

Mary Warne

Own Testimony

Owner and Founder, RiMa Serene

I was born and raised in Kenya and moved to the United Kingdom when I was in my late 20's and embarked on a career in Nursing. I trained and graduated as a Registered Nurse at the University of Hertfordshire. Since then, I have worked in various departments within National Health Service (NHS) in the United Kingdom Acute setting and most recently in the Community.

As a young person, I unfortunately witnessed death of a person that was very close to me following alcohol dependence. I realised the devastation it caused those left behind. I witnessed it and lived it. Since my nurse training I have often wondered, if there were good treatment centres in Kenya at that time, would such suffering of a loved one have happened? I would hope that no one, out of no choice should have to experience that kind of heartbreak. Today, they would be able to access care with a reputable organisation such as RiMa Serene.

In the course of my career, I have often worked with patients suffering from Alcohol and Drug addiction. I have seen and witnessed what they go through during detoxification. My biggest concern has always been following discharge and once they've gone back into their own environment. Hospital stays are short as opposed to the 90-day program. The risk of relapse is great.

My focus would be to make sure we offer best all-round care. I would like their loved ones and those around them feel comfortable and assured.