

REMEMBER



We remember what God did on the cross for us; how His body was broken for us. We remember the importance of Jesus shedding His blood for our sins.

Parents: share with your kids how you came to know Jesus. If your child has not made the decision to follow Jesus yet, give them the opportunity.

PAUSE



We pause and think about Jesus' great love for us.

We pause and focus on the sacrifice Jesus made for us.

Parents: share with your kids how knowing Jesus loves you has impacted your life.

EXAMINE



We examine our hearts and ask God to show us if there is anything we need to ask Him to forgive. We examine our actions and if we need to apologize to someone we do it.

Parents: share with your kids about a time you needed to ask God to forgive you

THANKS



We thank God for sending His Son Jesus for us. We thank God for the freedom we have.

Parents: lead the way in thanking Jesus for what He did and who He is.