



Sam D. Bernard

Sam is founding owner and President of **Bernard & Associates, P.C.** his Chattanooga-based private practice focusing on trauma, crisis intervention and disaster mental/behavioral health. He is a founding member and lead psychological clinician of **PAR Partners, International, Inc** a Veterans Administration recognized disabled veteran owned small business. He is founder and President of the Board of Directors for the **PAR Foundation**, a IRS registered non-profit that provides **Preparation, Assessment and Response** for various crisis. Sam is a national and international educator, consultant and program developer concerning psychological / behavioral crisis, trauma, suicide, employee assistance program (EAP) services, psychological autopsies, organizational consultations, and public speaking. He develops special projects to address psychological trauma prevention and recovery in unique and underserved populations.

Academic:

- **PhD:** Columbia State Consortium: Counseling Psych. focusing on disaster psychology and crisis intervention
Internship: Crisis Management International, Atlanta, GA (1 year)
Residency: Erlanger Medical Center's Level One Trauma Center, Chattanooga, TN (1 year)
- **MA:** Austin Peay State University: Clinical Psychology focusing on psychological testing and therapy,
Internship: Harriett Cohn Mental Health Center & Clarksville Hospital's Psych Ward (6 months)
- **BS:** Emory & Henry College: Psychology with a minor in Sociology and Biology;
Internship at SW State Psychiatric Hospital's Geropsychology Unit, Marion, VA (3 months)

Licensure/Certification:

- Licensed Senior Psychological Examiner – Health Service Provider in Tennessee
- National Certified Counselor
- National Certified Gerontological Counselor
- National Certified Psychologist
- Traumatologist; Green Cross
- Board Certified in Comprehensive, School and University Acute Traumatic Stress Management
- Certified Traumatic Stress Consultant; The Institute for Traumatic Stress
- Psychological Autopsy Investigator and Researcher; American Association of Suicidology
- Fellow and Diplomate, American Academy of Experts in Traumatic Stress
- Certified, Critical Incident Stress Management; University of Maryland - Baltimore County
- Certified, Homeland Security – Level III
- Employee Assistance Specialist – Clinical; Employee Assistance Professionals Association

Instructor:

- **International Critical Incident Stress Fdn (ICISF):** Instructor of 19 courses; National Road Show faculty; International faculty
- **FEMA/SAIC/Leidos: Center for Domestic Preparedness- Nobel Training Center**, Anniston, AL: Advanced Public Information Officer course (and "Road-Show" faculty)
- **American Red Cross:** Basic & Adv. CPR; Stress Mgmt.; Disaster Mental Health Services (Retired:30+ years)
- **The Institute for Traumatic Stress:** Acute Traumatic Stress management (ATSM);
ATSM for Schools; University & College ATSM
- **Resiliency Sciences Institutes:** Instructor, Crisis Leadership; University of Maryland-Baltimore County
- **American Academy of Experts in Traumatic Stress (AAETS):** Comprehensive Acute Traumatic Stress Management (CATSM); School ATSM; University ATSM; Excellence in Teaching Award
- **New York Academy of Medicine:** Psychosocial Aspects of Terrorism
- **Green Cross Projects:** Traumatology and Compassion Fatigue Instructor; Training Site Coordinator
- **FEMA's Emergency Management Institute**, Emmitsburg, MD: Advanced Public Information Officer and Master Public Info Officer
Facilitator: Virtual Table-Top Exercises (VTTX)
- **Illinois Dept of Health:** Consultant & Trainer: Intimate Partner Domestic Violence in the LGBTQ Community
- **Suicide Prevention Resource Center:** Assessment & Management of Suicidal Risk (AMSR)
- **QPR Institute :** QPR (Question, Persuade, Refer) Suicide Intervention Model
- **Southern Adventist University** Adjunct Professor, Graduate Counseling Psychology
- **National Association of School Psychologist:** PREPaRE Courses: 1.Crisis Prevention & Preparedness; Comprehensive Safety Planning;
2. Crisis Intervention & Recovery: Roles of School-Based Mental Health Professionals
- **Robert Douglas & Associates:** Advanced Multi-Systemic Resiliency Approach EAP Critical Incident Response:

Board Member:

- **American Academy of Experts in Traumatic Stress:** Board of Scientific & Professional Advisors; Recipient: Excellence in Teaching
- **PAR Foundation,** Founding member, President Board of Directors;
- **Tennessee Suicide Prevention Network,** Founding member, Chair & Emeritus Chair of Governor's Advisory Council;
- **The Institute for Traumatic Stress:** Board of Scientific and Professional Advisors;
- **Eagle Wing Foundation,** Board member and Disaster Behavioral Health consultant;
- **Chattanooga Area Clinical Pastoral Education,** Board member 2017-2021

Volunteer Service:

- **American Red Cross:** Retired after 30+ years beginning in 1975 (15 years old), Instructor in various courses including:
 - =First Aid, Advanced First Aid and Emergency Care
 - =Stress Management
 - =CPR and Professional Rescuer CPR
 - =HIV-AIDS Education
 - =Disaster Mental Health (National Instructor)
- **CISM Team:** Northeast TN CISM; Tri-State CISM Tm; Suicide Postvention Response Tm; School Crisis Support Coop;
- **Civil Air Patrol, Auxiliary US Air Force:** Joined 1990; retired after 24 years holding the rank of Lieutenant Colonel; served as:
 - =Squadron Pilot and Assistant Medical Officer
 - =Southeast Regional Critical Incident Stress Management Officer
 - =Squadron and Wing Public Affairs Officer and attained "master rating" in PAO,
 - =National CISM Team Leader and lead trainer (6 years)
- **TN Suicide Prevention Network:** Founding member; elected 2007 and 2008 Chair, Governor's Advisory Board; first "Emeritus";
- **TN Department of Agriculture & TN Department of Homeland Security:** Consultant: Agri-terrorism and Psychological Impacts;
- **Hamilton County Health Department:** Medical Reserve Corp;
- **Clinical Pastoral Education, Erlanger Medical Center,** Chattanooga, TN; Clinical Consultant/Lecturer,
- **National Center for Missing and Exploited;** Clinical Team
- **Second Life Tennessee;** Clinical Volunteer (*Awareness education concerning human trafficking*)

Incident Response:

- **Woodmore Elementary School Bus** Crash, Chattanooga, TN Clinical consultant to guidance counselor staff
- **Nutro /MARS,** Nashville, TN; Lead Clinical EAP Consultant: Employee killed in terrorist bombing at Brussels Airport, March 2016
- **Chattanooga Terrorist Shooting,** Mayor's Office / Chief of Police / Family Justice Center: Clinical consultant, July 2015
- **Green Cross Projects:** Deputy IC with FSU; Tsunami & Katrina & Rita & Miami post Haitian earthquake
- **GA EMA:** Tri-State Crematory Event response: 2 months on-site working with GBI agents, local responders and families;
- **NYC 9-11-01:** 3 weeks; consulting with FORTUNE 5 Companies in lower Manhattan
- **Local Responses:** robberies, workplace violence, suicide, homicide, drowning, lost person, fires, tornadoes, aviation incidents, etc.

Special Projects:

- Director, Mental Health Services; **Captive Audience:** Abduction prevention, Captivity survival training, Recovery services
- **International Trainer:** NAV Portugal: air traffic controllers (ATC), pilots, cabin crew & Portuguese Air Force ATC;
SkyGuide: Swiss Air Traffic Controllers and airport employees
- FEMA, Public Information Officer** curriculum development focus group for Advanced and Master PIO courses: 2016
- Chattanooga State Community College:** Military Veteran Student Enhancement Project: 2016
- Response Works Aviation Disaster Coordinator:** Nashville, TN International Airport; Co-coordinator Atlanta, GA Airport
- **Magic Relief:** Training magicians in psychological crisis intervention to provide service in disaster shelters
- **John D Martin, EdD Institute for Clinical Crisis Chaplain Education:** educating spiritual leaders in trauma informed shepherding
- **LGBTQO Peer Crisis Support Project:** developing peer crisis support teams internationally
- **Journalist/Media Peer Crisis Support Project:** developing peer crisis support teams for media journalist

Personal: Married; Native of Kingsport, TN; Only child; Home in Chattanooga, TN; Licensed private pilot; People-To-People High School Student Ambassador 1980 – visited Austria, Germany, Italy, Greece, Yugoslavia with home-stays in Austria, Germany, and Greece, then in 1981, France, Egypt, Israel, China and Japan with home-stays in France and Japan; Survivor of an aviation incident in Karachi, Pakistan while serving as a People-To-People High School Ambassador in 1981; Pet therapy with "Buddy" (petit sheltie) until his death in 2010. He has been learning magic since 1976 and is a member of the International Brotherhood of Magicians.

Contact Information:

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