

COLONOSCOPY PROCEDURE CHECKLIST

NAME: _____ SCHEDULED PROCEDURE ON : _____

SAN ANTONIO SURGICAL CENTER: 901 San Bernardino Rd, Upland CA 91786 ☎ (909)579-1500

SAN ANTONIO HOSPITAL: 999 San Bernardino Rd, Upland CA 91786 ☎ (909)920-4991

Special Instructions Before the Colonoscopy:

- STOP!** If you are taking any blood thinner such as **Aspirin, coumadin, Plavix, Xeralto**, and etc, **please stop taking medication 5 days before** your procedure, unless instructed otherwise.
 - STOP!** If you are taking **Phentermine**, you need to stop this medication 2 weeks before the procedure.
 - Pick up prescription at the pharmacy. Our office had electronically sent the prescription to the pharmacy on the day of consultation.
 - Fill out registration form given to you.
 - Register yourself online or via telephone. Instructions are enclosed with folder given to you.
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ATTENTION!! CLEAR LIQUID DIET A WHOLE DAY BEFORE EXAM!

- Start drinking 1/2 of the Laxative at 6 pm the night before your procedure.
 - Drink the other 1/2 of Laxative ON THE DAY OF EXAM, 6 hours before your **procedure time**.
 - Stop oral diabetes medications on the day of you liquid diet.**
 - Call the facility you are scheduled at to find out **what time you are supposed to arrive**. They usually call a day before your procedure before 4 pm.
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- You will need to have a driver on the procedure day. Cab driver or taking a bus are not allowed.
- You are NOT advised to go to work/ school after procedure due to sedation medication given to you.
- Don't forget to bring** the registration form and the package with you to the facility.
- We do not schedule the time, you have to call the facility you are scheduled at.

****Our office only schedules the DATE of procedure. the time will be assigned by the facility. PLEASE CALL THE FACILITY FOR THE TIME A DAY BEFORE THE PROCEDURE.****

ADDITIONAL INSTRUCTIONS:

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- _____