

# The Family Profile

<b>1</b> <b>Almost</b> <b>Never</b>	<b>2</b> <b>Once in</b> <b>a while</b>	<b>3</b> <b>Sometimes</b>	<b>4</b> <b>Frequently</b>	<b>5</b> <b>Almost</b> <b>Always</b>
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Describe your family the way it actually is:

- \_\_\_ 1. We enjoy doing things together.
- \_\_\_ 2. We all help to make the decisions in the family.
- \_\_\_ 3. We are proud of our family
- \_\_\_ 4. We think the same things are important.
- \_\_\_ 5. We complement each other.
- \_\_\_ 6. We can say what we really feel.
- \_\_\_ 7. We know that we can handle the problems that come.
- \_\_\_ 8. We share interest and hobbies.
- \_\_\_ 9. When there is a problem, children suggestions are followed.
- \_\_\_ 10. We respect one another.
- \_\_\_ 11. We have similar values and beliefs.
- \_\_\_ 12. We do nice things for each other.
- \_\_\_ 13. We really listen to each other.
- \_\_\_ 14. We can count on each other.
- \_\_\_ 15. Our family often does fun things together.
- \_\_\_ 16. Children have a say in the rules and discipline.
- \_\_\_ 17. We stick together as a family.
- \_\_\_ 18. We agree about what is right and wrong.
- \_\_\_ 19. We express love for each other.
- \_\_\_ 20. We believe it is important to understand others feelings.
- \_\_\_ 21. Things usually work out for the best in our family.

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- \_\_\_ 22. Togetherness is very important to our family.
- \_\_\_ 23. Chores are divided up fairly in our family.
- \_\_\_ 24. We have traditions that we carry on.
- \_\_\_ 25. We agree about what really matters in life.
- \_\_\_ 26. We feel very close to each other.
- \_\_\_ 27. We can talk about things without arguing.
- \_\_\_ 28. We have friends and relatives we can count on.
- \_\_\_ 29. It is easy for us to think of things we can do together.
- \_\_\_ 30. Our family discusses problems until we find a solution that's good for everyone.
- \_\_\_ 31. We are proud of our family history.
- \_\_\_ 32. It's important to do what is right in our family.
- \_\_\_ 33. We care about how others in the family feel.
- \_\_\_ 34. We enjoy talking about things together.
- \_\_\_ 35. We look forward to what the future will bring.

## Family Profile Score Sheet

The Family Profile questionnaire measures your family in seven key areas. The name of each area is listed below along with the question numbers that go with each key area. For each number, write in the score you put on the questionnaire. Add up your scores in each key area.

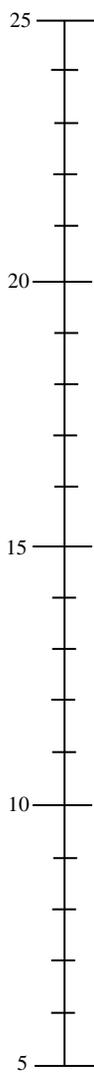
<b>Family Fun</b>	<b>Family Decisions</b>	<b>Family Pride</b>	<b>Family Values</b>
1. ____	2. ____	3. ____	4. ____
8. ____	9. ____	10. ____	11. ____
15. ____	16. ____	17. ____	18. ____
22. ____	23. ____	24. ____	25. ____
29. ____	30. ____	31. ____	32. ____
<b>Totals:</b> ____	____	____	____

<b>Family Feelings</b>	<b>Family Communication</b>	<b>Family Confidence</b>
5. ____	6. ____	7. ____
12. ____	13. ____	14. ____
19. ____	20. ____	21. ____
26. ____	27. ____	28. ____
33. ____	34. ____	35. ____
<b>Totals:</b> ____	____	____

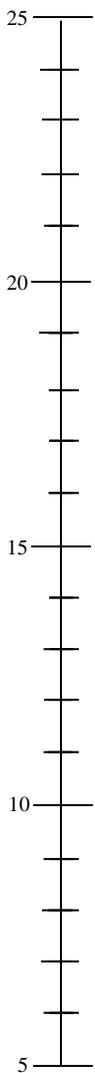


## Family Profile Graph Cont.

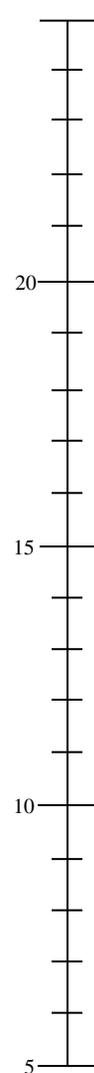
**Family  
Fun**



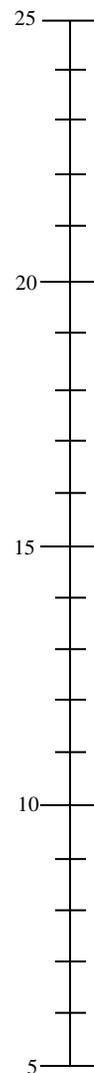
**Family  
Decisions**



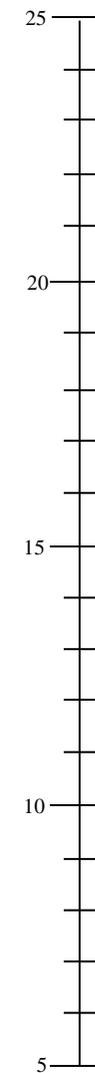
**Family  
Pride**



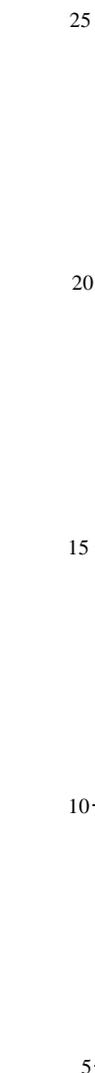
**Family  
Values**



**Family  
Feelings**



**Family  
Communication**



**Family  
Confidence**

