Whom ma	y we thank for	referring you to	this office	?





Today's Date:		Vita Chiropractic Cli			
	PATIENT DEMOGRAPHICS				
Name:	Birth Date: Age: Sex: Male/Female				
Address:	City:Sta	te:Zip:			
E-mail Address:	Social Securi	rty #			
Home Phone:	Mobile Phone: Work Pho	one:			
Do you have Insurance? Yes/ No, If	f Yes, Name of Insurance Company				
Marital Status: Single/ Married Em	ployer:Occupation:				
	Spouse's Employer				
Number of children and Ages					
the second secon	tact:Relati				
a facility for the Secretary from the control of th	entify the condition(s) that brought you to this offi se being no pain, rate your above complaints by cit				
Primary or chief complaint is	:0-1-2-3- 4-5-6-7-8-9-10				
Second complaints is	:0-1-2-3- 4-5-6-7-8-9-10				
Third complaint is	.0-1-2-3- 4-5-6-7-8-9-10	Mill Mill			
	:0-1-2-3- 4-5-6-7-8-9-10				
Do you get headaches? Yes/ No If ye	s, how often?	. \\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\			
	3	The same was the size of the s			
When is the problem at its worst? A	M / PM / mid-day / late PM	*PLEASE MARK the areas on the Diagra with the following letters to describe yo symptoms: R =Radiating B =Burning D			
How long does it last? It is constant / It comes and goes throughout the we	l experience it on and off during the day /	=Dull A= Aching N =Numbness S =Shar Stabbing T= Tingling			
What relieves your pain? Recumbend	d/Walking/Bending/Lift/Twist/Push/Pull/Driving/Nce/Medication/ Movement/ Rest/ Adjustment/ Ma	assage			
what relieves your symptoms?					
What makes them feel worse?					
Condition(s) ever been treated by any	yone in the past? No/Yes If yes, when:				
by whom? Ho	ow long were you under care?				
Name of Previous Chiropractor:					
LIST RESTRICTED ACTIVITY:	CURRENT ACTIVITY LEVEL:	USUAL ACTIVITY LEVEL:			

134	
	ntify any other injury(s) to your spine, minor or major, that the doctor should know about:
- <u>1</u> 40.05	
1000	
	PAST HISTORY
	e you suffered with any of this or a similar problem in the past? No / Yes If yes, how many times?  Episode? How did the injury happen?
	When was the last?
and r	who provided it? how long ago?
	t were the results? Favorable/ Unfavorable ,please explain
Pleas	se identify any and all types of jobs you have had in the past that have imposed any physical stress on you or body:
you	
If you	u have ever been diagnosed with any of the following conditions, please indicate with a P for in the Past,
Othe	nors _Rheumatoid Arthritis _Diabetes _Stroke _Fracture _Disability _Cancer r serious conditions: SE identify ALL PAST and any CURRENT conditions you feel may be contributing to your present problem
	HOW LONG AGO TYPE OF CARE RECEIVED BY WHOM
List:	
ANY DIGHTON	
List:	
od dis	EASES List:
od dis	
od dis	EASES List:
od dis	EASES List: ist: SOCIAL HISTORY
DD DIS EASES U	EASES List:  SOCIAL HISTORY  Smoking: cigars/ pipe / cigarettes  Daily/ Weekends/ Occasionally / Never
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DD DIS EASES U 1. 2. 3.	SOCIAL HISTORY  Smoking: cigars/ pipe / cigarettes Daily/ Weekends/ Occasionally / Never Alcoholic Beverage: consumption occurs Daily/ Weekends/ Occasionally / Never Recreational Drug use: How often? Daily/ Weekends/ Occasionally / Never How does your present problem affect the following: Hobbies -Recreational Activities- Exercise Regime:
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Patients Name: Date:
List Prescription & Non-Prescription medications you take:
_Pain Killers _ Muscle RelaxersBlood pressure medicationInsulin
_AspirinAcetominophenIbuprofen
_Other/Over-the-counter
REGARDING: X-rays/Imaging Studies
FEMALES ONLY please read carefully and check the boxes, include the appropriate date, then sign below if you understand and have no further questions, otherwise see our receptionist for further explanation.
Are you pregnant? Are you nursing?
The first day of my last menstrual cycle was on date
By my signature below I am acknowledging that the above information is correct. I understand the hazardous effects of ionization to an unborn child, and I have conveyed my understanding of the risks associated with exposure to x-rays. After careful consideration I therefore, do hereby consent to have the diagnostic x-ray examination the doctor has deemed necessary in my case.
Signed:Date:
Witness:
ACKNOWLEDGEMENT OF RECEIPT OF NOTICE OF PRIVACY PRACTICES
I understand and have been provided with a notice of information Practices that provides a more complete description of information uses and disclosures. I understand that I have the following rights and privileges:
The right to review the notice prior to signing this consent.
<ul> <li>The right to object to the use of my health information for directory purposes, and</li> </ul>
<ul> <li>The right to request restrictions as to how my health information may be used or disclosed to carry out treatment, payment, or health care operations.</li> </ul>
<ul> <li>Our office offers open adjusting areas, by signing below I am agreeing to be taken care of in this manner.</li> </ul>
If I choose not to sign below I will be given a private room.
Print name of patient Date

Signature of patient

## Informed Consent to Care

You are the decision maker for your health care. Part of our role is to provide you with information to assist you in making informed choices. This process is often referred to as "informed consent" and involves your understanding and agreement regarding the care we recommend, the benefits and risks  $\varepsilon$  sociated with the care, alternatives, and the potential effect on your health if you choose not to receive the care.

We may conduct some diagnostic or examination procedures if indicated. Any examinations or tests conducted will be carefully performed but may be uncomfortable.

Chiropractic care centrally involves what is known as a chiropractic adjustment. There may be additional supportive procedures or recommendations as well. When providing an adjustment, we use our hands or an instrument to reposition anatomical structures, such as vertebrae. Potential benefits of an adjustment include restoring normal joint motion, reducing swelling and inflammation in a joint, reducing pain in the joint, and improving neurological functioning and overall well-being.

It is important that you understand, as with all health care approaches, results are not guaranteed, and there is no promise to cure. As with all types of health care interventions, there are some risks to care, including, but not limited to: muscle spasms, aggravating and/or temporary increase in symptoms, lack of improvement of symptoms, burns and/or scarring from electrical stimulation and from hot or cold therapies, including but not limited to hot packs and ice, fractures (broken bones), disc injuries, strokes, dislocations, strains, and sprains. With respect to strokes, there is a rare but serious condition known as a cervical arterial dissection that involves an abnormal change in the wall of an artery that may cause the development of a thrombus (clot) with the potential to lead to a stroke. This occurs in 3-4 of every 100,000 people whether they are receiving health care or not. Patients who experience this condition often, but not always, present to their medical doctor or chiropractor with neck pain and headache. Unfortunately a percentage of these patients will experience a stroke. As chiropractic can involve manually and/or mechanically adjusting the cervical spine, it has been reported that chiropractic care may be a risk for developing this type of stroke. The association with stroke is exceedingly rare and is estimated to be related in one in one million to one in two million cervical adjustments.

It is also important that you understand there are treatment options available for your condition other than chiropractic procedures. Likely, you have tried many of these approaches already. These options may include, but are not limited to: self-administered care, over-the-counter pain relievers, physical measures and rest, medical care with prescription drugs, physical therapy, bracing, injections, and surgery. Lastly, you have the right to a second opinion and to secure other opinions about your circumstances and health care as you see fit.

I have read, or have had read to me, the above consent. I appreciate that it is not possible to consider every possible complication to care. I have also had an opportunity to ask questions about its content, and by signing below, I agree with the current or future recommendation to receive chiropractic care as is deemed appropriate for my circumstance. I intend this consent to cover the entire course of care from all providers in this office for my present condition and for any future condition(s) for which I seek chiropractic care from this office.

Patient Name:	Signature;	Date:	
Witness Name:	Signature:	Date:	