About the Program

Activities

Training will include all the main components of physical fitness, plus yoga and dance sessions. There will be a strong emphasis on safety, balance, coordination while using fun interactive games. Horsemanship lessons will be included plus each week campers can earn a horsemanship badge. Equestrian Vaulting has widely been used as a safe an effective Segway into riding.

On the Horse

The horse is always controlled by an experienced Lunger. Exercises and moves are first worked out on a barrel. Campers can advance at their own pace as they develop individual skills. Equestrian vaulting can be performed at the walk, trot and the canter.



Call (650) 533-2737

Check website for application and Camp Dates

About your Instructors

Our instructors are elite vaulters who have experience in physical fitness, yoga, dance, horsemanship, safety, and the skills of vaulting. Each instructor has a First Aid and CPR certification, and concussion training. They are experienced in coaching all ages and abilities. Each instructor has completed safe sport policy training through the United Stares Equestrian Federation.

Our Horses

Our vaulting horses are balanced and rhythmic in both directions and very safe on the lunge line, giving confidence to all.

Location

We are located at 230 Josselyn Lane, Woodside CA



Equestrian Vaulting Camp



What Equestrian Vaulting Camp offers:

Learn about horses in a safe environment.

- Horsemanship
- Physical Fitness
- Balance
- Coordination
- Strength
- Interactive fun games
- Yoga
- Dance
- Vaulting
- Swimming
- FUN!!



Weeks available:

Week 1 June 1-5, 2020 Week 2 June 8-9, 2020 Week 3 15-19, 2020 Week 4 June 22-26, 2020 Week 5 July 13-17, 2020 Week 6 July 20-24, 2020 Week 7 August 10-14, 2020 We offer Full Day and 1/2 Day Camps. AM 1/2 Day 9:00am - Noon PM 1/2 Day 1:00pm - 4:00pm Full Day 9:00am - 4:00pm

Camp Fees:

Full Day 1 week session (5 days) \$475 2 week camp (10 days) \$900

Half Day 1 week session (5 days) \$245.00 2 week camp (10 days) \$450.00 Deposit required of Full Day \$200 1/2 Day \$100.00 for Camp application visit our website www.pacificcoastvaulting.com

