

LED LIGHT THERAPY



LED Light Therapy

LED Light Therapy can be used as a stand alone service or combined with other beauty services

LED light therapy is a new, non-invasive treatment that utilises the power of light to renew, repair and heal the skin without invasive procedures or recovery time. The natural process of bio-stimulation helps to reverse or slow the sign of ageing, clear acne or other blemishes, help rosacea or psoriasis sufferers, reduce pigmentation, redness and inflammation, speed up the healing process and much more by utilising a range of different wavelengths of visible light. The skin absorbs the light and uses it as a source of energy to deliver anti-ageing and therapeutic benefits to human skin, both safely and effectively. LED light therapy is gentle but effective, and suitable for any age or skin type. It will heal and rejuvenate whilst not burning or irritating the skin. There are no risks, side effects or recovery time with this treatment.

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THE TRAINING CENTER OF WELLBEING

LED Light Therapy





CURRICULUM

Health and safety
Sterilisation and disinfection
Appearance of the therapist
Ergonomics
Hand washing
What is LED light therapy
Skin ageing and turning back time
Free radicals, radicals and anti-oxidants
How does LED work
The consultation process
Key points of LED
Benefits of LED
The treatment explained
Other benefits to LED therapy
The wound healing process
Important reminders and treatment tips
Treatment protocols

WHATS INCLUDED?

Your training includes:
Full printed manual, classroom sessions, complementary medicine practitioner handbook, support with case studies.

MORE INFORMATION

LED Light Therapy uses a variety of different lights to penetrate into the dermis to gain the desired effect. It can be effectively used to stimulate collagen and elastin, reduce inflammation, accelerate healing and help to tackle acne/breakouts.

Accredited by the International Practitioners of Holistic Medicine

IS THIS COURSE FOR YOU?

This course is for complete beginners with an interest in beauty and natural health.

ABOUT THE COURSE

Prerequisite: Attendance on our introduction to beauty therapy or an NVQ level 2 or equivalent in Beauty Therapy
Duration of training: 2 days
Cost: £250
Independent Learning Hours: 120
Case Studies: 4 with 2 follow ups on each