

**A Season of Grief
Day 29
Grief Can Feel Unending**



You feel as though you've been in this pit, this dark tunnel, on this roller-coaster ride, far too long, Will this grief never end?

"There is no microwave healing. There's no way you can just zap it, and you're better. God's healing takes time, but morning will come," says Barbara Johnson.

What signs of daybreak do you see in your life? If you are walking blindly in the darkness of despair, look to the God of light to show you the way.

"Weeping may remain for a night, but rejoicing comes in the morning."

Psalm 30:5

Lord Jesus, sometimes I feel like my grief will never end. Show me patches of sunlight in my life today that will spur me on with a healing hope.

Amen