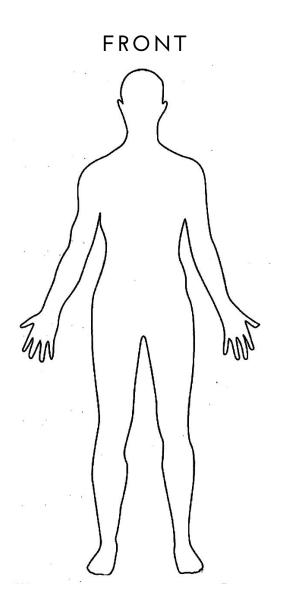
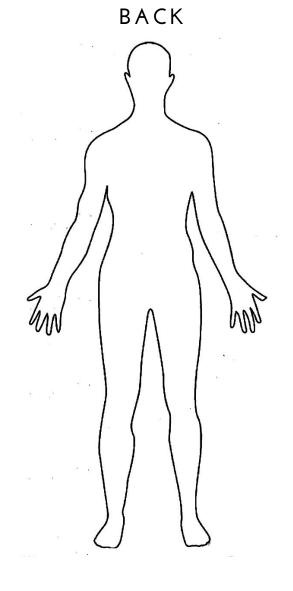
YOMASSAGE





Yomassage Poses

☐ Easy Seat	☐ Supported Side Bend
☐ Supported Squat	☐ Reclined Butterfly
☐ Wide Legged Forward Fold	☐ Spinal Twist
☐ Child's Pose	☐ Supported Bridge
☐ Prone Pose	☐ Final Relaxation

SOAP	Notes
30/1	110163

Client Name: _____ Date: ____