

# **Recipes compliments of Ontario Federation** of Anglers and Hunters and Ontario OUT OF DOORS



### Roast Wild Turkey (with Griffin Island Stuffing)

Stuffing:

1/2 cup chopped onions 1/2 cup chopped parsley 6 cup bread cubes

1/2 cup butter 2 tsp. thyme 1 turkey liver, chopped 1/2 cup orange juice

1 tsp. pepper 1 lb. sausage meat 1/2 cup sherry 1 tsp. salt

Melt butter in a heavey skillet. Add onions, cooking over moderate heat for 6 minutes, until lightly coloured. Place in a large mixing bowl. Add sausage to skillet. Over moderate heat, break up meat with a fork while it cooks; then place meat in a sieve over a small bowl to drain fat. Add turkey liver to skillet and brown for 2-3 minutes. Remove from pan, chop coarsley, and add to onions in mixing bowl. Add drained sausage, bread cubes, salt, pepper, thyme, and parsley. Stir with a large spoon. Add sherry and orange juice.

Turkey: 1 tsp. salt

10 - 12 lb wild turkey 1/2 cup coarsley chopped onions 1/2 lb. butter, melted Fresh black pepper

Preheat over to 350°F. Wash turkey under cold, running water and dry thoroughly, inside & out, with paper towels. Rub inside of turkey with salt and a few grindings of black pepper. Fill cavity loosely with stuffing. Close the openings with skewers.



from: Your Game to Cook - Wild Game Cooking by George McQuarrie | Recipe book available for purchase at www.shopofah.org

### **Hungarian Meat Loaf**

- 11/2 lbs ground moose or venison 1 tsp hungarian paprika 1/2 cup chopped onions 1 tsp black pepper 2 cups cornflakes or other cereal Orange juice
- 1 tsp tarragon 11/2 cups choppen tomatoes 11/2 tsp salt 1/2 cup chopped celery 1 small can tomato paste 1/2 cup red wine
- 1/2 lb. ground pork 1 tsp oregano 1/2 cup chopped green peppers 2 eggs, hard-boiled 1/4 cup soya sauce

Combine the meats. Add all other ingredients except eggs, tomato paste and orange juice, and mix thoroughly. Take half of the mixture, place into a loaf pan, and make a channel the full length along the centre. Place the hard-boiled eggs, peeled but unchopped, into the channel. Cover with the rest of the mixture, shaping until smooth, and spread a layer of tomato paste over the top. Bake at 325° for 11/2 hours, basting frequently with orange juice. Let it stand for 10 minutes before slicing.

#### ALTERNATE STUFFING:

1/2 cup diced bread 1/4 cup rice, soaked in hot water 1/4 cup raisins 1/4 cup applesauce (Mix thoroughly and place in centre instead of eggs)

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# Potted Partridge with Rice

Stock:

2 washed, unpeeled onions

4 partridges, plucked & cleaned 2 large, scrubbed, unpeeled carrots 2 bay leaves

Place the birds in a stock pot with the onions, carrots and bay leaves. Add enough water to cover. Bring to a boil, cover and simmer for one hour. Remove birds and vegetables to a container and refrigerate. When birds are cool, remove skins and discard, then remove meat and cut into cubes. Place meat in stock and add the following:

1/2 cup diced turnip 2 tsp. rosemary 1 cup chopped celery 2 tsp. oregano 2 cup chopped onions 1 cup red wine

2 cup diced carrots 1/2 tsp. curry 1/2 lb diced pork

Be sure there is enough liquid to cover contents. Bring to a boil, cover and simmer for 20 minutes. Thicken with roue\* by adding slowly to stock while stirring. Season to tast and serve on a bed of Rice.

\*Roue: Heat 2 tbsp butter in small skillet. Add 4 tbsp. flour gradually, stirring constantly until it reaches a smooth, thick appearance; add to stew as a thickener.

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# **Venison Spanish Stew**

2 lbs venison flank 1 cup green peppers 2 cup water 2 tsp. salt 1 cup diced celery Paprika 1 cup noodles 2 cup tomato juice



Cut venison into 2-inch pieces. Roll meat in flour and sprinkle with paprika. Place in a large pan with hot oil, and brown with onions. Add the water and bring to a boil. Reduce heat; simmer for thirty minutes. Add the rest of the ingredients and simmer for one more hour. Thicken with a roue\*, if necessary.

\*Roue: Heat 2 tbsp butter in small skillet. Add 4 tbsp. flour gradually, stirring constantly until it reaches a smooth, thick appearance; add to stew as a thickener.

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## French Fried Rabbit avec Onion Rings

2 lbs rabbit (or squirrel) meat 1 tsp. tarragon 1 cup flour 2 onions, sliced 1 tsp. salt 1/2 tsp. pepper 4 tbsp. vinegar 1 cup oil 1 cup milk 1 cup water 1 tsp. rosemary 2 eggs Lemons

Marinate meat in water and vinegar for one hour. Cut into serving-sized pieces. Beat together flour, egg, milk, salt, pepper, tarragon, and rosemary. Heat oil until a light haze forms over it. Dip meat in batter, then into the hot oil, and fry until golden brown. Slice onions 1/4 inch thick, dip in batter, and fry on both sides until brown. Serve with quartered lemons.



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# **Big Game Chili Con Carne**

- 1/4 cup & 1/4 cup oil 1 large can tomatoes 2 crused cloves of garlic salt & pepper to taste 2 tsp cumin
- 1 tsp tabasco sauce 2 cups onions, chopped 2 tsp sugar 2 tsp oregano 1 cup dry red wine

2 ducks, well-washed

3 lbs ground moose or venison 1/2 can tomoato paste 4 tsp chili powder 1 can red kidney beans

In a heavy pot, heat 1/4 cup of the oil, add mean, brown approx. 5 minutes, and set aside. Heat the balance of the oil in the pot, add onions, garlic, and braise them. Stir frequently until browned. Return meat to pot and add remaining spices, sauce, tomatoes, tomato paste, and sugar. Mix well. If too thick, add some tomato juice. Season to taste. Simmer slowly for 1 hour, stirring frequently. Add kidney beans and red wine 10 minutes before chili is ready. Serve chili peppers on the side so guests may "heat up" this dish, if desired.



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#### **George's Duck Soup**

Soup Stock:

- 1 tsp oregano 2 bay leaves
- 2 large, scrubbed, unpeeled carrots

1 tsp tarragon 2 unpeeled onions stuck with 6 cloves

2 sticks celery

Dissect breasts from birds and set aside. Place balance of birds with vegetables in a pot, add spices, and cover with water. Bring to a boil, reduce heat, and simmer for 2 hours. Strain stock; discard bones.

1 cup diced carrots 1 cup diced onions 1/2 cup sherry 1/2 cup diced parsnips1/2 cup rice, uncooked1/2 cup chopped smoked ham

1 tsp finely chopped dry orange peel 1 cup chopped tomatoes salt and pepper to taste

Add chopped duck breasts and final ingredients to soup stock and cook until tender. Top with George's Dumplings.

#### **George's Dumplings:**

1 cup flour 2 eggs 2 tbsp. oil

Combine ingredients; drop by teaspoonful onto simmering soup. Cover and simmer for 15 minutes

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2 tbsp. milk





