

Four Primary Family Support Structures

Responding to Family Issues SEMINAR #5:

Identify the Issue	Completing and F.T.R. worksheet	Apply the Family Values Based Decision Making Model	Complete the practical exercises and video worksheets	Connect the needed resources or support services	Complete a Family Plan of Action for this issue	>

Purpose:	The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.
Instructions	The "Responding to Family Issues" process provides a step by step path for a family to consider when developing their response in how to best create a solution to a family issue. Complete each step below to formulate your possible family course of action.
Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.
Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews the "Four Primary Family Support Structures" topics include: Identify the different types of family support structures, Creating a Family Plan of Action to the issue. Which of these will the family seek to solve?
Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.
Key Topic #1: Identify in the community the four primary family support structures	Your family will seek balance, by identifying with a professional therapist, which areas the family needs to adjust, the skills required to make this adjustment and a plan with the therapist on how to develop this change. Complete the practical exercise in the Seminar Workbook.
Key Topic #2: Choose which support structure to use in meeting the family needs	Your family members will seek to identify their level of need for therapy and the type that will most benefit the family dynamic. Complete the practical exercise in the workbook
Key Topic #3: Create a family plan of action to address the issue.	Your family members will seek to determine if any of these three obstacles are part of their contribution to the family dynamic: 1Integrated Treatment Models, 2. Multidimensional Family Therapy



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Seminar Objectives:

- Learn what a Harm Reduction Model looks like.
- Review the Pros and Cons of Harm Reduction.
- Understand how Harm Reduction helps to avoid overdosing and Fentanyl.

Session Materials Provided:

- A Power Point Presentation w/voice over on slides.
- A Learning Series Study Guidebook. (all 32 seminars)
- A Learning Series Workbook. (all 32 seminars)
- A "It's Time to Get Organized" family organizing binder.
- A "It's Time to Get Networked" family provider community directory.
- A Meeting Agenda, template for each seminar.
- Practical Exercise Handout, for each seminar. Clinical Paper Handout, for each seminar.