

Roles and Responsibilities in the Family Plan of Action

Responding to Family Issues SEMINAR #23:

Identify the Issue	Completing and F.T.R. worksheet	Apply the Family Values Based Decision Making Model	Complete the practical exercises and video worksheets	Connect the needed resources or support services	Complete a Family Plan of Action for this issue
			worksheets	Services 2	

Purpose:	The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.
Instructions	Bereavement not a process with step by step path for a family to consider when developing their response in how to best create a solution to a family member passing. Complete each step below to formulate your possible family course of action.
Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.
Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews what is included in a Roles and Responsibilities in the Family Plan of Action: What Change to Expect, The Family Meeting, Making a Family Decision. Which of these will the family member need to seek help in solving?
Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.
Key Topic #1: Healthy vs. Unhealthy Characteristics	Your family members will seek identify What Characteristics of both healthy and unhealth relations between members. This is the responsibility of each family member to determine what impact this will have on the family and their loved one? Complete the practical exercise in the Seminar Workbook.
Key Topic #2: Treatment Strategies for Family Members	Each family member will seek clarity as to if complicated parts of the journey. Finding the right therapist and using the correct therapy model is a joint effort between the therapist and family member. Become an educated consumer of mental health services, before it is needed. Complete the practical exercise in the Seminar Workbook.
Key Topic #3: Triangulation Relationships	Having family members who understand a standard way the family will relationships and should be to everyone's advantage. Learn and decide as a family how triangulation may present in some form within family members. Complete worksheet and review with your family therapist.
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Seminar Objectives:

- Learn what a Harm Reduction Model looks like.
- Review the Pros and Cons of Harm Reduction.
- Understand how Harm Reduction helps to avoid overdosing and Fentanyl.

Session Materials Provided:

- A Power Point Presentation w/voice over on slides.
- A Learning Series Study Guidebook. (all 32 seminars)
- A Learning Series Workbook. (all 32 seminars)
- A "It's Time to Get Organized" family organizing binder.
- A "It's Time to Get Networked" family provider community directory.
- A Meeting Agenda, template for each seminar.
- Practical Exercise Handout, for each seminar. Clinical Paper Handout, for each seminar.