

Overcoming Bad Habits Through Control – PT III

2 Tim 1:7 (AMP)

January 24, 2016

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Today we will complete our message with Part III of “Overcoming Bad Habits Through Control. 2 Timothy 1:7 in the Amplified Bible says “7 For God did not give us a spirit of timidity or cowardice or fear, but [He has given us a spirit] of power and of love and of sound judgment and personal discipline [abilities that result in a calm, well-balanced mind and self-control].” This tells us that we will have victory through the power, love, and discipline that is given us by the Holy Spirit. If we walk in the Spirit of God (*not just say it*), we will live a well-balanced and victorious life.

If we are going to walk in a season of blessings we must overcome bad habits by:

1. Controlling Our Thoughts

a. Roman 12:2; Eph 4:22-24 (AMP)– God expects us to renew our mind

b. Phil 4:8, 2 Cor 10:3-5 (NIV, Voice Bible (VB)) – Bad habits are broken by thinking and practicing good ones.

2. Controlling Our Conversation

a. Watch your speech - Prov 29:11,1, Prov 13:3, Prov 21:23, (Common English Bible (CEB), NLT), Psa 141:3 (CEB)

Proverb 29:11 – “....a [self-confident] fool utters all his anger, but a wise man holds it back and stills it. (AMP)

3. Controlling Our Company

a. Walk with the right people - Psalm 1:1-2 (VB)

b. Cut off what is toxic - 2 Cor 6:14-18; 7:1 (VB)

4. Controlling Our Habits

a. Practice using the fruit of the Spirit – Gal 5:15-26 (NLT, AMP, CEB)

b. Christians don't habitually sin - 1 John 3:6, 9 (Amp)

c. Practice godly principles - Col 3:12-14

Godly Habits:

- | | |
|----------|-----------|
| 1. _____ | 6. _____ |
| 2. _____ | 7. _____ |
| 3. _____ | 8. _____ |
| 4. _____ | 9. _____ |
| 5. _____ | 10. _____ |