

# **CMSGT RETIRED HELEN D. NOEL**

Chief Master Sergeant (CMSgt) Retired Helen D. Noel was Superintendent, Military Personnel Flight, Eglin Air Force Base, Florida from April 2006 until February 2009. She served as functional manager for over 85 enlisted personnel. Led a 65-member MPF, including 9 civilians and 7 contractors, encompassing 14 work centers and 33 commanders' support staffs. Supported 1 center, 7 wings and 45 units assigned to 5 MAJCOMs. Her responsibilities included providing customer service to over 8,000 active duty/ reserve members and 50,000 retirees and military family members. Managed functional and operational training for over 300 personnel programs. Employed AF's largest personnel deployment function.



CMSgt Noel grew up in Elyria, OH, and entered the Air Force in June 1985. During her military tenure, she served five years as the Deputy Director of the Hickam Air Force Base Airman and Family Readiness Center. In 2007, she re-experienced a 40-year childhood traumatic event and wrote her first novel, *7 Days in the Fire*. Helen published in 2008 and opted retirement in 2009 to pursue her first love of motivational speaking. Her desire is to educate people about Post Traumatic Stress Disorder (PTSD) and to promote resiliency and healing by capturing the audience's attention through "talking story", a Hawaiian term used for conversing. In 2013, she unselfishly donated a kidney to her brother, a victim of the Camp Lejeune Water Contamination. In 2015, she devised a PTSD resilience presentation for DoD personnel and has shared it on military installations with rave reviews. In 2019, she created a PTSD training plan and incorporated interactive group sessions. In addition to writing, her passions include spending quality time with family, gardening, reading, mentoring, and genealogy. She's currently pursuing a degree in Nonprofit Management and is laboring over several books, "*24/7/365, A Military Spouses Manna*", "*It is Written: Am I My Brother's Keeper? Yes I Am!*", and a documentary, "*Generational Trauma, an American Family's 'Post-Traumatic' Love Story*." She's married to Irwin Noel, SMSgt retired US Air Force. They have two sons, Tyrell and Tavaris.

## **EDUCATION:**

1988 Noncommissioned Officer Preparatory Course, Seymour Johnson AFB, NC  
1989 Noncommissioned Officer Leadership School, Nellis AFB, NV  
1992 Associates of Science Degree in Human Resource Mgmt, Community College of the Air Force  
1996 Noncommissioned Officer Academy, McGuire AFB, NJ  
1999 Senior Noncommissioned Officer Academy, by correspondence  
2003 Bachelor of Science Degree in Occupational Education, Wayland Baptist University  
2004 Senior Noncommissioned Officer Academy, Gunter AFB, AL  
2006 Chief's Leadership Course, Gunter AFB, AL  
2006 Master of Arts in Management, Wayland Baptist University

## **OTHER ACHIEVEMENTS:**

1988 Distinguished Graduate, Noncommissioned Officer Preparatory Course  
1998 Headquarters ACC Personnel Manager of the Year, Commander Support Superintendent Category  
2000 15th Air Base Wing Personnel Superintendent of the Year  
2003 15th Airlift Wing Outstanding Family Support Individual Award  
2004 Hickam AFB Very Important Patriot Award  
2004 15th Airlift Wing CMSgt Archer Tuskegee Airman Award  
2004 PACAF Best Family Support Center of the Year  
2004 Distinguished Graduate, Senior Noncommissioned Officer Academy  
2008 Author, *7 Days in the Fire*  
2009 PWOC Speaker/Presenter  
2011 CEO, *Talk Story, Incorporated*  
2011 *Lethal Legacy* Story by Barbara Ciara  
2012 Titus II Advisor, Langley PWOC  
2013 Living Kidney Donor  
2014 USA Today Article by Tom Wilemon  
2015 Calvary Revival Church-Peninsula Women's Ministry Core Team  
2015 DoD-Resilience Trainer  
2017 Calvary Revival Church-Peninsula Women's Ministry Leader  
2019 PTSD Accommodation in the Workforce Trainer