

February 2019

January '19

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March '19

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
27	28	29	30	31	1 Happy Birthday Nic! CC: Baking Club (\$)	2 Ground Hog Day! >Lunch date at Subway(\$)& Meet & Greet Autograph with Kingsville Kings Hockey Team(T1)	
3	4 >Group A : Program Shopping >Group B : Creativity >Superbowl Party 2.0 >Pizza Lunch(L)	5 >Instrument circle >Group A : Relaxation: Yoga >Group B: Walking Track (T1) Eve (8pm PICK-UP) >GHA: Dance >ECH: Basketball (T2) Dinner: Gyros & More (\$)	6 >Cake in a Mug >Bowling (T1/\$)	7 >Volunteer at Calabria Bistro (T1) >Creativity with Monica Eve (7pm Pick-Up) > Yarn Heart Dinner: HotDogs and Veggies (D)	8 >Pick-up basketball at the Kinsmen(T1/\$) >Baking for Karaoke Night Eve (8pm Pick-Up) >Dinner date at The Deluxe (T1/\$)	9 National Pizza Day >Pizza Lunch date (\$) & Army vs. Navy -Hockey Day in Canada @ WFCU (T2) Pick-up at WFCU at 3pm	
10	11 >AquaFit (T1/\$) >Group A : Shopping for Karaoke Night >Group B : Walking track	12 >Paper Link Snowmen >Candy Skewers Eve (8pm PICK-UP) >Heart Scavenger Hunt at Abode >ECH: Basketball (T1) Dinner: Chick. Fing & Fries (D)	13 >Popcorn Balls >Sappy Love Movie-Day In >Vitals with Jess SPECIAL EVENT: Karaoke Night 6:30-8pm all ages welcome	14 Happy Valentine's Day! >DIY chocolate pretzels >Food Bank Drop Off Eve (7pm Pick-Up) >Valentines Day Bingo >Dinner date at Vernon's Tap & Grill(T1/\$)	15 Clubhouse Committee Meeting 4-8pm **Baking Club Canceled >Foot Spa Eve (8pm Pick-Up) ME: Games Night 6-8pm >Pizza Dinner (D)	16 Happy Birthday Natalie! *MODIFIED HOURS* KoC McGregor Dinner & dance (T2/\$) all private respite group members are invited to join us for a Sat evening fee of assigned ratio. Drop off at Abode 3pm Pick up at KoC McGregor 8pm	
17	18 Happy Family Day! CLOSED Family Day	19 >Program & Grocery Shopping >Blueberry Smoothies Eve (8pm PICK-UP) >GHA: Dance >ECH: Basketball (T2) Dinner: Subway (\$)	20 >Pancake Lunch (L) >Fizzing Heart Art	21 >Group A : Ability Tai Chi (T1) >Group B : Atlas Tube Walking Track(T1) Eve (7pm Pick-Up) >Coffee Date (T1/\$) Dinner: Pasta & Meatballs(D)	22 >Abode Pays It Forward (T1) >Foot Spa Eve (8pm Pick-Up) >Dinner date & live music at Carrots and Dates (T2/\$)	23 >Lunch at The Outfield Diner & Recreational Swim at Atlas Tube Center (T2/\$) Pickup at Atlas Tube 3pm	
24	25 >Group A : AquaFit & Lunch date at Tim Hortons (T1/\$) >Group B : AquaFit & Walking track(T1/\$)	26 >"I Love All The Pieces of Me" activity >Baking: Cookies for B-Ball Eve (8pm PICK-UP) >Activity with Ashley >ECH: Basketball (T1) Dinner: Pizza (D)	27 >Trip to Springz (T2/\$) >Lunch date at Wendy's (\$)	28 >Grocery Shopping >Paper Mache Eve (7pm Pick-Up) >Guinea Pig Bed Project for TPSAR Dinner: Nacho Night (D)	1	2	
3	4	Monthly Notes CC = Community Class ME = Members Event PICK-UP= Alternate Location 15 Invoice Due				 Calendars are subject to change at the discretion of Abode Respite	
		Tuesday night PICK-UP is at Essex High School Friday February 1st PICK-UP will be at Applebees 2250 Division Rd, Windsor Friday February 22th PICK-UP will be at Carrots N Dates 1125 Lesperance Rd, Windsor					