



Child in Mind Academy Ltd

PQ Certificate in the Filial Approach
to Play Therapy

Course Prospectus
2020

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Summary

Qualification:	PQ Certificate in the Filial Approach to Play Therapy
Professional body:	Membership of BACP, BAPT, UKCP, NCS or equivalent
Location:	Eccles, Manchester
Duration:	Intensive 4 days + 1 case presentation day
Attendance:	Full attendance is required
Start date:	August 2020

Introduction

This four-day certificate training in the filial approach to play therapy will equip professionals with the skills needed to work therapeutically with parents to facilitate the growth of healthy relationships within families. This wonderful training harnesses the power of play therapy within the framework of a family focused intervention. Parents are empowered and supported as they bring about change in themselves, their children and the family.

Difficult life experiences can put a strain on even the most stable of family relationships. Change of any sort is difficult for children to cope with and can lead to feelings of anxiety and fear. Faced with these 'too big' feelings children look to their parents to provide reassurance, and safety. However, when parents are themselves struggling to cope with the demands of life, it is likely that they are less emotionally available to their children. This can lead to a range of emotional and behavioural difficulties for the child and it is this behaviour that tends to then become the focus for stressed parents. The natural tendency is of course to stop the behaviour rather than to understand the child. Before long the relationship between parent and child becomes strained.

This training will enable you to work with parents in a structured, time-limited way that will empower them to understand and connect with their children through play. The filial approach to play therapy has the potential to dramatically improve the outcomes for the children and families you work with.

Who is this course for?

This is a post-qualification certificate level course for qualified and experienced play therapists, or qualified CYP counsellors who have undergone further training in using play within their practice with children and young people.

Entry Requirements

- Minimum diploma (level 7 or equivalent) in play therapy. Or diploma (level 5 or equivalent) in counselling/psychotherapy - with additional training using play in practice with CYP.
- Minimum of 400 post qualification supervised play therapy or counselling hours with CYP.

- BACP Registered Member, or equivalent member of a professional body adhering to an ethical framework
- Enhanced Disclosure from the Disclosure and Barring Service (DBS)
- Two character references stating suitability to train as a supervisor. Referees must have known the applicant for a minimum of two years in a personal or professional capacity. Referees must not be a spouse, partner or relative.

How you will study

The course is run as an intensive 4-day block, Monday-Thursday in August with a follow-up one day case presentation day approximately six months after the course. This will enable

you to study during the school summer holidays, and then integrate your newfound knowledge and skills into your working practice over a further six-month period.

An experiential approach to learning is adopted on the course with lectures, seminars, discussions, skills practice, case consultation.

What you will study

You will study the following overarching topics:

- The history and development of Filial Therapy
- Using the filial approach to play therapy model with parents
- Ensuring professional standards, values and ethics in the filial approach to play therapy
- Monitoring progress and measuring outcomes

How you will be assessed

You will be assessed in theory through submission of a 2000-word essay. Your practice will be evaluated through peer and tutor assessment of skills practice sessions. The PQ Certificate will be awarded when the following course criteria have been met:

- Full attendance on the course
- Self and peer assessment
- A 2000-word essay demonstrating your knowledge and understanding of the filial approach to play therapy

- Minimum of 12 logged sessions of practice
- Three logged case consultation sessions
- Participation in the case presentation day, approximately six months following the training.

Your Career Prospects

On successful completion of the course you will have acquired the necessary knowledge, understanding and skills to offer the filial approach to play therapy as part of your practice, either within the private or public sector, or within the community or voluntary (third) sector.

How to Apply

Application forms can be downloaded directly from the Child in Mind website. Your eligibility, based on the entry requirements, will be checked and references will be taken up. Following this you will be invited to enroll on the course.

Fees

Course fees for the 2020 intake have been set at £650.

On enrolment you will be asked to pay a non-refundable deposit of £130. The balance of your course fees must be paid in full eight weeks before the start of the course.

Payments can be made by BACS transfer or over the telephone by credit/debit card.

Further Questions

If you have any further questions you would like to ask the Programme Leader about this course, please do not hesitate to contact Jayne Beetham-Hatto:

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