

Breastfeeding Support

Central Carolina Hospital Inpatient Classes & Telephone Assistance

- Teresa Roberts & Rebecca Podlogar
 - 919-777-7041 or 919-774-2280

Mother to Mother Support Group

- 919-777-7041
- Meets every 3rd Thursday 10 am to 11:30 am CCH classroom

Nursing Mothers of Raleigh

- Support, breast pump sales/rentals
 - Mary 919-847-4903
 - Elaina 919-559-8689
 - Amy 919-264-7977

La Leche League

- 1-800-la leche (call 24 hours per day)
- Offer breastfeeding cafes as well
 - Free, casual, drop-in

WIC

- Lee County 919-718-4642
- Harnett County 910-893-7570

- Chatham County 919-742-55602

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