

ORDER OF CEREMONY

Play songs that are relate to the water/earth while people are arriving

Welcome everyone arriving to the ceremony (sage them if you choose)

- Start by explaining a little about the reason for our gathering.
- Ask for a moment of silence as we center ourselves and connect with the life force present at Fox River.
- Say a little something about Dr. Emoto and the effect words/thoughts have on water
- Say a little something about how we come from water - that our life began in the womb of our mothers where we lived in a liquid environment. How essential water is to the survival of all life on the planet. How we are each, 92% water.
- Explain the intention of the ceremonial water* inside the bowl/pitcher and the ritual we will do to infuse the water with our prayers and blessings. (*I set pitchers of water outside during the full moon preceding the ceremony.)
- Ask everyone to place a hand over their own heart and to and open their heart chakra to connect with Mother Earth at this time.
- Begin by calling in the four directions, asking for the blessings of Mother Earth, calling in the element of water (or any other sort of invocation that feels right to you).
- "To all the waters of our planet Earth, and specifically the Fox River (insert the name of the body of water you are doing the ceremony with), we are here to honor you and to give our love to you. We are also here to say we're sorry. We are sorry to have caused you suffering. Please forgive us. We thank you, and we love you."

"Water of the Fox River, we are sorry we have made you suffer. Please forgive us. We thank you and we love you. May you be filled now with love, peace and health. And so it is."

Now it is time for the offering of your prayers to the Fox River as directed by spirit.

Pass the bowl around so that each person may say their personal prayer or blessing into the water.

OR

Have small glasses/containers so that each participant can take a little bit of water from the bowl/pitcher. Ask them to put their intentions for the water of the Earth; then to pour their individual container of water into the larger body of water.

Please say it aloud or in your mind. Repeat it three times as you put your hands together in a prayer position or over your heart – or in any mudra that speaks to your heart.

The Nebe Wabo song is playing in the background while participants are either passing the bowl around or filling their jars/glasses and taking their water to the water being honored (see below)

When finished, any remaining water will be emptied into the Fox River. Say a few words about the INTENTION that our words and prayers will Heal and Purify the Waters of our planet.

“As I pour this blessed water into the Fox River– it is our dream that our intentions, words, and prayers will Heal the Waters of, not only the Fox River, but the waters of our planet.”

Closing words (thanks for being here, etc.) and ceremony concludes

Variations:

You could have flowers on site and as people leave the area, they will take a few rose petals from a big basket, (symbolizing their love for our water) and drop them into the spring as they leave. We could also have a basket of river rocks (small ones) for people to take one home with them as a reminder of the ceremony. Words could be written on them with a gold marker like “conserve” “purify” “cleanse” “honor” “respect” “cherish”

“If you feel so moved, please take a flower petal (symbolizing your love for our water) and drop it into the river as you leave.”