



# Remote Spirit Release

Practitioner Training

With Dr Terence Palmer PhD

## ADDING VALUE TO MEDICINE

Training Programme. Structure and Guidance.

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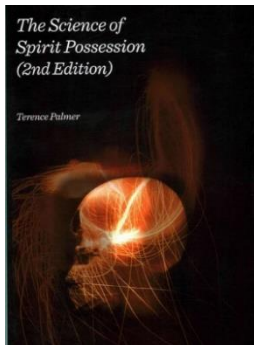
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## What is 'Remote Spirit Release'?



### REMOTE SPIRIT RELEASE & Psychic Self Defence

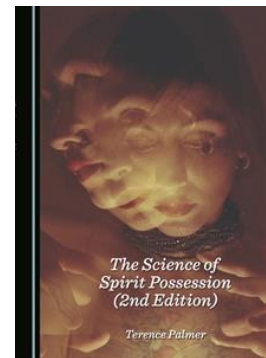
Remote Spirit Release (RSR) is the practice of searching for attached spirit entities and removing them from an infected patient by the use of remote methods. It is similar to other methods of spirit release insofar as the primary objective is the same, i.e., to remove negative spirit attachments. Other methods may be named Spirit Release Therapy, sometimes referred to as Spirit Release Therapy (SRT) and Spirit Response Therapy is another remote method that uses a pendulum for dowsing. For further information on the similarities and differences between spirit release, religious deliverance and ritual exorcism, see *The Science of Spirit Possession (2<sup>nd</sup> edition)* which is essential reading for all students and practitioners.



The book is available in hardback and softback versions directly from the publisher<sup>1</sup> with a 20% discount for all trainees and Patrons.

What Remote Spirit Release is *not*.

We are *not* exorcists and we do not 'fight' anything. We facilitate the removal of Dark Force Entities (DFEs) and other discarnate entities by Spirit Guides with the aid of a special 'Protocol'.



Although the overall objective may be the same, the methods and techniques used in RSR are very different from all other forms of SRT. The significant difference is that Remote Spirit Release (RSR) is NOT a therapy. RSR practitioners are not acting as therapists, although their core professional discipline may be as a doctor, psychiatrist or other



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kind of therapist.

RSR cleans the wounded spirit and removes all negative entities, inter-dimensional species, parasites, attachments, implants, curses or earthbound spirits from the affected host in preparation for ongoing treatment, rehabilitation or therapy. The patient/subject for the clearance is not in a therapeutic relationship with the practitioner. There is no therapist/patient relationship. Remote Spirit Release is the *First Response* in preparation for the healing process for someone who has been affected or *infected* by any kind of

<sup>1</sup> <https://www.cambridgescholars.com/the-science-of-spirit-possession-2nd-edition>

discarnate spirit, Dark Force Entity (DFE) hex, curse or any other practice of the dark arts or black magic.

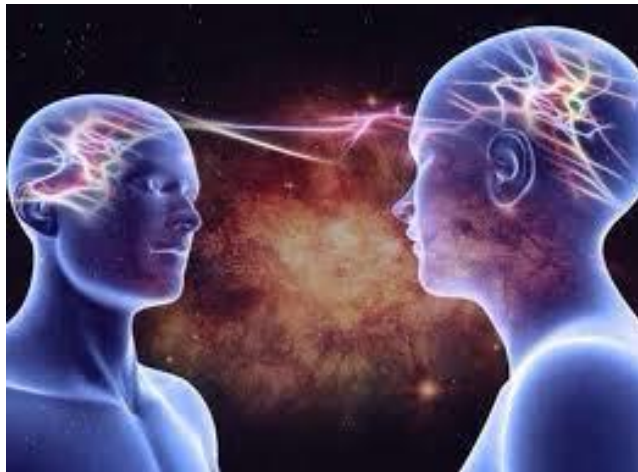
No method of treatment, rehabilitation, therapy or medical intervention of any kind will succeed if the inner and outer etheric body of a patient has not been cleaned first. All this clearance work is conducted by the Spirit Guides (SG) and helpers in the spirit realms without the conscious awareness or practical involvement of the patient/subject of the intervention.

The skills of the practitioners are not applied as therapists, but as communicators between the Spirit Guides (SG) and the Higher Self (H-S) of the patient/subject.

RSR may therefore be acknowledged as a 'tool' in the healthcare professional or therapist's collection of techniques before any other therapy or medical intervention is attempted. In summary it is the act of '*cleaning the wounded spirit*' through non-physical dimensions of human consciousness.

Essential characteristics of Remote Spirit Release:

- Non-local. That is beyond time and space
- The remote method is sometimes referred to as 'at a distance'. This means that there is no face-to-face contact between practitioner and patient.
- Clairvoyance – clear seeing at a distance
- Clairaudience – clear hearing at a distance
- Telepathy – thought transference at a distance
- The use of spiritual 'mediums'
- Spirit Guides (SG) and their helpers do the work – not the practitioners
- There is no patient/doctor relationship
- There are no 'therapists' in the procedure.



Due to the dangerous nature of some of the negative spirits, or Dark Force Entities (DFEs) encountered, our particular method of working involves three members working as a team.

1. Facilitator
2. Medium
3. Spirit Guide

The facilitator's job is to control the proceedings by following the prescribed 'Protocol', to protect the medium from dark force intervention and to assist their return to normal conscious awareness. Facilitators do not need to be mediumistic and are preferably trained health-care



professionals or practising therapists in hypnosis or psychotherapy.

The medium's job is to convey information between the Spirit Guide (SG), the patient's Higher-Self (H-S) and the facilitator. Mediums do not need to be trained healthcare professionals, but they do need to be able to communicate with spirits in a healthy and controlled way.

The Spirit Guide's (SG) role is to answer the facilitator's questions and carry out cleansing operations with the aid of other spirit beings. Spirit Guides are asked to provide advice and guidance to the patient/subject via the medium and facilitator.

#### The Four Steps in Practitioner Training

1. Enrol as a *Student Fellow* on Patron and observe online training sessions
2. Upgrade as an *Active RSR Trainee* for practical training online working in teams
3. Regrade for ongoing, post-training practice and apply for Certificate of Professional Competence (CPC)
4. Upgrade to *Qualified Practitioner*

1. Enrol as a Student Fellow on Patron

Registration as a *Student Fellowship Patron* means a monthly contribution to our research fund of just \$9 per month. Student fellows are invited to observe other trainees in online training sessions at no additional cost. Student fellows have free access to some, but not all educational material posted on our *Patron* community platform. All Patrons may benefit from:

- 20% discount on *The Science of Spirit Possession (2<sup>nd</sup> ed)*.
- 20% discount on spiritual health check referrals for friends and family.
- Observe Online Training Sessions free of any additional charges.

Online training sessions are essentially a free introduction to *Remote Spirit Release* for Student Fellowship Patrons in preparation for an online training course.

The online observation period has no set time limit and can be used by the prospective trainee to read up on research from the recommended reading list which is available on the main website bookshop.<sup>2</sup>

### Online Training Session Timings

There are currently two weekly sessions of online training:

- For the USA and Canada every Monday evening (19:00 EST)
- For the UK and Europe every Tuesday evening (19:00 GMT)

Students are welcomed into either group they choose, and you may choose to observe both if your circumstances and international time-frame permit.

Online training sessions allow the prospective trainee to get to meet other students, trainees and qualified practitioners who have already been trained and have committed themselves to the programme.

Students observing training sessions are invited to introduce themselves to the group by giving their name, location and primary discipline, i.e. healthcare professional, psychiatrist, psychologist, hypnotherapist, or spiritual medium. It is important for all student observers to acknowledge that the training does NOT aim to teach any kind of therapy or mediumship.

### **Observation students are NOT required to:**

- Share personal experiences or tell their own story
- Comment on what they observe unless invited
- Raise questions unless invited. All questions will be answered in time with patience from observation, research reading and in training.

### Etiquette

All online practice sessions are treated as a classroom and all participants and observers are expected to be properly dressed and fully attentive with no distractions in their environment. Be sure to have a reliable internet connection. Smart phones should be turned off or muted and if a tablet is being used please ensure that it is stable and secure. Sit upright in front of the device so that you can be clearly seen. Lounging in front of your device is not acceptable by professional standards. An unstable device or intermittent movement is distracting for other participants. If you need to leave for a short break please turn off your webcam until you return. Microphones are to be muted until invited to speak. This ensures that no accidental noise from your environment disturbs those who are engaged with dialogue with spirit guides. Please do not use your device as a 'window' onto the practice session whilst you eat or prepare your dinner. The keys to any successful practice session are focussed attention, the utmost respect for our Spirit Guides and consideration for others.

Be punctual and aim to join the meeting at the prescribed time. Sometimes it may take a few minutes to get the correct connection due to technical difficulties. It is therefore wise to

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<sup>2</sup> <https://www.terencepalmer.co.uk/bookshop/>

be sure that your equipment is reliable and you are familiar with the procedure for connecting through the Zoom<sup>3</sup> software. So please be well prepared to avoid joining a meeting late.

The first fifteen minutes of a meeting allows for introductions of new observers and greetings between friends and known colleagues. New observers will be invited to identify yourself with your real name. Pseudonyms or anonymous observation are not conducive to the development of trust. These are closed groups and not for public observation. There is therefore no need to be *incognito*. All members are known to each other and trust is built during these practice sessions.

When all new introductions are completed the practice session will begin with the requests for member's personal Spiritual Health Checks (SHC).

### Spiritual Health Check (SHC) Requests

Following the observation of a reasonable number of training sessions, when trust and confidence in the protocols have been established, you may be invited to put in a request for a spiritual health check (SHC) in advance of a meeting by email, giving your name, gender, location and age (not date of birth) to the *Host*.

A team of practitioners or trainees, comprising of one facilitator, one medium and one spirit guide will be invited to practice their command of the 'Protocol' for the benefit of those who have requested a personal SHC.

New prospective trainees are advised to have a copy of the 'Protocol' in front of them so that they can follow the procedures that are being practiced. The latest version of the Protocol is available in the 'Training' posts.

SHCs may be recorded with an audio recording by the *Host* and the appointed *Facilitator* only. Recording directly with Zoom audio/visual is only utilised during training and special case-study research sessions, but never by trainees or observers. Confidentiality of participants' personal spiritual health checks is paramount and not to be recorded online.

Each SHC is discussed with feedback reporting from the subject and practice teams. Comments or questions are not required from observers unless specifically invited by the *Host*.

Online sessions usually last for about one and a half hours and this allows sufficient time for three SHCs to be addressed.

*Note: Any participant treating the meeting in a disrespectful manner or ignoring these guidelines may be disconnected without notice and not invited to participate in further sessions.*

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<sup>3</sup> <https://zoom.us/>

## Summary of Objectives for Online Training Sessions

- New students to *observe* the training of practitioners in the use of the ‘Protocol’.
- New students are invited to *request* a personal SHC only after trust and rapport have been established over several sessions.
- Trained students to *practice* their application of the ‘Protocol’ for members’ SHCs.
- During the observation period, students are NOT required to share personal experiences or demonstrate any skills until after they have been registered for a training course (see the next step).

Candidates with ongoing psychological problems will not be considered for practical training and practice sessions are not to be used for personal therapy.

If you want to be invited to observe an online training session please send your request for an invitation to me at [palmert55@gmail.com](mailto:palmert55@gmail.com) with your preferred practice group.

- For USA on Mondays hosted by Heather Stubbs
- For UK on Tuesdays hosted by Dr T Palmer

## 2. Experiential Training

Experiential training sessions are convened where background reading research and knowledge gained from observation are put into practice in the application of the *Remote Spirit Release* ‘Protocol’.

### Training Eligibility

Prospective facilitators will be required to submit documentary evidence of their highest academic and professional qualifications prior to acceptance for practical training.

Mediums will be required to demonstrate that they are able to communicate with a trusted spirit guide in a safe and controlled way.

Prospective mediums who are not yet experienced are advised to become trained in safe mediumship by a qualified and experienced mediumship tutor.

Participants will learn how to work in teams of three, comprising of:

- Facilitator
- Medium
- Spirit Guide

At some point during the course, each participant will be invited to submit a case for fellow trainees to work on. A case may be for one’s self or a friend or family member. Healthcare professionals and established therapists with their own clients may request a client’s case to be worked on with consideration that client confidentiality will be waived. All cases worked on in a practical training workshop are recorded for case study.



## Training Course Fees

Candidates for training need to upgrade from Student Fellow on the Patron system to Active RSR Trainee. The monthly pledge is increased from \$9 per month to \$50 per month for four months. That's for sixteen weekly training sessions. At the end of the training period, all pledges are to return to \$9 per month.

### 3. Post-training Online Practice

- Online post-training practice sessions continue to be free of any additional cost for all registered Student Fellowship Patrons
- Cases attended to for ongoing practice may include close family of trainees who have completed the practical training workshop and are making progress towards their qualification with a Certificate of Professional Competence (CPC).
- Cases for practice sessions are selected at the discretion of the Session Host.
- Note: these practice sessions are NOT intended to be used as free treatment sessions for relatives, friends or clients. All Patrons have the benefit of a 20% discount when requesting a confidential referral from a qualified practitioner.

Personal spiritual health checks (SHC) are an important benefit for all registered *Patrons* and they do provide excellent material for trained practitioners to enhance their skills and grow in confidence.

Students who have completed the group training are encouraged to establish working relationships with other trainees where they are able to practice and develop their skills. These team partnerships and practice sessions may be conducted independently of the online practice sessions.

### Application for Certificate of Professional Competence (CPC)

Practice cases need to be recorded for efficacy reporting so that a trainee's competence may be assessed for certification as a competent practitioner.

Trainees are free to offer their services to friends and family *pro-bono* if they so choose in the interests of gaining practice. However, it is advised that trainees use their 20% discount for serious cases that require the expertise of experienced practitioners in confidence.

Trainees may describe themselves as a qualified *Remote Spirit Release Practitioner* after their efficacy has been assessed by the granting of a Certificate of Professional Competence (CPC).

The one essential criterion for the efficacy of our work is the affirmative answer to the question,

“Does it work?”

The answer to this question for each and every spirit release practitioner can only come from practical application and follow-up reporting from cases that have been treated. When a trainee feels that they have sufficient experience and their confidence has been reinforced with positive feedback then they may apply for a CPC. Evidence of competence is to be

presented for critical evaluation with a minimum of two recorded sessions together with written testimonials.

Applications for professional competence are evaluated by a peer group of experienced practitioners and their spirit guides. The essential question to be addressed in assessing the competence of a candidate is,

“Would you be confident to work with this candidate for the benefit and well-being of your own clients?”

Trainees who are already established as a qualified healthcare professional or therapist are encouraged to incorporate the RSR Protocol into their therapeutic practice with clients after upgrading from Student Fellow to *Certified Practitioner* or a *Healthcare Professional* with our Patron registration system.

#### 4. Professional Competence and Accreditation

Collaboration and cooperation between practitioners are advantages of belonging to a network of trained professionals. However, accreditation or the issue of a *Certificate of Professional Competence* (CPC) is not a licence to expect referrals from colleagues. Each practitioner is responsible for managing their own practice and generating their own clientele.

On the award of a *Certificate of Professional Competence* (CPC), the trainee has the option to upgrade to a Patron Certified Practitioner for the monthly pledge of \$15 per month. For qualified healthcare professionals including doctors of medicine and psychiatrists the monthly pledge is \$20 per month.

An additional option is to apply for accreditation from the *International Practitioners of Holistic Medicine* accreditation board (IPHM).<sup>4</sup> This is not mandatory, but registration as an approved *RSR Practitioner* or as a *Healthcare Professional* with our Patron community is recommended in order to maintain and strengthen your peer group.

Registered qualified practitioners are invited to participate in online sessions to discuss new remote techniques, to review interesting case studies with researchers and to interact with Clients who have agreed to allow their challenging cases to be used for training and research with the objective of finding solutions for such cases.

A significant advantage of the structure of this training programme is the cohesion of an expanding group of dedicated professionals in the application of *Remote Spirit Release* (RSR). Ongoing support between active participating members of the group is a *given* and is proving to be of enormous benefit to those members who maintain their connection with colleagues.

*Remote Spirit Release* is not yet recognised as an accredited health care profession and therefore has no professional institution or code of ethics unto itself. Until such time as RSR is recognised by the healthcare institutions, all practitioners are expected to adhere to the code of ethics of their chosen profession.

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<sup>4</sup> <https://www.iphm.co.uk/>

## Maintaining Professional Standards

Maintaining standards demands a high level of professionalism that is expected by the medical profession. We will need a number of trainee mediums to complement the healthcare professionals for them to work with in teams. It is therefore important for us all to raise the bar in order for our skills to be recognised by mainstream medicine.

Stay calm and carry on with practising your skills and your remote work.

Blessings to All

*Dr T Palmer*

22 July 2020