Infants 4-11 Months

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| BreakfastBreast milk/formula, Oatmeal cereal, pears | BreakfastBreast milk/formula, Mixed grain cereal, apples | BreakfastBreast milk/formula, Oatmeal cereal, peaches | BreakfastBreast milk/formula, Mixed grain cereal, mangos | BreakfastBreast milk/formula, Oatmeal cereal, Bananas |
| LunchBreast milk/formula, Rice cereal, Ham, Sweet potatoes | LunchBreast milk/formula, Barley cereal, Beef, Peas | LunchBreast milk/formula, Rice cereal, Chicken, Squash  | LunchBreast milk/formula, Barley cereal, Turkey, Green beans | LunchBreast milk/formula, Rice cereal, Ham, Carrots |
| SnackBreast milk/formula, teething biscuits | SnackBreast milk/formula, animal crackers | SnackBreast milk/formula, soft granola bar | SnackBreast milk/formula, sesame sticks | SnackBreast milk/formula, fish crackers |

Children 1 year and older

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| BreakfastBlueberry muffins, peaches, milk | BreakfastOatmeal, blueberries, milk  | BreakfastWaffles, fresh fruit, milk | BreakfastWhole wheat bagels, mandarin oranges, milk | BreakfastCold cereal, fresh fruit, milk |
| LunchGrilled cheese sandwiches, tomato soup, salad, milk | LunchPork chops, cornbread, peas, pears, milk  | LunchHamburgers, bun, fresh fruit, corn, milk | LunchTurkey, stuffing, fruit cocktail, broccoli, ranch, milk | LunchChicken and alfredo noodles, green beans, blueberries, milk |
| SnackTortillas chips, milk | SnackAnimal crackers, milk | SnackSoft granola bar, milk | SnackSesame sticks, milk | SnackFish crackers, milk |