

November
2017

Veterans Day Nov 11



Free Delivery by US MAIL
to over 6,600 Southern
St. Augustine Homes Monthly
St. Augustine Shores
St. Augustine South

St. Augustine Observer

NEWS INFORMATION FOR & ABOUT RESIDENTS OF ST. AUGUSTINE, FL

"THE CHRIS THOMAS BAND"

The St. Augustine Shores Riverview Club
Sunday Evening, November 5th, 2017 – 6:00 PM to 9:00 PM



COME JOIN US TO WELCOME "THE CHRIS THOMAS BAND". CHRIS THOMAS will be performing at the Shores Activities Club's Early Dance Social on Sunday Evening, November 5th, 2017 from 6:00 PM to 9:00 PM at the Riverview Club Hall in St. Augustine Shores (790 Christina Drive). Chris and his band recently performed at the Times Union Center in Jacksonville and are just back from performing in London, England. Chris is a professional vocal talent who is also an exciting entertainer fashioned in the way of the great performers of years gone by such as Sinatra, Martin, and Davis. He is a master entertainer and vocalist as well as a professional dancer whose mission is to bring big band music back into the mainstream for future generations to enjoy. You will also hear songs from the Motown era all the way up to today's contemporary favorites.

This dance social is BYOB and any snacks that you would like to consume. Shores Activities Club "Dance Members are FREE" and "Club Activity Members and Non-member/Guests are \$15.00". Sign-ups for this party may be made online by visiting our website at: www.staugshores.org. You may also make your reservations at the Riverview Club office (at 790 Christina Drive in the Shores) or by calling (904) 794-2000. For more information, call Dennis on (904) 461-6782.



"50s - 60s OLDIES DANCE PARTY"

The St. Augustine Shores Riverview Club
Friday Evening, November 17th, 2017 – 7:00 PM to 10:00 PM
Frank, Denise & Roy of "The REMINISTYX"

The vocal show group the "REMINISTYX" are returning to perform at the Riverview Club's "50s - 60s Oldies Dance & Party" on Friday evening, November 17th, 2017 from 7:00 PM to 10:00 PM at the Riverview Club Hall in the Shores (790 Christina Drive). "REMINISTYX" is made up of three performers who are well known in the St. Augustine area; Roy Olsson of the Nostalgia band and Frank & Denise Saffiotti of the Frank Saffi band. You will be entertained by the songs of yesteryear, from such oldies groups as; the Four Seasons, the Four Tops, the Beach Boys, the Beatles, Jay & the Americans, Danny & the Juniors, Rosie & the Originals, Santana, the Skyliners, the Duprees, the Platters, and much, much more. You will hear extensive vocals and unique takes on 50's and 60s Doo-Wop, R&B, Soul and other popular oldies favorites of a by-gone era.

This dance social is BYOB and any snacks that you would like to consume. Shores Activities Club "Dance Members are FREE" and "Club Activity Members and Non-member/Guests are \$15.00". Sign-ups for this party may be made online by visiting our website at: www.staugshores.org. You may also make your reservations at the Riverview Club office (at 790 Christina Drive in the Shores) or by calling (904) 794-2000. For more information, call Dennis on (904) 461-6782.

PRSRD SDT
US POSTAGE PAID
ST. AUGUSTINE, FL
PERMIT #132

St. Augustine Observer
1965 A1A South #180
St. Augustine, FL 32080-6509



Sertoma St. Augustine & Ancient City Road Runners present the 11th annual Christmas Compassion 5K and K9 Miler Saturday, December 16th, 2017 at 8:00 am. The start will be near 49 Shores Blvd at the entrance to St. Augustine Shores.

Pre-registration price is \$25 & includes a T-shirt. Race day price \$30. **T-Shirt sizes are guaranteed for those pre-registering on or before December 1, 2017. Prize Drawings and Hand Crafted Finishers Awards for both runs. Professional chip timing by Race Smith (www.RaceSmith.com).

Packet pickup, Friday, Dec 15th from 5-7pm @ St. Augustine, Rehabilitation Specialties STARS, 105 Mariner Health Way #213, St Augustine, 32086. Packet pickup also day of race beginning at 7am. Contact Jim Wauldron for further info: Jim@DonsFriend.com 904-687-5939.

The mission of Sertoma of St. Augustine has always been to provide "Service to Mankind" and continue to be a beacon of hope for local community members in need. With funds raised from the annual Compassion 5K, Sertoma of St. Augustine is able to help ease the financial burden of local families that are currently living with a major health crisis, many of which are life threatening. (continued on page 12)

What's Inside The Observer This Month...

- *St. Augustine Shores:* September Board Updates
- *Health Update:* Pain Following Mastectomy or Lumpectomy
- *Computer Corner:* Accounts and Passwords
- *Financial Focus:* Required Withdrawals from Retirement Plans: What Should You Know?
- *In the Law:* Estate Planning: When is it a Good Time to Start?
- "Taste of the Beach" Set for November 12th
- Exercise to Become Smarter?



Berta Odom

Cell: 904-466-0114
Office: 904-825-2700
Fax: 904-461-9501

E-Mail: propertybyberta@aol.com
Web: www.bertabythebeach.com

KNOWLEDGE. EXPERIENCE. TRUST.

2798 US 1 South St. Augustine, FL 32086
Independently Owned & Operated



2013 Realtor of the Year



Sunshine Roof Services LLC

RECENT STORM DAMAGE?
Call your local experts for help with your insurance claim

Important Questions To Ask Your Roofer

May I see proof of workman's compensation insurance? (Don't settle for exempt status)

May I see proof that you are licensed and insured?

Will you provide me with a list of client references I may contact?

Will you guarantee your work and provide a written warranty?

904-794-7100

Free Estimates
Locally owned and operated
State Certified Lic # CCC058201



Best Nails

4010 US 1 Ste. #105
Shoppes at Moultrie Creek
Next to Dick's Wings & Romano's Pizza

- SNS Organic Nails
- Pink & White
- Acrylics
- Gel Nails
- Waxing

• Professional Nail Care

- 100% Sanitize
- OPI Pedicure

Open 7 Days a Week
Mon - Sat 10am - 7pm
Sunday Noon - 5pm
(New, Clean, & Nice Atmosphere)

904-770-5259




BAKER CO.

- Irrigation • Lawn Care
- Landscaping • Pavers

- Residential/Commercial
- Prompt, Reliable Service
- Licensed & Insured

www.bakercompanyinc.com

Call Us At **794-7001**





CGR OF ST AUGUSTINE, INC.
"A Full Service Lawn Care Company"

Mowing • Weed Eating • Hedging • Gutter Cleaning
Pressure Washing • Tree Trimming & Removal
Whatever the Need, Give us a Call
FREE ESTIMATES!
10% Discount for Senior Citizens & New Clients

904-671-4660




EYE CENTER OF ST. AUGUSTINE

THE EYE SURGERY CENTER OF ST. AUGUSTINE

- Cataract & Lens Implant Surgery
- Diabetic Eye Exams
- Glaucoma/Retinal Disease
- All Eye Laser Procedures
- Ophthalmic Plastic Surgery
- Optical Shop On Premises



Paul W. Hund, III, M.D.



Todd P. Thompson, M.D.



N. Patrick Hale, M.D.



Russell W. Nelligan, M.D.*
*Cornea Specialist



Megan N. Scott, M.D.



Michael A. Dagostino, O.D.



Todd S. Hockett, O.D.

1400 U.S. Highway 1 South
Just North of Target
(904) 829-2286

319 West Town Place, Suite 8
World Golf Village
(904) 940-9200

Best Vision Center
12 Years

AAAHC Accredited
Surgery Center



Visit Us On The Web At www.eyecenterstaug.com

Physicians Dedicated To The Care Of Your Eyes

Homeowners 62 or older...

Learn how you can enjoy your retirement years with a Reverse Mortgage.

Call for a quote
JOHN REARDON
Mortgage Consultant & Reverse Mortgage Specialist
Serving all of Florida




904-982-2210

www.floridareversemortgagesmadeeasy.com
Serving St Johns, Duval, Putnam, Flagler, Clay and all NE Florida Counties
Email: john@communitymortgagesolutions.com




Precision Gutters & Aluminum Construction

- Gutters • Soffit • Facia • Screen Rooms
- Replace Screens • Windows • Doors

904-540-7528

Josh Dietly, Contractor/Estimator
sales@precisionaluminumconstruction.com
4965 Crescent Technical Court
St. Augustine, FL 32086
www.precisionaluminumconstruction.com

Lic # BL-5746

The St. Augustine Observer

Published monthly for residents and visitors of St. Augustine, Florida
1965 A1A South #180
St. Augustine, FL 32080-6509
www.observer.vpweb.com
Email: shores@observer.vpweb.com

Cliff Logsdon, Publisher/Editor
(904) 607-1410
Email: clifflogsdon@att.net

Joe Thomas, Sales
(505) 903-2127

Email: joeatobserver@gmail.com

The function of the St. Augustine Observer is to serve residents of St. Augustine areas Communities.

First priority will be given to reporting news and activities of the residents of the St. Augustine local communities, and other news and events that directly affects the St. Augustine area. Second priority will be given to articles of general interest as space permits.

St. Augustine Shores Community Calendar

The Shores Service Corporation
Shores Homeowners Association
(904) 794-2000

www.staugshores.org

• Shores Service Corporation monthly meetings are held on the second Thursday of each month. Meetings are at 7 p.m. at the Riverview Club.

• Conquistador Condominium Board

St. Augustine South Community Calendar

The St. Augustine South Improvement Association
(904) 794-5129

www.staugsouth.com

Associate News Editor
Joan Nizza 904-687-8726

Board Member & Officers

Theresa Nizza – President
Keith Rowland – Treasurer

Information should be received by the 15th of the month in order to appear in the following month's issue. Articles or information may be sent to the St. Augustine Observer, 1965 A1A South #180, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@att.net.

All material submitted to the Observer is subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Observer.

The Observer's acceptance of advertising does not constitute an endorsement or approval of any product or services by the Observer or its staff. It is agreed that the Observer and its staff will not be held liable for information provided herein by submitters/advertisers, including pictures, graphics, websites and/or emails listed, that may have the potential to constitute fraud or other violation of law including copywriting infringements. The publisher reserves the right to refuse advertising that does not meet the publication's standards.

meetings are held on the fourth Monday of each month at 6 p.m. at the Riverview Club.

• Fairview Condominium Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.

• Greens Condominium Board meetings will vary. Contact Steven Sheremeta at Sovereign-Jacobs at 904-461-5556.

• Casa Bella Condominium Board 2016 meetings- March 14th (Annual Meeting) - 6:30 pm, April 11th, 6:30 pm, May 9th, - 6:30 pm, September 12 - 6:30 pm, October 10th, - 6:30 pm, November 11th - 6:30 pm, December 12th - 6:30 pm.

• Women of the Moose-1101 - 2nd and 4th Thursdays "Women of the Moose-1101" meet at 7pm.

• DAV Meeting -3rd Tuesday of the month DAV monthly meeting at 7pm.

• Vietnam Vets Meeting - 4th Tuesday of the month Vietnam Vets meet at 7pm.

• Bingo - Every Thursday at 1pm except Holidays,light lunch, from 11:30 to 12:30. Open to the Public.

Community Classifieds

The Observer offers *free individual community classified ads to Shores and South residents*. Classified ads will not be printed without a name, address and phone number included with the request. *Free ads Are Not to Promote a Business or Personal Service.*

Business, Services, seeking work and others may be placed in the classified section according to the following rate schedule: 1/2" (1-4 lines) \$5, 1" (5-8 lines) \$10, 1 1/2" (9-12 lines) \$15, 2" (13-16 lines) \$20. These Ads should be paid in advance before placed.

Send your ad and payment if required to Observer, 1965 A1A South #180, St. Augustine, 32080-6509. You may email your ad to clifflogsdon@att.net. Deadline for all ads is the 15th of every month for the next month's issue. Free ads up to 5 items only should be sent.

BABYSITTING OFFERED

Mature, reliable Shores resident offers part-time or date-night child care. Experienced with all ages. Non-smoker. Reasonable rates, references avail. Call Ann 904-342-5737.

BABYSITTING OFFERED

I am seeking babysitting jobs in the Shores area after school and on weekends. I am a reliable responsible, experienced teen. I am CPR certified. I have transportation. Refernece available. Call 904-797-2604.

FOR SALE: Antique Dining Room Set Luce furniture co., Scandinavia. 6chairs, table, cupboard, china buffet. \$1495. Please call 904.797.6501.

FOR SALE: Jamis Citizen 1, bicycle, 5'-5'4" women, used a few times only, \$195 (sale price \$380). Keen hiking boots, women's 8.5 worn twice, \$69 (\$135). Beautiful Scully attaché case, Italian leather, pigskin lined, \$150 (original price \$300), no strap, for men or women. Dining set, Duncan Phyfe style, 1940's mahogany, best offer. \$1600. Pennsylvania House

cherry oval, drop leaf coffee table, beautiful like new, \$65. Silverplate flatware by Rogers, "Eternally Yours" in lined box, \$179 OBO. All items in excellent condition and hardly used. Original oil paintings and drawings by local artist. Stored in clean, odor-free home. Call 904.794.2594.

FOR SALE: (1) 5 Piece Ludwig Drum Set. All hardware. 5 Symbals and carrying Cases. \$600 or Best Offer. (2) Aztec Stone Chess Set excellent condition. \$150 obo. (3) 22 x 26 black Luggage travel bag on wheels. Excellent condition. \$75 obo. (4) 95 Piece Decorating stainless steel Tips. \$75. (5) Cooking Fifty- Complete Reference by Chet Holden. \$100 obo. Call 904-794-5637.

FOR SALE: (1) Power Mac G5 Tower Computer. 2 hard drives with software. Works great. \$100. I can send pictures. Call 904-607-1410. (2) Macbook G4 laptop. Works great. Has software. \$75. (3) Dell Desktop PC with software. Works great. \$75. Call 904-607-1410.

Announcement: Learn to draw, or to paint in oil or acrylic, or both. It's never too late. Private or semi-private. Instructor holds BFA, Painting, Certified Art Educator. 904.794.2594.

Our Community Newspapers Reach Thousands of St. Johns County Residents by U.S. Mail.

- St. Augustine Shores
- St. Augustine South



Call 607-1410 To Advertise Your Business Or Service To These Communities or email us at clifflogsdon@att.net

Computer Help for YOU
Computer Professor
Repair & Training
mainely2@bellsouth.net
377-6785
Est. 1997

Fran's Knitting Boutique
"Quality Yarns & Accessories"
• Hand Knitting
• Crochet
• Machine Knitting
• Classes Available
904-797-9951
2765 US 1 S., St. Augustine 32086

JORGE'S HANDYMAN SERVICE, INC.

TRIM & FINE FINISH CARPENTRY

Custom Interior Woodwork
Cabinets * Closets * Shelves * Doors
REMODELING AND RESTORATION

Free Estimates (904) 315-8550

SHORES FREE ESTIMATES!

Lic. # ST-7256

WE DO PLUMBING!
Guranteed Repairs & Installation
Prompt 7 Day Service
Free Estimates
824-1836
\$20.00 OFF
Limit one coupon per customer

Licensed # CFC057849

Elvis Tree Climber Extraordinaire
Specializing in:
• Tree Removal • Trimming
• Pruning • Stump Grinding
Offering senior discounts
\$25 off any tree job of \$250 or more.
All with a 100% satisfaction guarantee.
Please call 904 347 1196

Airport Connection
Airport Service to Jacksonville Airport

24 Hours
7 Days a Week
Door to Door Service

Private Automobile Service
Local (904)814-3065

St. Augustine Shores Club News

November 2017 Riverview Club Calendar

NOVEMBER DANCES - Dance Club Members: FREE, Guests: \$15.00/pp
RSVP at www.staugshores.org or call 904-794-2000



EARLY SOCIAL
6:00 pm to 9:00 pm
BYOB

Sunday, November 5th
Entertainment by The Chris Thomas Band
Hosted by: Nicolas & Mary Arocha

MAIN SOCIAL
7:00 pm to 10:00 pm
BYOB

Friday, November 17th
Entertainment by Reministyx
Hosted by: Dennis & Kathy Salvati



FREE for Activity Members, guests are \$5.00/pp/class.

Bridge	Fridays 1:00 pm
Bridge Lesson	The class is geared to all levels. Thursday at 10:00 am.
Chicago Bridge	Must have a partner to play , Monday and Thursday at 12:30 pm.
Card Game	Calling All Card Players! New card game group on Tuesdays, at 3:30 pm – 6:00 pm. Come and share your favorite card game: 500, Euchre, Pitch, Pinochle, Canasta, etc.
Mah Jongg	Tuesday at 1:00 pm & Wednesday at 10:30 am.
Chair Yoga	Monday, Wednesday & Friday at 10:45 am. A gentler form of yoga for those whom balance is an issue. Wednesdays class offers a 30-minute floor stretches after class. No class on Wednesday, November 22nd.
Yoga	Mondays, Wednesdays and Fridays at 9:00 am. Bring a non-skid mat & wear comfortable clothing (no belts or anything tight around your waist). The class is geared to all levels. No class on Wednesday, November 22nd.
Exercise Class	Tuesday and Thursday at 10:00 am.
Dance Class	Ballroom dance class with Dennis, Thursday at 2:00 pm. No class on Thursday, November 30th. Dance Class is FREE for Activities & Dance Club Members.
Line Dancing	Every Monday at 6:30 pm and Wednesday at 10:00 am.
Zumba	Tuesdays at 5:30 pm. Low-impact Zumba to protect joints. Come sweat, lose weight, meet people, and have a blast!
Writers in	Tuesday the 14 th at 1 pm - The second meeting has been canceled due to the Thanksgiving holiday.
the Shores	The topic "How do you know when you're home?" was chosen for this month on the 14 th . There are no officers, dues or requirements. For information call Donna at 794-0789.

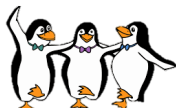
Check out the latest events at
www.staugshores.org

Upcoming Events at the Riverview Club

FALL YARD SALE, Saturday, November 4th, from 8:00am to 1:00pm

Christmas Social: Friday, December 15th (6pm to 10pm) – Entertainment by Frank Saffi

New Year's Social: Saturday, December 30th (8pm to 11pm) – Entertainment by Nostalgia



Riverview Club Events

NOVEMBER DANCES

Dance Club Members: FREE, Guests: \$15.00/pp
RSVP at www.staugshores.org or call 904-794-2000

EARLY SOCIAL

Sunday, November 5th 6:00 pm to 9:00 pm, Entertainment by The Chris Thomas Band *BYOB*

MAIN SOCIAL

Friday, November 17th 7:00 pm to 10:00 pm, Entertainment by Reministyx *BYOB*

FREE Introductory Fitness Pole Walking Clinic with Sheila Vidamour

• Wednesday, November 8th at 12:30 pm - Meet in the ballroom of the Riverview Club.

• Pre-registration is required: to register call 904-540-1067, or email Sheila: walkyourpath406@aol.com.

Pole Walking is a fun and easy way to get a very effective and efficient total body aerobic workout! Please wear comfortable walking shoes and demo Walking Poles will be provided.

FALL SHORES YARD SALE

Saturday, November 4th, from 8:00am to 1:00pm, St. Augustine Shores' residents, call the office at 904-797-6441 to reserve your free spot! (Rain date: 11/11/17).

St. Augustine Shores Service Corporation September 14th Board Meeting Summary

"This Summary is an overview by the Observer Editor and is not the complete meeting minutes. Minutes are to be approved and posted at the Riverview Club and Association Website."

The St. Augustine Shores Service Corporation's Board of Directors meeting was called to order by President James O'Such at 7:00 P.M. Present: Vice President Austin Dietly, Treasurer Claire Lorbeer, Director Thomas Filloramo, Director Jeremy Duncan, Secretary Nicolas Arocha. Absent Director Philip Van Tiem. Quorum Established.

The Invocation was given by General Manager Smith followed by the Pledge of Allegiance. Approval of the Minutes for August 10, 2017 were read and approved.

President O'Such informed the membership that the meeting was going to be brief due to the water main break that provides water to the building. We lost two large trees during Hurricane Irma in front of the Riverview Facility and the root systems destroyed the water main. The Treasurers Report was accepted for audit.

Managers' Report - Joseph H. Smith III

2016 – 2017 Audit: The Board was informed that we have again received a favorable audit and that there will be a presentation at the October meeting. This presentation is delayed due to power outages caused by Hurricane Irma. A preliminary copy of the audit was provided to the Board.

Pier Project: President O'Such explained that Yelton Construction had been awarded the bid to reconstruct the pier damaged by Hurricane Matthew. The project was 75% complete before Hurricane Irma destroyed the pier again causing more damage than Matthew. Yelton was to provide a cost to continue the repair but could not get the figures for tonight's meeting. The original project was approved at \$115,000 and the cost incurred at this point is \$50,000. Yelton recommends that we repair the first 250 feet with the material that is still there and that we build the second 250 feet with new lumber and pilings and raise the elevation higher than the storm surge level that we currently experienced. President O'Such stated that we will have a Special Board of Directors Meeting. Secretary Arocha requests that we involve legal counsel for advice with our decision to reconstruct the pier or dispose of the amenity.

Landscape Services Contract: The current contract with J.M. Baker Co., Inc contains a clause that states that if there are going to be negotiations to renew the contract they are to commence 10 months prior to contract expiration June 30, 2018. Florida Statute 3055 was provided to the Board. This explains the requirements for bidding out provided services. General Manager Smith discussed the landscape services provided by J. M. Baker Co., Inc. Director Duncan stated that the landscape services provided by J. M. Baker Co., Inc at the Conquistador Condominium far exceeded the services provided by several other companies they have contracted. Motion made, seconded, and carried that as long as a reasonable renewal rate can be worked out that we start the process of renewal without going out for bid.

Home Office Applications: 1. Motion, seconded and approved for 524 San Bruno Way, for the purpose of contractor/real estate development. He agrees to abide by County Ordinance 95 – 9. 2. Motion, seconded and approved for 816 Alhambra Avenue, for the purpose of financial services for elderly people that need assistance and bookkeeping services. She agrees to abide by County Ordinance 95 – 9.

Directors Comments

Treasure Lorbeer commented on her amazement with our cleanup effort and the amount of work being done after the Hurricane.

President O'Such stated that we will have a Special Board of Directors Meeting Wednesday September 20, 2017 at 7:00 p.m. to discuss the pier project.

He also commended Jason Baker for the job they do on the Shores landscaping.

Members Comments

Barbara Reny, 910 Alcalá Drive, requested help on cleaning her lot after the storm.

Jason Baker volunteered to provide manpower to clean her lot.

Charles Nichols, 928 Alcalá Drive, requested that funds be set aside to help the people on Alcalá Drive clean up the debris that washes up on the shores of their properties after the Hurricanes.

There was a request to secure the tennis courts.

General Manager Smith stated that a lock and chain has been installed and that we are having the hinges welded to the gate to deter removal of the gate.

Meeting Adjourned.

Rent our spacious & elegant ballroom space for your next event!



Main Hall 5,520 sq. ft.
& Commercial Grade Kitchen
Seating capacity: 350 people
Game Room 1,440 sq. ft.
Seating capacity: 70 people
Card Room 825 sq. ft.
Seating capacity: 40 people



- Weddings
- Birthdays
- Meetings
- Rehearsals
- Receptions
- Reunions
- Fund Raisers
- Anniversaries
- Baby Shower
- Dinner Dances
- Graduation Party
- Retirement Party
- Memorial Service
- Engagement Party
- Office/Holiday Party

RIVERVIEW CLUB
SAINT AUGUSTINE SHORES
790 Christina Drive
St. Augustine, FL 32086
904.794.2000

St. Mary's by the Sea National Catholic Church (PNCC)

Mass Time - 10:00 Sundays

Healing Mass 1st Wednesday 12:00 Noon

All are welcome!!



Worship with us in the Historic Moultrie Chapel
480 Wildwood Drive 32086 • 904-392-9840 • Stmarysbts.org

News Around Southern St. Augustine

Writers In The Shores

By Donna Johnson

The November meeting for Writers in the Shores will be on Tuesday the 14th. The second meeting has been canceled due to the Thanksgiving holiday. Since there is only one meeting, it was decided to write about this month's topic "How do you know when you're home?" on the 14th. Come join us, you just might like us! Everyone is welcome and we would like to invite anyone who loves to write. You do not have to be a member. We meet here at 1pm at the Riverview Club Library. We are a casual group who enjoy sharing their work and related discussion with each other. There are no officers, dues or requirements. All genres are encompassed. For information call Donna at 794-0789.

St. Augustine Travel Club

by Peter Dytrych

Our next Travel Club will be held on Wednesday, November 8, at 3:00 pm, at the Southeast Branch Public Library. We will be covering European Train Journeys, Part 1, traveling across Romania and Hungary. This topic is rescheduled from the previous September meeting which was canceled. The Travel Club is free to all St. Augustine residents and their friends and no preregistration is necessary.

St. Augustine Travel Club Annual Cruise - April 2018

The St. Augustine Travel Club will again be sailing the seas on Sunday, April 8 to Sunday, April 15, 2018 on the Oasis of the Seas out of Port Canaveral to the ports of St. Maarten, San Juan and Labadee for a 7-day Eastern Caribbean cruise. Prices start from \$875.54 per person, double occupancy, for inside cabin, inclusive of all port fees and taxes. Oceanview and balcony cabins are available at higher cost. Book now with a \$250 pp deposit and receive a \$50 per cabin On Board Credit. Call Peter, St. Augustine Travel Club at (904) 797-3736 for more information and reservation.

St. Augustine Jazz Society Jazz Jam

by Jamie Lee, Pianist, 904-237-9268
Website: <http://jamileepiano.moonfruit.com>

Jazz Jam: St. Augustine Jazz Society monthly Jazz Jam. Royal St. Augustine Golf Club the last Sunday of each month, except December. 2:00-5:00 p.m. Open to the public. Admission is \$7.00/non-member, \$5.00/members. A non-profit, money goes for scholarships to St. John's County jazz band members in middle, high school and college. 301 Royal St. Augustine Pkwy. off SR 16. Live music from local and famous musicians and vocalists, dancing, drinks for purchase. St. Augustine Jazz Society for more info on scholarships and jazz jams.

I am a local entertainer living in the Shores, with a different twist. I perform in a variety of venues, but most important is what I do in Assisted Living Facilities, COA's, Rehab and Memory Care and the Vets' Home.

My repertoire as a pianist and vocalist includes songs that are over 118 years old through the 1950's, with songs they grew up on. My shows include: Name that Tune, Stump the Pianist, sing-alongs, parodies and musical memories. Music is the very last thing that leaves them, and I have had many special moments with these folks, and am honored to serve them.

I have had interesting, heart-felt moments with these folks and feel that this would make a good article. I keep a journal of fun memories they have given me.

For example I called this man, "Tom, the Dancing Man." It was an advanced memory care unit. Every time I played there, he'd go around the table of about 10-12 women and dance a song with each of them. But this one time, he danced alone, taking his wallet out of his pocket, opened it, kissed it and held it to his chest and danced. After the song was over, he put the wallet in front of me to display a beautiful picture of him in his Military Dress Uniform, and his wife in an evening gown. He said, "She said to say 'thank you for playing our favorite song.'" I asked him what her name was. He replied, "I never once called her by her name. I always called her 'Sweetheart'." The song I had just played was "Let Me Call You Sweetheart". Any idea how hard it is to sing with a lump in your throat, trying not to cry? I switched to a song that was just piano, "In the Mood", where I didn't have to sing. (continued on page 13)

Shores Service Corporation Pier Repair Board Meeting Sept 20th Summary

The St. Augustine Shores Service Corporation's Special Board of Directors meeting was called to order by President James O'Such at 7:00 P.M. Present: Vice President Austin Dietly, Treasurer Claire Lorbeer, Director Thomas Filloramo, Director Jeremy Duncan, Secretary Nicolas Arocha, Director Philip Van Tiem. Quorum Established.

General Manager Smith explained the origin of the pier, the Reserve Study that accounts for replacement of the pier and provided a status on the work completed and the work needed to complete the replacement of the pier.

The construction cost for the work completed prior to Hurricane Irma is \$50,000. The cost to reconstruct the pier after Hurricane Irma using the first 250 feet of pier as it exists and building new pier at a higher elevation with new wood for the second 250 feet and the terminal end is \$198,750.00. Secretary Arocha discussed obtaining permitting for a pier through the Army Core of Engineers.

Vice President Dietly made a motion to accept the bid to continue construction on the pier to stay first in line and complete the project. Seconded by Director Van Tiem.

Director Duncan voiced his concerns on future liabilities for future Boards. He is concerned about the financial position of the Service Corporation and spending a large percentage of the Reserves on 1 asset. He recommends we apply for a 3-year business loan at 3.99 percent. President O'Such stated that he supports the attending membership's desire to re-build the pier.

Secretary Arocha reiterated the Boards responsibility to replace an existing amenity that has been destroyed by an Act of God or a Natural Disaster. The membership inquired about the strength of the pier and wanted to know if the reserve fund is added to each year. There is concern about the handrails and splintering. There was discussion on the demand for the pier and the length of the pier. There was comment on the financial structure of the Corporation. There was recommendation to support this project through fundraisers and to appoint a committee to handle this drive. There was comment on the property values associated with the pier. The Motion Carried unanimously.

Meeting Adjourned.

FAMCON: Family History Hints & Helps

Family-friendly event, sharing tips on using FamilySearch.org to research and record your family history at no expense, as well as learning other ways to discover and collect your family's history.

Classes offered include a basic introduction to FamilySearch.org, Research Tips, Creating a Personal History, Organizing Family Reunions, Documenting Sources, Creating Memories Using FamilySearch, Other Research Databases, and Contributing to Billion Graves.com.

The conference is held at The Church of Jesus Christ of Latter-day Saints, 500 Deltona Boulevard, St. Augustine Shores. Sunday, November 19, 2017 from 6:00 to 7:30 pm

Flagler Hospital Quit Smoking Class

Tobacco Free is the way to be! Join us for a FREE six- week Quit Smoking class Flagler Hospital, starting November 14th, 2017 through December 19th, 2017, from 11:00am-12:00pm. FREE patches, lozenges, and gum! FREE quit plan, workbook, water bottle, stress ball and more. Call to register and learn about more classes near you Northeast Florida AHEC (904) 482-0189.



Matanzas Boat and RV Storage

We have Expanded!

Space Available....

Office: 904-315-7979

Email: info@matanzasboat.com

Website: matanzasboat.com

1070 SR 206 East

St. Augustine FL 32086

Our Community Newspaper Reach
Thousands of St. Johns County
Residents by U.S. Mail.



- St. Augustine Shores
- St. Augustine South

Call 607-1410

To Advertise Your Business Or Service
To These Communities or
email us at Clifflogsdon@att.net

**Sharon's Hair Studio
Nail Spa**

Serving Shores & South!

Sharon & Huong invite you
to bring in this ad for.....

\$8 Cuts!

\$20 Pedicure!

\$3 Off \$25 Nail Service

\$40 Perms!

\$5 Off Foil Highlights!

Walk-ins Welcome!

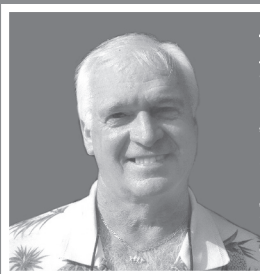

794-0998 377-2365

3400 U.S. 1 South - Suite C • St. Augustine

**REASONABLE - PROMPT
COURTEOUS SERVICE**

"No Overhead-Lower Prices!"

- Refrigerators - Freezers
- Ranges - Icemakers
- Washers - Dryers - Dishwashers
- Garbage Disposals

"Buddy" Murrah

Buddy's Appliance Repair

- GE • Hotpoint • Sears
- Kenmore • Whirlpool
- Roper and others

Same Day Service (Most Cases)

Over 33 Years Experience

(904) 794-5427

News From Around St. Johns County

First Coast Card Club Let's Play Cards!

The First Coast Card Club - Dates for November 2017

- Tuesday, November 7th. St Augustine Main Library, 1960 N. Ponce De Leon Blvd., St Augustine 1:00P
- Saturday, November 11th. Lunch 12:30PM. Cards: 1:30PM. Ponte Vedra Beach Restaurant. Please make contact to Lea to attend. Limited # Of Attendees. RSVP Early!
- Wednesday, November 15th. Ponte Vedra Beach Branch Library, 101 Library Blvd., Ponte Vedra Beach. 1:30P
- Thursday, November 16th. Anastasia Island Library-124 Seagrove Main St., St Augustine Beach. 12:00P
- Tuesday, November 21st. St Augustine Main Library, 1960 N. Ponce De Leon Blvd., St Augustine 1:00P
- Wednesday, November 29th. Clayhill Branch Library-2245 Aster Avenue, Middleburg. 1:30P

Meet more card players at our Community Libraries Every Month. Your Support Is Appreciated. Contact Lea and Mark: 904-829-0643 for more information and verification of events.

St Augustine Jacksonville Newcomers Club Of Northeast Florida Dates For November 2017

- Thursday, November 9th. Dinner 5PM. Trivia 6PM-8PM. St Augustine Beach, FL Restaurant. Please contact Lea in advance for name of restaurant and to attend this event. Limited To 10 Attendees. RSVP Early!
- Friday, November 17th. Tiny House Festival/Dinner-Special All U Care To Eat \$9.99. Elkton, FL.
- Saturday, November 18th. Swim With The Manatees 2.5 Hr Low Cost Tour. 12Noon. Dinner. Crystal River, FL.
- Thursday, November 23rd. Club Members 8th Annual Thanksgiving Dinner Mandarin Restaurant. Guests Okay!

St. Augustine Orchid Society November Meeting

November 7 Meeting- Epidendrums, Encyclias & Prostheceas

Vern Block is our featured November speaker. His presentation will focus on the Epidendrum, Encyclia and Prosthechea genera that were originally classified as Epidendrums. Vern will show you how to differentiate between them and provide culture tips on how to grow them. All our members of the Catteya family and they are hybrids, have become very popular in recent years. They are easy to grow in Florida, providing us with a wide range of colors and shapes. Vern will be happy to answer questions.

Vern is a retired Navy pilot who first became interested in orchids after leaving the service in 1987. Two years later, Vern, and his wife, Helen became owners of the Palm Bay Orchid Range and participated in many orchid shows around the state. They sold the nursery in 2004 but continue to do business on a small scale. For the past twenty years Vern has conducted programs for numerous orchid societies ranging from the Florida Keys to North Carolina.

Bring your flowering orchids to exhibit on the show table. Do not be shy, first time exhibitors get 3 free raffle tickets. Vern will be bringing plants for the sales table. We will have our normal raffle at the end of the meeting. Friends and guests are always welcome.

DATE & TIME: Tuesday November 7, 6:30 pm

EVENT: Epidendrums, Encyclias and Prostheceas

WHERE: Watson Realty Rear Conference Room by back parking lot
3505US 1 South, St. Augustine 32086

Veteran's Day at Crescent Beach Baptist Church

On Sunday November 12, 2017, Crescent Beach Baptist Church will honor immediate family members currently serving, and those with previous military service with our "Wall of Pictures" of local Veterans. Please contact Kevin King at at 697-2600 if you have questions.

EMMA Concert Association presents Holiday Traditions with First Coast Opera

DECEMBER 13, 2017 AT 7:30 PM
LEWIS AUDITORIUM AT FLAGLER COLLEGE

AM AHL AND THE NIGHT VISITORS

Place: Near Bethlehem. Time: The first century, just after the birth of Christ. Amahl, a disabled boy who can walk only with a crutch, has a problem with telling tall tales. He is sitting outside playing his shepherd's pipe when his mother calls him into the house. His mother does not believe him when he tells her there is an amazing star "as big as a window" outside over their roof. Later that night, there is a knock at the door; Amahl goes see who it is. To his amazement he sees three

splendidly dressed kings (the Magi). At first his mother does not believe Amahl, but when she goes to the door to see for herself, she is stunned. The Three Kings explain they are on a long journey to give gifts to a wondrous Child, and they would like to rest at their house. The mother agrees saying that all she can offer is "a cold fireplace and a bed of straw". King Balthazar answers Amahl's questions about his life as a king and asks what Amahl does. Amahl responds that he was once a shepherd, but his mother had to sell his sheep. Now, he and his mother will have to go begging. Amahl then talks with King Kaspar, who is childlike, eccentric, and a bit deaf. Kaspar shows Amahl his box of magic stones, and offers him some candy. Amahl is told to go fetch the neighbors so the kings may be fed and entertained properly. After the neighbors have left and the kings are resting, the mother attempts to steal for her son some of the kings' gold that was meant for the Christ Child. She is thwarted by the kings' page. Amahl wakes to find the page grabbing his mother and attacks him. Seeing Amahl's weak defense of his mother and understanding the motives for the attempted theft, King Melchior says she may keep the gold as the

Holy Child will not need earthly power or wealth to build his kingdom. The mother says she has waited all her life for such a king and asks the kings to take back the gold. She wishes to send a gift but doesn't have anything to send. Amahl, too, has nothing to give the Child except his crutch. As he offers it to the kings, his leg is miraculously healed. With permission from his mother, he leaves with the kings to see the Child and give his crutch in thanks for being healed.

Wild Flower Clinic Quit Smoking Class

Want to stop smoking and make a healthier lifestyle change for free? Join us for a FREE Tools to Quit Smoking class at the Wild Flower Clinic starting November 14th, 2017 from 5:30pm-7:30pm. FREE patches, lozenges, and gum! FREE quit plan, workbook, water bottle, stress ball and more. Call to register and learn about more classes near you Northeast Florida AHEC (904) 482-0189.

Gregory E. Oxford
DDS, MS, PhD
Dental Surgeon

Isabell G. Oxford, DMD
Linda K. Johnson, DMD
General Dentists

- Extractions
- Wisdom Teeth
- IV Sedation
- Implants
- Bone Grafts
- Sinus Elevations
- Gum Surgery
- Laser Therapy
- Soft Tissue Grafts

**Oxford
Dental
Associates**

- Implant Dentistry
- Crowns & Bridges
- Veneers
- White Fillings
- Whitening
- Implant Dentures & Partials
- Digital Impressions
- Sedation Dentistry

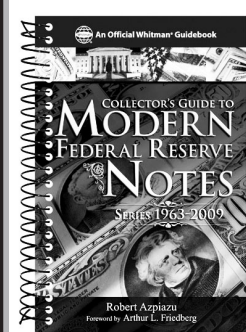


100 Whetstone Place
Suite 308
St. Augustine, FL



810-2345
www.oxforddental.net

First City Currency & Collectables, Inc



Buying US and World Coins and Paper Money
• Complete Coin Collections
• Silver and Gold • Silver Age Comic Books
• Vintage Original Toys • Estate Appraisals
• 50 Years experience in Paper Money and
Coins • Fast Cash on all Purchases

PO Drawer 1629 St Augustine FL, 32085
Phone (904) 794-0784
<http://www.fstctycurr.com>
email us at fstctycu@bellsouth.net

Handcrafted Outdoor Furniture

6050 US Highway 1 South St. Augustine, FL 32086 (904) 797-4312

Roger LeBlanc, a lifelong resident of St. Augustine, spent his younger years remodeling homes. His love for all things woodworking motivated him to transfer these skills into becoming a master craftsman in creating unique outdoor furniture pieces.



All are made completely by hand in his local shop, using local vendors for product material. Popular items include, but not limited to, picnic tables, swings, benches, gliders, chairs, and children's furniture.

Custom orders are welcome. Many of his designs came from client ideas. Bring a picture or drawing of your design and Roger will work with you to create it. Furniture repairs are also welcomed.

Pressure-treated pine is commonly used for it's durability and weather resistance, but any requested wood can be accommodated. Each piece of wood is hand sanded and rounded for smoothness and each is sealed with superior wood sealer. Sealers can be matched to specific tones to match other decor. All items are fully braced to prevent warping over time; screws, nails, and other hardware used are exclusively stainless steel.

Prices are determined by cost of materials and labor time needed to create. Local delivery available for modest charge. Please come and visit us. We are open seven days a week 8 am to 6 pm.



St. Augustine Genealogical Society(SAGS)

St Augustine Genealogical Society General Session Meeting - November 18, 2017
St John's Public Library, SE Branch, 6670 US 1 South, St Augustine, FL

Meredith Wayne Price is the author of Gretel's Cross (2016), a novel portraying a German family's life through World Wars I and II. In writing Gretel's Cross, Meredith created a family tree for the Forner family, as well as a family crest. While this is a fictional novel, much of the story is based on the real life of Gretel Forner. Meredith's presentation will include a Power Point presentation about the family's history placing a concentration on the genealogy aspect and how it shaped the writing of the book.

Meredith Wayne Price was born April 27, 1944, in Clinton County, Indiana, to Marjorie and Paul Price. Meredith Price's early childhood on a farm and neighboring fields engendered a love of family, exploration, and adventure. Meredith has a BA in History from Franklin College, which led to a career in teaching. As a young adult Meredith taught for many years in Germany where he learned the German language and experienced the culture. (website: gretelcross.com)



In Gretel's Cross (2016) Meredith used oral histories and his knowledge of Germany to capture the essence of how Gretel and her hard working extended family faced tragedy, romance, and death between and during the World Wars. Some items in the portrait picture below were included in the book. The picture in the author's hand, for instance, shows Gretel with her friends before their ride around Uberauen in 1926.

Handcrafted Outdoor Furniture

"Custom Built to Specifications"

Roger & Marie LeBlanc
mleblanc123@hotmail.com

6050 US 1 South
St. Augustine, FL 32086



904-797-4312

St. Augustine Shores

FALL

Yard Sale

When: Saturday November 4th
(Rain date, November 11th)

Time: 8:00 am - 1:00 pm

Where: Riverview Club
790 Christina Drive
St. Augustine, FL 32086
904.794.2000

Happy Hound

we treat E'm like Family

"Home Visits & Walks"

Denise & Jared Click

deniseclickart@aol.com

Shores Residents

Dog making your yard a mess?
We will clean it up!



904-392-7896



CRAIG

FUNERAL HOME • CREMATORY • MEMORIAL PARK

(904) 824-1672

www.CraigFuneralHome.com

St. Augustine's Premier Aquarium Store

Saltwater Fish

Corals

Seahorses



FINS2FRAGS

Maintenance Service

Installation

Algae Removal

1050 FL- 206 East, STE E, St. Augustine, FL 32086 • 904-687-0686

www.facebook.com/FINS2FRAGS • 20% Off Livestock or Maintenance

Taste of the Beach

ST JOHNS
COUNTY
PIER PARK



SUNDAY
NOV 12
1 - 5PM

PARTICIPATING RESTAURANTS

- Sunset Grill
- The Purple Olive
- Amici Italian Restaurant
- Salt Life Food Shack
- Viola's Pizza Pasta & More
- Tide's Oyster Company
- BlackFly the Restaurant
- Dan Murphy's Irish Pub
- Cold Calf Ice Cream
- The Grower's Alliance Coffee Shop

COMPETITION CATEGORIES

- Best Appetizer
- Best Entree
- Best Dessert
- Judges Choice
- People's Choice
- Best Decorated Booth

Proceeds benefit



Betty Griffin Center
Healing for now. Hope for tomorrow.

FREE ADMISSION • LIVE MUSIC BY "WISE GUYS"

www.sabca.org

Save the Date

Surf Illumination

Friday, November 17

Wild Flower Meadow Group

by Cindy Taylor

I apologize that the article last month was a repeat from the month before. It was a computer glitch. The pictures were new and this article talks about them, as well as new ones relevant to this article.

Late in August a few members of the St Augustine Camera Club visited the meadow but they didn't come for the flowers. They came to photograph the pollinators. I almost always focus on pulling out lawn grasses and seeing what flowers are blooming but there's more to a wildflower meadow than those. It's a whole eco system offering a safe haven for butterflies, birds, and other Florida natives. They benefit from the meadow and in return the meadow benefits from them. Each has a role for a greater good and is a part of it.

A special thanks to Kay Wells, Catheryn Morrison, and Myrna Bradshaw for their photos with this article.

Hurricane Irma turned all the showy horsemint brown and that was disappointing but where one door closes another opens. Within a week after the storm, Spanish needle were blooming almost as much as the horsemint were before the storm and? The pollinators were back in full force.

We occasionally visit state and county parks and welcome newcomers, even if you want to come only on the outings. Our group meets the



first Saturday of each month at about 8:30 by the Riverview Club House. Our goal is to preserve the wildflower meadow, learn about native plants, and those that grow in this location. We're an informal group without officers or dues and hope you will join us.

We appreciate those of you who care about the gopher tortoise, but don't feed them. They need to provide for themselves. That's the way it is in nature and should be that way in the meadow too.

Call Claire at 904-826-5366 for more information.



Stars and Stripes Program

The Boy Scouts from Troop 345 are participating in an awesome patriotic program this year! The Boys are selling Flag subscriptions for 2018. The Scouts will purchase and store the flag, post and solar light. On 6 holidays, Scouts will post the flag in your yard. The holidays are: President's Day, Memorial Day, Flag Day, Independence Day, Patriot's Day and Veteran's Day. An annual subscription costs \$60. If you are interested in participating, please contact me on this site or by email scwhaley@bellsouth.net no later than December 15th! Subscriptions are limited, so contact me today!



Call for 2018 Dr. Gail Pflaster ROWITA Award Nominations



2016 ROWITA winners with SJCC volunteers & staff.

The St. Johns Cultural Council is seeking nominations for the 2018 Dr. Gail Pflaster ROWITA Awards (Recognizing Outstanding Women in the Arts.) Community members are encouraged to submit nominations of women who have made significant contributions to the arts community in St. Johns County over the course of their lifetime. The ROWITA Recognition Ceremony takes place during Women's History Month each March. To nominate an individual, please fill out the application located at www.stjohnsculture.com

Nominations should be e-mailed to the St. Johns Cultural Council at sjcc@historicoastculture.com as an attachment in pdf or word, with pictures in jpg formats. If you need help with your online submission, please call the St. Johns Cultural Council at 904-808-7330. We encourage you to submit your application by email but if you are unable to submit digitally please submit your nomination to: St. Johns Cultural Council, 15 Old Mission Avenue, St. Augustine, FL 32084. The deadline for submissions is December 1st of each year. Only fully completed nominations will be considered.



Sunday, Nov. 5, 2017
7am-5pm
Preregistration Packet Pickup
Sat., Nov. 4th - 2-5pm
Meehan's Irish Pub

20 Avenida Menendez
 St. Augustine, FL

Join cycling enthusiasts from around the state in the most scenic cycling event in Northeast Florida!

Perhaps no other stretch of highway reaches further into America's history than A1A Scenic and Historical Coastal Byway. An officially designated American Byway, the 72 miles of roadway navigate nature's beauty, history and true serenity. The waters on either side of the byway have been part of American history, nature, archeology and recreation for nearly 500 years.

Starting at Marineland, cyclists will travel along the coastline on beautiful A1A taking 36-, 72- or 100-mile routes through historic St. Augustine, the Hammock and Flagler Beach.

This cycling tour offers 36-, 72- & 100-mile options. Register at www.spoonbillsandsprockets.com to view tour maps.



Work From Home Opportunity

With a Local Title Company

Ideal for Professionals with Experience In:

- Real Estate Title OR
- Real Estate Sales OR
- Mortgage Lending

Set your own pace and get paid for each closing.

More MONEY with More FREEDOM

Supplement your existing income or create a primary revenue source by joining the work-from-remote team of an established title company, in business in Northeast Florida over 20 years.

ThirdPartyMessenger@gmail.com

Total Confidentiality Assured in Inquiry

Valerie Miller
 Pet Sitter

References
 Available

Insured by Pet Sitters Association

Kindred Spirit Pet Sitting

904-615-4075

kindredcatspirit@yahoo.com

1201 Prince Rd
 St. Augustine, FL 32086



MOULTRIE CREEK
NURSING & REHAB CENTER

YOUR BRIDGE FROM HOSPITAL TO HOME

If you or a loved one are in need of Rehabilitation after a Hospital Stay, we know your goal is to get Home as soon as possible.

Our Friendly and Professional Nursing and Rehabilitation staff will get you or a loved one healthy with all the necessary skills you will need to return home.

Please Call or Stop by for a Tour Today!

(904) 797-1800

MOULTRIE CREEK
NURSING & REHAB CENTER

200 Mariner Health Way
St. Augustine, FL 32086

YOUR BRIDGE BETWEEN THE HOSPITAL & HOME

www.MoultrieCreekRehab.com



TAX LAW | WILLS, TRUSTS & ESTATE PLANNING
ELDER LAW | PROBATE & GUARDIANSHIPS
BUSINESS & CORPORATE | ASSET PROTECTION
REAL ESTATE & TITLE CLOSINGS | LITIGATION
CONDOMINIUM & HOMEOWNERS ASSOCIATION



JACKSON
LAW GROUP

Jackson Law Group
 1301 Plantation Island Drive, Suite 304
 St. Augustine, Florida 32080
 (904) 823-3333 | www.JacksonLawGroup.com

Great Local Food & Tasty Irish Traditions
 Open for Breakfast, Lunch & Dinner

10% OFF
 Entire Purchase
Dan Murphy's Irish Pub • 904-295-8101
 Not valid with other offers. Expires 04-09-18

4320 A1A S. • St. Augustine Beach
904-295-8101
www.danmurphysirishpub.com

DELTONA REALTY
 AT ST. AUGUSTINE SHORES
 A DIVISION OF THE DELTONA CORPORATION

904-797-6769
www.DeltonaRealtyInc.com or
 Email: melissa.owen@deltona.com

THE GREENS

2BR/2BA second floor condo in St. Augustine Shores. Kitchen has new SS appliances; updated floors and paint; screened lanai. No pets. Community pool. \$1,350 monthly.

CONQUISTADOR

2BR/2BA condo with panoramic intracoastal marsh front views. Rent includes basic cable and trash. Three community pools, tennis court, fishing piers and Shores golf course. \$1,400 monthly.

PORTOFINO

2BR/2BA plus den condo with eat-in breakfast nook, kitchen with granite and stainless, and open living-dining combo that looks out over the lanai with a view of the golf course. Master has walk-in closet with double vanity. Elevator and one space in parking garage with storage. \$1,350 monthly.

FULL SERVICE PROPERTY MANAGEMENT. OUR INVENTORY IS LOW... WE NEED RENTALS!

Pure Energy Electric
 Licensed & Insured ER13014738

Specializing in Residential & Commercial Electrical Renovations, Repairs, & Service.

Phone: 904-829-5038

Email: pureenergyelectric@att.net

Website: www.pureenergyelectric.net

Let us keep your family safe! Call a Professional!

"Let your Light Shine." Matt. 5:16

9th Annual Super Scenic 72-Mile Garage Sale

Saturday, November 18, 2017
 8:00am - 2:00pm

Pick up Super Scenic Raffle Tickets to win prizes valued at up to \$1,000!

Interested in being a vendor?
 Event Coordinator: Danielle Anderson
 Contact: danielle_anderson@scenic1a.org for more information.

A 72-mile shopping extravaganza—the most super scenic garage sale in the country!

The 9th Annual Super Scenic Garage Sale offers shoppers an experience like no other. Starting in Ponte Vedra and ending in Flagler Beach, ten community sites and over a 100 other stops will have bargains galore.

Vendors from Ponte Vedra to Flagler Beach look forward to this day every year and 2016 was our most successful to date! Bring your friends and make a day of this spectacular opportunity to find everything under the sun as your wind your way along the coastal corridor.

Visit www.ScenicA1A.org for updates to the vendor site locations.



Estate Planning: When is it a Good Time to Start?

Jackson Law Group
Julie Ickes, J.D., LL.M.

There are many misconceptions about estate planning, including a core one: it is not important to do until later in life. However, waiting is a gamble. Experience has shown me that waiting can result in agony, frustration, and economic loss for your loved ones. In this article, we will explore how estate planning can be useful over the various stages and circumstances of life.

Parents of minor children (from birth until age 18): Parents should consider having a will because it allows a parent to name who you would like to take care of the custody and finances of their minor children in the event of the parent's death. Parents can also sign documents such as a power of attorney for care of children and designation of health care surrogate for minor that can name someone to take care of the children if the parents are alive but for some reason unavailable.

From young adults to the young at heart: Anyone who is age eighteen or older should consider signing at least a durable power of attorney and also a designation of health care surrogate. These documents would allow you to choose someone to manage your financial life and make medical decisions on your behalf.

Adults with assets. If you do not have a will, your property distribution is subject to the mercy (or shock) of the intestate and homestead descent statutes. These are the default laws that determine who will receive assets in the event someone dies without a will. They may represent your wishes, or they may make the division and distribution of your assets a nightmare for some members of your family.

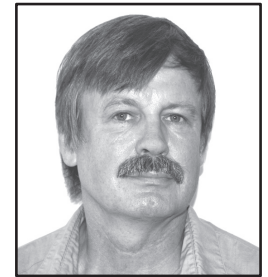
Marriage: The comingling of assets can lead to new challenges. In instances in which one or both spouses have children with another person outside of the marriage, it is very important to visit a qualified estate planning attorney to ensure your wishes will be honored.

Business or Property Owners: If you own a business, it is crucial to discuss a business succession plan. In addition, if you own multiple real estate properties, a qualified attorney can assist with possible asset protection, and management or distribution goals upon your incapacity or death.

So, when is it a good time to start? Now, of course! You should contact a qualified estate planning attorney who can advise you on the best course of action according to your particular circumstances. Julie Ickes is an associate at Jackson Law Group. Her primary practice areas are Estate Planning, Trust and Probate Administration and Guardianships. She received a Bachelor of Arts degree from Smith College. Julie earned her J.D. and LL.M. in Taxation from the University of Florida Levin College of Law.

Computer Corner

By Gary Herrick, Computer Professor
904-377-6785
mainely2@bellsouth.net



Accounts and Passwords

Greetings from Computer Professor – more highlights

Accounts and Passwords – What are “accounts”? If you own a smart phone, tablet, Mac, or Windows computer (windows 8 and higher); you have an account. Two “gadgets” of the same brand and they can share the same account. Gadgets from different companies then they have their own accounts. Just like having two bank accounts; one in two different banks. Got multiple email addresses? Then you have multiple accounts, each different email address has its own account. Every department store, credit card, club, or app you signed up with have their own account with you.

ALL of these accounts associate a user name, email addresses are most often used as user names, and a unique password, THAT ONLY YOU KNOW, in order to grant access that that account. Each company you have the account with may have strict requirements for a tougher password, making it more secure. Upper case vs lower case letters are different,

characters and number can all be used. To date, you will never find a space in a password. Today's world it is more critical to remember your password because if it is mistyped more than once the company goes on high alert and your account can be locked if you have repeated failed attempts.

Your only help for a forgotten password is if you correctly set up the account at the beginning with verified contact information (alternate email address or phone/text number). Only the contact information on record will be used to help you with forgotten passwords. The old “secret” questions are rarely used anymore.

How's your memory? I have a coded book with all my passwords in it. Only someone with my code can unscramble the password but you can just hide a book somewhere because no matter what your age, we all forget passwords we haven't used for a while. The false security of “It is saved in my phone” does no good when you break, trade in or lose your phone.

Robert C. Kelsey MD

Accepting New Patients

Board Certified
Cardiology and Internal Medicine

(904) 827-0078

2720 U.S. HWY 1 SOUTH, STE B
ST. AUGUSTINE, FL 32086



Will Russell

- Shores Resident
- Real Estate Agent
- Whether Buying or Selling I can help make it happen!

Call Now for a Free Market Analysis of your Property!!!!
(904) 814-7305 521 A1A Beach Blvd.
will@EndlessSummerRealty.com St. Augustine, FL 32080
Office (904) 461-8878
"Helping Dreams Come True" Fax (904) 461-8879

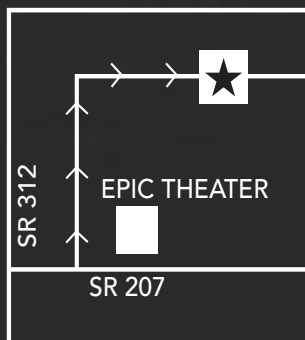


ELITE GERMAN AUTO SERVICE

Formerly known as

JERRY'S MB

COMPLETE REPAIR & MAINTENANCE FOR
MERCEDES AND BMW



2060 Dobbs Rd
(behind Epic Movie - turn at McDonalds)

829.5259



Financial Focus

Information Provided by

Edward Jones

Required Withdrawals from Retirement Plans: What Should You Know?

You may spend decades contributing to your IRA and 401(k). But, eventually, you'll need to use this money. Before that day arrives, you'll want to be familiar with the rules governing withdrawals – and you'll want to know just how much you should take out.

To begin with, withdrawals from traditional employer-sponsored retirement plans like these fall under the Internal Revenue Service's "required minimum distributions" (RMD) guidelines. (You aren't required to take these distributions from a Roth IRA.) Here are some of the key RMD points to keep in mind:

- You need to take distributions by age 70-1/2. You generally should begin taking RMDs in the year in which you turn 70-1/2. If you don't take your first RMD during that year, you must take it no later than April 1 of the following year. If you do put it off until April 1, you must take two distributions in one year.
- If you don't take your RMDs on time, you may have to pay the IRS a 50 percent penalty tax on the taxable portion of your uncollected distribution — so make sure you know your dates.
- You can take more than the minimum. You can withdraw more than the RMD, but,

as the word "required" suggests, you can't withdraw less.

- You may be able to delay RMDs in an employer's retirement plan if you're still working. If your employer's retirement plan permits it, you may not have to take RMDs if you are still working and you are 70-1/2 or older. However, this exception won't apply if you own 5 percent or more of your company.
- To determine your RMD, you'll need to use either the Uniform Lifetime Table, which is based on your life expectancy, or the Joint Life Table, if you have a spouse who is the sole beneficiary and who is more than 10 years younger. Your tax advisor can help you make this selection.

So, now that you know the basic rules of RMDs, you'll need to consider their impact on your retirement income. As mentioned above, you can certainly take out more than the RMD, but should you?

If you need the extra money, then you'll have to take it. However, when determining how much you should take beyond your RMDs, you'll need to weigh some other factors.

For one thing, if you can delay taking Social Security, you'll get bigger checks, so you might be able to lower the amounts you take from your 401(k) and IRA.

Another factor to consider is the size and composition of your investment portfolio held outside your retirement accounts. If you have a sizable amount of investments, with some of them providing regular income, you may be able to afford to take out only your RMDs, or perhaps just slightly more. On the other hand, if your 401(k) and IRA make up the vast majority of your investment holdings, you might need to rely on them much more heavily.

In any case, though, you will need to establish an appropriate withdrawal rate for all your investments to ensure you won't outlive your money. A financial professional can help you calculate this rate.

Do whatever it takes to maximize your benefits from your IRA and 401(k). They're valuable assets – so use them wisely.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Investing is about more than money.

At Edward Jones, we stop to ask you the question: "What's important to you?" Without that insight and a real understanding of your goals, investing holds little meaning.

Contact your Edward Jones financial advisor for a one-on-one appointment to discuss what's really important: *your goals.*

Geoffrey S. Nadler
Financial Advisor
4255 US 1 South Suite 7
St. Augustine, FL 32086
904-794-2012

www.edwardjones.com
Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

*Please Support the Sponsors!
they make this publication possible!*

St. Augustine Beach Civic Association

by Bill Jones, President

www.thecivicasociation.com

"Taste of the Beach" Set for November 12th



After a postponement due to Hurricane Irma, the Civic Association is pleased to announce a new date for the Taste of the Beach. Join us on November 12th at Pier Park from noon until 5 PM as over a dozen local eateries compete for bragging rights for Best Appetizer, Best Entrée, Best Dessert and the coveted People's Choice Award. Proceeds from this event will go to the Betty Griffin Center to help assist local victims of Domestic Violence. Beer, wine and soft drinks will be available for purchase too. A big thank you to Steve Cupolo and Coldwell Banker Premier Properties for sponsoring this event! For more information please visit our website at www.sabca.org or our Facebook event page Taste of the Beach. The holidays are right around the corner and we are proud to once again announce that our Surf Illumination event will take place at Pier Park on Friday November 17th from 4 until 7 PM. Holiday music, free photos with Santa, face painting and of course the Tree Lighting at approximately 6 PM. We'll also have a

number of arts & crafts vendors for people looking for unique and locally made holiday gifts. Surf Illumination is presented by Longstreet Auto, Ameris Bank, The Sunshine Shop, Anastasia Painting, Fort Menedez at The Old Florida Museum, Pop A Lock, Life Storage and FBT Mortgage. Join us for the "unofficial kickoff" of the Nights of Lights season at Pier Park on November 17th.

Finally a big pat on the back to Director Joe Howell and his Public Works team along with Chief Robert Hardwick and his officers for the outstanding work done during both of our recent hurricanes. Our community's streets got cleaned up quickly and the police presence before during after the storm was a real blessing to business and homeowners. We truly reside in a great community with a team of extremely competent City staff!

Our next Civic Association meeting is set for Tuesday November 14th at City Hall. Doors open at 6:30 with the business meeting at 7 PM. Members and the Public are invited. 2018 Civic Association Membership cards will be available too.

Compassion 5K

(continued from page 1)

The prime objective of Ancient City Road Runners (ACRR) is the promotion and encouragement of long distance running and the education of the public of its benefits. ACRR's goal is to raise money for St. Johns County high school and middle school cross country running programs as well as hosting an annual ACRR Summer Running Camp for middle and high school students. Cold Cow, Papa Johns Pizza, Smoothie King and Starbucks, will be on site supporting the Compassion 5K with refreshments for this year's race.

Compassion 5K
RUN FOR THEIR LIVES!



JOY

Find Joy at Shores
United Methodist!

724 Shores Boulevard
St. Augustine, Florida 32086
(904) 797-4416

www.shoresumc.org

8:45 a.m. Traditional Service
10:00 a.m. Sunday School
11:00 a.m. Contemporary Service

Heritage Baptist Church

"A Warm & Friendly Fellowship"

Sunday School 9:30 a.m.
Morning Service 10:30 a.m.
Evening Services 5:30 p.m.
Wednesday Night Services 7 p.m.

1480 Wildwood Drive
St. Augustine, FL 32086
904-824-8888

Mr. Bathtub

Repair & refinish bathtubs, sinks, tile,
countertops, Walkthru units, seats, grab
bars, non slip treatments for all floors,
tubs & showers

904-806-0360
www.mr-bathtub.com

RESIDENTIAL FULLY INSURED
COMMERCIAL 35 YEARS
EXPERIENCE

K.D.'S WINDOW
CLEANING &
JANITORIAL CO.

FREE ESTIMATE
904-826-3490

\$5 OFF TO SHORES RESIDENTS
WITH THIS AD

LIC.#224000027458

Exercise to Become Smarter?

by Rebecca Young

There is a myth that spread through movies such as "Lucy" starring Morgan Freeman and Scarlett Johansson that people only use about 10% of their brain capacity. This is far from the truth. In reality we utilize 100% of our brain's capacity from conception to death, brain cells (neurons) die and grow.

This neuronal growth, also known as neurogenesis, is the reason that we have memories, are able to learn to walk and talk as a child, as well as earn an advanced degree well into our advanced years. It also impacts our intellectual abilities such as being able to critically think, solve complicated problems, and regulate emotional responses. The more we are able to positively impact our brain's ability to grow new neurons, our overall brain function improves in every aspect of our lives from interpersonal relationships, higher intellectual abilities, and the ability to learn. While diseases such as Alzheimer and Dementia impacts mature adults, the once assumed reality of intellectual decline as a natural part of aging is not necessarily true. We can age gracefully and be mentally sound until the end of our days.

There are many ways to impact the brain. The most direct means is through exercise, specifically aerobic exercise. The physical stress of aerobic exercise stimulates the brain to create brain-derived neurotropic actors that increase energy in the brain, produces new brain cells, and the production of antioxidants that protects existing brain cells. The physical stress required to create the benefits of exercise need not be high intensity for long periods of time. Too much exercise, for too long, and at very high intensity is actually damaging to the brain and the body. It is always important to seek the advice from a physician to ensure that you are safe to exercise.

The ideal amount of exercise to stimulate neuron growth is to incorporate aerobic exercise three days a week for 40 minutes that raises the heartrate. Often times when thinking about starting an aerobic activity, running or jogging is the first to come to mind. While this form of aerobic exercise is a great way to raise the heartrate, many are not ready for this form of exercise without injury. Some options are cycling, brisk walking, swimming, dancing, or hiking. It will be important to find a means in which to exercise that is safe, something that you enjoy, and are physically able to do in proper form to prevent injury.

There are other benefits of exercise besides the growth and protection of brain cells. It was found in many studies that exercise is as beneficial for depression as the anti-depressants. Exercise also reduces the amount of stress related symptoms and decrease the impact of anxiety. What more reason do you need to get up and get moving.

St. Augustine Jazz Society Jazz Jam

by Jamie Lee, Pianist, 904-237-9268

(continued from page 1)

Also there was Miss Marie. I was in an eight-piece band when I lived in Jacksonville that also only played the ALFs. At one facility, this woman with a very tall torso was in her wheelchair waiting for our program to begin. She was laying the top of her body across the table. Once the band began, she raised herself and began singing very loud, over the volume of our Peavy speakers. (We never have them too loud for those facilities.) We could not understand the words, nor was she singing what we were playing. The Activities Director made an announcement over the speakers for the staff to come to the dining hall at once, for just a very brief moment. As they entered, each one was astonished. After the show, we were told that she had not spoken a word in the two years she lived there. Six months later, when we returned, Miss Marie had family company from out-of-state for her birthday. She reacted the same way, singing loudly. Her family began to cry. After the show, they informed us that she hadn't spoken a word to any of them in over five years. But there she was, singing opera that she had done in her younger years.

Clients who are stubborn, (won't take a shower, brush teeth, take meds, etc.) will do almost anything you ask as soon as my show is over. I usually tell the staff this prior to the show. They are amazed at how well they cooperate.

Pain Following Mastectomy or Lumpectomy

By Rob Stanborough
PT, DPT, MHSc, MTC, CMTPT, FAAOMPT
(904) 829-3411



First Coast Rehabilitation is often thought of treating only spines issues but actually we help folks with all kinds of dysfunction from head to toe. We treat head/neck pain, shoulder pain, wrist and hand, back, hips, knees, ankles and feet, balance, debility, lymphedema, pelvic pain, TMJ and more. We even treat cancer survivors. In fact, we see many women who have pain following either a mastectomy or lumpectomy. One patient I saw a few years ago came in saying, "I'm alive but in pain. Don't get me wrong, I'm happy to be alive but this pain is unrelenting". And although learned of her cancer just prior to surgery, as it often goes, she did not have pain.

Thank goodness for skilled surgeons but often the pain is not coming from the incision but instead, a dysfunctional muscle(s) and nervous system. Both have become hypersensitized. Both are overloaded and ultra-sensitive to noxious or painful stimuli, which can occur in many other diagnoses. Chronic low back pain, neck/shoulder pain, headaches and even fibromyalgia, to name a few, have contributions of hypersensitivity. In all these instances, the muscles and nervous system can be put under intense, repeated or sustained stresses. When this happens, it is the perfect condition to develop myofascial trigger points.

Breast surgery is not different. Stresses can be intense, repeated or sustained. A research article published in 2010 by Torres Lacomba examined 116 women following breast cancer surgery over a twelve month period and found most who developed myofascial trigger points did so within the first six months. This was followed by a study conducted by Caesar Fernando-lao, who examined 64 women for 12 months and compared findings from those who underwent a lumpectomy to those who endured a total mastectomy. He found there was no difference. Both developed painful trigger points regardless of the extent of the surgery.

Certainly there is a lot going on up to, during and after the time of these procedures. On top of that it may be the first time one learns cancer is involved. Myofascial trigger points are therefore, not a top priority, not should they be and unfortunately are not addressed and later forgotten or missed. Other things can cause pain - incisions, scar tissue, and axillary web syndrome. But after surgery, pain producing myofascial trigger points can be easily diagnosed and treated. They can be palpated and eliminated.

If you are 1, 3, 6 months post op and still having pain, it may be worthwhile to have a physical therapy examination. It should include a palpation exam to identify myofascial trigger points. The therapists at First Coast Rehabilitation are well versed with such an exam and may be able to help. Call and make an appointment to see if we can help.

- Torres Lacomba, et al. Incidence of Myofascial Pain Syndrome in Breast Cancer Surgery: A Prospective Study Clin J Pain, 26, 320-325, 2010

- Fernández-lao, C. et al. Development of active myofascial trigger points in neck and shoulder musculature is similar after lumpectomy or mastectomy surgery for breast cancer. J Bodyw Mov Ther, 16, 183-190, 2012

Rob Stanborough has been a DN Senior Instructor of Dry Needling for Myopain Seminars since 2010, (www.myopainseminars.com). He is currently the only Physical Therapist permitted to perform DN in the state of FL. He is president and co-owner of First Coast Rehabilitation (www.firstcoastrehab.com), as well as co-author of Myofascial Manipulation: Theory & Application, 3rd ed by Proed Inc. He has presented on the topic of soft tissue dysfunction in a variety of venues. Read previous columns posted on www.firstcoastrehab.com.

First Coast Computer Services
At Your Home or Business
Trusted - Patient - Polite

Computer Problems?

Express OnSite Service
(904) 479-5661

First Coast Computer Service for your PC, Mac, iPad, Tablet, WiFi, Printer, File Backup, Virus Removal
Computer, Tablet and Smart Phone Training
First Coast Computer Services is a Service Mark of FCBC

Trusted Service for Over 20 Years
(904) 479-5661 info@fccspro.com www.fccspro.com

"I only want cremation."

Flagler Memorial Cremation Society
669-1809
2600 Old Moultrie Road • St. Augustine

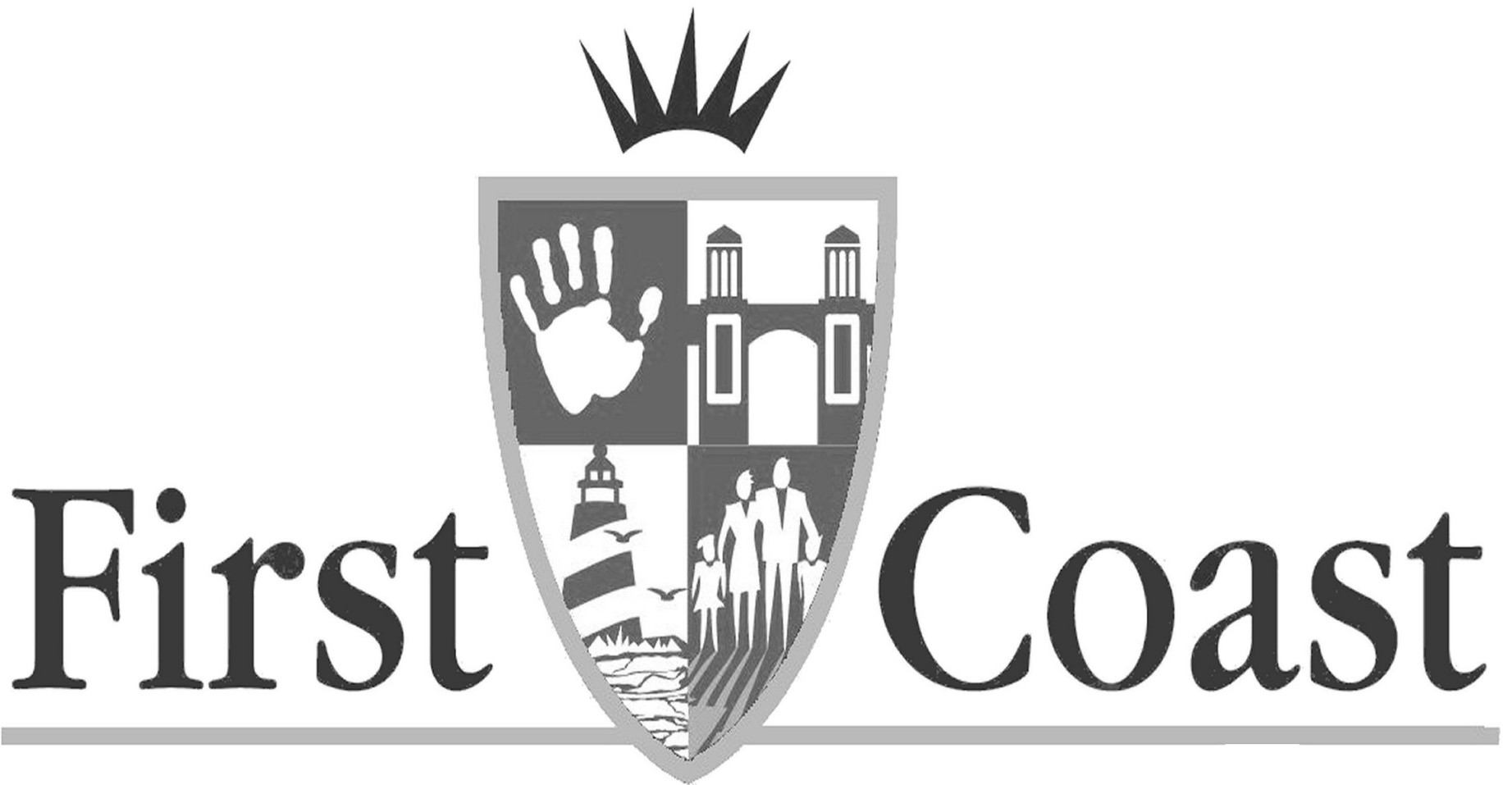
David Hanley's
Lawn Maintenance

Personal Service
No Job Too Big Or Too Small

Cell (904) 501-3976



LLC: L09000017989

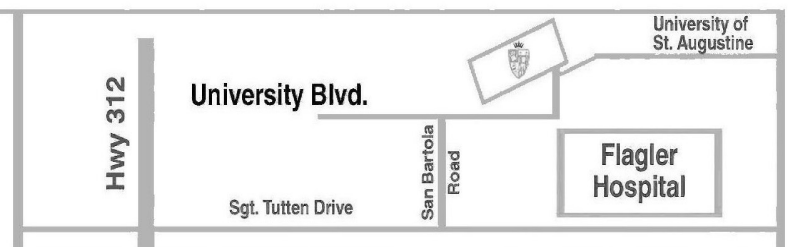


REHABILITATION WELLNESS & PERFORMANCE

Coming soon...

Visit Us At Our Convenient Location:

1 University Boulevard Phone: (904) 829-3411
 St. Augustine, FL 32086 Fax: (904) 829-3412



See a full listing of our services and specialists at: www.firstcoastrehab.com



Superior Pool
Service

904-347-5638

- Pool Cleaning • Acid Wash

Chris Barnes, CPO
Sales@superiorpoolonline.com

4965 Crescent Technical Court
St. Augustine, FL 32086
www.superiorpoolonline.com

FREE 1st Month with Annual Agreement

BEST. BREAKFAST. EVER



HOMEMADE • SOUPS • SALADS • SANDWICHES
• BURGERS • FRIES • AND MORE

(904)-679-5008
926 Santa Maria Blvd. Saint Augustine, FL



Breakfast
\$3 off \$20 ticket

Lunch or Dinner
\$5 off \$25 ticket

Expires Nov 30, 2017



LIVE WHERE EVERYONE WISHES THEY COULD...



CLOSE TO THE BEACH, GOLF AND HISTORIC ST. AUGUSTINE
IN ST. AUGUSTINE SHORES

SAN SAVINO



3 Move-in
Ready
Homes!



~ Let us build your "Dream Home" on one of our remaining oversized lots or select one of our "Ready to Move-In" inventory homes and start "Living the Good Life, today!" Attractively priced from the low \$300,000s.

- ~ Featuring exceptional quality, custom-built homes on oversized homesites
- ~ 10 exciting floor plans ranging from 1,500 square feet to more than 3,000 square feet
- ~ Break away from "cookie cutter" communities and enjoy the best life has to offer at San Savino
- ~ No CDD fee, very low HOA and all homes have irrigation system with well

SAN SAVINO, A HOMES BY DELTONA COMMUNITY - 400 VENICIA WAY, ST. AUGUSTINE FL 32086
904-797-6565 - SANSAVINOHOMES.COM
CL# CBC1261181

Dr. Howard Epstein, Urologist



Howard B. Epstein, M.D., FACS
Board Certified



Katherine Gardner
NP-C



Jonathan Baron
PA-C

- Incontinence - We offer the newest and most effective therapies.
- Cancer Detection & Treatment - Screening for prostate cancer.
- Ultrasound exams. • Biopsies.
- Impotence - Non-surgical and surgical correction.
- Kidney & Urinary Tract Stones - Latest laser correction.



Now accepting appointments and referrals
824-1450
240 Southpark Circle East
St. Augustine, FL



JAMES G. WHITEHOUSE
City, County and Local Government Law

ST. JOHNS
LAW GROUP

DEDICATED & RESPONSIVE

**BOARD CERTIFIED LOCAL
GOVERNMENT LAW EXPERT**

James G. Whitehouse is a Board Certified expert in City, County and Local Government Law. If you need help with real estate permitting or approvals or have a problem going through planning, zoning or historic architectural review in the City of St. Augustine, James G. Whitehouse specializes in land use and, as a former Assistant City Attorney and former Deputy County Attorney, is a proven expert. James routinely assists clients with applications, public hearings and settling disputes.

904.495.0400 www.sjlawgroup.com



Barbara Tatro, P.A.
REALTOR®
904-571-2107



Madalan Marine, P.A.
REALTOR®
904-687-5905



Douglas M. Scarponi, P.A.
Broker Associate
904-654-7119

**Your Local and Global Realtors With
A Team Approach That Can't Be Beat!**

