Newborn (0-6 months)

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Please mark all statements that can be answered "yes".

Growt	th & Physical Development Can the child lift his/her head and chest when lying on stomach? Can the child follow a moving object or person with his/her eyes?		
	Does the child have a routine for eating, sleeping, and eliminating? Can the child hold onto a rattle, finger or small toy with hand?		
	Does the child wiggle arms and legs when excited/wanting attention? Does the child roll from tummy to back without help? Can the child sit with support (high chair or person)?		
	Does the child rock on all fours- rocking or moving forward in the crawl Does the child bounce while being held in a standing position?	l position?	
	elp & Cognitive Development		
	Does the child reach for objects that are beyond his/her reach? Does the child grasp onto your hand or other objects (may be loose hold Does the child recognize the bottle or breast? Does the child explore objects with his/her mouth? Does the child open his/her mouth for food? Has the child found his/her fingers and toes?) for at least five seconds?	
	Does the child turn his/her head toward bright colors and lights?		
Social	& Emotional Development		
	Does the child turn to face caregivers voice?		
	Does the child show you that he/she wants attention (by cooing, smiling, Does the child show negative reactions (anger, refusal, fear and withdraw foods or strangers?		ul things as disliked
	Does the child like to be held, rocked, etc?		
	Does the child imitate gestures by caregivers?		
	Does the child recognize self in mirror (may smile, coo, wiggle, etc.)?		
	Does the child show definite times of excitement and disappointment wi	th giggling, squealing, screaming	, etc.
	the primary language spoken in the child's home?		
What is	the primary language spoken in the child's childcare or school environment	ent?	
	Does the child make sounds to imitate words or interact with caregiver? Does the child look in the direction of sounds and people talking? Does the child cry or make sounds in different ways to say he/she is hun Does the child recognize and look for familiar voices? Does the child seem soothed by familiar voices and sounds?		
Child 1	Name:		Age:
Screen	sing completed by:	Date	

This developmental guide compiled by the early childhood team of mental health professionals at Child Guidance Center, a division of Orchard Place, with support from a various professional resources including Child Care Resource & Referral of Central Iowa & Rock Island Head Start.

Child Guidance Center, 808 5th Avenue, Des Moines, Iowa 50309 (515

Infant (7-12 months)

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Please mark all statements that can be answered "yes".

Growt	h & Physical Development		
	Does the child pick up toys or other items with his/her thumb and one	or two fingers?	
	Does the child pull him/herself up from a sitting or crawling position t		niture?
	Does the child move from place to place?		
	☐ By scooting from place to place?		
	☐ By crawling with his/her stomach off the floor?		
	☐ By walking a few steps holding furniture or hand?		
	Does the child close his/her mouth firmly or turn head when no longer	r hungry?	
	Does the child take 1-3 steps before falling or without adult/furniture	support?	
	Does the child have predictable eating, sleeping, eliminating schedule	/routine?	
	Can the child move small objects from one hand to the other with ease	e?	
Self He	elp & Cognitive Development		
	Does the child drink from a sippy cup or a glass when held by an adul	t?	
	Does the child recognize familiar voices and common sounds?		
	Does the child focus his/her eyes on small objects and reach for them?	?	
	Does the child enjoy dropping objects and repeatedly having an adult		
	Does the child have different cries to signal hunger, fear, need for atte		
	Does the child look for object/people that are hidden or covered-under		e seen?
	Does the child explore objects will all 5 senses?		
	& Emotional Development		
	Does the child regularly wave "bye-bye" at appropriate times?		
	Does the child respond to his/her own name?		
	Does the child distinguish between strangers and family members/care	egivers?	
	Does the child like to be tickled, touched, and cuddled?	251,010.	
	Is the child easily soothed by caregivers?		
	Is the child interested in games and toys that other children are playing	g or that other adults have?	
	Does the child show distress if a toy, attention, or snack is taken away		
	Does the child show distress when separating from caregiver?	•	
Langu	age Development		
What is	the primary language spoken in the child's home?the primary language spoken in the child's childcare or school environ		
What is	the primary language spoken in the child's childcare or school environ	ment?	
_			
	Does the child imitate words (i.e. "dada", "mama")?		0
	Does the child use gestures to communicate including shaking head, h	olding out arm, pointing, and/or waving	?
	Does the child show an interest in simple picture books?		
	Does the child pay attention to conversation or radio/TV?		
Child N	Name:	DOB: A	ge:
	ing completed by:	Date:	
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Child Guidance Center, 808 5th Avenue, Des Moines, Iowa 50309 (515)244-2267.

Young Toddler (13-18 months)

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Please mark all statements that can be answered "yes".

Growt	h & Physical Development		
	Can the child walk up stairs using a person or handrail for supp	ort?	
	Does the child walk around the house without frequent falling of		
	Does the child participate in reciprocal play?	1 0	
	Can the child stack 2 blocks?		
	Can the child turn the pages in a story book?		
	Does the child walk holding onto furniture or with adult assistan	nce?	
	Can the child roll a ball?		
	Can the child hold a crayon and scribble?		
	Does the child enjoy pushing, pulling, and dumping things?		
	elp & Cognitive Development		
	Does the child help with dressing by holding out arms for sleev	es or feet for shoes?	
	Does the child take off his/her shoes and socks without help?	es of feet for shees.	
	Does the child drink from a child-sized-cup without assistance?	(occasional spilling may occur)	
	Does the child use a spoon without help and with limited spillin		
	Does the child enjoy opening and closing cabinet doors?	·s·	
	Does the child know the difference between food and things that	at cannot be eaten?	
	Does the child use simple words to get what he/she needs and w		
	& Emotional Development	, unto .	
			4: 11::4:-4 119
	Does the child keep busy and content for a short time doing one	of the following: coloring, build	ding, looking at picture books?
	Can the child bring you an object when asked?		
	Does the child become upset when separated from caregiver(s)	?	
	Does the child recognize his/her reflection in a mirror?		
	Does the child enjoy being the center-of-attention?		
	Does the child appear happy and content with caregiver(s)?		
	Does the child imitate actions and expressions of others?		
	Does the child have other adult attachments (in addition to pare	nt/guardian)?	
Langu	age Development		
What is	the primary language spoken in the child's home?		
What is	the primary language spoken in the child's home?the primary language spoken in the child's childcare or school e	nvironment?	
	Does the child make sounds to indicate wants and needs (i.e. "wa-wa"	', "dat")?	
	Does the child follow directions to show you something?		
	Does the child follow directions to bring you something?		
	Does the child follow directions to get you something?		
	Does the child say 8-20 words that you can understand?		
	Does the child appear to understand what you say to him/her?		
	Does the child say "hi" or "bye" if prompted?		
	Does the child use expressions like "o-oh"?		
	Does the child look at the person who is talking to him/her?		
	Does the child point out a few common objects in books?		
	Does the child repeat a few words or attempt to do so?		
Child 1	Name:	DOB:	Age:
	ing completed by:	2	

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Toddler (19-24 months)

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Please mark all statements that can be answered "yes".

	h & Physical Development		
	Can the child toss a ball in a direction that he/she wants?		
	Does the child walk around the house and yard with ease?		
	Does the child walk up stairs taking one stair with each foot?		
	Can the child bend over to pick up an object without falling?		
	Can the child ride a three wheeler using the pedals? (i.e. Big wh	eel, tricycle, etc.)	
	Can the child stack 3-4 blocks?		
	Does the child climb, run, and jump (child may fall)?		
	Can the child play with a delicate toy or object without breaking	g it? (Balloon, paper airplanes, etc.)	
Self He	elp & Cognitive Development		
	Does the child take off his/her coat without help when the zippe	r or buttons are undone?	
	Does the child like to choose between two items?		
	Does the child assert him/herself and move toward greater indep	pendence (i.e. "no")	
	Does the child recall events/activities from day to day?		
	Does the child understand common symbols?		
	Is the child beginning to use his/her imagination in play and stor		
	Does the child use simple words to express needs and wants to s	siblings, peers, and adults?	
	Can the child predict what comes next in daily routine, common	tasks, and stories?	
Social o	& Emotional Development		
	Does the child show jealously when attention is given to others?)	
	Does the child show a wide range of feelings- may appear to ha	ve some difficulty dealing with feelings?	
	Is the child interested in exploring new places and activities?		
	Does the child use nice touches with siblings, peers, and adults?		
	Does the child play alongside other children more than with the	m?	
	Is the child able to handle frustration (i.e. Being told "no")?		
	Does the child appear to be happy most of each day?		
	Does the child try new activities/experiences following frustration		
	Does the child experiment with independent activities and return	n to caregiver for reassurance/assistance?	
	Does the child have some self soothing skills (rocking, blanket,	teddy bear, etc.)?	
	Is the child beginning to recognize feelings in others?		
Langua	age Development		
What is	the primary language spoken in the child's home?		
What is	the primary language spoken in the child's childcare or school en	nvironment?	
	Does the child have a vocabulary large enough to get him/her w	hat he/she needs (50-100 words)?	
	Does the child put two or more words together?		
	Does the child talk or "jabber" to him/herself frequently?		
	Does the child name familiar objects and toys?		
	Does the child hum or sing simple songs?		
	Does the child point to basic body parts on self or doll?		
Child 1	Name:	DOB:	_Age:
	ing completed by:	Date:	

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This developmental guide compiled by the early childhood team of mental health professionals at Child Guidance Center, a division of Orchard Place, with support

Two Year Old

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Please mark all statements that can be answered "yes".

Growt	h & Physical Development		
	Can the child copy a straight line? (eye-hand coordination to copy and not	t scribble)	
	Does the child jump up and down in place without falling?	,	
	Can the child jump from the bottom step without falling?		
	Can the child move from place to place by jumping or leaping with two fe	eet together?	
	Can the child move around the house including stairs and doors with ease'	•	
	Is the child increasingly active (running, jumping, climbing, exploring)?		
	Can the child drink from a straw?		
	Does the child enjoy movement games (follow the leader)?		
	elp & Cognitive Development		
	Does the child understand and stay away from common dangers?		
	Does the child completely feed him/herself using a spoon, and cup?		
	Can the child undo large buttons, snaps, shoelaces, and zippers?		
	Does the child like to take things apart-put them back together?		
	Does the child put on his/her own shoes? (it is not necessary to have shoes	s on the right foot or to tie/fasten shoes	s).
	Does the child spend time exploring his/her surroundings?		
	& Emotional Development		
	Does the child like to help with common daily activities/chores?		
	Does the child show you with words or behaviors that he/she has to use th	e toilet?	
	Does the child say "please" and "thank you" with prompts from caregiver	?	
	Does the child follow simple rules in small group activities?		
	Does the child respond to basic behavior management?		
	Does the child have less than 3 temper tantrums daily?		
	Can the child sit still when necessary (for limited periods of time)?		
	Does the child seek help from caregivers when necessary?		
	Does the child have regular fears (i.e. Dark, strangers, being left alone)?		
	Is the child easily soothed by caregivers when feeling afraid?		
	Does the child go to comfort a distressed friend or sibling?		
	Does the child treat dolls/animals as if real?		
	age Development		
What is	the primary language spoken in the child's home?		
What is	the primary language spoken in the child's home?the primary language spoken in the child's childcare or school environmen	it?	
	Does the child repeat parts of nursery rhymes or simple songs?		
	Does the child have a growing vocabulary of several 100 words?		
	Does the child use 2-3 word sentences?		
	Does the child enjoy simple stories and rhymes?		
	Does the child copy or repeat words that you encourage him/her to say?		
	Does the child follow simple directions?		
	Does the child say names of toys?		
	Does the child enjoy looking at books repeatedly?		
Child N	Name:	DOB:Age	======================================
Screeni	ing completed by:	Date:	
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from a various professional resources including Child Care Resource & Referral of Central Iowa & Rock Island Head Start.

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Three Year Old

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Can the child demonstrate the concept of "just one"? Can the child demonstrate the concept of "just one"? Can the child match 5 basic/primary colors? Can the child match 5 basic/primary colors? Can the child match circles and squares? Is the child dry 4-7 nights each week? Can the child count up to 2 objects? Can the child take care of most toileting needs without help (undressing, wiping, and dressing)? Is the child dry 6-7 days each week? Can the child associate use with common household objects? Does the child associate use with common household objects? Does the child associate use with common household objects? Does the child use simple 3-5 word sentences? Child Name: DOB: Age: DOB:		se mark all statements that can be answered "yes			
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Does the child identify self as boy or girl? Questions? Does the child use simple 3-5 word sentences? Child Name: Screening completed by: Date:				Does the child ask "wh	no", "what", "where", and "when"
Child Name: DOB: Age: Screening completed by: Date:		•		questions?	
Screening completed by: Date:		j j č		Does the child use sim	ple 3-5 word sentences?
Screening completed by: Date:	Child	l Name:		DOB:	Age:
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from a various professional resources including Child Care Resource & Referral of Central Iowa & Rock Island Head Start.

Child Guidance Center, 808 5th Avenue, Des Moines, Iowa 50309 (515)244-2267.

Child Development Screening Four Year Old

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Please check all statements that can be answered "yes" on a consistent basis.

Growth	& Physical Development	Social 6	& Emotional Development	
	Can the child draw, name and describe recognizable pictures?		Does the child enjoy playing v	with same aged neers?
	Can the child draw a three part person?			ervised for limited periods of time?
	Does the child use blocks/boxes to build structures?		Does the child know to say "p	
	Can the child manipulate come-apart and fit-together objects			h siblings, peers, and adults most
	(puzzles, interlocking blocks?)		(75%) of the time?	ii sionings, peers, and addits most
	Does the child attempt/show interest in copying simple figures,		Is the child able to express fee	lings verbally?
	lines, circles, crosses, letters, and numbers?		Is the child comfortable with	
П	Does the child walk up and down stairs alternating feet while			egular structured social interactions
		Ш		egular structured social interactions
	holding railing or hand?		with peers?	. 1 0
	Can the child stand on one foot for 5 seconds?		Does the child appear happy r	
	Can the child hop on non-preferred foot one hop?			directions from familiar adults?
	Can the child make a play dough/clay ball solid enough to stay		Does the child understand the	1 0
	together when thrown?			nagination/enjoy dramatic play?
	Does the child play games requiring balance? (Hop scotch,		Does the child recognize when	n siblings or peers are feeling sad and
	jumping games)		mad?	
	Can the child thread small beads or cereal onto string?		Does the child take care of toy	ys and clothing?
	Does the child use thumb-forefinger grip most of the time to hold		Is the child able to handle disa	appointment without extreme
	pencils/crayons?		behaviors?	••
	Does the child move paper while cutting?		Does the child have friends in	the neighborhood or childcare?
	Can the child use a key to open a door?		Does the child share with sibl	
	Can the child draw a 5-6 part person?		Can the child participate and	C 1
	Cant eh child build a 10 or more block tower?	_	activities?	
	Can the child trace easier uppercase letters such as HAT?			ing (i.e. dad, fireman, teacher)?
	Can the child copy a cross, plus or X?			I remember own accomplishments?
	Can the child walk forward heel-to-toe for a distance of 5 feet?			protect self and friends- doesn't truly
	Can the child walk backward with ease?		understand concept of lying?	noticet sen and mends- doesn't truly
	Can the child jump forward 10 times?	T		
	<i>y</i> 1		age Development	1 1717 1 0
	Can the child catch a playground ball with hands and chest?	What is	the primary language spoken in t	the child's home?
	p & Cognitive Development			
	Can the child dress self within minimal adult help? (i.e. difficult		the primary language spoken in t	the child's childcare or school
	buttons, etc.)	environr	nent?	
	Does the child eat with a spoon, fork and dinner knife?			
	Can the child place objects in a line from biggest to smallest?		Can the child buy something	in a store with supervision but little
	Does the child recognize letters of name- if taught?		assistance?	
	Can the child count from 1 to 7 out loud?		Can the child tell others in wo	ords how old he/she is?
	Does the child understand the order of daily routine?		Can the child tell others in wo	ords his/her name and sex?
	Does the child understand basic concepts related to size, amount,		Does the child understand "no	ow", "soon", or "later"?
	and time?			about the meaning of a word and then
	Can the child us a knife for spreading?		use that word correctly in a se	
	Can the child copy some letters in his/her first name?		Does the child recognize com	
	Does the child recognize his/her name in print?		2	liar words in simple books or signs
	Does the child attempt to tie own shoes?		(i.e. Stop sign)?	nar words in simple books or signs
	Can the child brush teeth without assistance?		Can the child tell a story with	a beginning middle and end
	Does the child put toys away when asked to do so?	Ш	(without pictures)?	a beginning, iniquie, and end
	Can the child fix a bowl of cereal including pouring milk?			rstand cause and effect? Asking
	Can the child answer the telephone and tell you who is on the		"how" questions?	
	phone?			
Child 1	Name:		DOB:	Age:
Cananina assumbated by				Date:
Screening completed by:				_ Date

This developmental guide compiled by the early childhood team of mental health professionals at Child Guidance Center, a division of Orchard Place, with support from a various professional resources including Child Care Resource & Referral of Central Iowa & Rock Island Head Start.

Child Guidance Center, 808 5th Avenue, Des Moines, Iowa 50309 (515)244-2267.

Child Development Screening Five Year Old

This screening is intended for use by parents, teachers, and early childhood professionals to document development. Information from this tool should be used to design and choose curriculum that supports the developmental strengths and needs identified. This tool is not intended to diagnose developmental delays and should always be used as part of a comprehensive development or education professional.

Please check all statements that can be answered "yes" on a consistent basis.

Growth	& Physical Development	Social &	& Emotional Development	
	Can the child build a tower of 11 or more?		Does the child invent games with simple rules?	
	Can the child copy easier upper case letters to make words (CAT)?		Does the child organize other children and toys for pretend play?	
	Can the child copy some letters in his/her first name?		Does the child have the ability to take turns and share?	
	Can the child draw an 8 part person including eyes and ears?		Does the child seek adult attention in positive and negative ways?	
	Can the child stand on non-preferred foot for 10 seconds?		Can the child be bossy at times?	
	Can the child walk backward toe-heel for 5 steps?		Can the child attend to group activities for 10-15 minutes?	
	Can the child jump backward one time?		Does the child have the ability to deal with anger?	
	Is the child able to dress self with little help?		Can the child wait his/her turn most of the time?	
	Can the child catch a bouncing ball?		Does the child follow basic rules/expectations most of the time?	
	Does the child use a fork and knife to eat?			
	Can the child cut on a line with scissors?		Does the child listen to adult directions and teaching?	
			Does the child use respectful language with peers and adults?	
	Has the child's hand dominance established?		Does the child tell the truth most of the time?	
	Can the child jump over low objects?		Does the child maintain concentration to complete tasks?	
	Can the child throw overhand or sidearm, stepping forward as ball		Does the child have a basic understanding of right and wrong?	
_	is released?		Does the child understand and respect basic rules?	
	Can the child run, skip, gallop, and tumble?		Does the child ask for permission to do things?	
	Does the child walk down stairs - alternating feet?		Does the child ask for help when needed?	
	Can the child ride a tricycle skillfully?		Does the child understand and enjoy both giving and receiving?	
	Is the child learning complex motor skills like swimming and		Does the child need alone time occasionally?	
	riding a bike?		Does the child have a "best friend(s)"?	
	Does the child use all 5 senses to explore/experience new things?		Can the child problem solve with adult assistance?	
Self Help	p & Cognitive Development		Does the child like to try new activities?	
	Can the child tell his/her name and other identifying information?		Does the child use materials purposefully?	
	Does the child enjoy telling his/her own stories?		Does the child manage routine transitions throughout the day?	
	Does the child understand that books are read from left to right,		Does the child use words to express needs, wants, and feelings?	
	top to bottom?		Does the child notice and respond to feelings of others?	
	Does the child draw pictures that represent common objects?		Does the child like to feel "grown-up" and independent?	
	Can the child match a triangle, rectangle and diamond?		Does the child accept consequences for misbehavior?	
	Does the child help out with small tasks (ie. Setting the table,		Does the child appear self assured and confident most of the time?	
	putting away toys)?		Is the child interested in social interactions with peers?	
	Does the child recognize his/her printed name and the letters in		Does the child appear happy most days?	
_	his/her name?		Does the child verbalize personal strengths and positive qualities?	
	Can the child predict what comes next in a basic pattern?		age Development	
	Can the child sort items by size?		the primary language spoken in the child's home?	
	Does the child understand more, less and same?		the primary language spoken in the child's childcare or school	
		environment?		
	Can the child count up to 15 ojects?			
	Does the child understand before and after, above and below?		Can the child give his/her name and address?	
	Is the child project minded– plans building, play scenarios,		Does the child use 5-8 word sentences?	
_	drawings?		Can the child use 2-3 complex sentences together?	
	Can the child identify some letters in the alphabet (i.e. name)?		Can the child describe a sequence of events?	
	Does the child understand more, less, same?		Can the child understand and follow simple directions?	
	Does the child understand yesterday, today, tomorrow?		Can the child carry on a conversation with adults?	
	Does the child cover mouth and nose when coughing or sneezing?		Does the child recite rhymes, songs and finger plays?	
	Does the child enjoy telling own stories?		Can the child retell a story from picture book with reasonable	
	Does the child follow basic self-care routine including brushing		accuracy?	
	teeth, washing hands, and toileting?		Does the child attempt to read by looking at pictures?	
	Does the child recognize common safety concerns in the		Does the child randomly include letters in scribbling?	
	environment including traffic, strangers, fires, etc.?		Does the child show an interest in books?	
Child 1	Name:		DOB: Age:	
	Name:ing completed by:		Date:	
	elopmental guide compiled by the early childhood team of mental health pr	ofessionals a		

from a various professional resources including Child Care Resource & Referral of Central Iowa & Rock Island Head Start.

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Child Name:		DOB:	Age:	
			Date:	
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