



RiMa Serene Medical Centre Ltd
Rehabilitation and Recovery - With you every step of the way

Alcohol Detoxification Program

Residential Alcohol Detox is the crucial first step a physically dependent alcoholic must make when they arrive at our residential detox Rehab. The importance of this inner cleansing cannot be underestimated. Many who desperately want to stop drinking find it difficult, if not impossible due to the often-horrendous alcohol withdrawal symptoms that can accompany the sudden stopping of chronic alcohol abuse. Our team of medically qualified alcohol detox specialists monitor and support each client 24/7 during this period. We know that it equips them with the best chance of achieving a full recovery from their addiction and dependency. This abstinence-based detox programme combines cutting-edge, integrative medical, psychological, psychiatric, cognitive-behavioural and alternative therapies to equip our clients with every chance of a successful and lasting recovery from alcoholism.

Medically Supervised Residential Alcohol Detox

Initially, each of our clients will be clinically assessed on an individual basis to determine the most appropriate medications and therapies for their unique circumstances. Comprehensive medical supervision, including experienced support staff will be available 24 hours a day, 7 days a week. Rima Serene will ensure that the alcohol detox period is made as comfortable and emotionally supportive for our clients as possible, ensuring they transition smoothly to the next stage of their rehabilitation. Medication alone does not stop the drinking or using drugs, which is why we will combine this with other customized strategies and emotional support to help stop addictive and self-destructive behaviours. The medication will simply help our clients to feel better while their body readjusts to not having alcohol and or drugs in its' system to feel "normal". The alcohol detoxification programme will be reviewed daily and adapted as necessary to respond to each client's individual physical and emotional needs.

What to Expect from Alcohol Detoxification

Many clients will have experienced or have a fear of facing the often-awful sick feelings, trembling, sweating, emotional panic and cravings associated with alcohol withdrawal syndrome. Additionally, unsupervised Alcohol Detox can be dangerous for alcoholics. Their bodies have become physically addicted to alcohol. Suddenly stopping can trigger potentially fatal withdrawal symptoms, such as Delirium Tremens (DTs) which can include hallucinations, anxiety and vomiting.

The experienced and compassionate team at Rima Serene Medical Centre will provide our clients with a tailored, safe, comfortable, medically supervised alcohol detox programme in a relaxed and supportive residential environment. The primary goal of the alcohol detox programme is to rid the body of toxins at a safe and comfortable rate. This will prepare our clients mentally, emotionally and physically for the rehabilitation stage that would follow.

Some clients will cope in different ways easily while others might find it more physically and/or emotionally challenging. No matter the client's reaction, we are equipped to know exactly how to adapt and respond to individual circumstances. In cases of severe problem drinking and Alcohol Dependence, many clients might request and would be administered a short course of medically prescribed medication. This can help reduce the unpleasant withdrawal symptoms associated with the body learning to release its' dependency on alcohol.

Ultimately, the hard work and determination to succeed will have to come from deep within the client, but they will each receive unparalleled support, compassion and attention throughout their recovery process and beyond. Call us today free-of-charge if you have any questions regarding our residential alcohol detox programme. The dangers of unsupervised alcohol detox and withdrawal should never be underestimated. You are taking your life in your own hands, and anyone considering attempting it on their own should first seek professional medical advice before Additional Resources