does not include uniform items (competition fees, competition top & bottom, practice wear, shoes, socks, bows, warm-up, or book bag, competition fees, choreography, music, etc...)

Parent/Guardian Initials _____

"Competition Ready" Fees

The "Competition Ready" fees are listed below and include all items needed for your cheerleader to attend and participate in all-star competitions. The item in the chart below listed "competition fee" will be pushed towards the end of the season. If competitions are canceled due to a pandemic such as COVID-19 then TMDC will stop competition fee payments and not charge for any competitions that occur during the duration of the pandemic. However, you will be responsible for the remainder of the fees listed below for the competition ready item fees.

Ages 3-6	
Item	Cost
USASF Registration	\$30
Competition Uniform	\$125
Choreography	\$100
Music	\$70
Bow	\$20
Competition Shoes	\$80
Competition Fee	\$200
Fundraising Fee	\$50
Bonding Fee	\$100

Ages 7-15	
Item	Cost
USASF Registration	\$30
Competition Uniform	\$225
Practice Wear	\$110
Choreography	\$120
Music	\$70
Bow	\$60
Competition Shoes	\$120
Book Bag	\$80
Make-up	\$60
Team Jacket	\$90
Competition Fee	\$500
Fundraising Fee	\$50
Bonding Fee	\$140

Sibling Discount

The Sibling Discount: \$15 off the monthly fee per sibling.

2020-2021 TMDC Bomb Squad Payment Schedule

This schedule is subject to change at any time

Monthly tuition includes team training and tumbling

All fees will not be prorated and are non-refundable and non-transferrable

<u>Payment</u>	<u>Due Date</u>	<u>New Member (Age 4-6)</u>	<u>New Members (Ages 7 & up)</u>	<u>Returning Members</u>
Season Term		July - December	July - May	July - May
Number of Competitions		2-4	4-7	4-7
Commitment/ Partial Competition Fee	Date will be determined when we are sure we can compete	\$300	\$350	\$325
1st day of official practice Monthly Tuition	July 1st	\$100	\$150	\$125
Competition Ready Fee	July 15th	\$125	\$160	\$140
Choreography Camp				
Monthly Tuition Fee	August 1st	\$100	\$150	\$125
Competition Ready Fee	August 15 th	\$125	\$160	\$140
Monthly Tuition	September 1 st	\$100	\$150	\$125
Competition Ready Fee	September 15 th	\$125	\$160	\$140
Monthly Tuition	October 1 st	\$100	\$150	\$125
Competition Ready Fee	October 15 th	\$125	\$160	\$140
Monthly Tuition	November 1 st	\$100	\$135	\$125
Competition Ready Fee	November 15 th	\$125	\$160	\$140
Holiday Event				
Monthly Tuition	December 1 st	\$100	\$150	\$125
Competition Ready Fee	December 15 th	\$125	\$160	\$140
Monthly Tuition	January 1 st		\$150	\$115
Competition Ready Fee	January 15 th		\$160	\$140
Monthly Tuition	February 1 st		\$150	\$125

Competition Ready Fee	February 15 th		\$160	\$140
Monthly Tuition	March 1 st		\$150	\$125
Competition Ready Fee	March 15 th		\$160	\$140
Monthly Tuition	April 1 st		\$150	\$125
Competition Ready Fee	April 15 th		\$160	\$140
	May 1 st		\$150	\$125
Total Cost		\$1,750	\$3,600	\$3100

***Returning members must pay for the following items: practice wear, competition fee, shoes, socks, choreography fee, competition fee, bonding fee, makeup, music, and bow.**

Your account must be current to get planned items and to order extra optional items. All extra items must be approved by the head coach. Extra items include, but are not limited to parent t-shirts, additional practice wear, book bag, etc.

Parent/Guardian Initials _____

PRACTICE REQUIREMENTS

All-Star Team Elite- School Year Schedule

- Team will practice 3 times per week which will include tumbling training. Tumbling times may change throughout the competitive year, as individual skills may advance/decline.
- Approximately team weekday practices will be any time between 5:30pm-9:30pm.
- Beginning the first day of scheduled choreography through the remainder of our school-year practice schedule, there will be no excused absences for team practices.
 - Exceptions-death in family, some sickness, mandatory school function resulting in an academic grade

All-Star cheerleading is a team sport in which 100% team attendance directly relates to a team’s progress, success and safety. Therefore, TMDC upholds a STRICT attendance policy. Please understand, even a few absences (or excessive tardiness) could jeopardize an athlete’s position on the team.

Parent/Guardian Initials _____

GENERAL PRACTICE INFORMATION

- Each TMDC Bomb Squad member will receive practice wear (cost included in yearly, team fees) After receiving, athletes are required to be in the correct outfit at all team and tumbling practices.
- Practice times may be added, extended, changed and/or canceled at various times throughout the year. There will be no additional costs for extra or extended practices and no discounts for canceled practices.
- **All team practices are mandatory, even extra practices.**
- **Cheerleaders will exercise (also known as conditioning) every practice. It is a requirement for the sport. There will be additional conditioning if the team is misbehaving. We will not always use our practice time if this occurs. Cheerleaders will sometimes have to complete the additional required conditioning after practice.**
- Your child’s “contact” coach is the only person that can excuse an absence or tardy.
- **If you will be late for any reason, you must notify your child’s contact coach BEFORE practice begins.**
- Tardiness is defined as “not being on the practice floor, ready to practice, when practice begins.”
- In the event of illness, notify your child’s contact coach. Your child may still be required to attend practice for stunt/choreography purposes.
- **Team practices & competitions are NEVER to be used as punishment for your child’s actions outside the gym.** Furthermore, “homework” is NOT an excused absence.
- Unless otherwise informed, team practices are always closed to parent, sibling, and friend observation.

Parent/Guardian Initials _____

FREQUENTLY ASKED QUESTIONS ABOUT ALL-STAR CHEER

What is a novice cheer team?

Novice cheerleading is a sport that combines stunts, jumps, and dance into a competition routine. A novice team comprises at least 5 team members. The team will receive a 1 1/2-minute routine in which they will perform against other teams.

What is all-star elite cheerleading?

All-Star cheerleading is a sport that combines tumbling, stunts, jumps, and dance into a competition routine. An all-star team comprises at least 5 team members. The team will receive a 2 1/2-minute routine in which they will perform against other teams.

All-Star cheerleaders do not cheer for other sports such as football or basketball. They exist solely to compete against other teams.

What is USASF?

The USASF is an All-Star Federation that is a governing body for all-star cheerleading and dance in the United States. The mission of the USASF is to support and enrich the lives of All-Star athletes and members. They provide consistent rules, competitive excellence, and promote a positive image for the sport.

What should you expect for tryout evaluation?

The tryout evaluations are a stress-free weekend where the coaches will evaluate each participant's skills, ability to retain information, and ability to learn quickly. After evaluations, each participant will be selected for a team.

Will all individuals that try out make a team?

No everyone that attends and makes the financial commitment will not make a team. All novice participants (age 3-6) will make the novice. However, participants that tryout for our elite teams (ages 7-15) must have at least a back bend and cartwheel.

Can my child participate in TMDC while participating on our school cheerleading teams?

We support our cheerleaders' involvement in other extracurricular activities, HOWEVER, it must not interfere with the requirements and commitment of TMDC. Participation in another extra-curricular activity will absolutely not be counted as an excused absence. All extra-curricular activities must be approved by the head coach.

What does my child wear to the try out evaluation?

All participants must come in TMDC apparel or a black t-shirt or tank top, black yoga pants or shorts, cheer, or running shoes, with hair pulled back in a ponytail with a hair bow. Participants should NOT have barrettes, beads, or ball ponytail holders in their hair.

What are the All-Star Cheerleading levels?

All-Star Cheerleading consists of 6 levels. Below you will find the USASF levels chart. TMDC predicts that we will have level 1 to Level 4.

USASF All Star Cheer CLUB Divisions for 2016-2017 By Level

USASF Club Level 1				
Level 1	Tiny	6 Yrs & Younger	Female/Male	5 - 32 Members
Level 1	Mini	8 Yrs & Younger	Female/Male	5 - 32 Members
Level 1	Youth	11 Yrs & Younger	Female/Male	5 - 32 Members
Level 1	Junior	14 Yrs & Younger	Female/Male	5 - 32 Members
Level 1	Senior	10 Yrs – 18 Yrs	Female/Male	5 - 32 Members
USASF Club Level 2				
Level 2	Mini	8 Yrs & Younger	Female/Male	5 - 32 Members
Level 2	Youth	11 Yrs & Younger	Female/Male	5 - 32 Members
Level 2	Junior	14 Yrs & Younger	Female/Male	5 - 32 Members
Level 2	Senior	10 Yrs – 18 Yrs	Female/Male	5 - 32 Members
USASF Club Level 3				
Level 3	Youth	11 Yrs & Younger	Female/Male	5 - 32 Members
Level 3	Junior	14 Yrs & Younger	Female/Male	5 - 32 Members
Level 3	Senior	10 Yrs – 18 Yrs	No Males	5 - 32 Members
Level 3	Senior Co-Ed	10 Yrs – 18 Yrs	1 or more Males	5 - 32 Members
USASF Club Level 4				
Level 4	Youth	11 Yrs & Younger	Female/Male	5 - 32 Members
Level 4	Junior	14 Yrs & Younger	Female/Male	5 - 32 Members
Level 4	Senior	10 Yrs – 18 Yrs	No Males	5 - 32 Members
Level 4	Senior Co-Ed	10 Yrs – 18 Yrs	1 or more Males	5 - 32 Members
Level 4	Open	17 Yrs & Older	Female/Male	5 - 32 Members
USASF Club Level 4.2				
Level 4.2	Senior	10 Yrs – 18 Yrs	Female/Male	5 - 32 Members
USASF Club Level 5 Restricted				
Level 5R	Junior Restricted	14 Yrs & Younger	Limit 0 – 4 Males	5 – 36 Members
Level 5	Senior Restricted	10 Yrs – 18 Yrs	Limit 0 - 4 Males	5 - 36 Members
USASF Club Level 5				
Level 5	Youth	11 Yrs & Younger	Female/Male	5 - 36 Members
Level 5	Junior	14 Yrs & Younger	No Males	5 – 36 Members
Level 5	Junior Co-Ed	14 Yrs & Younger	1 or more Males	5 – 36 Members
Level 5	Senior**	12 Yrs – 18 Yrs	No Males	5 - 36 Members
Level 5	Senior Small Co-Ed	12 Yrs – 18 Yrs	1 - 4 Males	5 - 20 Members
Level 5	Senior Medium Co-Ed	12 Yrs – 18 Yrs	1 - 8 Males	5 - 30 Members
Level 5	Senior Large Co-Ed	12 Yrs – 18 Yrs	1 - 18 Males	5 - 36 Members

What are the requirements for each TMDC Level?

Level 1

Tumbling- We require a backbend and a cartwheel for level 1. Cheerleaders on this team will learn the following tumbling skills: Cartwheel, Roundoff, Backbend, Back walkover, Front walkover.

Stunts-This team’s stunt skills will include thigh stands, below the waist level, and shoulder level two leg and assisted one level stunts.

Jumps- Jumps will include toe touches, pikes, and hurdlers.

Level 2

Tumbling- The tumbling requirement for Level 2 is a back handspring. There will be limited exceptions for this requirement. If a coach feels that a participant is more advanced in stunts and other skills, such as jumps, than a participant may be selected for Level 2. The coaches are the only individuals that can determine which team a participant is selected.

Stunts- This team’s stunt skills will include shoulder level A-stand, above the head (extension) A-stand, shoulder (prep) level one leg, and assisted one leg above the head stunts.

Jumps- Jumps will include toe touches, pikes, and hurdlers.

Level 3

Tumbling- The tumbling requirement for Level 3 is a running tuck. There will be limited exceptions for this requirement. If a coach feels that a participant is more advanced in stunts and other skills, such as jumps, then a participant may be selected for Level 3. The coaches are the only individuals that can determine which team a participant is selected.

Stunts- This team's stunt skills will include above the head (extension) one leg.

Jumps- Jumps will include toe touches, pikes, and hurdlers.

Parent/Guardian Initials _____

CREDIT CARD AUTHORIZATION
TM DANCE & CHEER CONSULTING, INC. (844) 863-2669

PAYABLE TM DANCE & CHEER CONSULTING, INC. (TMDC)

- Tryout Fee (Annual)
- Registration Fee (Annual, included in first month's tuition)
- Tuition (Monthly)
- Additional Tumbling, Stretch and/or Stunt Classes (Monthly, optional)
- Private Lessons (Weekly, optional)
- Item Fees

Monthly Tuition payments are always due on the 1st of each month. Items fees are due on the 15th of each month. All payments must be received within 5 days of the due date or you will be charged and held responsible for a \$25 late fee. The complete balance will be charged to the credit card listed below. All payments to TMDC All-Star Team payments can be made with ICLASS PRO and debit/credit card.

I understand that if my child is dismissed from the TMDC All-Star Team and/or chooses to quit a team (for any reason). I will be held responsible for all remaining tuition and team fund fees for the 2020-2021 competitive year (term listed below.) Furthermore, I also understand that if my child is dismissed from the TMDC All-Star Cheer Team &/or chooses to quit a team, TM Dance & Cheer Consulting, Inc. reserves the right to charge all remaining tuition and Team Fund balances to the card listed below, on the same day my child is released &/or quits a team.

I, _____, **HEREBY AUTHORIZE TM DANCE & CHEER, INC. TO CHARGE MY,**

AMEX DISCOVER MASTERCARD VISA (Circle One)

FOR ANY PAST DUE TUITION &/OR TEAM FUND AMOUNTS THROUGHOUT THE 2020-2021 COMPETITIVE CHEER SEASON.

SOCIAL SECURITY NUMBER: _____

BANK ACCOUNT NUMBER: _____ **ROUTING #** _____

I understand this card must remain valid throughout the entire term listed below or until all monies are collected.

Furthermore, I understand invalid accounts &/or non-working cards are the reason for team suspension &/or dismissal. I will notify TM Dance & Cheer Consulting, Inc. of any changes to this account. If I have a financial concern,

I understand I must speak with Coach Tavena Mitchell directly.

TERM: This authority is to remain in effect throughout the 2020-2021 competitive Cheer All-Star season (06/2020-05/2021), OR until all monies are collected by TM Dance & Cheer Consulting, Inc.)

CHEERLEADER NAME _____

PRINTED CARD HOLDER NAME _____

I am entering into this program and signing this contract of my own free will.

SIGNATURE _____ **DATE** ____/____/____

