



# Inspire Sports Victoria International Cup 2019

	<p><b>Inspire Sports Victoria</b></p> <p><b>Victoria, British Columbia Canada</b></p> <p><b>June 21<sup>st</sup> -23<sup>rd</sup>, 2019</b></p> <p><b>Work Plan #1</b></p>	 <p><b>2019 Season</b></p>
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<p><b>Welcome to the Inspire Sports International Cup</b></p>	<p>We believe sports is a universal language that brings people together. This first annual competition will bring people of multiple countries, both Male and Female, and of all ages and abilities to come to Victoria Canada for sightseeing, culture, training, and the Victoria International Cup competition. In the month of June, Victoria boasts some of Canada’s most beautiful gardens, hiking, and oceans. What better place to come compete.</p>
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<p><b>Inspire Sports Contact Information</b></p>	<p style="text-align: center;"><b>Address:</b> Unit 2 – 601 Boleskine Road Victoria, BC Canada, V8Z 1C5</p> <p style="text-align: center;">Contacts: June Tiefenbach &amp; Jenna Hamilton (P): (250) 590-5950 (leave messages in the competitive mailbox) (E): <a href="mailto:isvcup@inspiresportsvictoria.com">isvcup@inspiresportsvictoria.com</a></p>
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<p><b>Website and Social Media</b></p>	<p style="text-align: center;">Website: <a href="http://www.inspiresportsvictoria.com">www.inspiresportsvictoria.com</a> Social Media: @inspiresportsvictoria</p> <div style="text-align: center;">     </div>
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Event Information										
<b>Date</b>	June 21 <sup>st</sup> to 23 <sup>rd</sup> , 2019									
<b>Goal</b>	To bring the first International Competition for both Men's and Woman's Artistic Gymnastics to Vancouver Island raising awareness for the Sport and benefit of Gymnastic and inspire young up and coming athletes.									
<b>Levels Offered</b>	<p><b>Mens:</b>            Provincial Levels: 1, 2, 3, 4, 5            Elite Levels: 3, 4            National Levels: Open, Junior, Senior</p> <p><b>Womans:</b>            JO Levels: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10            HP Junior &amp; HP Senior</p>									
<b>Registration Information and Fees</b>	<p>Registration for Individual athletes will cover the cost of admission for the athlete as well as costs associated with judges, set-up, and officiating.</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <thead> <tr style="background-color: #4a7ebb; color: white;"> <th>Registration Type</th> <th>Deadline</th> <th>Cost per Athlete</th> </tr> </thead> <tbody> <tr> <td>Individual</td> <td>11 April – 15 May</td> <td>\$130</td> </tr> <tr> <td>Extended</td> <td>15 May – 1 June</td> <td>\$150</td> </tr> </tbody> </table>	Registration Type	Deadline	Cost per Athlete	Individual	11 April – 15 May	\$130	Extended	15 May – 1 June	\$150
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<b>Cut off Dates and Refunds</b>	<p>Scratch Deadline: June 1<sup>st</sup>, 2019</p> <p>Level Changes: June 1<sup>st</sup>, 2019</p> <p>ALL withdrawals after June 1<sup>st</sup> 2019 will be subject to a \$20.00 admin fee provided that a medical note and a completed Inspire Sports Victoria scratch form is submitted 48 hours prior to competition—<b>NO EXCEPTIONS</b></p>									

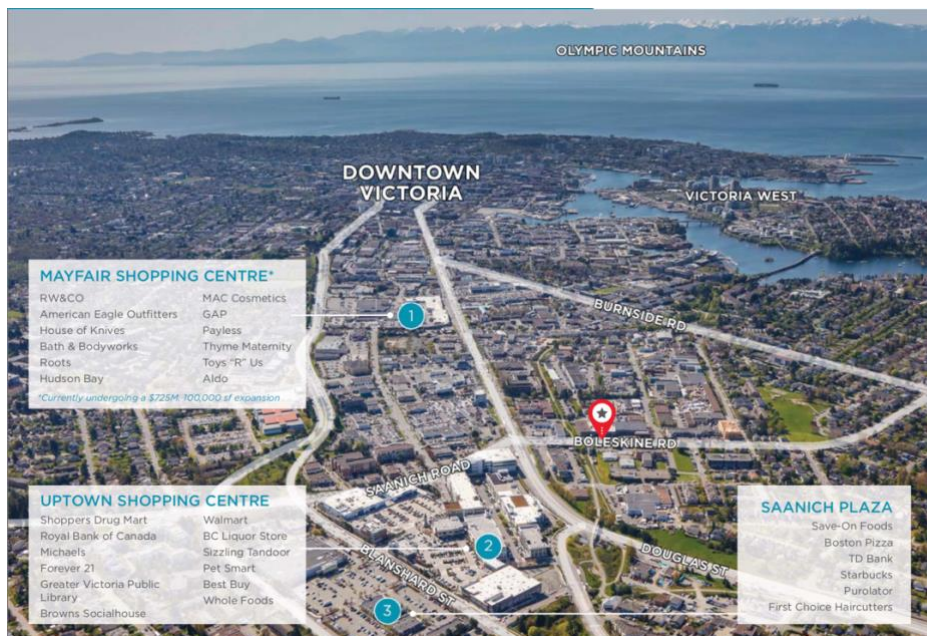


<b>Competition Criteria</b>	<p>All of the Men’s Artistic Gymnastics Levels and Standards will be based off the Canadian Provincial and Elite Pathways Programs that can be found on Gymnastics Canada’s website. **only variations to this will be Provincial level 1 and 2 which will be modified to BC Gymnastics Criteria (FIG pages 39-59) **</p> <p>All of the Woman’s Artistic Gymnastics levels and standards will be based off the Canadian Junior Olympic (CJO) program which is a modified USA JO program and can also be found through Gymnastics Canada’s website.</p>																		
<b>Music</b>	<p>JO music for levels 1-5 will be provided by Inspire Sports Victoria. JO level 6 and up will need to provide their own music for floor. Please check in your music prior to warm-up.</p> <p>We ask for the convenience of playing the music quick and efficiently, clubs name the music files as easy as possible.</p> <p>** Please help keep this event as organized as possible by meeting all set out deadlines.</p>																		
<b>Admission</b>	<p>There will be a general admission fee for the Inspire Sports Victoria International Cup. The Big Event of the International Session on Saturday Night.</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr style="background-color: #c6e0b4;"> <th style="text-align: center;">Entry Type</th> <th style="text-align: center;">Cost of Entry</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">Child (1-6)</td> <td style="text-align: center;">FREE</td> </tr> <tr> <td style="text-align: center;">Youth (6-17)</td> <td style="text-align: center;">\$5</td> </tr> <tr> <td style="text-align: center;">Adult (18+)</td> <td style="text-align: center;">\$10</td> </tr> <tr> <td style="text-align: center;">Senior (60+)</td> <td style="text-align: center;">\$5</td> </tr> <tr> <td style="text-align: center;">Daily Family (3-5 People)</td> <td style="text-align: center;">\$25</td> </tr> <tr> <td style="text-align: center;">Individual Weekend Pass (21<sup>st</sup> to the 23<sup>th</sup>)</td> <td style="text-align: center;">\$30</td> </tr> <tr> <td style="text-align: center;">Family Weekend Pass (21<sup>st</sup> -23<sup>th</sup>)</td> <td style="text-align: center;">\$50</td> </tr> <tr> <td> </td> <td> </td> </tr> </tbody> </table>	Entry Type	Cost of Entry	Child (1-6)	FREE	Youth (6-17)	\$5	Adult (18+)	\$10	Senior (60+)	\$5	Daily Family (3-5 People)	\$25	Individual Weekend Pass (21 <sup>st</sup> to the 23 <sup>th</sup> )	\$30	Family Weekend Pass (21 <sup>st</sup> -23 <sup>th</sup> )	\$50		
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## Venue Information

**Venue Location:** Unit 2 – 601 Boleskine Rd, Victoria, BC, V8Z 1C5



**Official Equipment:**

All equipment used at the Inspire Sports Victoria International Cup will be set up to FIG standards and will be Spieth America Equipment, all less than 1 years old. The only modification to FIG requirements will be our vaulting runway at a maximum distance of 23m as compared to the 24m.

The gym offers plenty of matting and boxes as needed for whatever athletes and or coaches may require.



## Accommodation

### Local Hotels near gym

Hotel	Address	Distance
Sandman Hotel Victoria	2852 Douglas Street 250-388-0788	1.5 km
Red Lion Hotel	3366 Douglas Street, Victoria 844-788-5876	100 m
Hotel Zed	3110 Douglas St, Victoria 855-680-4322	850 m
Accent Inn	3233 Maple St, Victoria 250-475-7500	1.1 km
Comfort Inn and Suites	3020 Blanshard St, Victoria 250-382-4400	1.5 km

## Discover Victoria

### Things to do:

Victoria boasts some of Canada's most beautiful scenery, gardens, and history. Many tours, attractions, and festivals can be found throughout the city during the month of June.

Be sure to check out <https://www.tourismvictoria.com/see-do> for things to do.



## Tentative Event Competition Scheduling

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Day 2 (June 21 <sup>st</sup> )	Timings for each JO level may change depending on registration					
Afternoon Session	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; padding: 5px;">Warmup : 12:30 pm March-In: 12:50 pm</td> <td style="width: 50%; padding: 5px;">WAG: JO 1 &amp; JO 2</td> </tr> </table>		Warmup : 12:30 pm March-In: 12:50 pm	WAG: JO 1 & JO 2		
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