**Constitutional Questionnaire for Children:**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If your child is on the Autism Spectrum, and suffered a regression of skills, consider how your child was before the regression when answering the questions. Skip any questions that aren’t relevant or cannot be answered due to health challenges.

1. Does your child act before they think or think before they act?
2. Does your child do well with routine or resist it?
3. Is your child clingy?
4. Is your child shy? Or more sociable? Or both?
5. Do they tend to be warm or cold, in general?
6. How do they react when they hurt someone’s feelings? Does it bother them for some time or do they get over it easily?
7. When someone hurts their feelings do they get over it easily or are they bothered by it for some time?
8. Do they hold grudges?
9. Do they live to eat, or eat to live?
10. How do they do with change? Is it difficult?
11. Is your child a sore loser when playing games?
12. Do they tend to be bossy? Or to be a bully?
13. Are they an instigator or a peace maker?
14. Do they tend to be thirsty or thirst-less?
15. Do they have any fears? If so to what?
16. Do they like to be consoled when upset?
17. Do they resist authority or do they conform to authority?
18. Do you see your child as a leader or as a follower?
19. Are they responsible or care-free or both?
20. What foods do they crave?
21. Are there foods they are sensitive to?
22. Is it hard or easy for them to talk about their feelings? Or to show their feelings?
23. Is it easy or hard for them to make decisions and/or choices?
24. Do they procrastinate?
25. Are they a hands-on learner or a book learner?
26. Do they blush or embarrass easily?
27. Are they competitive?
28. Do they resist the idea of growing up?
29. Are they generally aggravated by heat or cold?
30. In what position do they sleep?
31. Does your child learn easily or do they struggle academically?
32. Does your child ask you, “Do you love me?”
33. How important is what their peers think of them?
34. How does your child do with confrontation? Do they shy away from it or does it not bother them?
35. Do they take apart their toys to see how they work and then put them back together?
36. As an infant would your child allow other adults to hold them or did they insist on being held only by you or their other parent?
37. Briefly describe how your child reacts when reprimanded?