Covering
Reflexology of the
Feet, Hands, Face,
Head, Ears and
Spine!



Unlike Western healthcare (which tends to focus on treating one symptom/ailment at a time) reflexology addresses the patient as a whole - paying as much attention to their spiritual and emotional well-being as to their physical health.

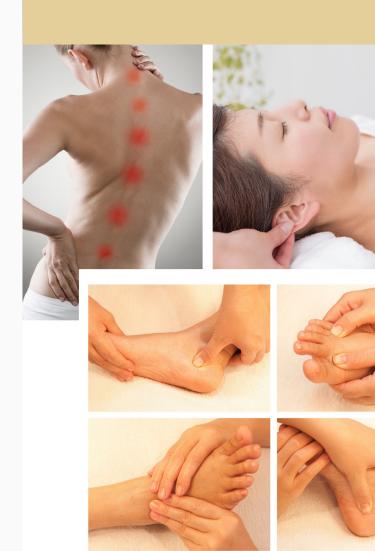
Reflexology is a complementary health care system of massage used to relieve tension and treat illness. This training covers the reflex points in the ears, head, face, back, hands and feet, enabling you to access all the parts of the body and treating the patients entire system.

CONTACT US

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THE TRAINING CENTER OF WELLBEING

ADVANCED REFLEXOLOGY
TRAINING BROCHURE





ABOUT THE COURSE

Pre-requisite: Completion of the 2 day Essentials of Reflexology Training course

Duration of training: 12 months

Cost: £540

Independent Learning Hours: 240

Case Studies: 6 with 2 follow ups on each

IS THIS COURSE FOR YOU?

You must attend all classroom sessions and this course requires considerable commitment to home study as well as completion of ongoing assessments and case studies. Reflexology is a rewarding career and a sought after holistic therapy.

MORE INFORMATION

There is a requirement for advanced anatomy and physiology knowledge for this course and this course is equivalent to a level 4 educational standard. We recommend that you have a minimum of GCSE in English and Maths, and a basic IT knowledge to cope with the academic requirements of this course. You will need internet access and a computer. Upon successful completion of all the elements, you are able to use the letters Dip.ARP after your name (Diploma in Advanced Replexology Practice).

WHATS INCLUDED?

Your training includes:

Full printed manual, classroom sessions, support with case studies, online learning platform, workbook and free e-resources.

CURRICULUM

Codes of conduct and the law

Responsibilities

The professional practitioner

Listening skills

Holistic research

Business management

Anatomy and Physiology

Pathologie

Contraindications

Client Consultation

Therapy Evaluation

Client Aftercare

Reflexology of the Feet

Reflexology of the Hands

Reflexology of the Head, Face and

Ears

Reflexology of the Spine

Assessment of Skin and Nails

Health, Hygiene and Satety

Case Studies

CPD

Accredited by the Complementary Medicine Association