



A Blessing - Numbers 6:24-26

“May THE Lord bless you

And PROTECT you

May THE LORD smile on you

And BE GRACIOUS to you

May THE LORD show you

HIS FAVOR and

Give you HIS PEACE”

Daily Prayer MEDITATIONS



Dr. Janice Gilbert





Day 1 Scriptural Prayer

Psalm 73:28, But as for me,
it is good to be near God.
I have made them
sovereign Lord my refuge.
I will tell of all your deeds.

My Heavenly Father, I'm drawing near to You this morning. I know that's it's in my best interest got be guided and directed through the power of the word and the working of the Holy Spirit in my life. I draw near to You! I will meditate on the Word of faith by renewing my mind and allow it to dwell within me richly. Therefore, I'm able to move forward in strength and determination in Jesus name in spite of interruptions and corruption in Jesus name. It's Yours light Lord that continues to provide the radiance that's necessary to see the mine fields surrounding me; and to navigate with wisdom and discretion in all of my dealings. I decree and declare Your dominion and power is at work in me in Jesus name! Amen

Dr. Janice Gilbert
Pastor, Christian Life Purpose Coach



Day 14 Scriptural Prayer

Matthew 11:28-29, Come to me,
all you who are weary and
burdened, and I will give you
rest. Take my yoke upon you
and learn from me, for I am
gentle and humble in heart, and
you will find rest for your souls.

Heavenly Father, Here I am! I'm coming to You because I am burden by some cares and situations beyond my control; but Your word reminds me that You give me a (peace) rest that the world can not give and the authority to speak those things that be not as though they were. So right now I'm releasing these yokes of weariness, worry, irritation, fear and doubt in Jesus name, and taking up Your yoke of comfort and rest that results in the peace that surpasses all understanding. Thank you Lord that Your yoke replaces all of my cares as I now cast all of them upon You. Thank you Father that Your word reminds be that I don't have to be consumed with worries.

Hallelujah and Amen!

Dr. Janice Gilbert
Pastor, Christian Life Purpose Coach



Day 13

Scriptural Prayer

Psalm 91:9, Because you've made the Lord, my refuge, the most High, your place of residence- no evil will happen to you: no disease will come close to your tent. (Message Bible)

Heavenly Father, You are my refuge and my strong tower, my shield and my strength! Lord nobody but You can provide a safe haven for me in my time of need. Your love and Your protective blood is what consumes me, therefore no evil is able to penetrate the covering that you provide for me and my family in Jesus name. When I look out around me, seeing the deprivation and corruption, I can still seek comfort beyond what I see and feel in You. I know that You have set my head high above my enemies; putting a wall of protective covering as I draw near to You. I decree and declare that strength is all around me, that your banner of righteousness is waving on behalf of my defense. I decree and declare that faith overturns the schemes of the enemy, I decree and declare that I'm walking in favor and health beyond measure, I decree and declare the word of faith is bringing supernatural results into my life and the lives of those that I am commit to pray for. Lord I make You my refuge, the Most High my dwelling place. Amen

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Day 2

Scriptural Prayer

Psalm 27:13,14- But I have sure faith that I will experience the Lord's goodness in land of the living! Hope in the Lord! Be strong! Let your heart take courage. Hope in the Lord! (Messages Bible)

Yes, Lord my hope is in You! Heavenly Father I keep my focus straight ahead as I gaze with hopeful anticipation for gather victorious outcome. I know that the word tells me that every this is working together for my good according to Your plans. So Lord I have persistent faith in spite of my emotions that tend to vacillate depending on my current situation. However, Lord it's good to know that Your plan (s) far exceeds how I think or feel right time. I take courage in knowing that You are a rewarded of those who diligently seek after and inquire of You. Your benefits are priceless. Great is Your faithfulness.
Amen

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Day 3

Scriptural Prayer

Isaiah 50:4b-He (God)
wakens me morning by
morning, wakens my ear to
listen like one being taught.

Good Morning my Heavenly Father; Thank You for waking me on today with new mercies and grace. Please grant me Your guidance, strength and wisdom today to carry out the tasks and responsibilities set before me. I really do understand that it's not by my might and power, but by Your Spirit! Father quite my mind so that my ears can hear what the Spirit is saying to me in Jesus name. Help me through the rustle and bustle (eternal and external) to cast my cares upon You and to position or reposition myself accordingly. Father as I cast all of my cares upon You, I stand in sure faith, acknowledging You in all of my ways as You are directing my every step in Jesus name. Father help me to make any necessary shifts in my thinking and actions, so that evidence of Your power is displayed in me, flowing out to places and spaces where and when needed. I decree and declare that mercy and grace surrounds me. I decree and declare that peace and joy sustains me. I decree and declare that prayer and praise lifts me. And I decree and declare that the healing power of God is at work in me in Jesus name! I can do all things through Christ that strengthens me. Amen

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Day 12

Scriptural Prayer

Psalms 95:6-7, Come let
us bow down in worship,
let us kneel before the Lord
our Maker; For He is our
God and we are the
people of his pasture, the
flock under his care.

Mighty Father, My Shepherd, and Protector, I praise Your Name! I humble my heart, bow my head and bent my knees in humble adoration to You this morning! You are great in all your ways I can't thank you enough for keeping and caring for me every step of the way! In my distress I called upon You and You were there. Always providing the care that none other could provide during this time of my life. Thank You Lord for leading me in the paths of righteousness for your name sake. I will fear no evil because You are with me. I so appreciate your hand of mercy that is constantly navigating my purpose along with unfolding your plan for my life in Jesus name. Shepherd of my soul and spirit, thank You for new mercies and grace as I travel the journey of life today in Jesus name. Amen

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Day 11

Scriptural Prayer

Luke 18:1, Then He spoke a parable to them, that men always ought to pray and not loose heart.

Almighty Father, Creator and Strength! I will not loose heart as I see pervasive wickedness surrounding me. I see the heart of humanity growing colder by the day. In as much as I see with my eyes, I am intentional with praying without ceasing, giving thanks and making supplication in Jesus name. I call Heaven and the Kingdom manifestations into these earthly conditions. Lord let Your Kingdom Come and Your will be done on earth as it is in Heaven. I will press forward toward the mark of the higher calling in Christ Jesus that gives me the fortitude needed to continually press on. I will pray unceasingly and with purposeful intention, that is needed for deliverance and restoration in my life and in the lives of those whom I continue to pray for in Jesus name I will not become weary in well doing because God is my Strength and the Lifter of my head. Amen

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Day 4

Scriptural Prayer

Proverbs 29:11, Fools give full vent to their rage, but the Wise bring calm in the end.

Heavenly Father I'm so thankful this morning for another opportunity to be reminded that I am a wise person who brings calmness in my surroundings. Help me to manifests this calmness in how I communicate and interact in all of my dealings. Especially, when I am opposed and injustice is evident. I will cling and abide in the word, that produces the vial strength and courage I need to move forward in specific situations in the name of Jesus. As such, Lord I decree and declared that I'm a useful proactive tool not just in my personal life, but in the lives of others. Will keep the word in my heart so that I am empowered to see, respond and resolve issues beyond the the trouble and conflict that I may face. I will operate with purposeful intention that brings results in my situations, knowing Lord that You are my very present help in time of need. I now call on an apply the protective blood over Jesus! I plead the blood of Jesus of my mind, over my family, over my health and welfare, over my environment and work place and over my conversations in Jesus name! Thank you Lord that goodness and mercy is following me throughout this day. I can do all things through Christ who strengthens me. Amen

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Day 5 Scriptural Prayer

James 4:7-8b - Submit yourselves, then to God. Resist the devil, and he will flee from you. Come near to God and He will come near to you.

Heavenly Father, my heart is so opened to You today. I draw near to You! Lord order my steps in the paths of righteousness for Your name sake. As I place one foot before the other, as I regulate my thoughts, strategize my task and gain my composure, fill me with supernatural strength and power from above. And let Your will be accomplished in me on earth as it is in Heaven! Now, Lord as I draw near to You, I can and will resist the tactics of the enemy, using spiritual weapons where I build myself up in my most holy faith. This faith I will use as my weapon to diffuse the wiles of the enemy in Jesus name! Lord stand in Your power and might. Amen

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Day 10 Scriptural Prayer

Luke 18:1, Then He spoke a parable to them, that men always ought to pray and not loose heart.

Heavenly Father, Thank you that You go before me making the crooked places straight. I am reminded that you are with me. Your word tells me that I need not be afraid or terrified because of people, opinions, circumstances or any tragedies that comes my way in Jesus name. My faith is continuing to come by hearing and applying the word that contains the truth for my living. I decree and declare that as I speak words of faith in my circumstances, it is my evidence of thing yet seen. This shield of faith surrounds me as I stand courageously today in Jesus name.

I decree and declare that the power of the word is going out to the places intended; because my effectual prayers are at work in and for me and cannot return unto You void. Oh Bless Your Holy Name!

Heavenly Father, I am strong in the power of Your might. Amen

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Day 9

Scriptural Prayer

Proverbs 4:23, Above all else, guard your heart, for everything you do flows from it.

Gracious Father, My Redeemer and Sustainer; I feed upon your word that fills my mind and goes into my heart. Then I know that I can easily submit to Your leading throughout my day. My heart is fixed and mind is made up as I walk circumspectly in Jesus name. I will diligently pay attention with a steady focus so that my heart is guarded against any unfruitful seed that would try to contaminate my soul and spirit.

I will think on the things above, with declarations of your promises for my life. Now Lord I claim a merry heart that works like a medicine. Out of the abundance of my heart, I speak life now in Jesus name! Amen

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Day 6

Scriptural Prayer

Philippians 4:6 - Do not be anxious about anything, but in everything by prayer and petition, with Thanksgiving, present your request to God. And the peace of God, which transcends all understanding will guard your hearts and your minds in Christ Jesus.

Heavenly Father, King, Righteous Judge of the Heavenly Armies; I acknowledge You today in all of my ways. Thank You for listening to my heartfelt petitions and request. I'm laying my all at the altar once again, my concerns, inquiries, doubts, fears and joys. I absolutely know without a doubt, that I can't do or be without You! Here's where I am Righteous Judge, I am in need of a spiritual transfusion in my soul and an igniting in my spirit that will escalate beyond and above the things that try to wear me down and out. I am asking You Gracious Father, to hear my cry as I stretch out my hands and heart to You. Your word tells me that You hear the cries of Your children and that You will not leave me defenseless in Jesus name. So here I am Lord! I stand up in Christ Jesus, who gives me the victory. Thank You Father for Your Listening ear and Your gracious provisions. Amen

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Day 7 Scriptural Prayer

Isaiah 40:31- but those who wait upon the Lord shall renew their strength. They shall mount up on wings like eagles; they will run and not be faint.

Gracious and Mighty Father, My Sustainer; I'm here at the altar again, bringing my offerings of prayers and praise. I wait upon You Lord as my strength is being renewed and revived. As I wait I am reminded that Your ways are higher than my ways as are Your thoughts. I admit, initially I didn't understand how waiting was strengthening me, until I found that in this very weakened state, Your strength was being revealed at the same time. In my weakness, Your strength is demonstrated like none other in Jesus name. I noticed that often times it's perceived (in this time) from others, that I'm smarter and stronger. This Lord blows me away. This alone is evidence of Your sustaining power working in and for me. I would have fainted unless I believed to see and experience Your goodness. As I continue to wait for breakouts and breakthroughs in different areas of my life; I wait in hopefulness, I wait with positive conversation, calling those things that be not as though they are. I wait knowing that Your plan is working a greater glory in my life than what I'm able to see with the natural eye. Lord I wait with a focused faith; "Now faith is the substance of things hoped for and the evidence of things not seen, "I wait with joyful anticipation in Jesus name. Amen

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Day 8 Scriptural Prayer

1 Peter 5:7, Cast all your anxiety on him because he cares for you.

Lord I lift my hands up to you in praise and surrender my life to you this morning! I take my hands off every problem, every situation and circumstance that I'm trying to fix on my own in Jesus name. Lord Jesus, I cast all of my of my burdens on you. Open my eyes Holy Spirit to see that God knows what's best for me in spite of my current state. Strengthen my faith to take You Lord at your word. As the Holy Spirit empowers me, I rise boldly declaring that the Lord is faithful! Cast out fear, remove all doubt, block unbelief and cause an unwavering trust to be stirred within me in the name of Jesus and the power of His blood. Amen

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